



The Spa  
at the Country Club



Spa and Beauty  
Treatments



[www.countryclubpatrington.co.uk](http://www.countryclubpatrington.co.uk) | 01964 632045





# Spa Treatments - Facials

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## ELEMIS Touch Facials

60mins £50

These targeted facial treatments will gently but firmly take on the challenges of sensitivity, oiliness or dullness for healthier complexions. They can also target fine lines and anti-aging. Most of our Touch Facials include scalp, neck, shoulder and arm massage.

## ELEMIS BIOTEC Facials

60mins £55

The Pioneering BIOTEC machine works to switch your skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Visibly healthy, nourished and energised skin.

Whether you are looking for a relaxing and nourishing facial or you have a specific skin concern our therapist can tailor the facial to your needs.

**Anti-aging / Anti-blemish / Complexion**

## Men's Facials

Men's Skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

**ELEMIS Touch Facial** 60mins £50

**ELEMIS BIOTEC Facial** 60mins £55



**Facial OFFER – Buy 5 facials and get the 6th one free £250/£275**



# Spa Treatments - Massages

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## Aromatherapy Full Body Massage

50mins £50

This 50 minute full body massage effectively relieves stress and soothes muscular tension using relaxing, medium or firm pressure.

## Back, Neck and Shoulder Massage

30mins £28

This 30 minute massage alleviates stress and tension by encouraging optimum circulation. Customised to focus on areas needing extra attention, your therapist will provide a personalised experience to target your needs.

## Back, Neck, Shoulder and Back of Legs Massage

45mins £35

This 45 minute massage focuses on the back & back of legs, using a range of different massage techniques to target tired legs and tension in the back, perfect for anyone who is on their feet all day.

## Hot Stone Back, Neck and Shoulder Massage

30mins £35

Hot stones penetrate 10x deeper into the muscle tissue. This warm massage is designed to melt away tension and soothe aches, concentrating on the back, neck and shoulders.

## Peaceful Pregnancy Full Body Massage

50mins £50

This unique pregnancy massage is profoundly nurturing and tranquil. Performed on a bed of comfy pillows, mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby.

**Interested in a Scalp Massage?** Why not try one of our ELEMIS Touch Facials? These have a scalp, neck, shoulder and arm massage included within the facial.



# Spa Treatments - Exotics and Wraps

## ELEMIS Body Nectar Nourishing Wrap

60mins £50

### Targets Relaxation & Hydration

The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

### BENEFITS

- Skin is super-hydrated and moisturised
- Deep relaxation whilst the oils work into the skin
- Skin elasticity is restored
- Emotionally grounding
- Excellent post holiday or post pregnancy

## ELEMIS Intensely Cleansing Salt Scrub

30mins £35

### Targets Dehydrated Skin, Rough Dry Skin & Dull Tired Skin

Fragranced salt will gently slough away dead skin cells, leaving a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

### BENEFITS

- Gently exfoliates dead skin cells from the body
- Hydration levels are restored
- Increases blood and lymphatic circulation
- Softens and smoothes the skin
- Brightens the appearance of the skin

**OFFER – Book both for £75, saving £10!**



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# Beauty Treatments

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## Hands

**Gel Overlay** £28

Includes cuticle work, nail file and gel polish. Instantly dry, no smudging or chipping. Application can last up to 3 weeks.

**BIAB Overlay** £30

BIAB is a range of soak off gel builders ideal for creating strong overlays and as a strengthening barrier for natural nails. It can be refilled or soaked off. Left nude for a natural finish or can be used with a gel colour.

**BIAB Infill** £25

**BIAB/Gel soak off** £12

**Acrylic soak off** £18

**ELEMIS Manicure** 60mins £30

Designed to release tension, condition and restore, this hour long treatment includes extended hand and arm massage, cuticle work, nail file and buff, polish included.

**ELEMIS Mini Manicure** 30mins £20

Our mini manicure will leave hands looking refreshed and elegant, including cuticle work and nail file and polish.







# Feet

## Toe Gel Overlay £25

Includes cuticle work, nail file and gel polish. Instantly dry, no smudging or chipping. Application can last up to 6 weeks.

## ELEMIS Pedicure 60mins £30 Gel Upgrade £10

Take a load off with this foot focused tension releaser. Lower legs and feet are thoroughly exfoliated targeting hard skin areas, bathed and massaged. Hard skin is removed with rasp. Feet are left nourished, soft and smooth, polish included.

## ELEMIS Mini Pedicure 30mins £20 Gel Upgrade £10

Including a relaxing foot soak, foot scrub, cuticle care, luxurious foot cream, nail file and polish, our mini pedicure is designed to leave your feet looking and feeling fabulous.

*\*Please note our therapists are not chiropodists. Our pedicures are for relaxation and beauty purposes only. Feet must be medically suitable for this treatment.*



# Beauty Treatments

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## Eyelashes & Eyebrows

<b>Eyebrow Tinting*</b>	<b>£8</b>
<b>Eyelash Tinting*</b>	<b>£8</b>
<b>LVL Lash Lift*</b>	<b>£35</b>

LVL stands for length-volume-lift. A therapist uses a setting serum to straighten your natural lashes at the root (making them look curled up), and then your lashes are tinted, creating the appearance of mascara. Treatment can last up to 6 weeks.

<b>Eyelash Extensions</b>	<b>£50</b>
<b>Eyelash Infill</b>	<b>£28</b>

*For time allocation infills must be no older than 3 weeks.*

<b>Eyelash Removal</b>	<b>£10</b>
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*\*A patch test is required 48 hours prior to the treatment*

## Dermaplaning

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Dermaplaning is a procedure that exfoliates your skin, removing any trapped dirt, dead skin, and vellus hair

(also known as peach fuzz) **£35**

## Spray Tanning

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<b>St Tropez Spray Tan</b>	<b>£20</b>
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Different shades available.



# Waxing

# Waxing - Mens

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Eyebrow	£8
Lip	£6
Chin	£6
Underarm	£8
Full Arm	£15
½ Leg	£15
Full Leg	£20
Bikini	£12

Chest	£18
Back	£18

*\*Line Only*



## How to book a treatment

Visit [www.countryclubpatrington.co.uk](http://www.countryclubpatrington.co.uk)

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