

MATCHDAY

EDITION 11

SAT 1ST DEC VS FALKIRK



DRAWING OUT THE POSITIVES

POLWORTH ON CHANGING THE CLUBS FORTUNES

PLUS SCOTTISH CUP REVIEW, YOUTH RESULTS
& THE RAINBOW LACES CAMPAIGN

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MANAGER PREVIEW

WITH JOHN ROBERTSON

Good afternoon and welcome to this afternoons Ladbrokes Championship fixture against Falkirk.

I would like to welcome Ray McKinnon, his players, the directors of Falkirk FC and, of course, the fans who have travelled north today to support the Bairns.

Both clubs suffered disappointing results in last weeks Scottish Cup 3rd round, with Falkirk going out to local rivals Stenhousemuir , whilst we suffered a late blow in allowing Edinburgh City an equaliser through a lack of concentration right at the end of the game. Both teams will want to put those results behind them and get a big 3 points today.

Its seems like a lifetime since we opened the campaign at the Falkirk Stadium. We will need a similar resilient and energetic performance if we are to take all 3 points today, as Falkirk will be eager to get themselves off the foot of the table to start moving up the league.

Whilst they are having a poor season by their standards, they are still packed full of quality and we must enforce our game on them, be playing on the front foot right from the off and play with the intensity that we know can hurt the opposition.



We must play with the same tempo we produced in our last home game against Ross County and add the resilience and determination we showed in defeating Partick, and add the same refusal to give up that as shown against Queen of the South. The lads showed great courage ability and battling qualities to rescue a point when all seemed lost with just 15 minutes remaining.

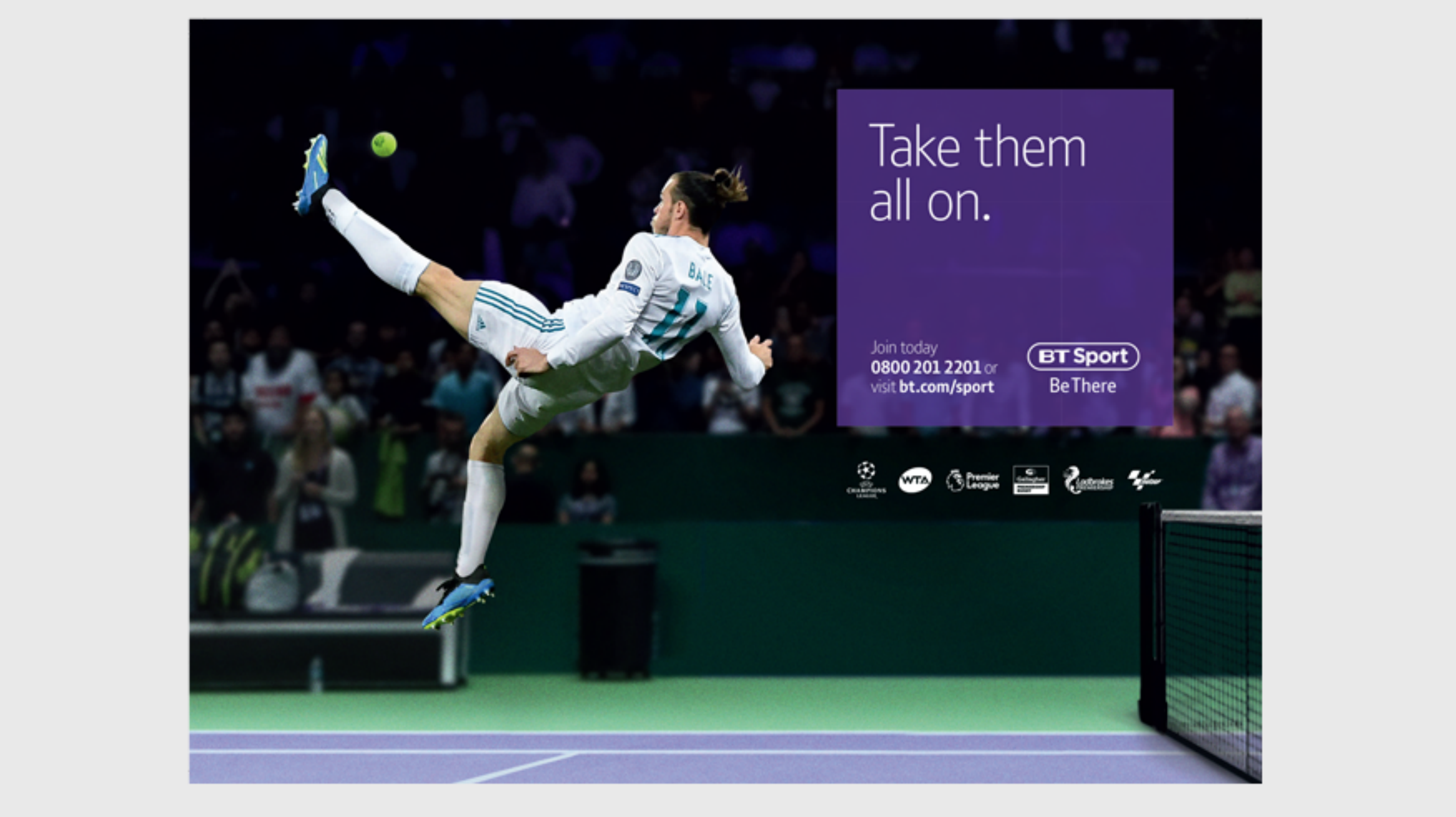
All of those qualities will be required over the next 6 days, as we host Falkirk, Edinburgh City and then travel to Ayr on Friday evening. We are suffering from long term injuries and, whilst the squad is small, we have no fear in throwing the young lads in as they have been outstanding at their level.

Ideally, we would like to drip feed them in to the side but it may well be that they are thrown in at the deep end from time to time if they are I am confident they will not be found wanting. Whilst, remaining unbeaten in the league so far, the youngsters have also battled through to the last 16 of the Scottish Youth Cup, where they will face Celtic here at the Caledonian Stadium on December the 8th. We hope they get a good turn out for another tough draw but they should be greatly encouraged after knocking out, Scotland's European representatives, Hamilton in the last round in a thrilling game of football.

Once more I ask you to stay right behind the team and roar us on as usual.

Enjoy the match,

Robbo



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all on.

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BT Sport

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CAPTAIN CARL

TREMARCO'S MATCH PREVIEW

Welcome to this afternoon's match against Falkirk, I hope you're all well.

My recovery is coming along not too badly, I've started running again this week pretty much at full pace so I've maybe just got to start doing some twisting, turning and kicking the ball again. I'm hopeful I'll be about three weeks away from returning.

I don't really see our unbeaten run as a big thing, we've drawn far too many games this season. Draws cost us last season and we don't want them to cost us this season too. We need to start winning games and fast.

Falkirk will make it hard for us today, they'll probably come here and sit back. Last weekend against Stenhousemuir they have probably thought that they can go there and outplay but they were heavily beaten. They are going to sit back and make it difficult for us but we have to move the ball quick, get at them and get an early goal. If we can do that I'm sure we can get a result.

Let's get behind the boys, enjoy the game!

Carl Tremarco



an Fraser

FROM THE CHAIRMAN

I am delighted you could join us today here at Inverness Caledonian Thistle FC. We extend a warm welcome to the representatives of Falkirk FC. We look forward to great football and a competitive match, fairly played and with no injuries.

The first team have now gone 25 league matches in the Championship without defeat – it's certainly a competitive league. Winning may not be everything but wanting to win certainly is, and while we all hope for more victories, this record is quite extra-ordinary. What's important is that as steadfast supporters, we continue to demonstrate our collective allegiance and patronage for this proud Club.

I am pleased to announce that today's match against Falkirk will be Robbo's 150th game in charge - 82 from 2002 to 2004 and 68 since 2017/18. We congratulate John on reaching this managerial milestone and thank him for his great service to ICTFC.

League Played 115, Won 52, Drew 29, Lost 34 Goals for 182, against 129

Cup Played 34, Won 22, Drew 4, Lost 8, Goals for 66, against 34

Total Played 149, Won 74, Drew 33, Lost 42, Goals for 248, against 163

As always, if you have any feedback on how we are doing or suggestions on how we can improve, please send them to me at graham.rae@ictfc.co.uk I'd be pleased to hear from you.

Let me finish by saying thank you for your loyal support - it really does make a huge difference and everyone at the Club is most grateful.

Graham Rae
Chairman

COMMUNITY NEWS

Festive Friends In Partnership with The Scottish Professional Football League Trust are set to become, for the 4th year running, Festive Friends to potentially socially isolated older people within our community.

This year we will have kids in care joining us for our Christmas meal. In another powerful demonstration of the positive impact football can make in local communities, socially isolated older people and youngsters in care across Inverness and beyond have been invited to Tulloch Caledonian stadium to enjoy a free Christmas meal, receive a gift and meet new friends including staff from the club.

New this year we are focusing on giving back to children who are in care, and who deserve a Christmas to remember. This is a great way to bring together both young and old people who are suffering similar struggles at Christmas. Working using an intergenerational approach to achieve our goal of bringing our community closer together.

At ICTFC we recognise the difficulties that many people face during the festive period and the impact this can have on their physical and mental health. Festive Friends now combined with Jingle box cares is a very simple but hugely effective project to make a real difference and provide a memorable day. This years event will be held on Thursday 20th December from 12 noon at the Tulloch Caledonian Stadium.



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LIAM POLWORTH

TURNING FRUSTRATING DRAWS INTO WINS



Liam Polworth has been one of the first names on the team sheet for John Robertson, mainly due to his fantastic creativity. Polworth notched up 20 assists last season and has been a main creator for the side again this season. Polworth has admitted that Caley Thistle are needing some of that creativity to push on this term and convert the draws into wins.

Polworth said: "All the draws are the main negative, we know we need to change them into wins but we need to figure out a way of how to do that. We need to score more goals, the few times we do score goals we lose too many. Apart from that, we've been really tight at the back this season so we need to start creating more in games."

The draws have been frustrating for the Caley Jags, with last weekend's draw Edinburgh City being the 11th draw of the season in all competitions. Polworth knows that the Caley Jags need to get back to winning ways to narrow the gap between themselves and the top of the league.

The Caley Thistle number seven said: "We need to start turning all the draws into wins and hopefully that will take us closer to the teams that are starting to pull away like Ross County, who won last weekend and have created a gap between us."

The Caley Jags midfielder thinks the unbeaten run isn't a concern for the players going into matches as the club have now gone 25 league matches without defeat.

He said: "Not many boys speak about the unbeaten run, obviously a lot of people who are out-with the club make a point out of it but I can't imagine that many boys even speak about it when we are going into games. We know that we need to start scoring more goals with our defence playing well."

Falkirk visit the Tulloch Caledonian Stadium today in search of a win as they sit bottom of the table but Ray McKinnon's side have picked up four points from their last 6 available.

Polworth said: "As we know they didn't have a great result last weekend as they lost 4-2 to Stenhousemuir and exited the cup. We know they are still a dangerous side that can pick up three points on their day."

He added: "We'll be at home so we're looking to go out there and put the pressure on them from the start of the match. Hopefully, we can nick an early goal and put the game to bed."

Polworth is now looking for Caley Thistle to kick on in their league campaign in the upcoming games.

He said: "The next few months are massive for us, we need to get ourselves into a good position and make a push, by the end of the next two months we will know where we stand and what we still have to do."

"I think everyone is quite relaxed to where we are in the league right now, we know that if we turned a lot of the games into wins, like points we threw away at the start of the season, then we'd be right up there. We're reasonably happy with where we are right now, we know we could have been a lot better but it's done now and just need to keep pushing ourselves on."

THANK YOU TO OUR KIT SPONSORS



MANAGER
**RAY
MCKINNON**

PAST RESULTS

W 1-0
AWAY, 04.08.18
LEAGUE

W 1-0
HOME, 10.04.18
LEAGUE

L 3-1
AWAY, 27.01.18
LEAGUE

13.

FALKIRK
THE OPPONENT



Falkirk have endured a difficult start to the campaign as they currently sit bottom of the Championship table after 14 matches played. The Bairns started the season with Paul Hartley in charge but, after a poor start, he was replaced by, former Dundee Utd and Morton boss, Ray McKinnon.

Falkirk exited the Scottish Cup last week with a poor result against Stenhousemuir, as they lost 4-2 away but Championship results have picked up of late as they have only lost once in their last five games. With wins coming away to Dunfermline and Queen of the South in that period too.

Zak Rudden, Rangers Loanee, was brought in by McKinnon on deadline day and he has been the top scorer for the Bairns this season with him netting 4 league goals thus far.

Falkirk have been a side near the top end of the Championship but in the last couple of seasons they have been fighting it out at the bottom end of the table. There is expected to be ins and outs in the upcoming January window at the club as they look to move up the table in the second half of the season.

The head-to-head between the two sides is in the favour of the visitors with Falkirk winning 21, there being 9 draws and ICTFC winning the other 15 encounters. The last meeting was a 1-0 win for the Caley Jags, on the opening day of the season, as George Oakley scored the winner.

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MATCH REPORT

25.11.18, AINSLIE PARK, EDINBURGH
WILLIAM HILL SCOTTISH CUP

EDINBURGH CITY 1
INVERNESS CT 1



Shaun Rooney marked his return from injury with his fourth goal of the season but a late Liam Henderson equaliser sealed a replay for Edinburgh City.

ICTFC will now take on City on Tuesday at the Tulloch Caledonian Stadium for a place in the Fourth Round, with the winner facing East Kilbride at home.

The first chance of the match fell to Liam Polworth after he was played in by Nathan Austin. Austin was then played in by Joe Chalmers after 15 minutes but his effort was tipped over by Antell for a corner kick.

Caley Thistle had the lead just before the break as Shaun Rooney rose at the back-post to meet a corner from Liam Polworth as the ICTFC right-back marked his return from injury with his fourth goal of the season.

Sean Welsh had a couple of chances as he unleashed a shot from about 25 yards but his effort was over the bar and he had a free-kick just outside the box on the 67th minute mark but it was over too.

City got their leveller with four minutes left on the clock, a free-kick from Thomson was floated into the area and, after a mix-up in the Caley Thistle backline, the ball fell to Liam Henderson for a tap-in.

OTHER RESULTS



16.

ACTION AGAINST HAMILTON ACCIES, WINNING 3-2

Fife Elite U18s 4-5 ICTFC U18s

The U18s continued their impressive unbeaten league run as they beat Fife Elite 5-4 in a thrilling game in Kirkcaldy.

Daniel Mackay and Ross Gunn scored twice while Roddy MacGregor got the other. Roddy recently made his debut for the first team in our 3-3 draw with Queen of the South.

ICTFC U18s 3-2 Hamilton U18s

ICTFC u18s booked their place in the 4th Round of the Scottish Youth Cup with an impressive 3-2 with over, Scotland's European representatives, Hamilton Accies.

Two first-half goals from Daniel Mackay and a goal from Roddy MacGregor put the young Caley Jags 3-0 up early on but two Accies goals before the break got them back in it.

The Caley Jags held on in the second-half to secure the win and to book a next round tie against Celtic on Saturday 8th December, with the match kicking off at 2pm and entry is **FREE** for fans.

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Acceptance without exception




Inverness Caledonian Thistle and Falkirk are delighted to be showing our support for lesbian, gay, bi and trans players and fans by supporting the Rainbow Laces campaign at today's Ladbrokes Championship match.

Rainbow Laces is Stonewall Scotland's campaign to change attitudes in sport and make sure that LGBT people are welcomed and accepted at all levels of the game. Sadly, many lesbian, gay, bisexual and trans (LGBT) people have a poor experience in sport and have experienced discrimination because of who they are. Research shows that almost half of LGBT people think that public sporting events, such as football matches, aren't a welcoming space for them.

Colin Macfarlane, Director of Stonewall Scotland, said: "We are delighted that SPFL clubs are supporting our Rainbow Laces campaign, and by doing so, standing with LGBT football fans across Scotland. We want to see fans make similar commitments and become active allies to LGBT people by creating a welcoming environment and challenging abuse. Many LGBT people want to take part in football, either as players or fans, but abuse from a small minority makes many people feel unsafe. We look forward to working alongside the SPFL and clubs across Scotland to help make football everyone's game."

John Robertson, Inverness Caledonian Thistle Manager, said: "Everyone at Inverness Caledonian Thistle is right behind the Rainbow Laces campaign and fully supports all initiatives during the next few weeks. Football should be a welcoming game, whether you are playing or attending, and be fully inclusive for all with no threat of physical or verbal abuse in any way shape or form regarding your beliefs or your sexuality. I ask everyone connected with the club to show your support by sporting the Rainbow colours."



Yvonne Crook, Chief Executive Officer of Inverness Caledonian Thistle FC, said: “We are delighted to be showing our support for lesbian, gay, bi and trans players and fans by backing the Rainbow Laces campaign. We really need to change attitudes in sport and make sure that LGBT people are accepted at all levels of the game and that we create a welcoming environment.”

We can only stop homophobic, biphobic and transphobic behaviour and language from happening in football by showing that it is not acceptable, at every level of the game. We are dedicated to eradicating any forms of homophobic, biphobic or transphobic behaviour and making sure Inverness Caledonian Thistle is a place where LGBT fans can be safe and accepted.

We need you to stand with us as allies to LGBT people. Follow Stonewall Scotland using @StonewallScot and get involved in the conversation on Twitter via #RainbowLaces. Find out more about Stonewall Scotland at www.stonewallscotland.org.uk



SQUADS

MATCH OFFICIALS

COLIN STEVEN, DOUGIE POTTER, STEVEN TRAYNOR

ICTFC

JOHN ROBERTSON & SCOTT KELLACHER

- | | |
|------------------|-----------------------|
| 1 MARK RIDGERS | 15 SEAN WELSH |
| 2 SHAUN ROONEY | 19 JORDAN WHITE |
| 3 CARL TREMARCO | 22 BRAD MCKAY |
| 4 JOE CHALMERS | 24 CHARLIE TRAFFORD |
| 5 COLL DONALDSON | 25 OWAIN FON WILLIAMS |
| 6 JAMIE MCCART | 27 DANIEL MACKAY |
| 7 LIAM POLWORTH | 31 CAMERON MACKAY |
| 8 ANGUS BEITH | 35 RODDY MACGREGOR |
| 9 NATHAN AUSTIN | 37 JACK BROWN |
| 10 AARON DORAN | 40 CAMERON HARPER |
| 11 TOM WALSH | 42 DANIEL HOBAN |
| 14 GEORGE OAKLEY | |

FALKIRK

RAY MCKINNON & DARREN TAYLOR

- | | |
|-------------------------|-------------------|
| 1 LEO FASAN | 17 PRINCE BUABEN |
| 2 LEWIS KIDD | 18 PATRICK BROUGH |
| 3 JORDAN MCGHEE | 19 ZAK RUDDEN |
| 4 AARON MUIRHEAD | 22 JOE MCKEE |
| 5 TOM DALLISON | 24 MARCUS HABER |
| 6 PAUL PATON | 25 ANDY IRVING |
| 7 DEIMANTAS PETRAVICIUS | 26 MARK RUSSELL |
| 8 RUBEN SAMMUT | 31 ROBBIE MUTCH |
| 9 DENNON LEWIS | 32 MARKY MUNRO |
| 12 DAVID MITCHELL | 34 KYLE MITCHELL |
| 14 TOMMY ROBSON | 35 CIERAN DUNNE |
| 15 SCOTT HARRISON | 36 JASON JARVIS |
| 16 MUSTAPHA DUMBUYA | 40 KIERAN SWEENEY |

ICTFC CODE OF CONDUCT

Inverness Caledonian Thistle FC will not tolerate unacceptable conduct at the Tulloch Caledonian Stadium or any away football stadia.

Unacceptable conduct is conduct which is deemed violent or disorderly.

Violent conduct is any actual, attempted or threatened physical violence against any person, or intentional damage to property.

Disorderly conduct includes:

Conduct which stirs up or sustains or is likely to or is designed to stir up or sustain hatred or ill will towards people or groups of people based on their membership of the following categories:

- **Gender, Race, Nationality (including citizenship) or ethnic or national origin.**
- **Membership or presumed membership of a religious group or a social or cultural group with perceived religious affiliation.**
- **Sexual orientation**
- **Transgender Identity**
- **Disability**
- **Or against an individual who is perceived to be a part of such group**
- **Using threatening, abusive or insulting words or conduct**
- **Displaying or writing anything which is abusive or insulting**
- **Using words or conduct or displaying any writing or other thing which indicated the support or affiliation to, or the celebrating of, or opposition to an organisation or group proscribed in the terms of the terrorism act of 2000**

All persons entering the Tulloch Caledonian Stadium on a matchday are subject to these rules, including employees and volunteers of ICTFC whilst discharging their duties.

Any person who engages in unacceptable conduct will be liable for sanctions imposed by the club, which may involve possible