

| Date | Match | Venue | Time |
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| 24 August 2016, Wednesday | Chepauk vs Thoothukudi, 1st Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 25 August 2016, Thursday | Tiruvallur vs Karaikudi, 2nd Match | NPR College Ground, Dindigul | 6:30 PM |
| 26 August 2016, Friday | Coimbatore vs Kancheepuram, 3rd Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 27 August 2016, Saturday | Dindigul vs Madurai, 4th Match | NPR College Ground, Dindigul | 2:30 PM |
| 28 August 2016, Sunday | Chepauk vs Karaikudi, 5th Match | NPR College Ground, Dindigul | 2:30 PM |
| 29 August 2016, Monday | Tiruvallur vs Madurai, 6th Match | NPR College Ground, Dindigul | 6:30 PM |
| 30 August 2016, Tuesday | Dindigul vs Kancheepuram, 7th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |

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| 31 August 2016, Wednesday | Coimbatore vs Thoothukudi, 8th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 1 September 2016, Thursday | Dindigul vs Tiruvallur, 9th Match | Indian Cement Company Ground, Tirunelveli | 6:30 PM |
| 2 September 2016, Friday | Madurai vs Coimbatore, 10th Match | Indian Cement Company Ground, Tirunelveli | 6:30 PM |
| 3 September 2016, Saturday | Karaikudi vs Thoothukudi, 11th Match | Indian Cement Company Ground, Tirunelveli | 2:30 PM |
| | Kancheepuram vs Chepauk, 12th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 4 September 2016, Sunday | Dindigul vs Thoothukudi, 13th Match | Indian Cement Company Ground, Tirunelveli | 6:30 PM |
| 5 September 2016 Monday | Tiruvallur vs Kancheepuram, 14th Match | Indian Cement Company Ground, Tirunelveli | 2:30 PM |
| | Coimbatore vs Chepauk, 15th Match | Indian Cement Company Ground, Tirunelveli | 6:30 PM |

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| 6 September 2016, Tuesday | Madurai vs Karaikudi, 16th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 7 September 2016, Wednesday | Tiruvallur vs Thoothukudi, 17th Match | NPR College Ground, Dindigul | 6:30 PM |
| 8 September 2016, Thursday | Dindigul vs Chepauk, 18th Match | NPR College Ground, Dindigul | 6:30 PM |
| 9 September 2016, Friday | Madurai vs Kancheepuram, 19th Match | NPR College Ground, Dindigul | 2:30 PM |
| | Karaikudi vs Coimbatore, 20th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 10 September 2016, Saturday | Madurai vs Chepauk, 21st Match | NPR College Ground, Dindigul | 2:30 PM |
| | Tiruvallur vs Coimbatore, 22nd Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 11 September 2016, Sunday | Dindigul vs Karaikudi, 23rd Match | NPR College Ground, Dindigul | 2:30 PM |
| | Kancheepuram vs Thoothukudi, 24th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |

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| 12 September 2016, Monday | Tiruvallur vs Chepauk, 25th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 13 September 2016, Tuesday | Dindigul vs Coimbatore, 26th Match | Indian Cement Company Ground, Tirunelveli | 2:30 PM |
| | Thoothukudi vs Madurai, 27th Match | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 14 September 2016, Wednesday | Karaikudi vs Kancheepuram, 28th Match | Indian Cement Company Ground, Tirunelveli | 6:30 PM |
| 16 September 2016, Friday | TBC vs TBC, 1st Semi- Final | Indian Cement Company Ground, Tirunelveli | 6:30 PM |
| 17 September 2016, TBC vs TBC, 2nd Semi Final | TBC vs TBC, 2nd Semi- Final | MA Chidambaram Stadium, Chennai | 6:30 PM |
| 18 September 2016, Sunday | TBC vs TBC, Final | MA Chidambaram Stadium, Chennai | 6:30 PM |