



SUMMIT VIEW EAGLES ATHLETIC HANDBOOK

Introduction

Welcome to The Summit View Valley Athletic Program. This handbook is designed to answer some of the most frequently asked questions regarding our after school sports activities. Our school's mission and philosophy is integrated into each team's day to day and competitive operational basis. Good scholarly standing, school spirit, commitment, improvement of skills, and sportsmanship are the basis of participation in Summit View Valley's sports programs. We want as many children as possible to participate in After-School Athletics, and to feel comfortable and valued in doing so. Knowing in advance what to expect is an important element to our success. Prior to participation in Summit View School's sports programs, all students and their parent(s) must read and sign The Summit View School Athletics Code of Conduct, at the bottom of this handbook.

Team Sign-Ups

After-School Athletics are available to all students. Sign-ups take place in advance to the first practice date and will be announced via email, school news and posters, as well as classroom visits. Sign-ups will close on the deadline announced. The date is firm. Exceptions will only be approved when a given team for which a student is attempting to sign up is short players in order to field a team. Students who wish to sign up may do so through the specified coach or athletic director.

Cut Policy

Elementary and Middle School adheres to a "no-cut" policy for sports. It is expected that all students who join a team want to learn, to connect with fellow classmates, and to experience the joy of competition in a fun and nurturing atmosphere. All athletes will be given playing time, although it may vary according to skill level, attitude, attendance at practices, and the number of team members.

Usually, high school students who sign up for a team and show consistent commitment and adherence to team policy are not cut. However, there may be occurrences when an exclusion from a team may be necessary such as, but not limited to, violation of team rules and regulations, non-compliance with Summit View/CIF academic standards, and/or the necessity to constrict a team to a specified number. Please check with the designated coach

and/or the athletic director for policies, rules and regulations, and specified numbers, if any.

Formation of Teams

The total number of students who are interested in playing determines if the school can field a team. It is up to the administration and the athletic department to formulate teams based on the availability of athletes and resources.

Participation

Students are expected to be in attendance during the regular academic school day to be eligible to participate in the athletic activities for that day. If a parent/student knows in advance of a scheduled absence, please contact the coach personally to explain the absence. All students start the year eligible to compete in after-school athletics. In the case of exclusion due to academic standing, the athletic department, in conjunction with teachers and school administrators, will determine when a student is eligible to participate again. Additionally, through collaborative communication and at the discretion of school administrators, the athletic department, and teachers, poor conduct might prohibit a student from participating. Lastly, refer to team policy and regulations regarding attendance and additional participation requirements.

Fees

The fee for participation in after school athletics is \$85 per sport. **NO STUDENT WILL BE PERMITTED TO PRACTICE OR PARTICIPATE UNTIL THE ATHLETIC FEE HAS BEEN PAID.** This fee helps cover the costs for coaches, referees, uniforms, and transportation. Summit View subsidizes the remaining costs.

Communication

Communication with coaches may be conducted through email and email addresses will be distributed by each individual coach. Communication may also be established through the school listed phone number at 818-623-6300. Otherwise, please contact the athletic director at mpalalay@summitview.org or 818-623-6300 extension 6344. Prior to communication in Summit View School's sports programs, **all students and their parent(s) must read and sign The Summit View School Athletics Code of Conduct, at the bottom of this handbook.**

Practices and Games

Every student has an obligation to his or her team to be at every practice and every game. Therefore, practices are a mandatory part of the season. Practices and games take place after school, Monday through Friday, though teams may not meet all five days in a given week. Refer to each team's individual practice and game schedule for specifics. Students in the elementary and middle school level should plan on at least three days of involvement per week, on average. High school athletes usually have athletic activities 4 to 5 days a week.

Please check the school website at summitview.org for continued updates on schedules. It is important that you and your child/ren discuss practices and game dates to ensure availability before signing up for a team. Updates will be provided via email and/or through the school website. Students are responsible for obtaining and completing any classwork or homework assignments they might have missed due to leaving early for a game. Practice time is essential to the development and success of your child's athletic growth and to the team. Any student-athlete who misses practice, without a valid excuse, will receive consequences specified by each team's policy. Missing practice may impact a student-athlete's playing time in games, and habitual absences from practices may result in dismissal from the team. Please make sure that your child fully understands the

consequences of missing practice, and that all scheduling conflicts are resolved prior to the beginning of a season. **IMPORTANT NOTE: Students who participate in afterschool sports programs are expected to be picked up promptly by parents at the scheduled end of practices or pick up time after games.**

Athletic Uniforms

Usually, student athletes will be issued a school athletic uniform for each sports season. All uniforms are the property of Summit View, and each student is responsible for the care of the uniform issued to him or her. Uniforms are to be worn only for games/contests, or on special occasions as designated by the coach. At the completion of the last game, students are required to clean and return all school uniforms issued to them. These items are to be returned to the athletic department within one (1) week of the completion of the season. A \$75.00 fee will be assessed for any damaged or unreturned athletic uniforms.

At times, uniforms and/or additional equipment may need to be replaced and/or ordered outside of available school resources. When this occurs, parents and students will be notified, in advance, by the team's coach to cover additional costs.

The proper attire for practices are white shirts/long sleeves and black/blue shorts or sweatpants with lace-up athletic shoes. Students not in proper attire will receive consequences specified per team policy. Students may be prohibited from participation based on inappropriate athletic wear.

Transportation

Summit View School provides chartered transportation to and from athletic events when necessary. Students are expected to behave properly while being transported to and from school-sponsored athletic events. Athletes are expected to ride with the team to and from games, unless an approved arrangement has been agreed upon by parents, school administrators, and/or the coach/es. Students are permitted to leave a game site with a parent, guardian, or formally designated adult if the parent has completed the proper form/s. If the student will be traveling with an adult other than his/her parent, a note indicating parental approval of such arrangement must be given directly to the coach.



SUMMIT VIEW
EAGLES
ATHLETIC PACKET

This packet must be filled out **in its entirety** in order for any child to participate in any **after-school interscholastic sports** at Summit View for the upcoming school year.

Please note that a physical exam is **only required at the High School level.**

There will be a \$85 activity fee for each sport. This fee will help offset the costs of transportation, uniforms, referee fees, field/gym rental fees, and equipment.

Students will not be allowed to participate in a sport without making this commitment to their team.

Please make payment payable to Summit View and add Athletic Fee to the memo line.

Questions – please contact Coach Palalay

at mpalalay@summitview.org

Medical and Parent Consent Form

Note: **THIS FORM IS TO BE USED FOR HIGH SCHOOL INTERSCHOLASTIC ATHLETIC PHYSICAL ONLY**
INTERSCHOLASTIC ATHLETIC MEDICAL AND PARENT CONSENT FORM

To the parent: Both sections of this form must be completed before your son/daughter can participate in interscholastic athletic practices or contests.

TO BE COMPLETED BY STUDENT AND PARENT

Sport(s)_____

Name_____

Current Grade_____

Birth date_____

Place of Birth (county)_____

State_____

School Attended Last Year_____

Doctor's Name_____

Doctor's Phone number_____

Doctor's Address_____ City_____

I hereby apply to participate in Interscholastic Athletics at Summit View School. I agree to abide by the Constitution, Rules and Bylaws of the California Interscholastic Federation- Southern Section and the Summit View Code of Conduct.

Student Signature_____

TO BE COMPLETED BY THE DOCTOR

Name of the Student_____ Height_____ Weight_____

Disease History: Allergies_____

Seizures_____

Comments_____

Athletics Allowed:

___ ALL Sports

Specified Sport/s:

(Please list)_____

I hereby certify that I have examined the above- named student and there appears to be no medical reason why he/she is not physically able to compete in supervised athletic checked above at Summit View School.

Doctor's Signature_____

Please Use Hand Stamp with Signature

Date of actual Physical_____

IF PHYSICAL IS MORE THAN 1 YEAR OLD, IT IS NOT ACCEPTABLE

ATHLETIC EMERGENCY INFORMATION AND PARENT CONSENT FOR TREATMENT

Parent Name _____ Home phone _____

Address _____ City _____ Grade _____

Day Phone: Father _____ Mother _____

In an emergency, if parents cannot be reached, notify:

_____ Phone _____

Family Doctor _____ Phone _____

Known allergies _____

Permission is hereby granted to the attending physician to proceed with any medical or minor surgical treatment, x-ray examination and immunizations for the above-named student. In the event of an emergency arising out of serious illness, the need for major surgery, or significant accidental injury, I understand that an attempt will be made by the attending physician to contact me in the most expeditious way possible. If said physician is not able to communicate with me, the treatment necessary for the best interest of the above named student may be given.

Parent / Guardian _____ Date _____
Signature

**PARENT CONSENT FOR ATHLETIC PARTICIPATION
IN INTERSCHOLASTIC ATHLETICS**

STUDENT'S NAME _____

ADDRESS _____

I, as parent/guardian, understand that the athletic program in which my child may enroll is optional. I (We) further understand that there is a possibility that a child may suffer serious injury or death as a result of participation in athletic activities.

I (we) also realize that the school disclaims any financial responsibility for the costs of medical treatment, hospitals, ambulances, or paramedics, etc. arising out of or by virtue of an injury to my (our) child while participating in such interscholastic competition or preparation thereof.

My (our) above named child has permission to participate in the interscholastic sport of _____.

I further acknowledge that before my child can participate in such school sponsored sport this consent must be executed by me (us) and filed at school, together with the result of a physical examination indicating that my child is physically fit to participate in such school sponsored activity.

Date _____ Parent/Guardian Name _____
(print name)

Parent/Guardian Signature _____

Parent/Guardian Name _____
(print name)

Parent/Guardian Signature _____

PARENT CONSENT FOR TRANSPORTATION FOR ATHLETIC EVENTS

STUDENT NAME _____

ADDRESS _____

I, as parent/guardian, give my consent for my child to ride on school-provided transportation during the current school year for the sport of _____.

I understand that the school disclaims any financial responsibility for the costs of treatment, hospitals, ambulances, or paramedics, etc. arising out of or by virtue of an injury to my child while utilizing this school-provided transportation for interscholastic events.

I realize that the school will contract with its standard bus provider for such events, and the bus provider is a licensed certified bus provider in good standing.

Date _____ Parent/Guardian Name _____
(print name)

Parent/Guardian Signature _____

Parent/Guardian Name _____
(print name)

Parent/Guardian Signature _____

Sports Available for the upcoming School Year

Below are the sports teams available for the upcoming school year based on the previous year's student body survey as well as returning players and coaches. This list is subject to change upon further notice. Please indicate your interest by filling out the athletic packet.

Fall Sports

Elementary/Middle School: Co-Ed Flag Football

High School: Girls' Volleyball, Co-Ed Cross Country

Winter Sports

Elementary/Middle School: Co-Ed Basketball

High School: Girls' Basketball, Boys' Basketball, Co-Ed Soccer

Spring Sports

Elementary/Middle School: Co-Ed Soccer

High School: Co-Ed Baseball, Softball, Track and Field, Boys' Volleyball

SUMMIT VIEW SCHOOL CODE OF CONDUCT

The philosophy of Summit View High School's interscholastic athletics are an integral part of the educational program and are designed to have a positive influence on students. In addition to athletic skill development, we are charged with the responsibility of instilling in our athletes proper attitudes and behaviors that reflect the ideas of citizenship, sportsmanship, and cooperation, as well as building self-discipline and self-esteem. These goals can best be achieved through a successful partnership between student athletes, coaches, and parents.

Player/Coach Communication – At the high school level, it is the responsibility of the student athlete, not the parent, to notify the coach well in advance of any scheduling conflict that may involve an absence from practice or a game.

If your son/daughter has a concern, encourage him/her to resolve it directly with the coach. The majority of issues are successfully resolved through direct communication between the student athlete and the coach. There is an open door policy for players.

Players need to have confidence that their concerns will be heard and addressed with respect and confidentiality in a timely manner.

At the elementary and middle school level, athletes and/or parents are responsible for notification to the coach.

Parent/Coach/Player Communication – If an issue is not resolved after the student athlete has met with the coach, the student athlete's parent should then contact the coach directly at school via email. Leave your name, number, a short message, and the best time to email/call. The coach will contact you in a timely manner. Please be prudent with your decision when to contact the coach. Coaches spend a good amount of time preparing for, and supervising practices and games. Moreover, the period of time after a game is an emotional time for student athletes, parents, and coaches, and therefore is less conducive to solving problems rationally. We respectfully request that you abide by the 24 hour rule, which states that you wait 24 hours after a game to contact/discuss any issue or concern with a coach.

It is very difficult to accept your child not playing as much as you had hoped. Yet, coaches make decisions based on what they believe to be the best for all student athletes involved. Therefore, coaches are not expected to respond to parents' questions about amount of playing time, positioning, team strategies or tactics, or any discussion about another student athlete.

Understand that you are a role model for your son/daughter. Emphasize the proper ideals of sportsmanship, ethical conduct, and fair play, and your child will too. If your child's performance produces strong emotions in you, maintain a calm demeanor.

The essential elements of character building and ethics in athletes are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of athletics is achieved when competition reflects these "six pillars of character".

Therefore as a parent/athlete:

1. I will let the coaches do the coaching for all team members.
2. I will support the program by volunteering to assist the team if available or necessary and with the approval of the coach/es.
3. I will respect the integrity and judgment of sports' officials by REFRAINING from criticism in front of other students and/or parents, and REFRAIN from stepping onto the field and/or court during games at times of conflict.
4. I will refrain from criticism of coaches in front of other students and/or parents which may affect team morale and undermine leadership and my concerns will be communicated as described in the code of conduct.
5. I will model good sportsmanship at all times during games.
6. I will encourage my child to speak directly to his/her coach if he/she is having difficulties in practice or games or can't make a practice.
7. I will support the 24 hour rule: Parents are not permitted to discuss athletic concerns with the coach for at least 24 hours after an issue arises at a game, practice, or other instance.
8. I will conduct myself in such a manner as to bring positive feedback to our athletes, our school, and our community.
9. I will remember that the game is for the students-not the adults.
10. I will demand that my child treats other players, coaches, officials, and spectators with respect.
11. I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as taunting, and using profanities.
12. It is never acceptable for a parent to attempt to discuss a child's playing time during a game or practice. It is NEVER acceptable for a parent to attempt to discuss another student's playing time or performance.

I understand that any violation of this code will be cause for potential disciplinary action as determined by coaches, the athletic director, and/or administration. These consequences may include but, are not limited to CIF SS rules and regulations, suspension from attendance/participation in games, and/or removal of athlete/s from the team.

I have read, understand, and agree to the parent's code of conduct at all Summit View School's sporting events.

Student Athlete Signature: _____

Print Name: _____

Parent/Guardian Signature: _____

Print Name: _____

Parent/Guardian Signature: _____

Print Name: _____

Date signed: _____

***This form must be returned to the Coach prior to athletic participation. Athletes will not be allowed to participate without completion of this form.**



Code of Ethics – Athletes

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 523).

By signing below, both the participating student athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We recognize that under CIF Bylaw 202, there could be penalties for false or fraudulent information.

We also understand that the _____ (school/school district name) policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Printed Name of Student Athlete

Signature of Student Athlete

Date

Signature of Parent/Caregiver

Date

A copy of this form must be kept on file in the athletic director's office at the local high school on an annual basis and the Principal's Statement of Compliance must be on file at the CIF-SS office. Revised 7/12