CRITICAL BENCH, INC. The Neuro-Balance Therapy Revive Your Body's Ability to Feel Strong, Stable & Balanced Chris Wilson 2021

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The Neuro-Balance Therapy System FREE DOWNLOAD



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What is the Neuro Balance Therapy?

Neuro Balance Therapy is a life-saving 10-second ritual that claims to help patients suffering from balance problems due to dead nerves in the foot. Anyone can take the therapy regardless of weight, age, or suffering from any medical condition.

Neurological disorders are prevalent among the elderly. It causes impairment and righting reactions that can lead to one tripping or bending. As a result, it leads to the development of fear of falling. Many people believe that these symptoms are a result of old age. According to research, the leading cause of this disorder is a sleeping nerve in the foot, which contributes to over 97% of falls.

Research by the Harvard Cambridge University found that the same foot problem is responsible for nearly 28000 deaths caused by falls yearly in both men and women. Currently, there are several different procedures used to treat such neurological disorders. Not all of them are effective, and some involve complex surgical procedures and several months of rehabilitation.

It helps to revive the dead nerve in your feet and bring it back to action leading to better contraction of muscles to help you move around comfortably. It brings back strength and stability to your lower body part of the body and makes you feel energetic like a 20-year-old.

It reduces the fear of walking; hence, one can quickly move around without fear of tripping or falling down the stairs.

Three Common Mistakes that Increase the Chances of Falling

Stability balls, Balance Exercises, and Bosu Balls

Performing such activities is only beneficial to people with phenomenal shape. However, for people who have lost mobility and strength in the lower parts of the body, such exercises can significantly increase the chances of tripping or falling.

These kinds of training make your level of balance much worse by weakening the tendons and ligaments in the foot. Continuous engagement in these

exercises leads to a total lack of stability, making it easier to trip over. The training also fails to target the balanced nerves on the foot, responsible for engaging muscles that help you get up and walk confidently.

Type of Shoe

The foot has numerous nerves that work together to help maintain your balance. Naturally, nerves sense the ground one is walking on and sends the information directly to the brain. However, the type of shoes one wears can significantly affect the coordination of the nerves and brain, leading to balance issues.

Currently, people wear shoes most of the time, making the nerves lose touch with the ground. The loss of contact with the ground makes the nerves dull and slow to respond. Therefore, when one falls, the nerves hardly trigger the foot muscles to help you regain balance.

Older Men and Women have a High Chance of Falling

For a very long time, people believe old age brings about a lack of stability. Research proves that the belief is 100% false, and older people following the right therapy can quickly regain their balance. Growing older does not make one more prone to falls; otherwise, many falls each year would result in injuries and even death.

The single nerve in the foot is responsible for the balance. A study was done in Kenya that targeted older men and women who walked barefoot throughout their lifetime to discover the missing link. The study compared the older people's nerve-foot relation to that of the new generation who wore shoes since birth.

The researcher believed that walking barefoot would cause thickening of foot skin, leading to falls, as one grows older. However, they found that despite the thickening of the feet 'skin, communication between the feet and nerves was

three times stronger than the modern generation who wore shoes in their entire lifetime.

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The Neuro Balance Therapy DVD and how it works?

Neuro Balance Therapy helps people revive the body's natural ability to walk, run, and feel stable with each step they make. It contains:

Computer-designed foot on a spike ball

Press your feet on the spiked ball each morning. You can start each day by performing this 10-second ritual regardless of whether you are at home or outside. The action in the real world helps to get back your balance and walk around without fear of falling. It does not require any physiotherapy sessions, gym, or purchasing a new pair of shoes.

The clip works by guiding you through a program that helps rejuvenate the deep peroneal nerve responsible for stability regardless of age, weight, and medical condition. The ritual takes very few minutes of your time each day.

Benefits of using Neuro Balance Therapy DVD

The video therapy does not require any consultation with a medical doctor, physical therapist, gym instructor, or using certain types of orthotics.

The steps are simple to perform; therefore, one can perform them at the comfort of their home while watching their favorite program.

Unlike other remedies, the Neuro Balance Therapy is 100% natural and provides a shortcut to falling proof. It is entirely safe. It does not involve any life-changing surgeries that may lead to permanent damage or rehabilitation programs.

Results are evident within a short time. Users of these protocols report that observable changes occur within the first 14 days. It makes it a practical and cheaper way to help revive the dead nerve on foot.

It eliminates fear and anxiety that is responsible for reduced vitality and enjoyment of life. It allows one to walk around and enjoy different outdoor terrains without fear of falling.

Where to Purchase the Neuro Balance Therapy

The Neuro Balance Therapy is available only on the official website. The product comes in a DVD that is playable with a laptop, desktop computer, and DVD player. Each video in the series provides you with a sequence of movements that help activate the peroneal nerve in the foot.

As a result, it helps improve stability, movement, and quick reaction on the lower part of the body that helps prevent one from falling. It contains both the beginner, intermediate, and advanced sequences. Anyone can undertake any of these sequences regardless of their situation.

In addition to that, the product comes with a spike ball. Each ball consists of a certain number of spikes that help relieve tension by stimulating the dead peroneal nerve in the foot. The program developer specifically designed the ball; hence one cannot find it in any of the stores. The balls contain crystallized particles that make them durable and relaxing.



The product comes with free bonuses, which include:

The top 20 tips to fall-proof your home

Once you purchase the program, you get the above tips for free. Your home is the place where most deadly trips and falls take place. The guide provides different foolproof techniques that ensure the safety of your home.

A downloadable version of the Neuro Balance therapy

Shipping days may vary due to distance and other factors. However, after purchasing the guide, you will receive instant access to the entire program and start immediately without waiting.

Final Word

Once fear restricts the freedom of movement, life takes an adverse turn. It can lead to anxiety and other cognitive problems. It causes dependence on other people who have to keep a constant watch over you in case of any accidents. Different remedies can help gain back stability, but not all are effective. Surgeries may lead to permanent nerve damage and require several months of rehabilitation for one to heal.

The 10-minute Neuro Balance Therapy helps people revive the peroneal nerve in the foot without necessarily visiting a doctor or physiotherapist. It offers a quick and straightforward solution to help improve stability and movement in people regardless of age, weight, and medical situation.



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