



TORRINGTON
AMATEUR ATHLETICS
CLUB

Presents.....

The Christmas Caper!

Under UKA rules –permit pending

18th December 2016 -11am

Featuring 9 miles of the mud, forest trails, rivers and hills that you love!
The Caper – one of the most challenging multi-terrain runs in the South WestPreviously voted Devon Race of the Year!

Start and finish at Torrington Rugby Club – with changing, showers, refreshments and Christmas cheer! - Prize for all finishers.

Registration: from 09:30am

£10 advance entry - £12 on the day
£2 discount for UKA licence holders.

Prizes:

- 1st, 2nd and 3rdSenior Male/Female
- 1st, 2nd and 3rdVet. Male over 40 / Female over 35
- 1st, 2nd and 3rdVet. Male over 50 /Vet. Female over 45
- 1st, 2nd and 3rdVet. Male over 60 /Vet. Female over 55
- 1stJunior Male/Female (16-18yrs)

Entry Form *(essential information)

*Name..... Tel no

Address..... Postcode

Date of Birth..... Male / Female Age on race day

Category (please pick from categories above)..... email.....

Affiliated Club..... UKA Licence number.....

Competitors will be given their race numbers on the day, however if you require confirmation of your entry then please enclose SAE with your entry form and fee. CLOSING DATE FOR POSTAL ENTRIES IS 16th DEC

I understand that I take part in the *Christmas Caper* entirely at my own risk under UKA rules and agree not to hold Torrington AAC or any person involved in the organisation responsible in any way for injury or loss as a result of my participation. I understand that the *Christmas Caper* is a very challenging off road event over difficult terrain, and I confirm I have the required level of fitness to complete the course. TAAC RESERVE THE RIGHT TO WITHDRAW RUNNERS FROM THE RACE WHO HAVE NOT MADE SUFFICIENT PROGRESS THROUGH CHECKPOINTS. I am over 16 years of age.

Signed..... Date..... Fee Enclosed.....

Please make cheques payable to Torrington AAC and post to:
Torrington AAC secretary, 43 Burwood Rd, Torrington, Devon, EX38 7NG

www.torringtonaac.org