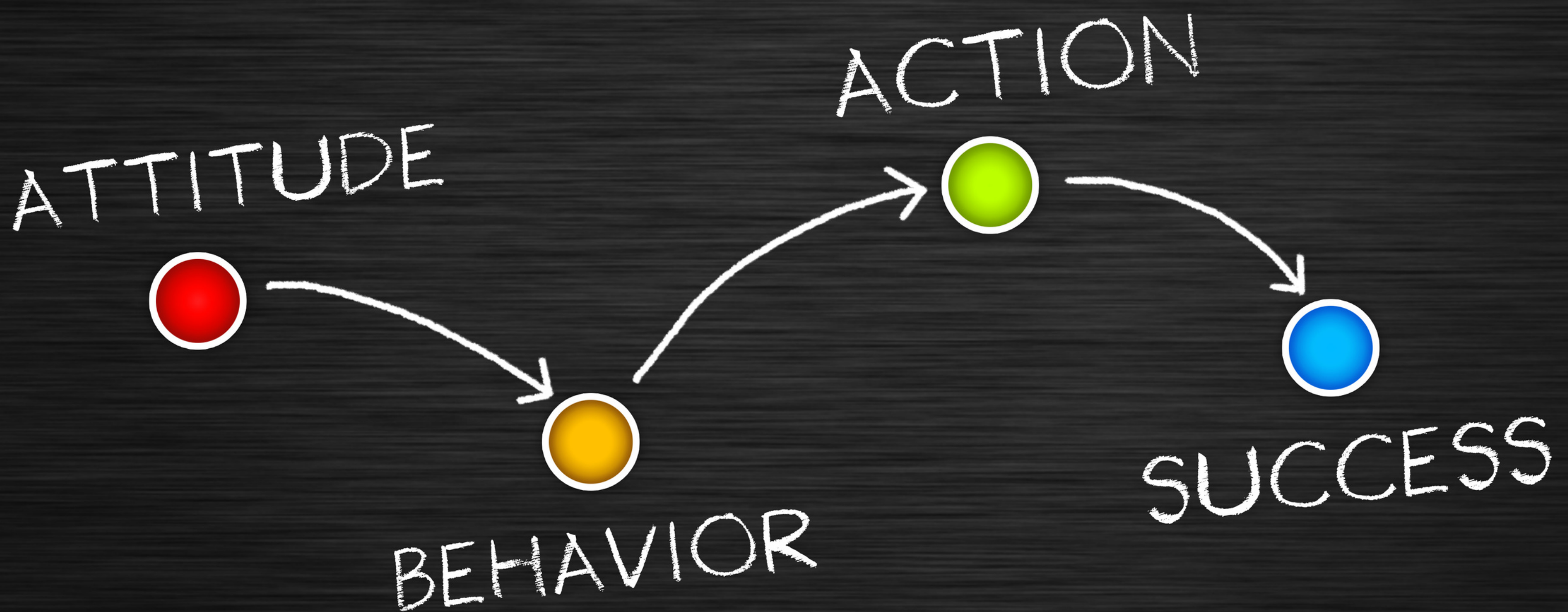


REFRAME YOUR MINDSET

MINDSET



Use the following sheet to analyse each walk or training session you do. When looking at what your dog can do better think of how you can set this up for them. This will help you focus on the good as well as what needs improving, It will also help you track your progress as well as letting you know what to focus on in your next session

Analyse your walk/training

What did I do well?

What did my dog do well?

What can I do better next time?

What can my dog do better next time?

Don't let mindset hold you back in your training and achieving your goals

In The Border Collie Academy there is a non judgemental community of people, just like you who are working towards transforming their DingBatt Border Collies into Dreamboats.

In the Academy you can be inspired by others in the same boat as you, you can buddy up with accountability partners and work together on your goals, if you have a disappointing walk or training session you can post in the group for both moral support and feedback.

Achieve your dreams - Proudly own the best trained dog in the park

Click [here](#) to join

The Border Collie Academy

