

# Soil & Land Health Resources



This document is a collection of resources that we have found useful. Compiled and updated by Jono Frew, Dan Regtien, and other members of Living Systems. The inclusion of content here does not mean we endorse the organisation or agree with all of its information.

## Community Forums:

- ★ Living Systems: [www.livingsystems.nz](http://www.livingsystems.nz) A reverent, daring and self-organising community interested in regeneration.
- ★ Quorum Sense: <https://www.facebook.com/groups/322014255295487> Network by and for New Zealand farmers.
- ★ Kind Harvest: <https://kindharvest.ag/welcome/> - John Kempf's international farming community.
- ★ Regenerative Agriculture Group: <https://www.facebook.com/groups/1835033873456918>

## Videos:

- ★ Greg & Rachel Hart's story. Farmers "using nature as a guide" at Mangarara Station, Hawkes Bay. <https://youtu.be/Nf2PnctS3DM>
- ★ Simon Osborne's story. Farmer from Leeston. <https://www.facebook.com/watch/?v=529624754199361>
- ★ Presentation by Allen Williams from the Wallace Centre in USA: "What Does an Ideal Pasture Look Like?" <https://www.youtube.com/watch?v=kK5A-V8Fz44>
- ★ Ray Archuleta "Soil Health Principles" <https://www.youtube.com/watch?v=9uMPuF5oCPA>
- ★ Charles Massey "On regenerative farming". <https://www.youtube.com/watch?v=zJYDv4cPD3k>
- ★ Christine Jones "The Phosphorus Paradox" <https://www.youtube.com/watch?v=Yv288F4TXbo>
- ★ Kiss The Ground – "A Regenerative Secret". Mini documentary by the makers of the 'Kiss The Ground' movie available on Netflix. <https://www.youtube.com/watch?v=n2W8dKdgG>
- ★ Allan Savory's TED talk <https://www.youtube.com/watch?v=vpTHi7O66pl>
- ★ Johnson Su Bioreactor construction <https://youtu.be/DxUGk161Ly8>

## Youtube Channels:

- ★ Nicole Masters (Integrity Soils) on Youtube : <https://www.youtube.com/playlist?list=PLin80yrNVuCypIWdCc0uFOLG6jqxDtAbf>
- ★ Jono Frew on Youtube: <https://www.youtube.com/channel/UCLf9fd5Yg2dtGLr2fGqxL5g/videos>
- ★ Happen Films on Youtube: <https://www.youtube.com/channel/UCw8neN02mV6o4ue9IJOJIRA>
- ★ Regener8 Vodcast [https://www.youtube.com/channel/UCLRxxgTrAUAXtDeA\\_A0kUpQ/videos](https://www.youtube.com/channel/UCLRxxgTrAUAXtDeA_A0kUpQ/videos)
- ★ Quorum Sense <https://www.youtube.com/channel/UC6yAk05Se5DpjdIOBsFjS6Q>
- ★ David Johnson <https://www.youtube.com/channel/UCVSSTOJVSSuRcCu68IMcsEA/videos>
- ★ Action Ecology <https://www.youtube.com/channel/UCPxS-jSF1HgxBjYipW8LQ>

## Websites:

- ★ Biological Husbandry Unit at Lincoln University <https://bhu.org.nz/>
- ★ Dean & Antoinette Martin of Glenlands Farm <https://glenlandsfarm.co.nz/>
- ★ Chaos Springs - Waihi [www.chaossprings.co.nz](http://www.chaossprings.co.nz)
- ★ Soil Food Web NZ- [www.soilfoodweb.co.nz](http://www.soilfoodweb.co.nz)
- ★ Graham Shepherd's Visual Soil Assessment method- <https://www.bioagrinomics.com/visual-soil-assessment>
- ★ Christine Jone's collection of resources- [www.amazingcarbon.com](http://www.amazingcarbon.com)
- ★ Detailed process for 'Estimating soil texture by hand'.  
<https://www.agric.wa.gov.au/soil-constraints/soil-texture-estimating-hand>
- ★ Symbiosis Seeds [www.symbiosis.co.nz](http://www.symbiosis.co.nz)
- ★ Linnburn Station <https://www.linnburnstation.co.nz/>

## Podcasts:

- ★ John Kempf's 'Regenerative Agriculture Podcast' <http://regenerativeagriculturepodcast.com/>
- ★ Quorum Sense Podcast <https://www.quorumsense.org.nz/listen-the-quorum-sense-podcast>
- ★ 'The Plant A Seed Podcast' by Jono Frew <https://www.buzzsprout.com/1403371>
- ★ 'The Regenerative Journey' with Charlie Arnott  
<https://podcasts.apple.com/au/podcast/the-regenerative-journey-with-charlie-arnott/id1508479507>
- ★ 'Down To Earth Podcast'  
<https://podcasts.apple.com/us/podcast/down-to-earth-the-planet-to-plate-podcast/id1273561340?ls=1&mt=2>
- ★ 'Biological Farming Round Table'  
<https://podcasts.apple.com/au/podcast/biological-farming-round-table/id1317600609>

## Books:

- ★ Charles Massey- 'Call of the Reed Warbler' <https://www.chelseagreen.com/product/call-of-the-reed-warbler/>
- ★ Gabe Brown- 'Dirt to Soil' <https://www.chelseagreen.com/product/dirt-to-soil/>
- ★ Nicole Masters- 'For the Love of Soil' <https://www.integritysoils.co.nz/product/for-the-love-of-soil/>
- ★ Mark Shepard - 'Restoration Agriculture'  
<https://www.goodreads.com/book/show/16441733-restoration-agriculture>
- ★ Jerry Brunetti - 'The Farm as an Ecosystem' <https://bookstore.acresusa.com/products/the-farm-as-ecosystem>
- ★ Jeff Lowenfels - 'Teaming With Microbes' <https://www.jefflowenfels.com/books-by-jeff-lowenfels/>
- ★ Jim Gerrish - 'Management Intensive Grazing'  
<https://www.chelseagreen.com/product/management-intensive-grazing/>
- ★ David Montgomery - 'Growing a Revolution'  
<https://www.goodreads.com/book/show/36236132-growing-a-revolution>
- ★ Michael Phillips - 'Mycorrhizal Planet' <https://www.chelseagreen.com/product/mycorrhizal-planet/>
- ★ Robin Wall-Kimmerer - 'Braiding Sweetgrass'  
<https://www.penguin.co.nz/books/braiding-sweetgrass-9780141991955>
- ★ Jay McCamen 'When Weeds Talk' <https://www.goodreads.com/book/show/43382373-when-weeds-talk>