

SPA SPIRAL BLOO MENU

WHY SPA SPIRAL BLOO ?

Welcome to different world of Spiral Spa @ Bloo Lagoon where sensual indulgence and well-being meets mindfulness and care, where ancient beauty and health tradition meets contemporary, result driven skin care, where you can escape it all in a place where everything is designed to make your time especially memorable and enjoyable.

At Spiral Spa @Bloo we believe that health and well-being is a state of balance between the inner and the outer Self, a state of natural happiness, a lifestyle rather than a quick fix.

The Spiral Spa employs the finest, highly skilled therapists, who form the heart of our operation. And with there are passion, our service and treatment concepts are time-tested and traditional, yet keep up with the most recent advances in natural product innovation and contemporary science.

With great passion for beauty, health and well-being we have created a well balanced holistic service program to provide the ultimate spa experience with outstanding results and a deep sense of calm and peace.

BLOO LAGOON VILLAGE

-SUSTAINABLE TOURISM -

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KWAN YIN TREATMENT

1) SPIRAL AROMATIC OIL MASSAGE (60min and 90min) 200.000IDR/260.000IDR)

In this treatment we use a blend of warm aromatherapy massage oil, This relaxing healing massage combines the best of the western and eastern spa traditions utilizing classic elements of Balinese massage techniques together with the fundamental elements of Aroma Swedish (sport technic) Perfect to remove stress and for improving your general health conditions.

2) TRADITIONAL BALINESE MASSAGE (60min and 90min) 200.000IDR/ 260.000IDR

The unique touch of local traditional Balinese massage with gentle to medium pressure using relaxing massage oil is good for relaxation and calming the body, this massage good to relieve tension and to increase the blood circulation. With combination of long stroke, skin folding and kneading techniques.

3) BACK HOT STONE MASSAGE (60 minutes) 240.000IDR

Our recommendation for back problems or headache caused by muscle tensions in neck and upper back. In this treatment we focus on back, shoulder , the head and the hands. The combination of heat and massage with the hot stones is perfect to deeply penetrate the muscle ,it release tensions and shoots tight muscle immediately.

4) LYMPATIC MASSAGE (60 minutes) 200.000IDR

Massage technique used to gentle work and stimulate the lymphatic system from the body to assist in reduction of localize swelling and recommendation for slimming proses. Not the classical kind of massage but highly recommended for everyone who not just wants to relax a little but to activate the self healing powers of the body. Just very experience therapists know how to do this massage.

5) ORIENTAL STREACH MASSAGE (60 minutes) 240.000IDR

In this treatment we combine elements of Balinese and traditional Thai massage. In this massage with a medium to high pressure we combine long stroke, skin folding and kneading techniques with the stretching elements of traditional Thai massage, followed by face acupressure. The massage helps to stimulate the blood flow, the lymphatic system and the flexibility of the body.

6) LOMI- LOMI MASSAGE (60 minutes) 240.000IDR

This massage is originally from Hawaii and applies a medium to strong pressure, with combination of elbow and knuckle movement for a deep tissue massage. The techniques and the use of elbow and knuckle allows the therapist to easier apply a strong pressure and is the perfect choice for everybody who prefers strong massage.

7) FOOT MASSAGE OR REFLEXOLOGY (60 minutes) 200.000IDR

This is a specific form of foot massage where the organs and systems of the body are stimulated through reflex points on the feet. This is used to help restore a balanced energy flow and relax.

By applying pressure to those reflex points ,which are believed to correspond to other parts of the body, we help to mobilize self-healing energy and revitalization of the whole body.

8) JET LEG REVIVER TREATMENT (60 minutes) 200.000IDR

Combination of feet and back massage to relax and calm down the body from stress.

Our recommendation after long journeys.

9) ANTI- STRESS HEAD AND SHOULDER MASSAGE (30 minutes) 135.000IDR

A soft or firm massage to help relieve stress-related tension in the neck and shoulder area.

Gentle acupressure is applied to restore a sense of serenity to your day. Specially designed for busy executives so that it can be completed within your breaks.

Price subjected 10% government tax + 5% service charge

CHOICE OF BODY CARE / BODY PEELING

1) GREEN TEA BODY PEELING (30 minutes) 145.000IDR

Green Tea is rich in Vitamin C and E and its antioxidant powers protect your skin from free radicals and environmental factors that age the skin. It also protects the collagen and the cells in general. Green Tea helps to maintain the elasticity and firmness of the skin.

2) COFFEE BODY PEELING (30 minutes) 145.000IDR

This cutting-edge treatment comprising 100% pure micronized Coffee is designed to slim and tone your body and combat cellulite. Coffee is good for stimulating your body's ability to break down fat and transform it into energy, to increase metabolism and to eliminate water retention

3) FRESH COCONUT PEELING (30 minutes) 145.000IDR

Traditionally the woman in Bali use a this coconut body scrub, called Lulur, to increase their beauty. The fresh coconut scrub is especially recommended for dry skin and will moisturize your skin, while providing your skin with a wide range of vitamin and minerals. Additionally it will leave you with the unforgettable exotic fragrant of fresh coconut .

CHOICE OF BODY WRAPPING / MASKER

1) CHOCOLATE BODY WRAP (45 minutes) 165.000IDR

This treatment is great for moisturizing as it helps to protect and increase blood flow to the skin improving its appearance and the rich flavonoid on the chocolate absorbs uv light to protect the skin.

2) CUCAMBER AND YOUGHURT BODY WRAP (45 minutes) 165.000IDR

Due to its cooling effect it can be termed as a magic wand for all your skin problems. The cleaning and cleansing property helps your skin tremendously making it soft and supple, It helps in soothing and softening your skin which can get you relaxed and velvety yogurt will help moisturize, fight acne, prevent premature aging, relieve sunburn and reduce discoloration. It's an all-around beauty multitasked.

3) FRESH PAPAYA BODY WRAP (45 minutes) 165.000IDR

Papaya is rich in antioxidants and contains a special enzyme called papain that can kill dead cells and cure skin impurities. Just applying the flesh of the papaya and it will do wonders to your skin.

4) TRADITIONAL BALINESE BOREH (45 minutes) 165.000IDR

Boreh is traditional Indonesian with combination of many kind herbs that make warming up the body. Increases the blood circulation, while providing at the same time vitamin and mineral.

Price subjected 10% government tax + 5% service charge.

TOP TO TOE TREATMENT

1) SPA MANICURE (60 minutes) 180.000IDR

Enjoy a delicious full manicure to groom hands and nails, including exfoliation, relaxing hand massage, filing and shaping of nails, cuticle treatment. Nail application is included.

2) SPA PEDICURE (60 minutes) 180.000IDR

Sit back and enjoy a relaxing foot bath and exfoliation, including filling and shaping of nails, cuticle treatment. Enjoy the soothing massage while reflex points are being stimulated and nail application included.

3) QUICK MANICURE (30 minutes) 100.000IDR

Only grooming for nail finger with nail shaping and failing with application nail polish.

4) QUICK PEDICURE (30 minutes) 100.000 IDR

Only grooming for nail toe, nail shaping and failing with application nail polish.

5) ASIAN HAIR ELEXIR (45 minutes) 160.000IDR

For the dream of beautiful and healthy hair, we will treat you with a combination of head massage, using warm

virgin coconut oil and a hair mask to provide your hair with the right vitamin and minerals.

Specially for sun ansalt water exposed hair.

CHOICE OF FACIAL CARE

1) DEEP CLEANSING FACIAL (60 minutes) 200.000IDR

This facial we used the unique natural product with high technology process in Bali and created with international high quality standard. Deeply moisturizing the skin, stimulates collagen production, promotes microcirculation, reduces inflammation, contributes metabolism. With cleaning process, exfoliation, deep relaxing faces massage and mask all included in this facial.

2) SPIRAL SIGNATURE FACIAL (60 minutes) 200.000IDR

Experience with natural ingredient and homemade product, now we serve for you our secret beauty for face.

Rejuvenating and nourishing the skin with some fresh product like cucumber, carrot, tomato, and honey with oatmeal and yogurt to maintenance the skin make the skin look clean, fresh and healthy.

3) REFRESING FACIAL (30 minutes) 110.000IDR

A quick cleaning of the skin. Cleaning, exfoliating and mask, 100% natural products, Quick and clean the face with organic product we use, cleansing, exfoliating and mask good for give balance and refreshing the face.

Price subjected 10% government tax + 5% service charge

SPA PACKAGES

OUR SPA PACKAGES ARE A COMBINATION OF TREATMENTS THAT HAVE BEEN SPECIALLY DESIGNED WITH YOU IN MIND. THE COMBINATION OF TREATMENTS HELPS ENSURE YOU RECEIVE A COMPREHENSIVE TREATMENT AND THEY REPRESENT EXCELLENT VALUE FOR MONEY. SO GO ON, INDULGE YOUR SELF WITH WHAT YOU DESERVE AND TREAT YOUR BODY TO WHAT IT NEEDS.

1) SPIRAL AT BLOO TRANQUILITY (150 minutes) 480.000IDR

Enjoy and relax with Traditional Balinese Massage with warm coconut oil
Choice of green tea body scrub or fresh coconut body scrub
And following the head massage with warm coconut oil and hair mask
Aromatherapy oil bath or aromatherapy salt bath.
And finishing by application body lotion.

2) TROPICAL SUN SHOOTER (75 minutes) 310.000IDR

This treatment special for sun burn and dry skin with aloe Vera gel help to healing the skin from redness and dehydration. Cooling effect from aloe Vera make the skin more calming and smoothing.
Starting with gentle back massage and applying aloe Vera gel full body and quick fresh face care during wrap and enjoy short head massage.

3) SENSE OF TOUCH EXPERIENCE (75 minutes) 260.000IDR

Creation of spiral spa with combination different kind of style technique massage Balinese, Hawaiian Lomi-lomi, and aroma Swedish (sport technic), with application cream body butter to smoothing and good for give moisturizing the skin. Our signature vanilla, whipped coconut massage butter richly hydrates your skin and tension is expertly soothed and melted away. With aromatherapy foot bath at the beginning the treatment.

4) STAY AND RELAX WITH SPIRAL@ BLOO (120 minutes) 370.000IDR

Welcoming and enjoying stay with us with some combination treatment to make sure that you are really relax, beginning relaxation with
Choice of Back Massage or Foot Massage,
Refreshing facial care
Choice of Spa Manicure or Spa Pedicure.

5) HONEYMOONER EXPERIENCE (120 minutes) 380.00IDR/person

Recommendation for honeymooner to chose this treatment
Aromatic oil Massage.
Sensational chocolate body wrap
head massage with warm virgin coconut oil
Enjoy glass of fresh fruit juice

6) MOON MAGIC (75 minutes) 260.000IDR

Enjoy experience under the beautiful nature in the night time with us and stays relax with our magic hand and professional skill off our staff. We will serve you healing sensation and relaxation with aromatic oil massage and Indian head massage.

Price subjected 10% government tax+ 5% Service Charge .

THALASSO SEA WATER SHOWER TREATMENT(90 min) 380.000IDR

Enjoy a fresh sea waterfall in a stone bath followed by relaxing back massage , seaweed body scrub and body mask and application of body lotion.

Seaweed is rich in minerals, vitamins, amino acids, enzymes and trace elements capturing all the richness of the sea. This powerful cocktail promotes cellular regeneration and deeply hydrates and nourishes the skin.

"SEA water cures all ills. " Plato 428-347BC

Thanks to iodine it is slimming. Thanks to sulphur it disinfects. Thanks to copper it tans. It improves blood circulation. It stimulates the organism's defenses. It soothes the nerves. It contributes vitamin C. It invigorates and beautifies the skin.

ADDITIONAL SERVICE IN OUR SPA

- 1). CHOICE OF BATH (30 MINUTES) 100.000IDR
(AROMATIC OIL BATH , SATH BATH, FLOWER BATH)
- 2). VILLA SERVICE/ PAX 60.000IDR
- 3). NAIL POLISH APPLICATION ONLY (15 MINUTES) 50.000IDR

Price subjected 10% government tax+ 5% Service Charge .

WAXING

Waxing is a form of semi-permanent hair removal which removes the hair from the root. New hair will not grow back in the previously waxed area.

1. FULL LEG	350.000 IDR
2. HALF LEG	200.000IDR
3. UNDER ARM	100.000IDR
4. BACK	420.000IDR
5. CHEST	350.000IDR
6. FULL ARMS	200.000IDR

Price subjected 10% government tax + 5% service charge