

Scientific - research work

«Sport in pupils life»

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5 nd form “B”

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Problems: - broaden horizons;

- satisfy curiosity;

- choose the sport section in my spare time.

Tasks: - examine proposals for the sport in my hometown;

- to learn the opinions of classmates;

- to know for what sports go in my peers in free time;

- to learn formulate conclusions;

- to share my knowledge with my peers;

- to prepare a presentation in English.

Questions, I want to know answers:

- want 11-years pupils go in for sport in their spare time;
- have they enough time for it;
- is there enough in Dzerzhinsky town sport centers and sections for it;
- what kind of sport most like to do my peers;
- how long time on average my classmates go in sport sections.

Research methods:

- interview with my classmates;
- working with Internet;
- personal experience;
- systematization of the information from the city newspaper and directory.

Used literature:

- The directory «Municipal education in Dzerzhinsky town. Moscow region»;

- weekly newspaper «Ugresha leads».

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Chapter I. Introduction.

My name is Tatiana Fonina. I am 11. I study in Gymnasium №4 in the 5th form. I like my school and I am a good pupil. In my spare time I have a lot of extra classes and sport sections.

Nikita Kryukov, Olympic champion, lives in our small town. He went to my school.

Russian champions in judo, sambas and basketball live and learn next to me.

This year the Winter Olympics in Sochi was held in February. So I want to learn if my peers go in for sport in my hometown - Dzerzhinsky.

I was engaged in sports dances two years ago. Now I am playing tennis in the 5th school. During the summer holidays I always visit swimming pools. Since last autumn I started to attend a ski section, based on the stadium "Orbita". We can attend this section every day. Our classes are giving outdoors in the Tomilinsky

forest. While there was no snow, we were training ski technique. When the winter came, we have ski practice in races and competitions.

I was wondering, what kind of sports are going or would like to go my peers in their free time? I have researched this subject.

My task - to find out what sports sections are there in my city and share my research to my classmates. I think it will be interesting to learn about it.

Chapter II. Sport section in Dzerzhinsky town.

Based on the guide "Municipal formation of city Dzerzhinsky of Moscow Region" and the weekly newspaper "Ugresha leads" in our city there are following sports organizations :

- Sports organizations "Orbita" and "Soyuz": sports clubs football, volleyball , basketball, skiing , judo, sambas;
- Pool "Neva" ;
- Pool resort - dispensary "Soyuz";
- Pool "USSR" ;
- Swimming pool based on "Gymnasium № 6";
- Dancing based on the cultural center "Energetic"

- Acrobatic dance studio based on the cultural center "Energetic";
- Studio pop- and sport dance, based on the cultural center "Vertical";
- Taekwondo section, based on the cultural center "Vertical";
- Chess section in MBOU " Gymnasium № 4 ";
- Tennis section in MBOU " Gymnasium № 5 ";
- Gymnastic section in MBOU " Gymnasium number 5"

Background information about sports sections in Dzerzhinsky city, given in Chapter VII of my work.

Chapter III. My classmates about sport in their spare time.

Every year different competitions are hold in our town. My school always took part in such competitions and won. For example: In 2013-2014 our school got the first place in athletic; the third place in swimming; the second place in volleyball; two first and two second places in the race; the third place in ski race; the second place in mini-football and the first place in a relay race on the Birthday of Town. I decided to start my research with the interview with my classmates and pupils of my peers.

My questions were answered by 60 pupils.

It is interesting, what sports are they do after school?

Questions of the survey are:

1. What sports sections do you attend and where?
2. How long time do you do it?
3. What sport do you want to do more?

Results of survey I have arranged in the table and diagram.

Chapter IV. Systematization of data. Table and diagram of the results of the survey.

Table 1:

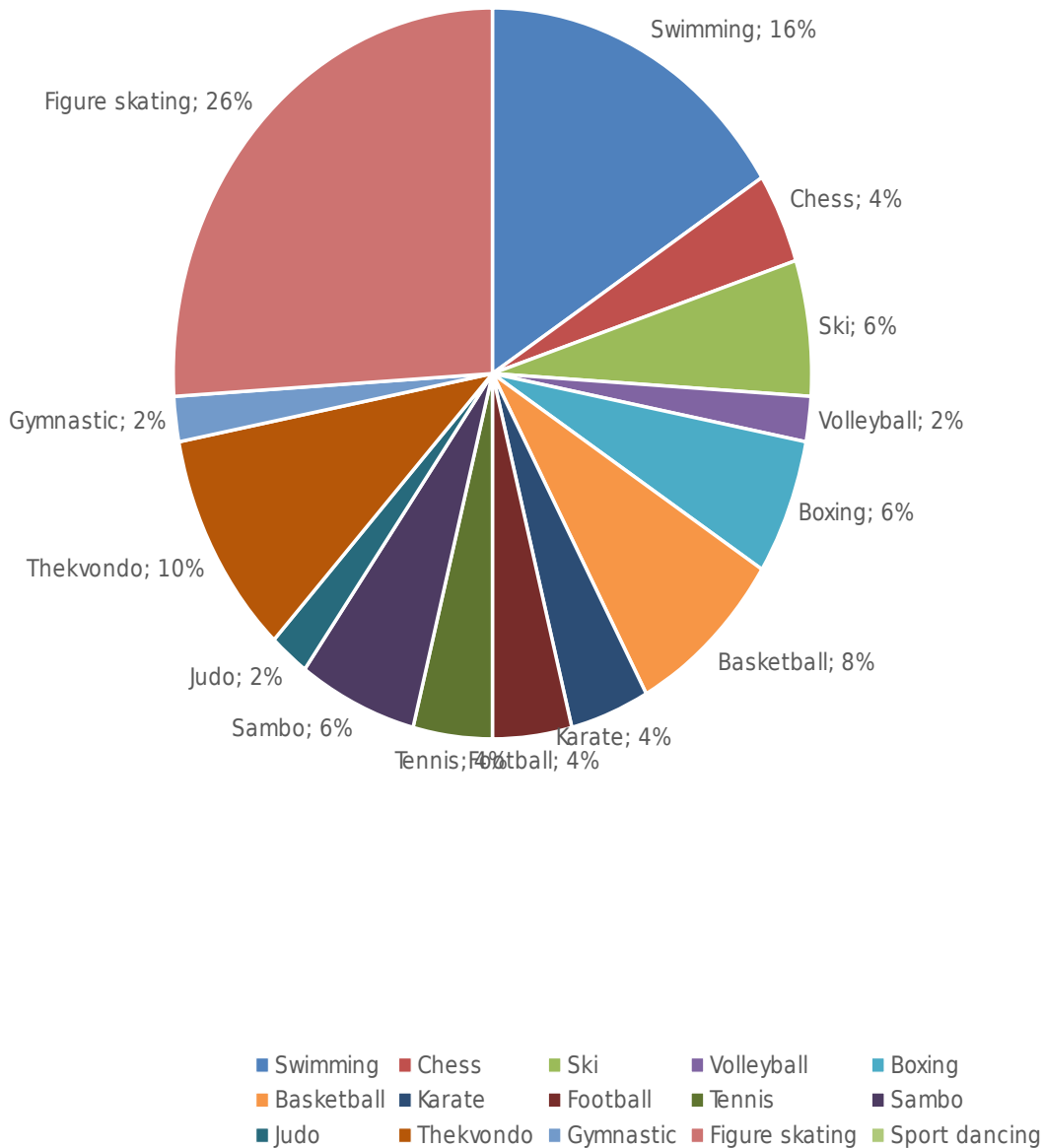
Name of the sport section	Q-ty of engaged (people)	Average length of visit (Years)	What sport you want to do more.	Engaged before (people)
Swimming	8	3	5	12
Chess	2	3		
Ski	3	2	1	
Volleyball	1	5	3	
Boxing	3	1		1
Basketball	4	1	2	8
Karate	2	5		1
Football	2	5	7	5
Tennis	2	2	2	
Sambo			1	1
Judo	3	3	1	4

Thekvondo	1	5		2
Gymnastic	5	5	4	6
Figure skating	1	1	8	1
Sport dancing	13	3	6	10

The results of the table: The choice of sports sections of my peers is very divers. Most of them are engaged Sport dancing and Swimming. Also, before more pupils went to the pool than sport dancing, and this year they are engaged sport dancing more one than swimming.

Diagram 1:

Q-ty of engaged (people)



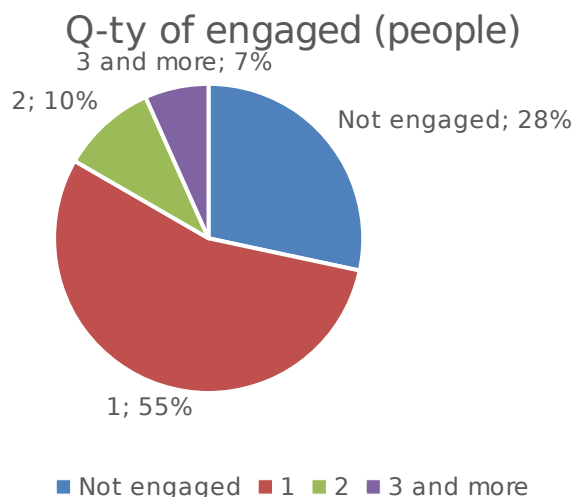
Results of the diagram: More than half of my peers (52%) prefer only three sports. Almost engaged sport dancing (26%), 16% engaged swimming and 15% went to the gymnastic.

Table 2:

How many sections engaged pupils at the same time	Q-ty of engaged (people)
Not engaged	17
1	33
2	6
3 and more	4

The results of the table: The largest part of my peers (43 people) engaged in sport sections. There are some pupils, who go to 2 or 3 sections at same time. But some pupils don't go in for sport.

Diagram 2:



Results of the diagram: 72% pupils engaged sport sections, and 17% from them going to the 2 and more sections. But 28% of my peers don't sport. I think

they are not lazy. I think they are prefer creative sections. It is very good!

Chapter V. Proposals of sports hometown by the results of the research.

I'd like to say about the victory of Russian sportsmen at the Winter Olympics in Sochi. Our country has won the medal standings: 13 gold, 11 silver and 9 bronze medals. 33 prizes!

My peers - 11-years pupils have very more different and interesting sports sections. Unfortunately I have not enough time for all sports what I want to do.

Chapter VI. Conclusions about compliance of the demand and offers of sports sections for 11-years pupils in the Dzerzhinsky city.

There are enough sports sections for teenagers in the town. The choice of sports is very big and interesting. The result of my scientific-research work is: my generation goes in for sport in spare time. So that my generation will grow strong and healthy!

Chapter VII. Reference information about sports centers and sections in Dzerzhinsky city.

Here are addresses and telephones of the sports sections and organizations.

Sport organization “Orbita”

Bld. 1, Sportivnaya str., Dzerzhinsky city, Moscow region.

Tel. 551-15-18

Sport organization “Souz”

Bld. 3a, Sportivnaya str., Dzerzhinsky city, Moscow region.

Tel. 551-15-77

Pool “Neva”

Bld. 1a, Lenina str., Dzerzhinsky city, Moscow region.

Tel. 551-36-88

Pool “Souz”

Bld 30, Tomilinskaya str., Dzerzhinsky city, Moscow region.

Tel. 551-20-27

Pool “USSR”

Bld. 3, Dzerzhinsky road, Dzerzhinsky city, Moscow region.

Tel. +7(495)648-56-56

Cultural center “Energetic”

Bld. 1, Lenina str., Dzerzhinsky city, Moscow region.

Tel. 551-36-88

Cultural center “Vertikal”

Bld. 1a, Bondareva str., Dzerzhinsky city, Moscow region.

Tel. 551-12-55

Gymnasium №4

Bld. 1a, Lermontova str., Dzerzhinsky city, Moscow region.

Tel. 550-23-31

Gymnasium № 5

Bld. 9, Tomilinskaya str., Dzerzhinsky city, Moscow region.

Tel. 551-00-26

Gymnasium № 6

Bld. 30, Tomilinskaya str., Dzerzhinsky city, Moscow region.

Tel. 551-20-27

