

'SURREY MILITARY YOUNG CARERS MATTER'



SURREY MILITARY PROFILE

- 5,000 Army Regulars
- 170 Reservists
- Veteran Population unknown, although 22,000 people leave the military each year.
- The size of the ex-service community in UK (defined as veterans and their dependents) is 10.5 million people. 4.8 million people are veterans (4 million in England) and 5.37 million people are dependents
- The majority of the serving Armed Forces' primary health needs are met by the Ministry of Defence. Although it is recognised that greater responsibility for secondary care will be a responsibility of the CCGs.

MILITARY AND VETERAN CARERS

- Service community is more likely to have some caring responsibility
- 23% of those aged 16-64 have a caring responsibility, compared with 12% nationally
- 1:5 of the ex-Service community has some unpaid responsibility as a carer for a family member, friend or neighbour, which is equivalent to around 990,000.
- 1:10 of all carers in the ex-Service community agree that they struggle to cope with their caring responsibilities; equivalent to around 110,000 people

Military Young Carers

The Hidden Carers:

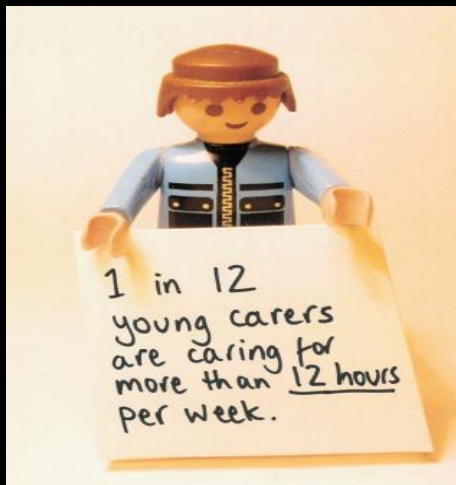
A military young carer is someone between the ages of 5 -18 years of age, who helps look after a relative who has a condition, such as a disability, illness, mental health condition, or a drug or alcohol problem, who is serving or has served in the Armed Forces.

UK has 170,000 Military Children but.....

No data is held on how many of these children are caring

Combatstress - military dependent child 1: 3.2 veterans

Combatstress has 6,004 military personnel on their books making a potential for 2,500 Veteran MYCs.



"I wish army people did not have to move"

"I wish soldiers would get home safe!"

"I wish I did not have to move schools"

"I wish I could stay in one place"



SURREY YOUNG CARERS – DEVELOPING A MILITARY YOUNG CARERS SERVICE

- In partnership with the Surrey Civilian Military Partnership Board we are planning to launch a dedicated MYC Service to improve the identification and understanding of MYCs and provide tailored support to their needs.
- For the purpose of this service we define a MYC as any child under the age of 18 years caring for someone who is either existing service personnel, reservists or veteran



Carers Prescription

Carers Prescription

Carers look after family members or friends at home or help someone who can't look after themselves. The care they provide is unpaid. Carers UK Definition

Carer Information

Please fill in this form to refer the care of your patient for a Carers Prescription Service. In this section, please complete only the Carers Details, Address and if the Carer is a friend (which case no other further care is required)

Important Please Read This Statement To The Carer Your personal information such as name, address and telephone number may be given to a 3rd party such as Carers Support or another agency.

Your NHS Provider will ensure that all personal data you provide on this form will be kept secure and processed only in accordance with the requirements of the Data Protection Act 1998. Please contact your NHS Provider should you have any queries.

Agree
 Disagree

State Consent Given

I have read this form and I agree to the information requested above

If Carers Services please do not complete and submit as a Working Carer

Please tick here where parental consent is required by your organizational policy. For more information please refer to the [Carers Competency and Ethics Guidelines](#)

Parental Consent
 Yes

CARER THE NAME

CARER LAST NAME

Sex of Carer

Simple Process

Fast Delivery

Common Process of Carer referral for service

Effective measurable outcomes

Secure Data Transfer

Cost Effective

WHAT'S AVAILABLE IN SURREY?

10 Carers Support Organisations that are borough and district based. They provide advice, advocacy, information and support



Surrey Crossroads Care – Generic Home Based Care and EOL Carers Support

- Action for Carers Surrey –
- **Young Carers Service**
 - Back Care
 - Work and Training
 - GP Carers Awareness Advice
 - Giving Carers a Voice



MI

Know what to do and when to do it. Feel comfortable and confident that you have the skills to address challenging situations.

MI

Build a stronger relationship founded on mutual trust and a better understanding of each others' needs.

MI

Notice when things change so that you can keep your loved one healthy and at home.

MI

Communicate clearly and know how to react in a way that will support your loved one and help them achieve their goals.

MI

We'll help you develop new skills to move forward and establish an environment for future successes

Healios



IMPROVING LIVES.
INCREASING ACCESS.
TRANSFORMING CARE.

Whether you are using a laptop, smartphone or tablet you can access your sessions at a time and place that works best for you without adding extra stress to your day. You can easily book and control your sessions online through your MyHealios area.

SURREY CARERS TEAM

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HSJ Award Winners

