

**NLP**  
**@**  
**Still Point Solutions**



**John Carey**



**An inspirational heritage, an aspirational future**

**2016 Conference**  
**19 May 2016 - 09:00 - 16:15**  
**Headlam Hall**

Please note that the content and timing of sessions may vary depending on the needs of the group

## **‘Dealing with the pressures of Leadership... the power of words and how life can be different’**

Speaking to you as a leader, have you ever wanted to have more simple and effective ways to become even better at what you do in school now and be even better prepared for the future?

Throughout this brain-on-hands-on day, you'll have many opportunities to develop new knowledge, skills and understandings that you can apply immediately, set great goals and achieve the results you truly desire.

Working together, we'll:

- explore the highs and lows of leadership with and experienced Headteachers, Eileen Martin and Danny Eason
- hear from recently appointed Headteacher, John Stubbins, about what he has learned whilst applying for Headship,
- discover new ways to set great goals for ourselves and others,
- create some personal planning space
- critically evaluate our own thinking processes,
- experiment with new ways of thinking about ourselves and others
- develop our understanding of how words and the way we say them impact on ourselves and others
- learn new ways to improve our positive self-talk and reduce, or eliminate, the negative,
- discover some simple ways to reduce the impact of stress, and so enhance our emotional and mental well-being,
- be inspired by what we learn from others and about ourselves.

What may be of even more interest to you is that the skills you'll learn today are not just for use in school, you can use them in other areas of your life too.

All you need do is engage fully in the learning, because the more you do, the more you'll refresh and build on your existing leadership learning, and the more you can develop new understandings, skills and attitudes.

Oh, and did we mention, have some fun doing it?

We're really looking forward to working with you, and expect great things of both and each of us.

Joe Sonnenfeld and John Carey

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## Booking Information

To book your place, email Joe Sonnenfeld - [j.sonnenfeld200@durhamlearning.net](mailto:j.sonnenfeld200@durhamlearning.net) or telephone Joe on 01388 451278

Refreshments and lunch are included so if you have any special dietary requirements please let Joe know when you make your booking.

<b>Cost</b>	£135 per person or £110 per person for 2 or more bookings
<b>Venue</b>	Headlam Hall, Headlam, Near Gainford, Darlington, DL2 3HA <a href="http://www.headlamhall.co.uk">www.headlamhall.co.uk</a> for further details
<b>Who Should Apply?</b>	Recently Qualified Headteachers, Assistant Headteachers, Middle Leaders, School Governors

## Facilitators and Contributors



### John Carey

I am the owner of Still Point Solutions, a very successful personal, professional and organisational development company based in the North East.

After teaching for 15 years, I joined Newcastle LEA as an Advisory Teacher, and then worked in Durham Local Authority, originally as Inspector for the Arts and a schools' Link Inspector, and then as Senior Inspector leading the CPD and Leadership Development Service. I also spent two years seconded to the GTC during which time I helped a number of Local Authorities and schools up and down the Country develop CPD strategies, policies and practice.

I have a particular interest in Learning and Leadership Development where my specific focus is on combining NLP, learning organisations' theory and emotionally intelligent leadership.

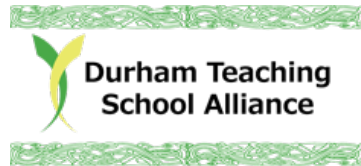
As a teacher, leader, consultant, adviser and coach of over 40 years' experience, I have facilitated the development of many individuals and organizations. I have a real passion for this work and am highly motivated to help all adults working in our schools become the very best they can so that they in turn can ensure the children and young people in their care become the very best they can.

A collaboration between Still Point Solutions and Durham Teaching Schools Alliance

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**Eileen Martin**

I came into teaching at the age of 32, having previously worked for the NHS. I have been a Headteacher since March 2011 and during this time have seen South Stanley Junior School move from a judgement of Requires Improvement to Good.



**Danny Eason**

2016 will be my 18th year as a Headteacher. I have led three very different schools. I pride myself on working effectively with people and have a proven track record with regards to developing future leaders.

I have spoken throughout England at both National and Regional Conferences. I am an NCSL Local Leader of Education and NLP Master Practitioner.

I am now also on the management board of Durham teaching School Alliance, helping develop leadership within our cluster of schools. I am very much looking forward to a future where schools will collaborate and share best practice; more so than now. Within these changes mental health of both staff and pupils is a huge personal concern. As I develop my knowledge I am intending to share with as many colleagues as possible.



**John Stubbins**

I've spent ten of my last fifteen years in middle and primary schools, in senior leadership roles. I'm increasingly clear that promoting inspired teaching and learning in a supportive atmosphere is the core mission.

I am joining my fifth school as a new Headteacher and feel privileged to be in a position to develop a truly inspiring educational space.

Accepting my own fallibility, capacity for change and growth is as important as knowing about my abilities and talents: giving staff permission to do the same is part of how I help others develop a healthier life and successful working environment. I believe the two are inseparable.

Most recently I have helped secure a very positive Ofsted judgement by helping staff recognise their own capacity for leadership and helping them express with pride, confidence and conviction their achievements and role in improving outcomes for children.

## Links to Further Information

There's plenty to look at, listen to and download from our conference website:

<http://resources.stillpointnlp.com/durham-teaching-school-alliance/>

You can also find out more about the Durham Teaching School Alliance by going to our website:

<http://www.durhamteachingschools.org.uk>

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