



# Facilitating peer-led learning Training



## Facilitating peer-led learning



**Facilitation** is the process of supporting an individual or group to meet their goals, often within workshops and events. The facilitator holds the process so that participants can contribute fully.

**Peer-led learning** is an approach to learning and development where the learners are seen to hold the necessary expertise and potential within themselves.

**Facilitating peer-led learning** is about enabling learners to access the full synergic potential of the peer group for their development.

#### Peer-led learning offers unique benefits:

- A safe, non-hierarchical space. This accelerates risk-taking, accelerating learning.
- Safety also develops confidence, resilience and adaptability.
- 3. Inclusivity. Peer-led approaches embrace and integrate multiple voices and perspectives.
- Multiple perspectives breed innovation, helping you access latent creativity and new ideas.
- 5. Group dynamics develop empathy, collaboration and interpersonal skills.
- 6. Peers learn to lead their own learning an essential skill for your workforce now and in the future.
- 7. Peer-led learning is a financially efficient way to bring transformational face-to-face learning to your organisation.



## **Training facilitators**







#### Who's this for?

You might manage a team of facilitators looking to expand their skill set, you might be launching a new learning programme and looking for impactful approaches, you might be reviewing how learning and development is delivered at your organisation.

#### Two day train-athon

We offer an intensive, practical workshop. It's an opportunity for you and your team to develop their toolkit and expand their practice. This will help you unlock the benefits of peer-led learning - for your product, programme or organisation.

#### Tailored to your needs

We'll work with you to adapt our approach to your specific challenges or goals.

"I realised more of myself and my creativity as a facilitator" - Participant



### Our training in practice

#### Two days of bespoke training to prepare our Learning Marathon facilitators.



"I've expanded my range as a facilitator, through being part of a community of fellow facilitators who can share ideas, experiences and techniques."

- Participant

"I grew new confidence about my own unique gifts as a facilitator. In turn this has helped me become even better at supporting others to do the same."

- Participant

#### **Objectives.** Equip participants with:

- An understanding of the wider landscape of peer-to-peer approaches and initiatives
- A broader toolkit of peer-led methods and case studies
- Capability to navigate the unique dynamics of peer-to-peer
- A learner-centred approach to designing experiences
- Expanded identity as a facilitator to encompass new roles



## An example outline

Day 1 is all about content and skills building, and we set facilitation challenge briefs. On day 2 we put those peer-led skills into practice, for peer review.



	Day 1	Day 2
Morning	<ul> <li>Introduction to peer-to-peer learning</li> <li>Trends impacting learning today</li> <li>Facilitation values mapping</li> </ul>	<ul> <li>Roleplaying peer-to-peer challenges</li> <li>Facilitation practice in groups</li> <li>Groups share their micro-workshop</li> </ul>
Afternoon	<ul> <li>Larder of case studies</li> <li>Peer coaching skills and practice</li> <li>Group dynamics</li> </ul>	<ul> <li>Peer review</li> <li>Peer-to-peer programme design</li> <li>Taking this forward</li> </ul>



### **Our team**



**Zahra Davidson**Co-founder & Director of
Enrol Yourself

Zahra is a learner experience designer with a background spanning service design, system innovation, social enterprise and visual communication. She now runs Enrol Yourself and co-organises the #LXDmeetup with ELTjam.



**David Heinemann,** Enrol Yourself Facilitator

David is a coach, facilitator and designer whose recent projects include founding Index on Censorship's annual global fellowship for human rights leaders and launching a UK/US mental health retreat with Sunday Assembly.



**Anneka Deva,** Enrol Yourself Facilitator

Anneka has more than 10 years experience working in education. She is the founder of TEDxBrum, bringing the international TEDx movement to Birmingham in 2011 and she currently works for the University of Birmingham.



**Rebecca Birch** Service design associate

Rebecca is an independent social designer, qualitative researcher and coach. She is also a previous participant of the Learning Marathon, through which she developed a wellbeing retreat for creatives.



### A bit more about Enrol Yourself





**Enrol Yourself** is an award-winning social business redesigning lifelong learning by harnessing the power of peer groups to **multiply individual and collective development.** 

Our work is based on the understanding that great organisations and valued employees require **a different kind of training** if they are to flourish in the rapidly changing 21st Century.

We run the Learning Marathon, a 6 month peer-led learning accelerator designed to help participants tackle professional and personal challenges. We don't teach subjects, instead participants work on a complex, real world problem, for which there is no standard training course.

All participants **develop 21st Century capabilities** (such as creative problem solving, collaboration and learnability) and **enhance their wellbeing**, resilience and confidence.

Get in touch: zahra@enrolyourself.com

More about Enrol Yourself:

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