

Padawan's Blue Lotus Extraction TEK

Supplies

- 1 ounce of *Nymphaea Caerulea*.
- Blender/electric powered herb grinder.
- 60 ml 190 proof (95%) grain alcohol (such as *Everclear*). [Solvent]
- Mason jars
- Deep freezer
- Plastic wrap
- Rubber bands
- M/L glass dish with flat bottom, preferably square.
- Razor blade (for scraping)
- Coffee filter & sieve
- Airtight container for the extracted material.
- Nitrile gloves

Optional

- Tin foil
- Pan to boil water
- Electric stovetop
- Small fan
- Paper towels
- Freeze dryer

Wash all utensils and tools thoroughly and wear gloves throughout the entire process to ensure cleanliness and pure product.

Preparation

1. Powderize 1 oz. of Blue Lotus in a blender or herb grinder, be sure it's a **fine powder** as to increase surface area and maximize alkaloid extraction, add this to your mason jar getting as much material as possible out of the blender.
2. Measure 60 ml of your solvent into your mason jar, exact measurement may differ depending on size of jar you use, mine was 8 oz. and my herb was super fine powder, be sure your solvent covers at least 1-1 ½ inches above the top of your herb.
3. Secure a length of plastic wrap over the mouth of the jar with a rubber band or two to ensure an airtight, but flexible seal, the reason for this is to add room for expansion. Optionally you may use a bit of tin foil to help make a more secure seal around the plastic wrap on the jar.
4. Agitate the jar in a swirling motion until fully homogenized, and place in the deep freezer for anywhere from 1-3 weeks, being sure to agitate in the same swirling motion 1-2 times daily.

Evaporation & collection

1. After the initial extraction has been completed, pull the jar from the freezer and agitate one last time to really homogenize the mixture.
2. While the mixture is still freezing cold, line a kitchen sieve (cocktail sieve works well) with a coffee filter and pour the mixture into another jar, pour the infused alcohol over the mush 3-4 times to be sure and get all the plant material out of the alcohol, squeeze the coffee filter to get all the alcohol out of the plant material as well.
3. At this step you should have about 60 ml of vibrant green infused alcohol, you can technically bottle this and keep in your freezer to use as a tincture, but for full extraction keep reading.
4. **HEAT METHOD (less potent)**- Use a double boil method (aka hot water bath) to evaporate about half of your alcohol off the mixture, keeping the alcohol mixture around 111-115° F, it will begin to turn from vibrant green to a light amber color, this is when you should pull it, if you cook too long there will be a larger amount of potency loss, you should have about half the amount you started with in the jar. **Take caution using this method, you must use an electric stove as 190 proof alcohol is very flammable, gas stoves raise chances of ignition.**
5. **NON-HEAT METHOD (more potent)**- If you don't have an electric stovetop or the ability to heat up the mixture to accurate temperature, then no worries, the alcohol will also evaporate at room temp, it will just take a few days, a small fan will speed up the process but is not necessary.
6. Regardless of the method you choose, pour the mixture into a glass dish (after boiling for heat method, the full jar if not) and cover with a paper towel to reduce contamination, and place a small fan (optional) indirectly in the room somewhere, you could also use a freeze dryer if there's one available to you to speed up the process. As it evaporates it will leave behind a deep blue/indigo substance on the walls of the dish, lightly swirl the mixture periodically to redissolve it back into the solvent, for easier scraping.
7. After about 3-4 days it should be fully dry but this will change with each batch so judge yours based on the situation, use a razor blade to scrape up the substance left behind, keep in an airtight container in a cool, dark space it can be smoked with flower via "sandwich method" or added to food/drink, it is not "full melt" and will leave ash if dabbed.
8. Enjoy, and be sure to dose properly, remember this is concentrated material.

Notes

- Wear gloves during the full process as the alkaloids contained in Blue Lotus are dermal and can be absorbed through skin contact.
- This extract will begin to melt at room temp and leave a green oil behind as residue so a cool dark space is best for storage.

- Blue Lotus is what I like to consider a dream herb/psychedelic for me. It gives me a light euphoric waking feel and a clear head and when I sleep my dreams are extremely vivid.
- Blue Lotus can be combined with African Dream Root (*Silene Capensis*) to further increase the dreaming effect, not many studies have been done on either one so negative effects are currently unknown so do this to your discretion.
- Humans (and mammals in general) develop quick and high tolerances to Apomorphine and Nuciferine, usage should be limited to 1-3 times a week giving yourself 2-3 weeks before using it again, this will increase the effect you gain and not put a buffer in it after prolonged use.
- This is a form of resin so it can be more damaging to the lungs than normal flower smoke would, if you have asthma or another lung issue, it's not advised to smoke this extract.
- I would advise against using it with cannabis or any other heavier drugs until you're comfortable with the effect of the lotus alone.

Enjoy!