

Mother Experience - Giving Birth

Pregnancy is a difficult time but also full of emotions. Over the course of 9 months, the woman goes through a lot of changes. Although each pregnancy is special because it gives life to a new person and family member, the first one is special in its own way. When it is for the first time, the woman is faced with questions that until then, she had never thought about. All this time the body begins to produce an environment as favorable as possible for the development of the child. Immediately after conception, all kinds of processes start. The placenta develops, which will have the role of protection, oxygenation and feeding of the fetus. It is well known that some women experience severe nausea, even in the first few weeks. Well, this symptom is not typical for every woman, it appears differently. Some even do not experience it at all. This period can be easily compared to an adventurous journey - you need to be just as well prepared to enjoy beautiful memories later.



With the first trimester, the woman gets acquainted with various things she did not know before, gets acquainted with the doctor who will monitor her pregnancy and begins a new lifestyle that she will adopt for the next 40 weeks. The visits to the doctor are meant to follow the evolution of the pregnancy, to identify the problems and to remove them in case they appear. Monitoring allows the doctor to know the details that can help make the delivery as safe as possible. Some conditions of the **mother** are not compatible with a natural delivery.

In these cases, as well as in others related to pregnancy, the surgical procedure is indicated by incising the abdomen and uterus to remove the baby - a procedure called cesarean delivery. Apart from these aspects related to the child delivery itself, pregnancy comes with a lot of other situations in which the mother cannot always call the doctor to find out the answers. In these cases, the Internet, or more specifically, the forums for mothers are good means to exchange experiences.

If you find yourself in the above, you may need some advice. There are some issues that you discuss exclusively with your doctor, but there are aspects that you can learn from the experiences of others. Access the **mom community** [to learn more](#) things or share your opinions.