



/lgbt/ - Lesbian, Gay, Bisexual, & Transgender



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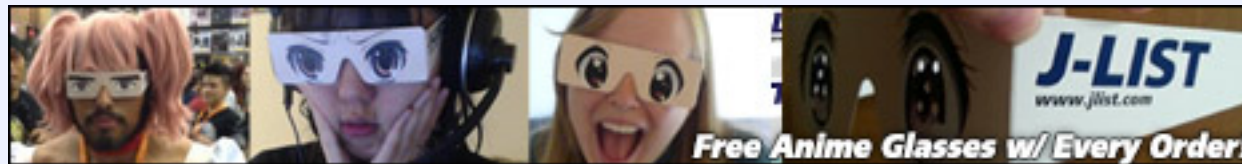
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File: [Trans Help General-.png](#) (209 KB, 694x907)



Trans Help General #16 Annicole !!d5Msn/41Mfq 07/08/14(Tue)04:57:27 No.2961549

This is the Trans Help General thread. We'll try to help you here with everything related to being transgender. This includes questioning, appearance, daily trans problems, medical info, general info and other interesting stuff to name a few.

Appearance: Make-up, nail, hair and how do I do my hair correctly? Do these clothes fit me right? How do I make hair on the wall? Do I look like a boy? Basically everything about being seen and passing.
Transition: How do I come out? How do I get my papers changed? My voice works and do I still sound like a girl? How do I get my blood tests? What will IHTT be like?
Medical: Health: Is this a right dose? When do I need a therapist? What exercises should I do? What can I get my blood tests? What will IHTT be like?
General information: Where can I find advice on transgender subjects? Where can I read the care guidelines? Where does gender dysphoria come from?
Glossary: How to get something off your chest? Did something wonderful happen? Tell us your stories. This is also a place to vent and share happiness.
Note: These are just examples of questions that could be asked



MTF, FTM and questioning people are all welcome here to help each other and discuss possible solutions.

You can also share your transgender related stories here. Just came out? Or you just need to get something off your chest?

Maybe something wonderful happened today! We'll be glad to hear it, it's always good to know we're not going through this alone.

Links:

Articles, Studies and General information about Questioning, Transitioning and other stuff:

http://genderal.org/index.php/Should_I_Transition%3F

Lots of useful links about/for transgender people: http://genderal.org/index.php?title=Useful_Links_Masterlist/

<http://pastebin.com/h1vLPxyV> (backup)

Transgender FAQ: <http://pastebin.com/8QbKyShU>

Am i trans/ trans help threads archive: <http://pastebin.com/CPzj0xv9>

>> **Annicole** !d5Msn/41Mfq 07/08/14(Tue)05:10:01 No.2961582

The genderal seems to have died entirely. I'll look for another place to host it on.

>> **Anonymous** 07/08/14(Tue)05:52:00 No.2961655

I wish they could just look at my fucking brain and tell me if I'm trans or not so I don't have to worry about this shit. It's really confusing.

>> **Anonymous** 07/08/14(Tue)06:28:02 No.2961725

[>>2961655](#)

i've read some thing about male brains having uneven hemispheres i have no fucking clue if it's true

i had an mri and they're the same size

i'm ftm or something

though at first i thought the right one is bigger and got really surprised cause i thought it's not normal for anyone, i've never read about it at atht point so maybe i was on to something

but when i looked at it again later they were exactly the same i must be hallucinating or some shit

haven't felt that way since i got the ovary exam and there were ovaries there

like, what did you fucking expect

>> **Anonymous** 07/08/14(Tue)06:32:55 No.2961734

[>>2961725](#)

at least i didn't think i have hidden balls so i'm not that bad

[>>2961582](#)

/cd/?

>> **Anonymous** 07/08/14(Tue)06:50:21 No.2961785

[>>2961734](#)

[>>2961725](#)

>John Gilmore and his team scanned the brains of 74 newborns and found no evidence for smaller left hemispheres in male babies compared with females.

><http://www.jneurosci.org/content/27/6/1255.abstract>

>In contrast to adults and older children, the left hemisphere is larger than the right hemisphere, they mean male teens have one larger?

i don't understand

>> **Anonymous** 07/08/14(Tue)07:15:44 No.2961861

My mom refuses to acknowledge my gender whatsoever.

She hasn't put any effort whatsoever since I came out / moved out (almost same time).

When I came out she told me she'd rather see me dead but she still tries to "fix me", tell me I'm wrong, constantly call me by my old name, and the wrong pronouns. I tell her I don't mind coming back in her life as her daughter, she just tells me "no..no... what you're doing is wrong please stop"..

I've been on hormones for 6 months, and living full-time for 2 months. I'm 21.

I'm trying to put up with her shit (only texts and occasional phone calls) simply because I'm hoping she changes her mind but clearly she doesn't plan on it. Today she told me she's going to pretend I'm dead and said her goodbyes after I told her not to text me if she doesn't bother using the proper pronouns.

I literally cry when strangers say it by accident, coming from my mom it kills me everytime. I can't take it, as much as I like her and want her to be happy, I can't kill myself for her. I don't think she understands what gender dysphoria is or how I feel at all, what do I do?

>> **Anonymous** 07/08/14(Tue)07:22:08 No.2961872

[>>2961861](#)

You give her time.

I know that sounds shitty and I really feel for you, that sounds awful, but you have to remember that she is just as complex a person as you are, in a whole manner of different ways, and this is - for whatever reason - very difficult for her. Maybe just as difficult as it is for you to go through it yourself, in different ways.

You've moved out. You're doing it. Keep going, and don't cut her out completely. Let her know she can contact you whenever, and keep that offer open. If you move, get a new job, a big event, let her know you're doing good and want to see her. Eventually she might just come to terms with losing a son and gaining a daughter.

>> **Anonymous** 07/08/14(Tue)07:32:37 No.2961901

File: [Mom's Spaghetti.gif](#) (2.74 MB, 263x280)



I'm at a point now where I just want to be able to cut the rope if I need to get help, I just can't take it anymore.

>I feel jealousy looking at pretty women, I stare at certain features that I wish I could have myself
>Cross-Dressing brings peace and harmony, going too long without cross-dressing makes me crave it and fantasize about it all day

>I like it when people curse at me calling me a woman, weak, fragile or make remarks about girly features, this pretty much makes my day and I'll still remember months after

>I first started cross-dressing, then I became bisexual and then I started questioning my gender, this all happened in the span of about half a year

>I don't hate my penis but I'm not particularly happy with it either

>When looking at porn I mainly watch straight porn so I can imagine the sensations the woman must feel at that moment

>I have dysphoria at certain times but it always goes away after a few days just to come back again a few weeks later

>I think I'm hideous and I dislike looking at myself in the mirror, what I see is work in progress and nothing more, it's never enough and I'm never satisfied

>I starved myself to a lower weight but it's still not enough, I'm considering using clenbuterol to lose more weight (to about 55-60 kg which is underweight for my length)

>The best looking things about my body are my female features such as my mouth and my hips

>I have never felt gender dysphoria before, only when I started cross-dressing
>Cross-dressing is never a sexual thing
>Since I feel like my environment doesn't allow me to express myself I mostly do it in private, I am growing out my nails though which is becoming harder and harder to hide from my parents, looking at my nails makes me really happy though
>I have tried to commit suicide and I've been depressed since 16
>I never graduated, life really doesn't have a purpose so I never bothered
>I don't have any friends

>> **Anonymous** 07/08/14(Tue)07:38:54 No.2961920

>had fingernails forcibly cut short by my mom.
sigh.

>> **Anonymous** 07/08/14(Tue)07:41:10 No.2961925

>>2961901

>I have dysphoria at certain times but it always goes away after a few days just to come back again a few weeks later I get this too. I was almost at the point where I'd be going to see a therapist the other day, but then the feeling of dysphoria just went away and now I can't find the motivation to go for the time being. Seems kind of pointless to go if I can't convey how I'm feeling.

>> **Anonymous** 07/08/14(Tue)07:41:27 No.2961927

>>2961901

Phase 1) Get a job, and start seeing a counselor or therapist and talk through all your feelings. Use this to help sort your own thoughts out in your head. Listen to their advice but make your own decisions about what is right for you. Pay for it yourself, and don't tell your parents just yet. Get back into practice at talking to people, try and find some skills you want to learn or improve and do it. Continue cross-dressing if you feel the urge.

Phase 2) After doing this for a few months you will probably feel happier and better understand what you want. You will also have economic agency. Move out. Move to a different therapist. Speak to them with a clearer head than you did for the last one. You'll know what you want by now.

Phase 3) ??????

Phase 4) Profit.

>> **Anonymous** 07/08/14(Tue)07:44:28 No.2961931

[>>2961901](#)

So transition?

>> **Anonymous** 07/08/14(Tue)07:46:47 No.2961936

File: [9355d630fabb6026217df3383\(...\).jpg](#) (1.68 MB, 2560x1801)



[>>2961655](#)

I feel the exact same way, I wish it was possible to get a clear, sure answer.

>> **Anonymous** 07/08/14(Tue)07:59:43 No.2961967

File: [MFW.gif](#) (676 KB, 800x800)



[>>2961925](#)

This, I'm sure it'll be gone if I go outside as long as I don't see any cute women.

[>>2961927](#)

I have a job at the moment through the government and the people there are relatively nice, it's not a well paying job though.

I just called my jobcoach and explained to her how I'm feeling, we're going to arrange a therapist once my vacation is over.

I messaged some friend from back in the days while I was at it and he invited me to a movie night after I explained him how bad I'm doing.

Moving out is one of my main concerns right now, my parents aren't supportive and after coming out as bisexual to both parents, neither of them have tried to understand or support my choices, all they did was make jokes to keep the situation light or stay silent when I mentioned going to pride or being attracted to a person of my own gender.

Finding a place is really hard and I'd rather have my own privacy and no roommates as I don't feel like explaining what is

going on and I want to be able to cross-dress in full privacy.

I live in the Netherlands by the way, I'm not sure if it's possible for the government to find me my own place?

[>>2961931](#)

That's pretty drastic right now and I'd rather not go there because:

>Will I pass

>My parents

>Friends

>Work

>Society

>Chasers (yes this is an actual thing I'm worried about)

>> **Anonymous** 07/08/14(Tue)08:13:56 No.2962006

[>>2961967](#)

>I'm sure it'll be gone if I go outside as long as I don't see any cute women

God, I don't know how many times I've found this. I'll go out to burn off energy and kill the dysphoria, seeing a woman either makes me jelly or (increasingly less) feel attracted.

As far as I'm concerned, passing and parents are the only thing I worry about. You can always make new friends, get a new job; if you're worried about society go and live in the gay ghetto.

>> **Anonymous** 07/08/14(Tue)08:47:09 No.2962135
File: [tumblr_mcxuovnsa1qg6w1ao\(...\).gif](#) (898 KB, 204x360)



>You will never be Alice Glass

>> **Anonymous** 07/08/14(Tue)09:03:11 No.2962188

[>>2962135](#)

She is qt af

>> **Anonymous** 07/08/14(Tue)09:07:12 No.2962201

Sooooo I've been thinking about rising my estrogen(estradiol valerate) from 4mg to 6mg. I'm 6 months into transition and feel like nothing is changing. Endo don't want to talk about changes until 3 more months. Good idea? Bad idea? Horrible? Necessary?

>> **Anonymous** 07/08/14(Tue)09:11:33 No.2962224

[>>2961901](#)

>I think I'm hideous and I dislike looking at myself in the mirror, what I see is work in progress and nothing more, it's never enough and I'm never satisfied.

I hear you. I have a very perfectionistic nature and it's never enough, even though people tell me i look like a girl. I will only start believing it once i see it myself.

[>>2961967](#)

fellow dutchy here, if you want to speak to other transgirls, we've got a skype group. Or mail me if you feel the need. will post mail if you do.

[>>2961925](#)

This might seem a little backwards but i had a period where i was actively looking for triggers just to get the feeling of dysphoria. This way i knew it was real and not just disappearing. Especially in those times where i didn't feel it i did this. This kind of motivated me to transition because it's not going away.

[>>2962201](#)

Do you know your hormone levels? If they are the same as a natal female, upping your dose does nothing.

>> **Anonymous** 07/08/14(Tue)09:15:04 No.2962239

File: [SzkWUp.gif](#) (2.89 MB, 600x338)



[>>2962224](#)

TheShrimp93, add me to the group please.

>> **Anonymous** 07/08/14(Tue)09:42:01 No.2962290

[>>2962224](#)

>i had a period where i was actively looking for triggers just to get the feeling of dysphoria.

Is this the "are you me" thread? I keep a folder of images to remind myself of the feelings of dysphoria

>> **Anonymous** 07/08/14(Tue)09:59:30 No.2962342

Do you have to be suicidal about your dysphoria to be considered trans? I am female who doesn't like any aspects of it, but I'm not suicidal. Even if I don't transition I was planning on getting some of the surgeries that a FtM might get.

>> **Anonymous** 07/08/14(Tue)10:01:06 No.2962344

[>>2962342](#)

>Do you have to be suicidal about your dysphoria to be considered trans?

Definitely not. And it's not a place you want to find yourself in, believe me. People feel dysphoria on different levels, some suicidal, some just mildly there.

>> **Anonymous** 07/08/14(Tue)10:03:55 No.2962353

[>>2962342](#)

>Do you have to be suicidal about your dysphoria to be considered trans?

No? It's a thing for some people but only a minority, and generally those with mental illness

>> **Anonymous** 07/08/14(Tue)11:11:14 No.2962496

Yesterday I just barely worked up the courage to tell my cousin. (First person!)

Felt like I was gonna have a heart attack. What will he think? What will he say? Will he tell my parents? Oh god, oh god!...

...He didn't react in the slightest. He was all like. "OK. Whatevs." It was absolutely amazing!

>> **Anonymous** 07/08/14(Tue)11:11:29 No.2962498

I can't even crossdress right in private and it's really upsetting me and making this a lot worse. I can just about do my legs and tuck but everything else is horrible.

Does anybody else have any, I don't know, experience or resources or ways to deal with this kind of feeling?

>> **Anonymous** 07/08/14(Tue)11:22:12 No.2962544

[>>2961901](#)

[>>2961925](#)

[>>2961967](#)

The random appearance and disappearance of dysphoria is SO FRUSTRATING!

I don't hate my body (anymore) but I avoid mirrors because I can't convince myself it's me I'm seeing.

>> **Anonymous** 07/08/14(Tue)12:22:19 No.2962743

[>>2962498](#)

but why you can't crossdress

>> **Anonymous** 07/08/14(Tue)16:28:38 No.2963869

bump

>> **Anonymous** 07/08/14(Tue)17:30:24 No.2964214

What effect will HRT have on head hair? Especially hair that has begun to thin due to MPB?

>> **Anonymous** 07/08/14(Tue)19:22:48 No.2964841

File: [picture516.jpg](#) (155 KB, 645x720)



today I joined a tynychat room where I found in tumblr , there were cis girls and some boys , one girl thought I am a girl by looking mah face (probably because of



my hair)
then she realized I am a boy and she start to say sorry over and over
and all of them giggles

I just said no it is okay ,
first time I live something like that ,
I dont know what to do is that funny why they laughed...
what kind of laugh is that girl even called me it
lol
but I dont think she has bad intentions

how I should feel ?
how do you act in that kind of situations in real life

picture related my hair

>> **Anonymous** 07/08/14(Tue)19:58:26 No.2965081

[>>2962224](#)

I'm not the other person you were offering the skype group to, but I wouldn't mind being a part of your community. Would it matter that I'm not from the Netherlands?

>> **Anonymous** 07/08/14(Tue)21:06:20 No.2965545

I really really hate shaving
I have to do it literally twice a day to keep it reasonable and even immediately after I have horrible 5 o'clock shadow.

Will HRT help slow down my facial hair growth, or affect it in any way at all?
Is there any easy solution to this before I start on laser treatment?

Like I actually have to shave twice a day in front of a mirror and I can't cope with that

>> **Anonymous** 07/08/14(Tue)21:11:13 No.2965584

[>>2965545](#)

It'll slow down a little bit once on HRT, although you really want to get laser done ASAP. Look for groupon deals for laser

near you, it'll cut the cost down drastically if that's the issue.

>> **Anonymous** 07/08/14(Tue)22:35:58 No.2966039

I'm a 23-year-old NEET, crashing at my high school bestie's house in a hick town in TN
I've known I was more comfortable in women's clothes since I was 15, and for the longest time I thought it was just a fetish thing and was constantly frustrated because I couldn't just get it up by slipping on a pair of panties; meanwhile my baggy male clothes were getting more and more uncomfortable. It took me until I was like 19 to find out (through meeting people in trap threads, of course) that this is more than just a fetish thing.

I've never been able to get a job and keep it. Looking for one won't do much right now, because I don't have a car and the closest place I'd have even a chance at getting something is a 15 minute drive away.

Right now I'm banking on a friend getting an apartment in the third largest city in TN so that I can move in with him and maybe be able to find a job there. Maybe then I can finally afford to get some of this shit that's only gotten worse in the past years taken care of.

>> **Anonymous** 07/08/14(Tue)22:59:29 No.2966151

Whenever I wonder what I'd be like as a girl, I always imagined I wouldn't wear stuff much different than I already do (mainly because of social unacceptability for guys to crossdress), yet sometimes I have a strong urge to wear girly clothes. Are these two things even related to each other?

>> **Anonymous** 07/09/14(Wed)03:15:46 No.2967174

whats inhousepharmacy post to your bank statement when they charge

>> **Anonymous** 07/09/14(Wed)03:20:46 No.2967187

[>>2964214](#)

From memory, it should slow down thinning to some extent or possibly stop it altogether, but it won't help you grow hair back. I think a few people in the MtF general are using some hair growth thing alongside all their other shit successfully though.

>> **Anonymous** 07/09/14(Wed)03:34:44 No.2967226

i'm a trans boy and i constantly feel dysphoric when looking at flat chests. like to the point where even if it's an anime character i'll feel bad. i might be seeing a gender therapist to be able to take T but that probably won't happen for a few years. it makes me feel really ashamed too because i have a cis boyfriend and a lot of the time i wish i could look more masculine for him

>> **Anonymous** 07/09/14(Wed)03:37:26 No.2967236

>asian, 5'7, 23, 17-18 inch shoulders

I can't fucking decide if I should HRT. Looking passable is important to me, and I don't want to look like a freak. It's been killing me trying to decide whether to do it or not. Is it too late? Are all my features developed now? In general I'm not that hairy, I even don't have hair growing in a lot of places like around my inner thigh to knee cap, and overall don't have much hair. does that mean I haven't finished yet?

>> **Anonymous** 07/09/14(Wed)03:40:42 No.2967248

[>>2967236](#)

What is a good resource that I can go to actually learn more about mtf/hrt? I don't dislike 4chan but I just want to know what a good community to ask lots of questions and get answers are. Maybe also which clinics to go to or where ot start because I have no fucking clue (I live in SF tho so lots of places probably)

>> **Anonymous** 07/09/14(Wed)03:42:34 No.2967258

Does hair grow back if you mightve lost a little bit and start on HRT?

>> **Anonymous** 07/09/14(Wed)03:46:16 No.2967266

By the way what is fetishism? I've never fapped to just lewd situations, and always as myself turning into a girl or others. But it's mostly to self-insert myself. I don't think I ever see myself as a guy in those situations at all. If someone can explain what it is that'd be great because I don't really know how it plays into gender dysphoria and stuff.

>> **Anonymous** 07/09/14(Wed)04:01:04 No.2967294

[>>2967248](#)

as much shit as I'm probably going to get for this...

<http://www.reddit.com/r/asktransgender/>

>> **Anonymous** 07/09/14(Wed)04:38:26 No.2967358

[>>2964841](#)

We're you trying to pass as a girl?

[>>2965081](#)

Don't want to sound exclusionary, but yeah it's for dutch people only.

[>>2966151](#)

We all want to feel feminine some times.

[>>2967258](#)

A little yes

[>>2967266](#)

>By the way what is fetishism?

Using whatever gender related thing soley for sexual pleasure.

>> **Anonymous** 07/09/14(Wed)05:07:15 No.2967396

[>>2967248](#)

<http://transresource.tumblr.com>

Use the tags

>> **Anonymous** 07/09/14(Wed)06:22:47 No.2967476

[>>2967358](#)

no not sure

>> **Anonymous** 07/09/14(Wed)09:35:35 No.2967871

File: [1c7c247f-d5f8-4691-9995-7\(...\).jpg](#) (113 KB, 538x720)



im 27. had trans feelings for years since I was like 12 or 13. been in a relationship with my bf for 7 years. told him a few weeks I might be mtf. he didnt seem to say much about it. which could be good, or bad. idk

pretty sure I am fucked. should have came out when I was teenager. oops.

>> **Anonymous** 07/09/14(Wed)09:38:55 No.2967879

where do i buy hormones without prescription?? all the sites ive used require them now o_o!!

please help >.<"

>> **Socks** [!8w9M8R/eY](#) 07/09/14(Wed)10:22:09 No.2967991

[>>2967879](#)

you might just have to get a prescription. it's not too hard. just find an IC clinic near you.

so many trans people buying hormones and stuff of online sites have probably gotten them worried.

>> **Anonymous** 07/09/14(Wed)10:55:03 No.2968074

If someone were to only use surgeries to help them pass, would it help the dysphoria? Or is the hormones that make you feel better?

>> **Anonymous** 07/09/14(Wed)10:55:19 No.2968075

[>>2967871](#)

Don't worry too much. I'm 26 and people have told me it's not too late. After puberty it basically seems to depend on pre-existing body structure and effort.

If you really need it, you'll be okay.

>> **Anonymous** 07/09/14(Wed)11:43:05 No.2968239

[>>2968075](#)

well thats reassuring somewhat.

though I worry for my bf. he's bi, but he and I have been loyal to each other for seven years. its a long time. I almost feel selfish and like I'm burdening him by going through with this.

I mean its alot for him to handle you know? also its uncommon. I can't say I've heard of homosexual couples, where the one partner later transitions.

>> **Anonymous** 07/09/14(Wed)11:52:59 No.2968272

[>>2968239](#)

I'm in this exact position and my boyfriend is incredibly supportive and understanding. If yours cares about you he should be too.

>> **Anonymous** 07/09/14(Wed)12:22:39 No.2968398

[>>2968239](#)

I was with my bf for about 8 months before i started down this path. He still loves me and is somewhat supportive. Granted i dont live as a women yet. But he is still attracted to me i think.

>> **Anonymous** 07/09/14(Wed)12:23:08 No.2968400

[>>2968272](#)

hmm. I am likely going to see a therapist at some point soon. So we shall see what happens. im just tired of dealing with all these fucking trans feelings. its going on more than a decade now..

>> **Anonymous** 07/09/14(Wed)12:28:00 No.2968415

[>>2968398](#)

im glad things worked out for you. its a bit different for me though. all of his family knows me, etc. etc. its a bit more unnerving after having been together for 7 going on 8 years

>> **Anonymous** 07/09/14(Wed)12:37:22 No.2968444

>tfw you're in the middle and feel like neither man nor woman. also bisexual

It's like the perfect sentence to be the rejection of it all, or so it would seem to me at least in my experience.

I've completely assessed myself to be exactly this way, I just don't really have a preference and am more drawn to personality than I am to gender. For some reason a lot of the community don't really accept this type of mindset and get hypocritical/reject it saying you can't be both etc. Anybody else feel this way? How do you deal with it? I personally don't really let it get to me but sometimes I do feel a little vulnerable as a result of said rejection.

Figured I'd put it up in this thread as I'm half trans or something, can this type of human even fit a label other than *unspecified*? I'm just rambling for the most part I guess...

>> **Anonymous** 07/09/14(Wed)13:15:20 No.2968597

[>>2968415](#)

Ya i can see how that would be unnerving. I only met met my bfs mom and sister once. He actually told his mom about me but apparently she wasn't like disapproving. She just told him to protect me lel. I think she likes that hes all dominant and alpha in the relationship and now its kind of straight too.... cause they weren't too happy with him coming out.

>> **Anonymous** 07/09/14(Wed)13:24:29 No.2968631

[>>2968444](#)

Look into nonbinary gender stuff. Sure, it's associated with tumblr and people around here don't take it seriously, but you might be able to find something that really fits.

>> **Anonymous** 07/09/14(Wed)13:29:30 No.2968656

[>>2968597](#)

Nobody wants a fag for a son, but a manly gay man is kinda alright though

>> **Anonymous** 07/09/14(Wed)13:37:13 No.2968692

[>>2968074](#)

it's pretty difficult to pass with surgeries alone
not sure why you'd want surgeries but not hormones

>> **Anonymous** 07/09/14(Wed)13:43:45 No.2968717
File: [411fe5e4-52d1-4667-9d13-e\(...\).gif](#) (1.99 MB, 369x271)



[>>2968597](#)

overall I just feel stupid for not having come out as mtf when I was a teenager rather than keepig this all buried for over a decade now.

>> **Anonymous** 07/09/14(Wed)13:47:49 No.2968732

Is 5'9 tall for a woman? Also is it possible to narrow the shoulders at all? I'm losing weight and that's helping but I'm worried.

>> **Anonymous** 07/09/14(Wed)14:13:34 No.2968839

[>>2968631](#)

Thanks kind anon, I also had no idea this was called nonbinary gender. I feel I fit this model, I supposedly consider myself androgynous and always refer to myself as "Person" or another non gender assigning term. I slightly prefer "she" over "he" but I supposedly don't really care, could put it as 55% female 45% male or something of that nature. I feel nothing for the term genderqueer though, supposedly it's to cover everything but it sounds a tad degrading to say the least.

Gotta admit though, it's a bit too tumblr-esque for my tastes. It is what it is, suppose the world is overwhelmed by all the gayness it's getting thrown at it, add the transgenders and the rest and it just becomes too much for that world to handle so for now that kind of acceptance seems kind of far away.

>> **Anonymous** 07/09/14(Wed)14:14:54 No.2968843

[>>2968732](#)

5'9 is tall, but there are plenty of women that are around there

how broad are your shoulders? 15" is the average for females, but girls with broader shoulders are all over the place, that's just the average

>> **Anonymous** 07/09/14(Wed)14:28:32 No.2968902

[>>2968839](#)

My partner is the same way. Sometimes she doesn't feel like herself unless she can wear a dress/skirt and get her hair decent. Other times, they just want to put on flannel and jeans and be referred to as they. Just as long as I don't say "he" like their dad still does sometimes.

>> **Anonymous** 07/09/14(Wed)14:45:09 No.2968964

[>>2968902](#)

In my case I feel insecure as hell without makeup i basically never go out without any on as I feel ugly/manmode which I feel doesn't fit me at all. Also minor correction: pansexual fits my profile way more than bisexual does. Hence the personality over gender attraction description thingy. Basically my brain is much less mood dependant and stably (if that's a word) feels the way it does without any change.

Basically the whole "is that a guy or a girl?" concept is how I dress, carry myself, talk, habituations etc. As a sidenote, downers make me girlier while uppers make me manlier. Pretty odd side effect.

My parents also still refer to me as "he" but I accept that, I don't want to force that kind of thing upon them as I am after all half guy, half girl, I have the freedom to wear what I want to as long as it's not a dress and stays relatively in acceptable levels of intersexed clothing. Which is perfectly fine by me as girlsjeans and boots as well as short jackets and scarves are what i mostly wear. I find male clothes ugly and unfitting, perhaps not eccentric enough for my tastes. I also keep my make-up at a natural look, mild eyeliner if i can bother, otherwise just foundation and lipgloss and some skincare. I have a mountainbike for transportation which I love and adore though so there's definitely some manliness to be found as well. Not as a statement either, just becuase it's comfortable to ride and I feel it fits me.

That kind of turned into a wall of text, welp. My post wasn't anywhere near as short as I remember it to be.

>> **Anonymous** 07/09/14(Wed)15:16:58 No.2969088

How can I know if I just want to be a feminine/androgynous male or should get on titty skittles? What makes the difference between feminine behavior and gender?

>> **Anonymous** 07/09/14(Wed)15:32:47 No.2969152

[>>2969088](#)

Dysphoria.

If you're okay with your body being male, then you're male.

>> **Anonymous** 07/09/14(Wed)15:39:39 No.2969185

[>>2969152](#)

I'm not sure I'm okay with it.

>> **Anonymous** 07/09/14(Wed)15:42:49 No.2969198

[>>2967174](#)

buy a pre-paid visa debit card.

oh wait, they don't work for out of country transactions.. read the back of all of them carefully to find one you can use maybe.

Paypal debit card

Google Wallet debit card

^those would work

>> **Anonymous** 07/09/14(Wed)15:44:42 No.2969212

[>>2969198](#)

>oh wait, they don't work for out of country transactions
wait what. since when.

>> **Anonymous** 07/09/14(Wed)16:26:33 No.2969408

[>>2969212](#)

2012 for vanilla visas

>> **Anonymous** 07/09/14(Wed)16:35:49 No.2969449

[>>2969185](#)

Would you rather have boobs/a vagina? How do you want people to see you? Have you tried crossdressing? If so how did it feel?

Being trans is pretty much all about the body, so you have to think about how you feel about the one you have right now and how you would feel if it was female.

>> **Anonymous** 07/09/14(Wed)16:36:25 No.2969456

[>>2969212](#)

use payoneer

>> **Anonymous** 07/09/14(Wed)16:43:41 No.2969494

[>>2969198](#)

but if it says something like, Inhousebiz 40 theres no need to do that

>> **Anonymous** 07/09/14(Wed)16:57:45 No.2969570

[>>2969088](#)

I'd say weigh up the cons vs the pros:

whoremoans means tons of side effects and an emotional rollercoaster, but if you want it badly and you feel so badly about your body that you want to cry when you look into the mirror. Then you have bodily dysphoria, I have it mildly but I'm okay-ish with my body thus I decided against them. So think this about this long and thoroughly.

>> **Anonymous** 07/09/14(Wed)17:29:17 No.2969755

[>>2961861](#)

i came out to my mom soon after highschool. she was supportive but ended up sweeping it under the rug after telling me to make sure i experience life before i make my decision ie have sex with a woman. which I'm sure I'd enjoy it but i'm not so horny I'm willing to just have sex with anyone. Now she's always going on and on about my men (me ,my bro and her

husband) and her little boy and all this. i think she knows but what can i do.

>> **Anonymous** 07/09/14(Wed)20:19:43 No.2970627

Can you get clocked for "smelling like a dude"?

Bio-major-friend ended up talking about different in male and female pheromones and how you'd subconsciously be able to tell the difference.

In the company of people I'm not even out to.

kinda spooked.

>> **Anonymous** 07/09/14(Wed)20:32:26 No.2970694

>>2970627

>pheromones

Humans don't really have pheromone receptors in the sense that other animals do. Fairly sure the only identified human pheromone is also only given off during menstruation in cis women.

So, no.

You can still smell gross and manly though, which is not good, but hormones fix that quick smart. It just has nothing at all to do with pheromones.

>> **Anonymous** 07/09/14(Wed)20:35:11 No.2970715

>>2969449

I don't know what I want. But this isn't it.

>> **Anonymous** 07/09/14(Wed)21:38:53 No.2971087

Can anyone recommend a gender therapist in New York? (does not have to be the city)

>> **Anonymous** 07/09/14(Wed)21:43:34 No.2971105

How does body hair reduction on MTF HRT work? I know the actual amount of reduction varies, but the actual process of the hair changing and growing more sparsely is what confuses me. Should I be plucking/waxing, etc. my current hair, and then the HRT just prevents it from regrowing (or makes it regrow as vellus hair)? Or does it just grow more slowly, so I just shave it and over time it will just grow thinner?

>> **Anonymous** 07/09/14(Wed)22:46:23 No.2971398

[>>2961861](#)

I would be sad too if my child didn't pass

>> **Anonymous** 07/10/14(Thu)00:40:12 No.2972093

IM FUCKING DOING IT, I WILL CUT MY BALLS OFF, I SWEAR I WILL DO IT RIGHT FUCKING NOW.

Nah,not really, but i want to do my eyebrows. Any advice? i already saw the chart and considering my face is long then i should make them flat and tinner.

>> **Anonymous** 07/10/14(Thu)00:44:23 No.2972115

[>>2972093](#)

See:

<http://www.shape.com/lifestyle/beauty-style/10-tricks-pluck-perfect-eyebrows>

After a shower is good advice or laying a hot wet towel on your bow for a couple of minutes helps. Don't over pluck.

>> **Anonymous** 07/10/14(Thu)00:54:15 No.2972180

[>>2972115](#)

[>Don't over pluck.](#)

This is good advice.

I went way too overboard when I first started transitioning to the point where a friend who has never commented on my appearance before was like "dude you might have overdone the eyebrows, like, a lot." The thing in that article about

magnifying mirrors is also true as all fuck.

Take it a bit at a time. Also, pluck from the bottom a little bit, not too much, but a little bit. It helps with the placement being not very feminine by default.

>> **Anonymous** 07/10/14(Thu)01:16:42 No.2972274

So I'm just curious if there are any options available to me at this point.

I want to start MTF transitioning but am currently in the US military.

Are there any options available to me or would I need to try my luck online and see if I get lucky there with medication.

Also if anyones curious yes I do understand the risks of being found out in the military.

>> **Anonymous** 07/10/14(Thu)01:19:48 No.2972293

[>>2972274](#)

What's your MOS?

In all honesty, you should probably wait until you're out of contract, how much longer do you have? There is a former military mtf on this board, don't know the steps she went through, hopefully she'll see this.

>> **Anonymous** 07/10/14(Thu)01:21:47 No.2972306

[>>2972293](#)

In the Navy we don't have MOS, I'd prefer not to give my job title however.

Like I said I understand the risks I've got another 4 years to go.

>> **Anonymous** 07/10/14(Thu)01:29:28 No.2972337

[>>2972306](#)

Okay, well, I'm not as familiar with the Navy... You might have some luck starting to self-med. If you're not doing anything physically demanding that is, since AAs and E will sap your muscles and cause hormonal changes that could have

severe mood swings and a couple of other side effects, especially if you're unmonitored by a doctor since any military physician would have to report a transition... I'd look for some better resources than 4chan.

>> **Anonymous** 07/10/14(Thu)01:32:27 No.2972352

[>>2972337](#)

Well if it helps I'm already pretty moody at work anyway and my job is just basically sitting around all day.

Thanks for the advice I'll look into other places.

>> **Anonymous** 07/10/14(Thu)01:36:26 No.2972373

[>>2972352](#)

Best of luck.

>> **Anonymous** 07/10/14(Thu)02:13:05 No.2972528

How long did it take y'all to develop a passable female voice?

>> **Anonymous** 07/10/14(Thu)03:43:43 No.2972720

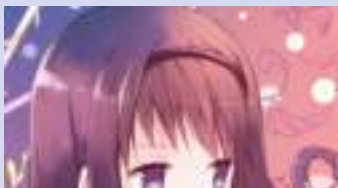
[>>2972528](#)

I read up on how it's done, worked out how to move the muscles in my throat around and it took about a week before I was able to do it consistently.

Keeping it up for extended periods of time, on the other hand, is not so easy after a week. Unless you like having a very, very goddamn sore throat.

>> **Anonymous** 07/10/14(Thu)04:09:02 No.2972762

File: [543.png](#) (213 KB, 407x380)



I'm 6'1ish (may 6'2), and worry I'm too tall to mtf. I'm young, 18 and have been having trans thoughts for the past two years. I want to start transitioning by the end of the year, is there any hope that I'll pass?



>> **Anonymous** 07/10/14(Thu)04:30:18 No.2972791

I'm pretty sure I'm trans (mtf), but I'm still not sure if I want to even try to transition. on one hand the way I am now makes me feel physically ill when I look in a mirror, but on the other hand because of my masculine bone structure I'm pretty sure I'd just end up looking even worse if I went through with it. mainly because of my very squared jaw/chin and ribcage.

it seems to me I'm fucked both ways.

>> **Anonymous** 07/10/14(Thu)04:33:54 No.2972796

[>>2972093](#)

I did it. It wasn't as hard as i expected, my non-diagnosed OCD helped a lot though.

>> **Anonymous** 07/10/14(Thu)04:51:24 No.2972855

[>>2971105](#)

Some hair falls out, other hair slowly turns into vellus hairs. whatever is left just stays the same. I don't believe you have to shave for it, but smooth legs are always nice.

[>>2972791](#)

You can always choose for surgery if it doesn't work out.

>> **Anonymous** 07/10/14(Thu)04:52:47 No.2972860

[>>2972855](#)

>surgery

>money

shit.

>> **Anonymous** 07/10/14(Thu)05:59:41 No.2973047

[>>2972762](#)

passing after a male puberty depends on what you already look like, and effort. if you want you could post a picture for judgement of your facial structure

>> **Canola Yogurt** 07/10/14(Thu)06:08:46 No.2973069

[>>2972860](#)

Yup, so get to work. Make a budget if you have to. Keep putting stuff away so you can get what you need done. Sure there's no guarantee of success, but if you just wallow in your self-pity and not work towards it, there is a guarantee of failure.

>> **Eri !uz5zcXkgy2** 07/10/14(Thu)09:22:40 No.2973544

[>>2972796](#)

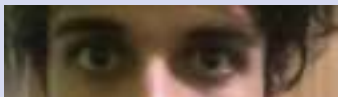
Ocd is a butt.

A stencil and some kinda make-up pencil can really help with shaping and you should pluck from the bottom up and take as little off the top as possible.

Also once you get a shape you like (or some people even just get them done professionally) you can maintain it with just a little touch up added into your daily routine.

>> **Anonymous** 07/10/14(Thu)09:41:29 No.2973587

File: [i fucked up a little.jpg](#) (26 KB, 756x213)



[>>2973544](#)

I think i fucked

up a little the left one.

>> **Eri !uz5zcXkgy2** 07/10/14(Thu)09:43:17 No.2973590

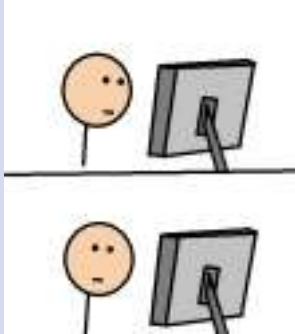
[>>2973587](#)

Yeah the top looks a little off but luckily shit grows back.

>> **Anonymous** 07/10/14(Thu)14:49:09 No.2974751

bump

>> **Anonymous** 07/10/14(Thu)15:54:24 No.2975060
File: [uh, what.png](#) (6 KB, 432x494)



Question: I currently live in the states, and from what I can tell, you can only go from one side to the other in terms of transitioning. But would it ever go where you could go halfway, or would I have to go elsewhere, or am I just screwed?

I have an odd thing going on. I have wanted to have feminine parts for a long time, but I am so obviously male that it would never work to go all the way. Don't really want to, anyway. Just as one example, I have only seen a small handful of people that have a bigger or more prominent adam's apple than me, and I see several thousand people at work each shift. But still, there is a drive to make things more feminine. I would tuck, and try to hide the bulge. It just seemed to look better to me. Been like that for years.

In short, if I were to transition, it would be to something along the lines of an intersex male, or more colloquially, a c-boy. Pretty much Buck Angel starting from the male side, sans being ripped and bald. I know that there are a few in the world, but I have no idea how to go about it, or if anyone would even hear my case. I have heard you have to live 'as a woman' for 2 years to even be considered for SRS in the states, and that is just too far for me to go.

Would anyone have some advice on this, or at least some info besides 'hue hue hue AGP gtfo'?

>> **Anonymous** 07/10/14(Thu)16:37:41 No.2975274

[>>2975060](#)

What does AGP mean?

>> **Anonymous** 07/10/14(Thu)16:54:22 No.2975367

[>>2975274](#)

Stands for autogynephilia, when someone is sexually aroused by thinking of themselves as a woman

>> **Anonymous** 07/10/14(Thu)17:16:57 No.2975475

I have a really big German looking nose. It's almost entirely identical to the German character's nose from The Wind Rises. I'm afraid I'll never pass as a woman because of it. Am I doomed

>> **Anonymous** 07/10/14(Thu)17:44:40 No.2975645

How do you stay stealth even after 9 months on hormones?

>> **Anonymous** 07/10/14(Thu)17:49:10 No.2975670

[>>2975274](#)

It's a bullshit psych diagnosis from some Canadian medical facility funded by eugenicists that people from /pol/ love to bring up.

>> **Anonymous** 07/10/14(Thu)18:30:45 No.2975947

[>>2975645](#)

>stealth after hormones

I think you mean closeted, and if you're mtf it's not too hard generally, wear baggy clothes and don't wear make-up. Ftm might have some trouble, can say they have a really bad cold and wear make-up.

>> **Anonymous** 07/10/14(Thu)19:36:32 No.2976305

File: [10492020_1020418834212820\(...\).jpg](#) (198 KB, 960x960)



Pre-op ftm, looking for help on what to do at the beach. This is what I usually wear in the pool at home (children's rash guard + trunks) but I'm not sure how passable it would be out in public. Should I just go for the baggy t-shirt thing?

>> **Anonymous** 07/10/14(Thu)19:48:38 No.2976374

[>>2976305](#)

I know this isn't going to help answer your question, but when I skimmed your post I thought you said "pre-op MtF" and I looked at the picture and was gonna say something like you're doing terrible at girlmode it's really obvious you're male.

So uh, you managed to pass completely to me at least. Well done.

>> **Anonymous** 07/10/14(Thu)19:50:13 No.2976381

[>>2976305](#)

ur a totally cute boy, keep it up

>> **Anonymous** 07/10/14(Thu)20:57:30 No.2976795

[>>2976305](#)

Do it, you look fine. Maybe bring the swim trunks a bit lower to the top of the knee, though.

>> **Anonymous** 07/10/14(Thu)21:20:01 No.2976978

[>>2975645](#)

I've been closeted for over a year now to most people I know.

Basically what [>>2975947](#) said. No makeup, baggy clothes, guy haircut, guy voice.

>> **Anonymous** 07/10/14(Thu)22:27:43 No.2977373

I was just wondering if I could get some help.

How much does medication cost and do you have to take it for the rest of your life ?

How much does surgery cost ?

How long does it take for the medication to take a noticeable effect ?

Also what are the general views on Trans MtF ? If anyone from Auckland, NZ knows what it's like please let me know.

Sorry if I sound like a numpty, Semi/ccoming out trying to figure out if I actually want to MtF, I'm 18 going on 19 if that helps.

Thanks for the help :3

>> **Anonymous** 07/10/14(Thu)23:25:10 No.2977773

I'm frustrated. I wanted to write a post here of all the things I thought of while on a long drive that I was having doubts about. But I forgot everything.

>> **Anonymous** 07/11/14(Fri)00:33:09 No.2978223
File: [Untitled.jpg](#) (38 KB, 323x645)



how boned am i in terms of
shoulders and stuff?

pardon the gut, i'm working on it

>> **Anonymous** 07/11/14(Fri)01:06:37 No.2978409

[>>2978223](#)

U look fine hon!

>> **Anonymous** 07/11/14(Fri)01:08:57 No.2978419

[>>2978409](#)

so basically ultraboned

brb sudoku time

>> **Anonymous** 07/11/14(Fri)01:27:03 No.2978532

[>>2978223](#)

With female fat distribution from a year or 2 on E you should be fine.

>> **Anonymous** 07/11/14(Fri)01:29:16 No.2978545

[>>2978223](#)

You're less broad shouldered than this ftm [>>2972422](#) was pre-T. Try looking at pics of real, everyday people, not animu and porn stars

>> **Anonymous** 07/11/14(Fri)07:51:09 No.2979682

bump

>> **Anonymous** 07/11/14(Fri)07:53:49 No.2979686

[>>2977373](#)

>How much does medication cost

depends on your insurance and where you buy it

>do you have to take it for the rest of your life ?

yes, but after srs you can take less pills or lower doses.

>How much does surgery cost ?

Depends on the surgery, srs is usually 11-25k and ffs somewhere around 6-12k

>How long does it take for the medication to take a noticeable effect ?

3 months or less

This is all info you could easily find on the web anon.

>> **Anonymous** 07/11/14(Fri)08:34:30 No.2979779

[>>2975475](#)

Rhinoplasty is your friend

>> **Anonymous** 07/11/14(Fri)09:58:37 No.2979943

I've been having alot of trouble lately. I just feel I'd be so much more happy if I was born a girl. Simply seeing girls in real life being able to wear stuff I can't just upsets me so badly, and these feelings have been here since I was a kid.

I don't really know what to do with myself.

>> **Anonymous** 07/11/14(Fri)10:17:27 No.2979986

[>>2979962](#)

...what?

>> **Anonymous** 07/11/14(Fri)10:20:02 No.2979997

[>>2979962](#)

>2014

>trolling tranny threads

i shiggy diggy

>> **Anonymous** 07/11/14(Fri)14:02:32 No.2980695

Made an appointment on tues to see psychologist about these trans issues. what should I expect?

>> **Anonymous** 07/11/14(Fri)14:04:43 No.2980705

[>>2961549](#)

Are trannies mentally ill? This is a serious question, because from the interaction with them they've all been all sorts of crazy.

t. regards straight white cis male

>> **Anonymous** 07/11/14(Fri)14:16:50 No.2980747

[>>2980705](#)

Going to need to be more specific than "crazy" before we can attempt to have any meaningful discussion.

>> **Anonymous** 07/11/14(Fri)14:19:32 No.2980759

[>>2980747](#)

Xenophobic on all fronts, insecure in general.

>> **Anonymous** 07/11/14(Fri)14:31:30 No.2980793

[>>2980759](#)

>insecure

It's like they're not comfortable in their own skin. HMM.

>> **Anonymous** 07/11/14(Fri)14:46:54 No.2980835

MtF, pre everything here. I'm in the process of coming out to my close friends and family. Friends have been great, family not so much. Anyway, I've noticed that I've been horny a lot more. Like all the time. I don't know if I was like this before, I didn't really notice. Does it mean anything?

>> **Anonymous** 07/11/14(Fri)15:14:21 No.2980930

[>>2980835](#)

Depression kills sex drive so maybe if you're feeling better you're more easily sexually excited? IDK.

>> **Anonymous** 07/11/14(Fri)15:36:34 No.2981027

[>>2980930](#)

It's a possibility. I don't know if I feel better. A girl who was interested in me (whom I'd come out to and had been supportive and still interested) has just suddenly gone cold on me and my mum is still finding it hard to deal with which is making me not want to come out to the rest of my family. I think I actually feel worse now than before, and I don't think I was depressed (no low mood, none of the other classic symptoms) before.

>> **Anonymous** 07/11/14(Fri)16:36:29 No.2981232

[>>2980695](#)

lots of "how do you feel about that" questions and stuff about your gender (dysphoria).

[>>2980705](#)

You're generalizing here, transgender people on 4chan does not equal the rest of the trans population. They do often have other mental problems though, but that makes sense because they pretty much hate themselves.

>> **Anonymous** 07/11/14(Fri)16:52:03 No.2981321

[>>2981232](#)

Good to know.

Anything else I should be aware of while I am there?

>> **Anonymous** 07/11/14(Fri)17:18:59 No.2981468

How good is FFS at helping you pass? Is there like some point where you are too screwed to ever pass? Should that be a concern for lots of people or only extreme cases? Also, is virtual FFS accurate and helpful?

>> **Anonymous** 07/11/14(Fri)17:24:22 No.2981499

[>>2981468](#)

Yes look at carolyn petit even after FFS she doesn't pass

>> **Anonymous** 07/11/14(Fri)17:52:39 No.2981644

[>>2981499](#)

I know :(

I just want to be more or less sure I can pass, y'know? Otherwise I could just give that money to my parents and kill myself instead

>> **Anonymous** 07/11/14(Fri)18:06:59 No.2981707

[>>2981468](#)

The things they can't change is how long your face is, how close your eyes are together, and generally the size of your

skull. If those things are very masculine you might be screwed, but depends obviously.

[>>2981499](#)

Even if her face could pass she's screwed by her humongous body.

>> **Anonymous** 07/12/14(Sat)00:32:38 No.2983786

[>>2966039](#)

Hey a fellow TN anon. Neato. Your story is pretty similar to a friend of mine except she didn't wear baggy clothes before the transition process. Still cool to see someone in a similar situation.

>> **Anonymous** 07/12/14(Sat)03:38:18 No.2984492

[>>2981468](#)

depends on the surgeon and how you already look

>> **Anonymous** 07/12/14(Sat)04:27:03 No.2984590

Ugh.. Alright, I'll shoot.

I'm 25 mtf, pre-everything, coming to terms with being trans. Always been jealous of women, wish I could dress like them, obsess about passing as female in public, try to look as androgynous as possible without 'outing' myself hoping to get misgendered (sometimes it works), been crossdressing privately for years, yata yata yata.

So, I'm thinking the next step should definitely be try HRT and see how I feel about it. Only thing is, I'm in Oklahoma (uuugh) and it looks like getting the prescription is going to involve a lot of bullshit and probably a waiting list. I already have a counselor through my college to whom I have brought up the issue, but I have no idea if he is able/willing/whatever to write me a letter. Also, I am still on my parents insurance probably until I turn 26 in October.. but I have no idea how any of that works. Ideally, I want to start the treatment and see how I feel after the first three or four months, before any permanent changes take affect, and I want to do it before coming out. That way, I don't make a big scene about being trans and trying to transition only to find out hormones aren't the right thing for me.. What do?

Or, plan B is wait until December when I graduate, move the fuck out of Oklahoma and go from there.. I just feel like I have no idea how long that could take, and the clock is tickling, I'm already almost 26 >.< and I don't want to waste any time.

What would you suggest??

>> **Anonymous** 07/12/14(Sat)06:57:20 No.2984864

>>2984590

No matter where you go, the prescription involves a lot of bullshit and a waiting list. I'm not sure about the insurance and I imagine that's specific to your policy so you need to check out if that affects anything.

I wouldn't wait if any of those are the reason (unless you think your parents wouldn't be supportive - have you talked to them about it?). If you're graduating soon, does it matter what other people think? Are you in a financially stable enough position to move out, hold down a new place and pay your insurance or treatment or however it works in the US?

I don't mean to overburden you with questions, but it's all stuff to think about. Honestly, I'd get on the waiting list now, but I'm in the UK and it can be 6-9 months before you start hormones through the system.

>> **Anonymous** 07/12/14(Sat)09:17:17 No.2985237

Why do people claim you get fat on T? Doesn't T normally cause muscles and shit, cis guys always have lower BF% than girls on average. Is it simply about the increased appetite or is there something about T acting on female body that makes you even fatter? Or is it bullshit in general?

>> **Anonymous** 07/12/14(Sat)10:14:08 No.2985347

>>2985237

>Is it simply about the increased appetite

Probably, it costs a lot of energy to build muscle and going through puberty again. I guess it's likely people overestimate the amount of food they need because of this.

>> **Anonymous** 07/12/14(Sat)11:50:15 No.2985567

It's been more or less a month since I started voice training and, obviously, I still sound lame, especially when I sing. <http://vocaroo.com/i/s0KydoXeWyIS> Could I get some tips about what is wrong with my voice and what I should try to improve from this ?

(Yes, it's french. Yes, I'm reading a Wikipedia page about chickens.)

>> **Anonymous** 07/12/14(Sat)13:15:46 No.2985804

[>>2985567](#)

You're quiet. Speak louder.

Not bad for only a month. Doesn't sound female in the slightest, but it's not exactly a male voice either.

(Je ne peux pas parler français.)

>> **Anonymous** 07/12/14(Sat)13:22:33 No.2985820

[>>2985804](#)

>You're quiet. Speak louder.

B-but I like to be quiet. ;_;

Even as a guy, I was really quite already, even when trying.

Maybe my voice will get louder with practice.

>> **Anonymous** 07/12/14(Sat)16:31:24 No.2986533

[>>2984864](#)

I was under the impression that states with informed consent clinics would entail a little less bullshit. There is one in Kansas which is only two hours away.. To my knowledge that's the closest option for IC.

I have not talked to my parents. They are quite conservative so I have reason to believe it might not go smoothly. I donno, I'm just trying to weigh my options.. It'd be great if I could start hormones without them knowing and then come out when I was sure it's what I want.. But it's looking like that might not be easy to do.

And honestly, no, I probably don't have the finances to move just yet.. Unfortunately.

>> **Anonymous** 07/12/14(Sat)22:24:45 No.2988136

<http://www.health.govt.nz/system/files/documents/publications/gender-reassignment-health-services-for-trans-people-nz-2012-v2.pdf>

>Quite a good read, Only a little bit of it is in context with nz

>> **Anonymous** 07/12/14(Sat)22:43:12 No.2988225

>>[2976305](#)

Honestly you pass pretty well, as a really cute girl or really average boy.

>> **Anonymous** 07/12/14(Sat)22:49:53 No.2988255

>>[2985567](#)

Read the vocal training pastebin in the MtF general OP.

<http://vocaroo.com/i/s0bSIIbZ562Q> this vocaroo also got linked a while ago in /mtfg/ and has good examples of what that pastebin's method might sound like.

Also move your mic away from your mouth or get a pop guard or some shit.

>> **Anonymous** 07/12/14(Sat)23:42:47 No.2988404

File: [neckbear.jpg](#) (52 KB, 600x456)



What's the difference between pixie cut and short hair with bangs? I see a lot of the second one called pixie cut, but it's pretty common in men and then any source on FtM says "men don't wear pixie cuts". Like, what the fuck.

Picture related because it contains hair.

>> **Anonymous** 07/12/14(Sat)23:48:05 No.2988420

File: [image.jpg](#) (10 KB, 225x224)



bangs/fringe
>asymmetrical

>>[2988404](#)

Features of a pixie cut:

- >pointed (not squared or shaved)
hair in front of ears
- >longer maybe pointed hair in the
back or bottom of back

Maybe/usually:

- >meant to have side swept

>longer sides than a men's cut

>pic related pixie

>> **Anonymous** 07/12/14(Sat)23:50:14 No.2988429
File: [image.jpg](#) (61 KB, 700x462)



[>>2988420](#)

This guy has a
pixie on the left

>> **Anonymous** 07/13/14(Sun)00:29:03 No.2988570

What will hrt (mtf) do to the jawline/facial structure?

>> **Anonymous** 07/13/14(Sun)00:42:08 No.2988621

[>>2988570](#)

Nothing unless you get on it before puberty.

>> **Anonymous** 07/13/14(Sun)00:43:37 No.2988626
File: [IMG_20140713_243012805\[1\].jpg](#) (1.09 MB, 1944x2592)



Give me advice on how to better masculinize myself (ftm)and I'll shiggydiggy telepathically for you.
also that wonderful hack job of a hair doo was done by me an hour ago. I refuse to show the back.
hair advice 2 pls

>> **Anonymous** 07/13/14(Sun)00:47:59 No.2988651

>>[2988626](#)

You look like a dude

>> **Anonymous** 07/13/14(Sun)00:53:43 No.2988680

>>[2988626](#)

Really, other than letting T do its thing or getting on it if you aren't, you've done as much as you can.

>> **Anonymous** 07/13/14(Sun)01:01:27 No.2988713

>>[2988651](#)

welp, thanks.

>>[2988680](#)

hopefully t comes soon then. next week is endocrinologist. muh excitement.

does anyone have experience in their hair/eyebrows darkening or thickening on t? my eyebrows are so blonde.

>> **Anonymous** 07/13/14(Sun)01:12:28 No.2988760

Any leg shaving tips? I've started doing it once a week for the last three weeks, but I'm constantly finding spots I missed. I'm afraid to wear shorts or short skirts right now.

>> **Anonymous** 07/13/14(Sun)01:30:20 No.2988819

>>[2988760](#)

Just gotta learn it by doing it, remember the spots that you miss and make sure to check them double next time. Also learn to feel for hair as you shave the spots you can't see easily.

>> **Anonymous** 07/13/14(Sun)02:30:39 No.2989041

I came to the sudden realization that I need \$76,000 for everything and I have \$120 in the bank right now and no job.

>> **Anonymous** 07/13/14(Sun)03:04:35 No.2989117

>>2989041

Get a job

>> **Anonymous** 07/13/14(Sun)03:07:27 No.2989123

So I'm currently staring at contact info for 5 possible therapists. I'm MtF two of the therapists are male, and I'd feel a little more comfortable with a female one, but have more experience listed working with trans people. which therapists do I look further at?

Also general bitching about being 6' 1". At least I'm really skinny and don't have a horribly masculine face, but it can't help.

>> **Anonymous** 07/13/14(Sun)03:17:28 No.2989142

I feel really shitty about my gender and sex. Growing up i always saw myself as a girl in the mirror and would try to be as girly as possible, eventually it got to a point where people started to just bully me and call me gay. So i stopped, anyways recently ive been getting these gnawing thoughts about my body and I want them to go away since most of the time they bring along an asthma attack. I want to transition but I havent even come out as trans. I'm also super worried about transitioning because I really want to pass because I'm incredibly vain, only towards myself though, I would never judge somebody elses passing skills. Anyways basically I feel like shit and I have no idea where to start with the life i want to follow.

>> **Anonymous** 07/13/14(Sun)03:37:57 No.2989189

my shoulders are way to broad to ever look feminine, there's really no hope for this, right?

>> **Anonymous** 07/13/14(Sun)03:50:33 No.2989220

...I couldn't help but notice Spiro is used to help women with menopause, too...

if I were to pick up some over the counter menopause medication, would that shit be able to tide me over until a therapist can prescribe me some real whoremans?

>> **Anonymous** 07/13/14(Sun)03:54:21 No.2989227

[>>2989220](#)

Probably not since OTC stuff is usually herbal supplements and aspirin and nothing strong enough to make a dent in a biologically male body's hormone production in any beneficial way. You need a prescription for prescription medication. Go look at the self-med stuff in transbian or mtf generals if you must.

>> **Anonymous** 07/13/14(Sun)03:56:52 No.2989236

[>>2989227](#)

Thanks for the advice. I've been studying self-medding for what feels like years, but I still keep holding off, as I only want to use it as a last resort... even though I'm extremely disappointed in myself for not starting sooner, heh

>> **Anonymous** 07/13/14(Sun)04:02:10 No.2989255

[>>2989123](#)

If you can, find a therapist that can provide hormones ASAP. If you know present or former clients, ask them how long it took to get on hormones.

All in all, its a bit of a gamble. If you have a therapist new to trans issues, you may get lucky and get hormones either relatively soon or within the typical 3 month waiting period (so not a bad bet either way).

If you have an experienced therapist, it may be better if you have other problems related to transition (ie. unaccepting family, etc).

And yeah, 6'1 is tall, but its not an insta-hon, especially if you are thin. I'm 5'11, but I have a larger frame, so it's harder on me. I have to keep a thin weight just to pass optimally.

>> **Anonymous** 07/13/14(Sun)04:04:15 No.2989262

[>>2989189](#)

If it's muscle then it could possibly be helped (by losing muscle mass, duh), but if it's just bone structure then not really, sorry. There might be surgery or something that I'm not aware of, but you'd be compacting basically your entire torso so I doubt it.

>> **Anonymous** 07/13/14(Sun)04:05:58 No.2989274

[>>2989262](#)

yeah this is what i thought, theres very little muscle around my shoulders

>> **Anonymous** 07/13/14(Sun)04:25:12 No.2989336

[>>2988626](#)

You look manly enough to get beat up for being a faggot but the FtM chasers will be all over you. Welcome to manhood, i hope your stay is a good one.

>> **Anonymous** 07/13/14(Sun)04:45:19 No.2989382

[>>2988626](#)

grow your eyebrows out.

[>>2989142](#)

see a therapist to get things started.

>> **Anonymous** 07/13/14(Sun)05:21:15 No.2989451

I have what I've heard /fit/ type people describe as "big traps", e.g. the muscle that connects my shoulders and neck. It's awfully masculine and I hate it. Would HRT's effect of loss of muscle help this any? Did any MtFs here lose muscle in this specific place?

>> **Anonymous** 07/13/14(Sun)06:44:42 No.2989588

[>>2989451](#)

Yes. As long as you're not lifting too much, too often with your upper back and shoulders, your traps will atrophy like every other muscle on your body. If you're on HRT, they'll atrophy even faster and you'll have lower muscular potential, aka, they won't be able to get as big no matter how hard you try.

I wish I had a comparison pic of my traps before/after HRT; they used to be FUCKIN SWOLE, I have no idea why. Maybe downhill cycling? Maybe I just shrug too much? Shrug. Whatever it was, a year on HRT sure as shit fixed that. They're tiny now.

>> **Anonymous** 07/13/14(Sun)10:50:42 No.2990072

File: [11eaa4c4435d51bf35b66055a\(...\).jpg](#) (250 KB, 500x717)



[>>2988420](#)

that's kinda what I thought
guess people are overusing the duck
out of the term
I've seen this described as pixie cut
at some point

>> **Anonymous** 07/13/14(Sun)12:17:22 No.2990263

>FtM

>Was supposed to graduate HS two months ago but didn't because I didn't have enough credits

>Not enough credits because I would rather look at pics of guys and give myself dysphoria than do homework

>No confidence, no people skills, no skills at all

>Titanic fear of rejection

>Still have high standards

How the fuck am I going to get a job?

I'm going to adult ed as soon as I can get a hold of someone from a school nearby, pretty sure I can still get my diploma.

I'm thinking of just staying in girlmode until I can get a real job, but at the same time, not being a dude is killing me

>tfw hourglass shape, high girly voice, 5'6"

>I don't even think of "that time of the month" as being a period anymore, I just look at the blood in my boxers and think "God dammit gotta do laundry, better plug this up first though"

>Genuinely attracted to myself when in girlmode because I don't see my reflection as me

>Hate myself and my body anyway

>Dad tries convincing my very accepting and supportive little sister that what I'm doing is wrong behind my back

>Little sister hates him for it; I love her a lot

Please tell me I'm not alone in any of this

>> **Anonymous** 07/13/14(Sun)12:19:51 No.2990267

[>>2990263](#)

I want to hug you so fucking badly.

>> **Anonymous** 07/13/14(Sun)12:39:38 No.2990316

>>[2990267](#)

I could really use a hug right about so, so I'll take your word for it. Thanks anon, this made me really happy for some reason.

>> **Anonymous** 07/13/14(Sun)12:43:57 No.2990326

Just remember before you start HRT you better decide if you want to have kids or not.

If you do make plans to store sperm, otherwise HRT will kill any chance you'll have of having your own children.

Eventually you'll also lose the ability to maintain an erection so you have to adapt/adjust to sex as well, until you have SRS that is.

>> **Anonymous** 07/13/14(Sun)12:55:30 No.2990363

hi

im a girl mtf pre everything 21 annums of age

i need help with alot of things but mostly i just want someone to talk to about things because i feel like nobody who knows me wants to hear about this stuff

im a nice person mostly so if you want to vent about your stuff i can listen and talk if you want

im iksaskaar on skype please respond

>> **Anonymous** 07/13/14(Sun)13:49:19 No.2990523

>>Genuinely attracted to myself when in girlmode because I don't see my reflection as me that's kinda me

most of the time when I feel good about my body it's "damn I'm so hot"

I'm not even actually hot I just happen to have boobs and be easily available

>> **Anonymous** 07/13/14(Sun)13:56:19 No.2990548

File: [IMG_92493130576857.jpg](#) (20 KB, 500x388)



[>>2990523](#)

meant to quote [>>2990263](#)

sounds alot like me in general except I'm 5'2 and supposed to graduate ages ago

I'm taking ged kinda thing (not from us) but I bet I won't pass

have a goat

>> **Anonymous** 07/13/14(Sun)17:24:21 No.2991567

So if I can gain the courage to, I will be able to tell my therapist that I think I'm trans. What should I expect to be asked? How should I prepare before this upcoming Wednesday?

>> **Anonymous** 07/13/14(Sun)18:10:18 No.2991763

>I had an alcoholic dad who killed himself when I was 10, my life was a tragedy.

>When I was 12, I realized my disorder and wanted to deny and forget it.

>When I was 16 I tried to fight with it, I had a girlfriend.

>Now I'm 18 and I'm tired about it. I feel incredible pain about fact that I'm a guy, tried about a 7 times to commit suicide.

I can't look at my face in mirror.

>I love cosplays, when I do crossdressing I feel really happy.

>I'm thinking about talk to my mother when I end 18 years and start transition.

What do you gys think about it?

>> **Anonymous** 07/13/14(Sun)22:37:37 No.2992980

What is considered broad shoulders for 5'7? How do you measure shoulders to begin with?

Some generic questions that are always asked but if people could really provide some insight that would help a lot: How bad is it to start at 23? What exactly is finished growing? Would fat/muscle distribution still work out at 23? As for chest size, I'm not someone who cares about really big chest size but how much would it grow? I just want some guidelines to know what stage of growth I am at to better gauge myself. I'm azn btw.

>> **Anonymous** 07/13/14(Sun)22:49:15 No.2993053

[>>2992980](#)

Your bones should be about done growing at 23. Yes, fat will redistribute (especially if you're skinny pre-hormones and put on some weight after a while) and muscles will atrophy, that's kind of stuff that happens at all ages m8. Chest size depends almost entirely on genetics. Since you're asian, A cups 8)

>> **Anonymous** 07/14/14(Mon)00:42:05 No.2993559

[>>2985347](#)

(other anon here)

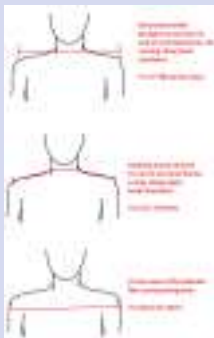
I haven't started T yet and I tend to eat a lot when I happen to stumble on good dishes (I think trying to compensate depression and inability to do anything about my transition for now also has something to do with it).

I'm at an okay weight/height ratio atm and would like to keep it that way. Should I be worried ?

>> **Anonymous** 07/14/14(Mon)04:24:10 No.2994089

I'm having boobs developing and they're already a bit small, but actually existing and there and I'm thinking of taking progesterone. How the hell are you supposed to cycle it? Do you just choose 10 days and be like "Yeah I'll take it for this" and just repeat that every 28 days?

>> **Anonymous** 07/14/14(Mon)04:39:17 No.2994115
File: [Different shoulder measur\(...\).png](#) (119 KB, 1942x3052)



[>>2991567](#)

Mostly stuff about your feelings, answer with honesty.

[>>2991763](#)

i think you should transition, or at least see a therapist.

[>>2992980](#)

pic related

[>>2993559](#)

perhaps start exercising so you keep a good balance in those periods you like to eat more.

[>>2994089](#)

You shouldn't really take progesterone like before a year on hormones. It harms growth.

>> **Anonymous** 07/14/14(Mon)04:45:46 No.2994126

How long will it take for me to lose my muscles? I use to lift heavy weights and while I lost muscle, it still looks masculine. Especially my delts, triceps, and forearms. I've been crash dieting and binging yet it feels like my body is trying to preserve muscle because I've been the same weight for like a year now and my fat doesn't seem like it's going to the right places. Just going to my belly. I lose weight by crash dieting then I gain weight by binging but muscles size looks the same and fat goes back to the same place around my belly. Grossing myself out when I look at my body after showering.

>> **Anonymous** 07/14/14(Mon)04:52:05 No.2994134

[>>2994126](#)

Eat a low protein diet, do a lot of cardio. How long have you been on hormones?

>> **Anonymous** 07/14/14(Mon)04:55:32 No.2994141

[>>2994134](#)

Just spiro for like a year, then like 1mg of estrogen and 100mg of spiro for like 3ish months and now 3ish months on 4mg estrogen and 200mg spiro.

>> **Anonymous** 07/14/14(Mon)04:56:06 No.2994143

[>>2989588](#)

That's awesome news, thank you!

I have literally never lifted in my life. I don't like muscles and have tried my best not to have any. Weird how they're so prominent.

>> **Anonymous** 07/14/14(Mon)05:54:04 No.2994253

What is that of "I'll try hormones for 3-4 months to see how I feel"?

I mean, nothing really changes in 3-4 months. Maybe minimal breast growth, no sex drive in MtF and voice drop, minimal hair in FtM, so what's the point? Wouldn't that (taking hormones) be harmful for a cis person?

>> **Anonymous** 07/14/14(Mon)06:07:10 No.2994273

anyone know a good workout routine to lose weight and gain it in the right places (for a mtf). I can seem to find guides for women and guides for men but none for trans people. Any help would be great or even just point me in the right direction

>> **Anonymous** 07/14/14(Mon)06:30:07 No.2994302

[>>2994253](#)

Hormones can have a significant mental effect by themselves (not just due to the heavy placebo effect); the idea is that if you're trans then you'll start to feel better just from that since your hormones are now more normal for your gender. It's also supposed to work because cis people will start to feel negative mental effects upon taking the hormones, since they'd go from having "normal" hormone levels to ones appropriate for the opposite gender, thereby experiencing the same effects that trans people receive from their natal hormones (it's pretty much the reverse).

It's not really harmful due to the lack of permanent changes, which is why it's often suggested as a course of action. Of course, it's not hugely reliable and the reasoning behind it is currently lacking solid evidence, but it is able to help some people (and has done so in the past; ask people on this board).

>> **Anonymous** 07/14/14(Mon)07:30:41 No.2994377

[>>2994273](#)

you can't really lose weight and gain it at the same time
general aerobic exercise is for weight loss, I'm a fan of intervals too
I think if you're already at female levels you should have a harder time losing in the "right places" like girls do... but I don't know shit, it just makes sense when I think about it
but in general it's the same as fit cis people, with gender depending on which hormones you are on

>> **Anonymous** 07/14/14(Mon)07:33:03 No.2994382

[>>2994377](#)

> as fit cis people

I meant cis people, fit our not...fucking phone

>> **Anonymous** 07/14/14(Mon)07:39:10 No.2994393

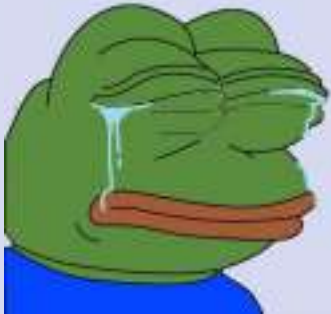
I'm lucky enough to live really close to a Planned Parenthood that does the whole "broke tranny hormone dispenser for cheap" thing. My therapist recommended them to me when I expressed I'd like to try hormones to see if it made me feel any better.

Anyone have experience with using Planned Parenthood? I'm pretty sure I'm going to give them a call tomorrow

>> **Anonymous** 07/14/14(Mon)14:19:24 No.2995406

bump

>> **Anonymous** 07/14/14(Mon)15:23:21 No.2995720
File: [3423.jpg](#) (32 KB, 398x388)



[>>2961655](#)

iktfb

I've been racking my brain over this shit for 10 years and I STILL have bouts of self doubt and anxiety over it.

>> **Anonymous** 07/14/14(Mon)17:30:04 No.2996271

How do you deal with the waiting once you are on HRT?

>> **Anonymous** 07/14/14(Mon)17:31:10 No.2996276

[>>2996271](#)

Also, what do you talk about when practicing your voice? I never know what to say, like my mind just blanks.

>> **Anonymous** 07/14/14(Mon)17:47:02 No.2996332

[>>2996276](#)

If you just need something to practice, read a story or a wiki page.

>> **Anonymous** 07/14/14(Mon)18:02:58 No.2996405

Is there anything I could say to a therapist that would raise a "red flag" that I wasn't trans? I'm afraid of being rejected.

>> **Anonymous** 07/14/14(Mon)19:11:46 No.2996710

[>>2996405](#)

I guess don't say anything that would indicate you're a fetishist

>> **Anonymous** 07/14/14(Mon)19:45:11 No.2996836

What's the best exercise to do to lose weight? Is it okay to start on HRT being a little over but continuing to exercise every day while starting it?

>> **Anonymous** 07/14/14(Mon)19:47:34 No.2996845

[>>2996836](#)

Like is running good? What are good foods to eat to stop testosterone too (before starting hrt)

>> **Anonymous** 07/14/14(Mon)19:52:33 No.2996865

[>>2996845](#)

Dance Dance Revolution

>> **Anonymous** 07/14/14(Mon)20:22:44 No.2996955

[>>2996845](#)

Go read the /fit/ sticky. Do lots of cardio.

>> **Anonymous** 07/14/14(Mon)20:24:25 No.2996962

[>>2996845](#)

You can switch to a low protein vegan diet though nothing you can do will stop testosterone production short of taking AAs or cutting off your balls.

>> **Anonymous** 07/14/14(Mon)23:44:00 No.2998059

I was just wondering someone able to tell me how long the complete MtF process takes from starting on the drugs and surgery's and such.

>> **Anonymous** 07/14/14(Mon)23:59:15 No.2998115

[>>2998059](#)

There are so many variables it's hard to say, definitely on the years scale, 5-10 ±3 years not being outlandish.

>> **Anonymous** 07/14/14(Mon)23:59:58 No.2998119

[>>2996836](#)

>Is it okay to start on HRT being a little over but continuing to exercise every day while starting it?

Sure. The whole "be underweight first so you can just put fat on and have it go straight to female places" thing is the ideal scenario, not a requirement.

I ride my exercise bike and play DDR for exercise (though you're gonna want a sports bra for that second one after a couple months on the sugar pills)

>> **Anonymous** 07/15/14(Tue)00:01:11 No.2998122

File: [image.jpg](#) (86 KB, 1107x409)



[>>2998059](#)

Here's a timeline of just HRT

effects.

>> **Anonymous** 07/15/14(Tue)00:01:45 No.2998125

[>>2998115](#)

So 5-10 years ? That seems a bit long I thught it was about 3-4 including surgery

>> **Anonymous** 07/15/14(Tue)00:10:04 No.2998155

[>>2998125](#)

Depends where you live, what hoops you have to jump through either for insurance or public health care, gatekeeping of many kinds, health complications, alterations, touch-ups or waiting lists for surgeries SRS and/or FFS, legal requirements and paper work for name and sex marker change on documents, and so on. That's why there's the ± 3 .

>> **Anonymous** 07/15/14(Tue)00:11:42 No.2998163

[>>2998155](#)

Oh, also onset age and point in life effect things. It's far different for a school kid than an established professional than a blue collar worker.

>> **Anonymous** 07/15/14(Tue)00:12:46 No.2998165

[>>2998163](#)

*affect

>> **Anonymous** 07/15/14(Tue)00:27:58 No.2998211

[>>2998165](#)

Damn thanks for that was a lot help , if you don't mind awnsering one more question im 18 going on 19, what the changes be any quicker or different and would my face shape or anything like that change or would I need surgery ?

>> **Anonymous** 07/15/14(Tue)00:55:27 No.2998272

[>>2998211](#)

Your bone structure won't change, though if you start AAs you will stop further growth from testosterone that will be taking place for the next few years, so you may or may not need surgery depending on your starting features. E will change the musculature of your face and fat distribution will most likely give you a rounder face, softer jaw and that can do a lot for some people's facial composition on its own. If you're not in therapy and on hormones now, it's highly

recommended you start the process sooner rather than later. You can be on hormones and stop further masculinisation and still present 'male' for a couple of years if it's not feasible school, profession, or family wise for you to come all the way out and socially transition.

>> **Anonymous** 07/15/14(Tue)01:28:12 No.2998361

File: [ymenoqtgrill.jpg](#) (66 KB, 960x640)



[>>2998272](#)

Hate to be a pestering cunt, could you or someone else just let me know if i would like need surgery or not and if you want to say the median price. Thanks to everyone /lgbt/ you've been a really big help :)

>> **Stephanie !rmLo3oTPYk7** 07/15/14(Tue)01:33:17 No.2998382

[>>2998361](#)

I don't think you need surgery at all. Given your facial structure is still like this.

>> **Anonymous** 07/15/14(Tue)01:35:16 No.2998387

[>>2998361](#)

In my opinion, and grant you I'm no surgeon and I try to be as objective as possible, you should be okay. Your facial features are youth fully androgynous as is. Maybe a trachea shave if you wanted. A year or 2 on HRT will show you more than anything.

Warning: people will say you will never pass. People will say the opposite and you don't need anything.

Try looking up transition timelines of similar faces to start from.

>> **Anonymous** 07/15/14(Tue)05:03:55 No.2998719

[>>2998361](#)

You'll be fine, i had the same face structure.

>> **Anonymous** 07/15/14(Tue)06:03:38 No.2998782

[>>2998361](#)

Yep you have about the same facial structure as I did, if anything a bit softer in general, and at 11 months I pass pretty damn well.

>> **Anonymous** 07/15/14(Tue)06:06:13 No.2998786

[>>2998782](#)

Any chance I could see a picture ?

>> **Anonymous** 07/15/14(Tue)06:12:26 No.2998792

[>>2998786](#)

Sorry, no, you'll have to trust me, as dumb as that sounds coming from a random idiot on the internet.

You honestly do look a lot like me, with glasses, a less horrible nose and browline and better lips. Less ridiculous eyebrows too, my god my eyebrows were stupid.

I really reckon you'll be fine though.

>> **Anonymous** 07/15/14(Tue)06:18:18 No.2998803

[>>2998792](#)

All good, That's good to hear. Well hopefully I'm going to see Doctors soon to see if I "actually" want to be a girl, so hopefully that's goes sweet. Thank you everyone you have been an amount of help I never would of expected.

>> **Anonymous** 07/15/14(Tue)06:59:17 No.2998872

I'm trans but don't want to transition and can't easily where I live anyway, should I just kill myself like I've been planning to or live the rest of my life as a depressed guy permanently abstaining from sex and relationships? Neither look very appealing.

>> **Anonymous** 07/15/14(Tue)07:01:11 No.2998881

[>>2998872](#)

>im trans and dont want to transition

So youre not trans? I'm confused, are you just unable to transition due to where you live, or what?

>> **Anonymous** 07/15/14(Tue)07:10:52 No.2998900

>>2998881

I wouldn't pass very well, I have thick facial hair which is always visible even when I shave and a big forehead, most noticeable on the right side of my head especially from how my hair is parted. I'd end up looking terrible and obviously trans like most MtF who transition late (I'm 18). I wouldn't want to go through all the effort of getting HRT only to take it for two years and find it was a waste of time and I will never be happy with how I look. I look at myself and hate how I look and want to castrate myself and have felt this way since I was little but from a non-physical standpoint being a girl doesn't appeal to me, I'm attracted to masculine ideals, I don't like femininity or how women are and always have been looked at in society. Further I just wish I was a girl, not an MtF or someone who is trans like I'd have to think of myself for the rest of my life, I don't like the trans community, I wouldn't want to have to identify with it. I'm also interested in certain academia where if it went public it would destroy my career.

>> **Anonymous** 07/15/14(Tue)07:29:37 No.2998938

>>2998900

> I will never be happy with how I look

90% of women in this world have this feel

> I just wish I was a girl, not an MtF

Yeah, that's the point.

> I don't like the trans community

Me neither, honestly.

> I'd end up looking terrible and obviously trans like most MtF who transition late (I'm 18)

I've met over a dozen MtF irl and the ones who looked worst started when they were 17. One looks like an amazonian and the other like a 38 years old guy with plastic tits attached. It's not only about the age, you know...

It's your life, just make sure you can really repress it so you don't end coming out in thirties, when you already have a family a zero hope of blending into society.

>> **Anonymous** 07/15/14(Tue)07:43:07 No.2998969

>>2998938

That's what's deterring me from repressing it, the people who give in and come out late anyway. But then knowing that I

would not look very good and how easy it is to pick out someone trans who doesn't pass well stops me from wanting to do anything about it too. I wish I could just not pay a single detail to sex or worry about if I look this way or that way like some people do, especially the ones not unlucky enough to be born with something as unfortunate as gender dysphoria. I think I'll just go the suicide route, I hope my family handles it better than I expect them to when I throw myself into freezing water from a cruise boat and drown.

>> **Anonymous** 07/15/14(Tue)07:43:55 No.2998974

>tfw 23
>no hope

>> **Anonymous** 07/15/14(Tue)07:47:19 No.2998989

>>2998974

>tfw 20
>also no hope
>no job
>family hates trans ppl

i wish i would not feel like i am feeling, the wish to be a girl isnt constantly in my mind, but when i have these thoughts i just get depressed

Sometimes i feel normal for weeks but then these thoughts cross my mind and let me feel terrible
lam attracted to girls, i want to sleep with girls, so i cant be trans, right ?

>> **Anonymous** 07/15/14(Tue)07:50:41 No.2999002

File: [20140714171827901.png](#) (3.9 MB, 2000x2000)



>tfw 23 yr old saying no hope
be 25, 3 months skittles, still permaboymode due to environment.... how fucked am I :(

>> **Anonymous** 07/15/14(Tue)07:57:16 No.2999023

[>>2999002](#)

shave

>> **Anonymous** 07/15/14(Tue)07:58:12 No.2999025

[>>2999002](#)

i cant say for sure since ur hair isnt particularly long yet, but you might consider ffs on ur jaw. fine otherwise. Also I really hope you didn't go out wearing that blue shirt...

Eventually touch up on ur eyebrows, but that's a duh.

Ur face looks like it'll pass really well, especially around eye area

>> **Anonymous** 07/15/14(Tue)08:00:19 No.2999033

[>>2999023](#)

Yea, wasnt taken at an awesome time, shaving harder than that just leaves me with razor burn / bleeding from much face.

First laser sessions on tuesday week though. :D

[>>2999025](#)

lol good god no, i dont know if ill ever be able to wear that one :(

Thanks, good to know :)

>> **Anonymous** 07/15/14(Tue)08:04:03 No.2999045

[>>2999033](#)

I know you probably don't care to hear this, but you were sexy as fuck with that goatee. You'll probably be equally as qt as a chick.

>> **Anonymous** 07/15/14(Tue)08:06:21 No.2999050

[>>2999045](#)

You're right I dont care to hear it, and it sure as hell wont be returning, but I know how to take a compliment. Thanks :)

>> **Anonymous** 07/15/14(Tue)08:36:57 No.2999165
File: [satsuki.jpg](#) (75 KB, 632x754)



[>>2999002](#)

You're at about a pass level of 0. Zero effort. Put some visible effort in. Be courageous. Have resolve. Shit. The only one that will is you. Get to it bitch. Lose weight, do your eyebrows, grow your hair/get a wig, learn makeup, get decent clothes that fit you (to tone down your shoulders), get laser/electrolysis etc. and you now (as you are just starting mones) would make it to maybe 4 or 5. Mones will probably bump it up a point or two and voice will bump that up a point or two as well once you get that down. Remember to practice your voice. Don't wuss out on that part. That shit is vital, you typically can't last-minute it, and it will hit you like a ton of bricks when you're out and can't vocalize anything without

getting clocked faster than Usain Bolt.

It's rather difficult to pretend to you're one of those deaf-mutes all the time.

Also you kinda look like a serial killer. Just sayin'. Maybe tone down the Dahmer stare a bit. Try to cheer up, you passed the first set of hurdles. That is extremely challenging, I know. Now the gears shift, and you need to hit the ground running. It's scary, but anything worth doing in this life will scare the living hell out of you.

Listen to this conveniently placed bit of inspiring media!
<http://www.youtube.com/watch?v=2TokAI988xk>

But seriously, you'll be fine. Go get 'em tiger. Make life take the lemons back.

>> **Anonymous** 07/15/14(Tue)08:43:55 No.2999193

<https://www.youtube.com/watch?v=rPC30HxdwFA>

I wish you could ban this into a mask like link did

>> **Anonymous** 07/15/14(Tue)08:48:27 No.2999215

[>>2999165](#)

I totally read that in Satsuki's voice. Yea, unfortunately I live with a couple of overly nosey people who would flip if they

found out, luckily im moving out. Running is Something I need to kick off again.

I've always had that stare in photos unfortunately, will see what I can do about it. :)

>> **Anonymous** 07/15/14(Tue)12:32:03 No.3000197

going to my first therpaist visit today. hoping it goes well. :)

>> **Anonymous** 07/15/14(Tue)12:34:37 No.3000201

There are chaitable and/or perverted people all over the internet. Is there anything I can do to find and petition to them? I will never be able to afford FFS before the dysphoria and suicidal thoughts overcome me. I just want to be normal. I don't want to die. But I'm at the end of my rope and I'd do literally -- I mean that, without constraint -- anything. What do I do? Where do I go?

>> **Anonymous** 07/15/14(Tue)12:37:19 No.3000207

[>>2999165](#)

Does Satsuki swear? It so doesn't seem like her style. She's cruel, but not vulgar.

>> **Anonymous** 07/15/14(Tue)12:45:16 No.3000242

[>>3000201](#)

Depends on how low you want to sink. You could try finding a 'sugar daddy', look into doing porn, stream (maybe even video games) or try kikestarting it.

>> **Anonymous** 07/15/14(Tue)13:00:32 No.3000315

[>>3000242](#)

I know porn isn't going to be successful. I've heard enough stories. Does kickstarter even allow to beg for surgeries?

>> **Anonymous** 07/15/14(Tue)13:23:54 No.3000408

[>>3000315](#)

The prick that claimed to make that Gonehome or whatever it's called game intended to use the money for some form of surgery if I recall.

There are plenty of whiteknights willing to throw their money at the most blatant of fictional causes.
You just need to know how to present it.

>> **Anonymous** 07/15/14(Tue)13:32:49 No.3000443

Is it normal at all for someone to want to be a girl but hardly give a damn about wearing different clothes?

>> **Anonymous** 07/15/14(Tue)13:40:44 No.3000467

[>>3000443](#)

Clothes have nothing to do with gender, wear whatever the fuck you like.

>> **Anonymous** 07/15/14(Tue)14:00:10 No.3000559

[>>3000467](#)

What even /is/ gender?

>> **Anonymous** 07/15/14(Tue)14:01:32 No.3000567

[>>3000559](#)

What even is?

>> **Anonymous** 07/15/14(Tue)14:24:28 No.3000683

[>>3000567](#)

I'm serious though. What does it mean to be male or female?

>> **Anonymous** 07/15/14(Tue)15:11:17 No.3000850

File: [photo.jpg](#) (111 KB, 960x1280)



Hey fellow /lgb/,



I came out a week ago as MtF transsexual, the only thing thats currently stopping me is for the fact that I'm not afraid of the transition, but the result.

Do you think my face has any chance of passing and becoming feminine?

I don't want to be crazy joe riding a bike with his dress on. I want to be a cute girl ;_;

Also after coming out I have this very strange feeling of calmth before the storm, is this usual?.

Pic related: its me, 6"1. Any qt FtM wants to trade?

>> **Anonymous** 07/15/14(Tue)15:17:01 No.3000864

[>>3000850](#)

you will categorically not pass

>balding

>thin lips

>fat face

>neanderthal brow

>jawline/massive chin

>massive nose

>broad shoulders

>> **Anonymous** 07/15/14(Tue)15:19:55 No.3000873

[>>3000850](#)

Yeah your probably going to need facial surgery.

>> **Anonymous** 07/15/14(Tue)15:30:48 No.3000900

File: [image.jpg](#) (53 KB, 599x358)



[>>3000850](#)

You have a chance if you're willing to dump a truckload of money into surgeries and hair plugs/treatments to address most of [>>3000864](#). Muscle atrophy and fat re-distribution will help a little though you should try to loose as much weight as is healthy before starting hormones. The point you have to face is you might not be able to be a cute girl, but you have potential to look like

a woman. This is something the majority of unattractive people have to deal with and some can help cope a bit with

make-up and dressing properly.

>> **Anonymous** 07/15/14(Tue)15:38:43 No.3000935

I dunno if I have gender dysphoria. I don't know what fetishism and agp are but do I have it? I almost always get turned on only by thinking me turning into a girl, or reading manga/doujin about turning into a girl or body swap. I think that's just me putting me in their position though? IDK

At the same time I also really want to be a girl.

At a point I hated my dick and couldn't even look at it, and now too I don't look at my body. But for these reasons too I don't know if they are valid reasons to want to HRT. I want to wear cute clothes, and if there was magic I wouldn't even give it a second thought to live life as a girl. (With that said though I have almost no thoughts about doing lewd things as a girl, I just want to be cute)

At the same time there are people who actually have confirmed dysphoria that borders on suicidal thoughts and no way to like their current body. I don't think I HATE my body and I could look decent if I stayed this way but given a choice I want to be a girl.

Is this gender dysphoria? I really have no idea what qualifies as it and whats a good reason to want to HRT.

>> **Anonymous** 07/15/14(Tue)15:39:25 No.3000941

[>>3000935](#)

agp is bullshit trollposting, don't fall for it.

>> **Anonymous** 07/15/14(Tue)18:00:12 No.3001693

[>>3000935](#)

Trans people have fetishes too, yours is just that you like transformation. If you have dysphoria that doesn't make you any less trans. One thing anon, its not normal to hate your dick and body, so you might have dysphoria. Speak to a therapist

>> **Anonymous** 07/15/14(Tue)18:40:46 No.3001824

why there is no cure instead of cutting his own gender into pieces?

>> **Anonymous** 07/15/14(Tue)21:30:04 No.3002639

[>>3001824](#)

Some days I wish there was one other than hormones and SRS.

Just seems like a way to fill doctor's pockets with cash.

>> **Anonymous** 07/15/14(Tue)21:31:14 No.3002644

[>>3000935](#)

Dysphoria is dysphoria no matter what the reason. Don't be concerned with why, and be concerned with the what.

>> **Anonymous** 07/15/14(Tue)21:33:37 No.3002650

[>>3000935](#)

You do have AGP, but that doesn't mean you can't be trans.

>> **Anonymous** 07/15/14(Tue)22:19:54 No.3002813

Been talking to a therapist, ready to get this party started. What is the best way to find a trans friendly endocrinologist?
Do I just have to call around and ask if they handle hrt?

>> **Anonymous** 07/15/14(Tue)22:23:17 No.3002826

[>>3002813](#)

You can ask your primary/GP or your therapist might even know some. If there's a gender clinic or anything near you, call them since they generally have a list of endos who are in the know. Calling around can work too if you're okay with it.

>> **Anonymous** 07/16/14(Wed)02:22:49 No.3003819

File: [IMG_1392.jpg](#) (492 KB, 1280x960)



How am I doin'?

2 months spiro
and estradiol. I'm
18.

Ignore silly makeup.

>> **Anonymous** 07/16/14(Wed)02:50:16 No.3003942

[>>3003819](#)

Not too bad from what I can tell through the make-up. Is that how you wear your hair or is it just out of the way for the make-up?

>> **Anonymous** 07/16/14(Wed)03:04:24 No.3003987

Does a big nose = Masculine
If so I am fucked forever.

>> **Anonymous** 07/16/14(Wed)03:17:41 No.3004024

[>>3003819](#)

If that's how you normally wear your hair, I'd try a different style. But otherwise, you're pretty darn cute!

>> **Anonymous** 07/16/14(Wed)03:32:16 No.3004073

[>>3003987](#)

Yes, big nose = masculine... There's such a thing called rhinoplasty.

>> **Anonymous** 07/16/14(Wed)03:36:20 No.3004087

[>>3003819](#)

you need bangs faget

>> **Anonymous** 07/16/14(Wed)03:43:45 No.3004111
File: [Photo on 7-16-14 at 12.40\(...\).jpg](#) (187 KB, 1080x720)



[>>3004087](#)

no u

Also here's a picture I just took.

I think hormones are turning me into a cat.

>> **Anonymous** 07/16/14(Wed)03:48:06 No.3004126

[>>3004111](#)

Don't wear that kind of heavy eye make up, it makes your eyes look really deep set.

>> **Anonymous** 07/16/14(Wed)03:54:46 No.3004148

Any worthwhile advice for voice? Like, I get that inflection is more important than tone, but what exactly distinguishes female/male inflection?

>> **Anonymous** 07/16/14(Wed)04:02:54 No.3004171

I feel so ugly all the time. When i was a guy i felt attractive. Well im still living as a guy but i see my future as this manish women and i want to put a gun in my mouth and pull the trigger. Being attractive feels so good. I cant deal with being am ugly, big headed, female. I wish transitioning was impossible for everyone so i could just be content that i was going to be as happy as i ever was going to be as a guy.

>> **Anonymous** 07/16/14(Wed)04:06:37 No.3004188

[>>3002644](#)

>don't think about a life changing decision

This is why I hate you people.

>> **Anonymous** 07/16/14(Wed)04:09:37 No.3004195

>>3003819

makeup too overdone
do your hair differently
get your brows done
that shade of pink lips doesn't fit you
other than that you have nice eyes

>> **Anonymous** 07/16/14(Wed)05:42:09 No.3004387

File: [20140716_043846.jpg](#) (303 KB, 960x1280)



do I have any chance of
passing?

>> **Anonymous** 07/16/14(Wed)06:04:35 No.3004412


So to start off I'd like to say I'm a straight cismale and really like the thought of being a girl. I wish I was born a girl but don't really feel like I'm a girl trapped in a guys body or whatever. I find myself browsing trans threads a lot. I mean it's the sole reason I'm on this board right now. I just want to be a cute girl is all but I'm not attracted to men and I know how much lesbians hate mtf's. I probably sound like an idiot. I hope I didn't offend anyone. ;_;

>> **Anonymous** 07/16/14(Wed)06:15:47 No.3004430

File: [10360700_1020435923125012\(...\).jpg](#) (49 KB, 620x877)



A quick question for people in Glorious Scandinavia.
Has anyone from Denmark/Sweden tried ordering mones from QHI? How did it go? Any trouble with the authorities?



>> **Anonymous** 07/16/14(Wed)06:23:40 No.3004436

[>>3004430](#)

>tfw no Scandinavian bf or gf

>> **Anonymous** 07/16/14(Wed)07:12:02 No.3004493

[>>3004387](#)

yes u qt

>> **Anonymous** 07/16/14(Wed)07:27:04 No.3004505

[>>3004493](#)

I feel like my forehead is fucking gigantic, that's my main problem.

I had a stronger jaw until a surgery that corrected a crossbite so I guess I lucked out there.

>> **Anonymous** 07/16/14(Wed)09:07:18 No.3004696

Does anyone else go on /s/ to make themselves feel terrible to validate their feelings? Some days I'm just like "Hmm, I feel fine today, barely dysphoric at all" and then I'm all like "I should change that."

>> **Anonymous** 07/16/14(Wed)09:08:22 No.3004698

[>>3004505](#)

Stop with the middle part. Side swept bangs would suit you face much better. Lots of girls have fucking huge foreheads too, but it's their fringe that makes them look less alien.

>> **Anonymous** 07/16/14(Wed)09:12:39 No.3004712

[>>3004698](#)

I'll try that, thanks. In my defense I can blame wearing headphones 16 hours a day for the way it ends up laying most of

the time.

>> **Anonymous** 07/16/14(Wed)09:40:46 No.3004792

[>>3004712](#)

You've got an oval shaped face, I'm the same. Look up hairstyles that suit it, it makes a huge difference. Consider straightening your hair if that helps.

Do you have access to make up? I can't tell from the picture, but if your skin quality isn't great, a good foundation improves your look a stupid amount. There was a guy who came on reddit to talk about the science of attractiveness a while back and he said that whenever they didn't account for skin quality, it threw all their measurements completely out because it's such an important factor.

>> **Anonymous** 07/16/14(Wed)09:46:03 No.3004802

[>>3004792](#)

I literally just now got told by my mother that she doesn't like my long hair. ~ _~

I have no access to makeup. I do have pretty bad skin. Acne scarred from almost a decade of zits that don't ever let up (hey, at least HRT fixes that, if I go that route...)

>> **Anonymous** 07/16/14(Wed)09:54:07 No.3004820

[>>3004802](#)

I get told the same all the time. I'm out to my mum but not full time yet and some way off HRT, but she criticises any little thing I do. I've been wearing shorts recently because it's really hot here and she just looked at me all disappointed and asked why I'd shaved my legs in the most condescending way ever.

There's a bunch of stuff you can do about acne scarring, the HRT will make your skin look softer which should help and you could always get in touch with a dermatologist and see what else can be done if it's an issue. If it's not an issue for you, it wouldn't stop you passing so fuck anyone who says it is :L

>> **Anonymous** 07/16/14(Wed)10:04:01 No.3004829

[>>3004820](#)

I have cutting scars on my legs so no shorts for me. Only way I'd get an appointment with a dermatologist would be through my folks. I guess that doesn't explicitly require coming out so it could be a possibility.

>> **Anonymous** 07/16/14(Wed)12:01:34 No.3004999

File: [IMG_0155.jpg](#) (96 KB, 480x640)



Just wondering if I have any chance of passing, I've been told by numerous people that I don't really have a shot.

I'm 20, and haven't started any treatment yet.

>> **Anonymous** 07/16/14(Wed)12:16:00 No.3005020

[>>3004999](#)

you might

you really just have to try hrt though, you won't know until then

>> **Anonymous** 07/16/14(Wed)13:26:50 No.3005184

[>>3004999](#)

have any frontal shots without the weird angle?

>> **Anonymous** 07/16/14(Wed)16:28:02 No.3005688

bump

>> **Anonymous** 07/16/14(Wed)16:55:38 No.3005803

Hey guys, I have a question: How do I come out to my brother and dad? I came out to my mom sometime in either late July or Early August last year, but, I'm still really, really nervous about coming out to my brother and dad. My brother actually hates bigotry, like, one of his best friends is gay, but, I'm still nervous, because he and I don't get along. As for

my dad, he drinks quite a bit, so, I'm scared about that. Pls halp.

>> **Anonymous** 07/16/14(Wed)17:25:50 No.3005924

[>>3005803](#)
try a letter?

>> **Anonymous** 07/16/14(Wed)19:55:21 No.3006616

So I finally told my therapist about my disphoria. We talked about the requirements or whatever for HRT. Something about making sure the person receiving the hormones is in their proper mindset, and the person needing to identify as the opposite gender for a bit. What was explained was somewhat unclear to me because I am dumb. What are the requirements for HRT and how long do you have to wait to get on it usually?

>> **Anonymous** 07/16/14(Wed)20:28:50 No.3006779

[>>2979943](#)

>I just feel I'd be so much more happy if I was born a girl.
THIS.

Although Ive only been feeling it for a few years now (3ish, on and off). My main reason is because I think girls have it so much easier with socialising, talking and being themselves. Im just a shy quiet shutin.

>> **Anonymous** 07/16/14(Wed)20:29:30 No.3006785

[>>3006616](#)
What country?

>> **Anonymous** 07/16/14(Wed)20:50:16 No.3006890

[>>3006785](#)
USA

>> **Anonymous** 07/16/14(Wed)21:04:07 No.3006973

[>>3004412](#)

You sound exactly like me.

If I could choose what I would be it would go like this: a pretty girl, then an average/cute girl then a handsome guy. ldk. I feel so conflicted and confused everytime i come here. Seeing pretty, passable MtFs makes me really really jealous. With girls - I just wish I could be them but with MtFs i get crazy jelly

>> **Anonymous** 07/16/14(Wed)21:30:36 No.3007127

Is there a point in life after which trans feelings become invalid? I feel like everyone has these big stories of how they've always hated their bodies since a young age. Am I a fraud because I've only now started feeling slightly uncomfortable with the idea of being male?

>> **Anonymous** 07/17/14(Thu)03:46:46 No.3008575

[>>3007127](#)

Nah mang, I'm the same.

>> **Anonymous** 07/17/14(Thu)03:55:38 No.3008597

2mo hrt and my nipples and tiny breasts hurt so bad oh my god this isn't going to be forever is it?

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