



Yoni + Beyond

BEYOND OIL



After patting the area dry, apply 2 drops of the oil to your fingertips. Massage area for a minimum of 30 seconds in a circular motion to boost blood flow. Be sure to wash the area with warm water then use cold water to close your pores before using the oil. For best results use 3-4 times a week. Edible!



BEYOND CANDLE

Before lighting the candle, take a deep breath of gratitude, and set your intention for your candle. Whether it's for health, self-love, wealth, healing, or love... affirm your intentions and allow the aromatherapy to radiate positivity towards your goals.



HERBAL JUICES SEAMOSS GEL & GUMMIES

Keep refrigerated! Each juice and/or jar will last 2-3 weeks. Take one tablespoon of the gel, adding to drink or food, or eat as is. Gummies and juice can be digested as often as desired. For maximum results eat 3 gummies daily and/or drink 8 ounces of herbal juice daily.



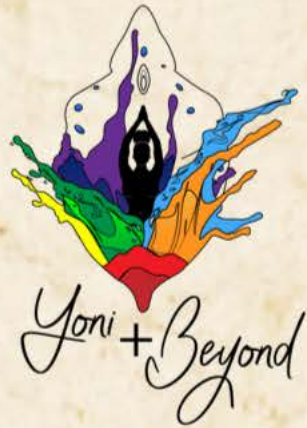
YONI PEARLS

Imbalances require that you insert 2-3 Yoni Pearls at once. Day 1-3 you may experience some mild irritation or itching. These are the herbs going to work; killing bacteria and removing old scar tissue or dead inner tissue. Being absorbed by the body, healing old wounds, or regulating hormones. Keep the vagina and the urethra clean. For those who may be unfamiliar with Yoni Pearls, they are small cloth-covered balls packed with herbs like Mothersworth, Rhizoma, Angelica, Osthol, and Borneol. This cocktail of herbs is here to rid the uterus and vagina of "toxins", negative emotions, and hormonal imbalances. After detox, you may experience spotting, discharge, and or vaginal dryness. Do not use yoni pearls if you might be pregnant or on your menstrual cycle.

How to use: Lay down with knees bent to your chest, take a deep breath and insert. Making sure the pearl is inserted ball end facing up and string facing down. If this is your first Yoni Pearl experience then only insert one Pearl. After 24 hours if you do not feel any sensations then apply another Pearl (having 2 pearls inserted now). Wear cotton panties while detoxing and observe tissue when using the bathroom. Avoid intercourse! After 72 hours, take a deep squat and take a deep breath relaxing the vaginal muscles allowing the pearls to come out. Don't be alarmed the color may be very dark and/or may smell.

YONI EGGS & WANDS

Each wand is made using certified crystals. Be sure to wash your wand and/or egg with soap and water before each use. To charge, place in the sun or moonlight. Insert the egg to strengthen your pelvic floor and, for pleasure insert the wand; remove when ready. There is no minimum or maximum amount of time when using your wand and/or egg. Remove when showering.



BEYOND CRYSTALS

Each crystal has a different meaning, depending on its place of discovery. Take a deep breath and say a prayer of intentions and affirmations over your crystals. Set them in a safe and active space. Charge them in the sun or moonlight. Use them to affirm your vibe of positivity.

BEYOND WAIST BEADS

Adorn and affirm your weight-loss, fertility, sex appeal, new beginning, and/or newfound relationship. Allow each color, and crystal to serve as a reminder of your goals. As you lose weight your beads will begin to roll down to your hips. Beads are to be worn until they pop, confirming the end of this chapter.

CHAKRA SAGE

Set your intentions and affirmations as you start from your crown and work the sage down. There is no perfect way to cleanse your space, aurora, or surroundings other than to be genuine. In a decluttered, calm and safe space... affirm wholeness, protection, cleansing, and positivity! Once completed, set it down in a non-flammable pot and let the flame dim on its own. For a prayer, visit the blogs page on my website.



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BEYOND TEA

For best results boil alkaline or spring water, allow the herbs to rest in the infuser (not included) for 5 minutes. Each jar of tea will last 2-4 weeks depending on the frequency of use. Best used with organic honey and freshly squeezed lemons.

BEYOND SOAP

For best results use the soap twice daily, morning and night. Be sure to rinse your face with warm water to open your pores before applying soap. Wash area in a circular motion to increase blood circulation for 1-2 minutes. After your face has been exfoliated, rinse with warm water then give the area a splash of cold water to close your pores. Pat dry! The soap can be used for the entire body.

WARNING: If your skin is irritated (scabs, wounds, scraps, cuts), please do not use the exfoliation bag included with your soap as it may cause further irritation.