

The Best Home Medical Alert System

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A medical alert system provides a quick and easy way to call for help if you or a loved one is experiencing an emergency. The system sends calls to a monitoring center, where an operator can connect you to an EMT or other professional who can help.

Most medical alert systems come in two basic types: in-home systems and mobile devices. In-home systems usually use a base station that plugs into your wall and connects to the monitoring center via a landline or cellular network.

falling alarm Mobile devices are more convenient and can be used anywhere. They typically include a small device you carry with you and can make calls to the monitoring center, as well as GPS tracking and automatic fall detection.

Some systems offer more features than others, so you should be sure to choose one that has what you need. For example, some systems allow you to add extra features, such as medication reminders, to your account.

watch for dementia patients Medication reminders are helpful for anyone who takes prescription medications. These are often set by a caregiver and can alert you when it's time to take your medications or refill them.

medical alert alarms Activity monitoring is another feature to consider, especially if your loved one is prone to wandering. This feature can help you or your loved one keep track of their daily movements so that they can avoid dangerous trips.

LifeFone charges \$6 per month for this service.