

INDIA YATRA - BHAKTI & KIRTAN ADVENTURE

KIRTANIYAS

& SITA DEVI

*BHAKTI YOGA * KIRTAN * DANCE * YOGA * TRAVEL*

DELHI - RISHIKESH - VRINDAVAN



*JOIN THE KIRTANIYAS AND FRIENDS FOR A
LIFE TRANSFORMING PILGRIMAGE TO THE
SACRED LANDS OF INDIA*





Join the Kirtanias and friends on a transformational pilgrimage to the sacred lands of India for an unforgettable spiritual journey. Embark on a two week sojourn as pilgrim adventurers guided by the musically talented and spiritually infused members of the Kirtanias - Malini, Vijay, and Nakula. We will also be joined by our godsister Sita Devi who will be teaching Yoga.

Enjoy being brought to sacred lands and esteemed spiritual teachers as you journey deeper into the practice of Bhakti Yoga. Experience the adventure of a lifetime as you will have the opportunity to find spiritual guidance amongst saints, perform devotional service in the sacred lands, and learn the art of playing kirtan instruments from some of the world's best kirtan musicians.



Meet the Kirtaniyas and Sita Devi:

Vijay Krsna:

With a deep immersion in Bhakti culture since childhood, Vijay Krsna witnessed the dawn of his musical vocation when his beloved guru ordered him to “always be engaged in kirtan.” What followed was years of extensive international travel with various spiritual teachers, with whom he studied the philosophy that underpins the Kirtan movement. Living under the tutelage of illustrious musicians, saints, mendicants, villagers and singing strangers in the temples of Vrindavana, India, Vijay developed a notable prowess on the mrdanga drum. Imbibing a wealth of stylistic techniques from these masters, he sought to imbue his own Kirtan with the deep spiritual moods and teachings revealed by his guru.





Malini:

Being the youngest of the KIRTANIYAS, Malini Taneja is a ball of energy always ready to move her feet. By the blessings of her spiritual guru, she has dedicated her life to exploring dance as a means to connect and express devotional sentiments to the Divine. Trained in various Indian dance styles, such as Bharatnatyam and Kalbelia, Malini synthesizes the graceful discipline and spontaneous playfulness of Indian dance in her performances and hopes to share her love for dance and evoke others to feel liberated in their own expression of devotional movement. So much of Malini's inspiration comes from spending time living in the ashram in Vrindavan, India year after year, studying the deep philosophical truths of Bhakti, bringing them into her own practice and sharing its beauty and simplicity to people of all ages. She is the founder of Bhakti Kids Camp, a sleep-away camp for children and is a touring solo artist on the Festival of Colors USA – both of which are full of silliness and fun! Malini cannot wait to connect and dance with you during the Kirtans we will have in India!

Sita Devi:

Sita Devi is a yogini, kirtan artist and ecstatic dance facilitator in service to the divine. She holds a BFA in dance from the University of California Santa Barbara. She completed her 500 hours of yoga teacher training in Kona, Hawaii in 2007 and has been teaching yoga for 10 years most exclusively at Yoga Tree in Berkeley, CA, Bhakti Yoga Shala in Santa Monica, CA and at festivals and conferences world-wide. While performing at the first Bhakti Fest in Joshua Tree she met Vijay Krsna and he invited her to the Rose Temple in Venice. When she arrived to the temple her heart melted, she was home. There she deepened her practice and knowledge of bhakti yoga and developed her teaching style at Bhakti Yoga Shala. Sita is eternally grateful she had the auspicious opportunity to receive darshan of Srila Narayan Maharaja in his final journey in California. She teaches various modalities of Yoga ranging from Vinyasa Flow to Restorative Yin. Her most unique offering is Bhakti Vinyasa Flow Yoga. Bhakti Vinyasa Flow is a heart opening intentional practice combining Kirtan, the art of ecstatic chanting with Hatha Vinyasa Flow Yoga. The goal of this practice is to experience Bhava, the nectar of devotion, through union of the body mind and soul.





Nakula:

With his technical grounded rhythm, and his enchanting flute playing, the tapestry of the Kirtan sound becomes complete. Born in Mississippi, the southern boy could never stop tapping to the beats in his head. Nakula grew up in a Hare Krsna farm community where the beginning of his interest in Kirtan and Vedic philosophy started. When he was 18 he moved into an ashram in Vrndavan India dedicated to keeping Kirtan in the temple going for 24 hours a day. 3 years later he hit the world, and hasn't stopped doing Kirtan since. The job of rhythm is to keep everyone in the band locked together and grooving. This translates to Nakula's personal life as his favorite thing is to do is to bring people together. Nothing makes this pulsating rock happier than seeing his friends get along and playing games together. And if you're interested in losing a game of Chess or Super Smash Brothers, Nakula will be eager to humble you.

**Further teachers, guests, and surprises
to be announced!**



DELHI - RISHIKESH - VRINDAVAN

13 Days/12 nights

January 31st - February 13th

\$2500

Includes all internal travel, accommodations and meals

Group Rate:

Discounted price of \$8000 for groups of 4 or more

Contact:

www.kirtanias.com

PAYPAL vijaykrsna@kirtanias.com

For inquiries contact: booking@kirtanias.com

Discounts:

\$150 off for Early Bird pricing until Jan 1st 2018.

10% discount included for full payment up front.

Both discounts apply if Early Bird is paid in full.



Scholarship Requests

We want this Yatra to be available to anyone passionate enough about having the experience. If you're unable to afford the Yatra for financial reasons, but feel strongly pulled towards it anyway, we do give out a few scholarships. If you feel like you're a candidate for this, please send us an email about why this experience is really important for you.



SCHEDULE

Wed. January 31st - arrive in Delhi

- Purnima and Mahaprabhu's sannyasa lila day and LUNAR ECLIPSE 4:20pm-9:40pm
- settle in at Zorba the Buddha
- chai and jam session evening for Lunar Eclipse

Thur. February 1st - Opening of Bhakti Festival Day 1 at Zorba the Buddha

- yoga (morning and evening)
- morning japa meditation
- Bhagavad-Gita Chapter 1
- cooking class
- dance class
- kirtan class

Fri. February 2nd - Day 2 at Zorba

- yoga (morning and evening)
- morning japa meditation
- Bhagavad-Gita Chapter 2
- kirtan class
- cooking class
- dance workshop
- Evening Performance: Aakansha and Malini opening with Kalbelia
- KIRTANIYAS acoustic

Saturday February 3rd - Day 3 at Zorba

- yoga (morning and evening)
- morning japa meditation
- Bhagvad-Gita Chapter 3
- kirtan class (instruments and practice)
- cooking class
- dance workshop
- Evening Program: Kirtanias Electronic Set

Sunday February 4th - Travel to Rishikesh

- yoga
- morning japa meditation
- breakfast
- Bhagavad-Gita Chapter 4
- ending words
- check out
- lunch
- leave to Rishikesh (kirtan in the car)
- arrive in Rishikesh evening

Mon. February 5th - Day 1 in Rishikesh

- Yoga
- Morning japa and bhajans
- Bhagavad-Gita Chapter 5
- Beatles Ashram
- Shopping/Free time
- Ganga Arti
- Concert
- KIRTANIYAS acoustic





Tues. February 6th - Day 2 in Rishikesh

- Yoga
- Morning japa and bhajans
- Bhagavad-Gita Chapter 6
- River Rafting in Rishikesh
- Hiking to Waterfall
- Ganga Snana

Wed. February 7th - Day 3 in Rishikesh

- Yoga
- Morning japa and bhajans
- Bhagavad-Gita Chapter 7
- Neelkanth Mahadeva
- Ganga Arti

Thurs. February 8th - Travel to Vrindavan

- Bhagavad-Gita Chapter 8
- leave early morning
- settle and relax
- evening Kirtan at ISKCON

Fri. February 9th - Day 1 in Vrindavan

- Bhagavad-Gita Chapter 9
- Morning Darshans
- Lunch at Radhe Kunj
- Boats on Yamuna
- Yamuna Arti
- Tattiya Sthan
- Radha Ramana

Sat. February 10th - Seva Day - Day 2 in Vrindavan

- Bhagavad-Gita Chapter 10
- seva at Radhe Kunj
- Lunch at Radhe Kunj

Sun. February 11th -EKADASI in Vraj - Day 3 in Vrindavan

- Mangal Arti
- Yoga
- Bhagavad-Gita Chapter 11
- Govardhana Parikrama with Japa and Kirtan pitstops
- Closing words and kirtan
- End early for packing and good night's sleep

Mon. February 12th - Back to Delhi





HIGHLIGHTS

- Daily Yoga classes led by Sita Devi
- Daily Kirtan sessions with the KIRTANIYAS -
Kirtan Instrument workshops by Vijay and Nakula
- Daily Bhagavad-Gita readings and reflections of the nature of the soul and it's experience in this world
- Seva day! Experience performing service in a traditional temple setting
- Lila katha - Nighttime Storytellings of the life of Rama and Krishna
- Learn to cook Indian vegetarian preparations with Gauranga
- Learn how to perform a basic puja that you can incorporate in your home or community
- Mantra meditation with japa beads
- Dance workshops (Kalbelia, Bharatnatyam, Garba) with Malini Taneja and Aakansha Maheshwari
- River Rafting and Ganges Bathing (Rishikesh)

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