

Whether it is alcohol or prescription drugs, drug and substance continues to wreak havoc in New Jersey. Alcohol abuse and opioid addiction are major concerns with statistics for heroin overdose alone being 3 times higher than what the national average is. Since 2004, there have been more than 14,000 deaths caused by drug overdoses.

More Info: [rehab centers in NJ inpatient](#)

These facts and figures are scary, but the state of New Jersey fortunately has numerous drug treatment and management programs to help residents effectively. More than 70,000 have been admitted to drug management facilities around the state in 2015 and this number has been increased to 76,000 in 2015. This is a major plus point with more and more people taking the initiative to better their lives and work on the substance abuse that's troubling them in New Jersey.

The first steps towards rehabilitation is admitting that you have a problem and then seeking out treatment. In fact, there are more than 1,000 drug rehabilitation centers located in NJ alone. Hence, you have many options to choose from in order to get rid of your addiction. Anyone and everyone who is dealing with their substance abuse problem can find something that fits their needs across the spectrum of treatment centers, which runs the gamut from facilities fully funded by the state and local governments to centers that are entirely privately managed.

The cost involved with rehabilitation is one of the most common reasons for an addict to not seek treatment. A number of medical insurance policies do cover the costs that occur with a limited stay in a treatment center they authorize, but certainly not all coverage does this. If you are not able to pay the entire cost up front, there are some clinics that are willing to work with you to create a payment plan.

An alternative option is going through nonprofit establishments that offer treatment at little or no cost. Another good option that is available to individuals would be state funded treatment centers as they can help with the costs and provide effective treatment plans over a shorter period. Yet another way of securing financing for treatment center recovery can be certain government grants.

There are numerous factors you must think about when trying to select the best drug treatment facility in New Jersey. Different places have their own treatment methods. The best thing a person can do is take the time to look into each facility and see what their treatment programs are all about.

Another determining factor is length of stay. There are varying options available to people with some stating there's a "28 day" recovery schedule while others go with a more customized setup based on the patient's needs. Another good idea is to learn more about what additional care is provided and what activities and amenities are available. Check the credentials of the staff at the facility as well as the staff to patient ratio.

Another factor is finding a treatment center that provides aftercare. This is not offered universally, so it is important to ask about this before you commit to a program. It's important for the center to help with re-integration as that is half the battle.

There are numerous resources that are available to learn more about drug treatment and addiction in New Jersey like NJ Connect, Rehab Hotline, Narcotics Anonymous, Alcoholics Anonymous, and many more.