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~Surie Kumarie



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INTEREST BY TAPPING ON THE
HEADING BELOW**

**PART 8 OF THE UNIVERSAL
MEANING OF ISLAM**
- IRSHAD SOOFI

**PART 2 MY LIFE JOURNEY,
GROWING UP IN THE CITY OF
PIETERMARITZBURG**
- HAZEL WOODROFFE

**INSPIRING AND
ASPIRING WOMAN**

**HINDU WOMAN AS A
LIFE PARTNER**
- PUNDIT ROSHAN SINGH

**HOW TO SEEK
GOD'S WILL**
- PASTOR MICHAEL GOBEL

**WIN UP TO R1000
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WEEKLY HOROSCOPE
- PUNDIT ROSHAN SINGH

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THE UNIVERSAL MEANING OF *Islam*

PART 8

Stay away from quarrels. If our understanding of the Quran with the mind is making society around us and us, unhappy, then there is something wrong with our understanding of the Quran

On this idea of really feeling grateful and reflecting, recently there was a beautiful study done at Davis by a social scientist on gratitude in which they took people over long periods of time who tended to be depressed, and negative people, and they would have them start their day by actually going over those things that they had reason to be grateful for. Over time their mental states changed drastically.

It's a very interesting study because it was done with a very strong control group in a traditional social science setting using their methodology.

Feeling that gratitude and thankfulness was the hallmark of traditional societies, even in this country traditionally was rooted in a sense of feeling grateful and feeling the blessings that we've been given. I think that that's something that Muslims really need to focus on, because if you look out there at all this negative stuff, you will just start feeling miserable and if you forget that in spite of it all there is so much to be grateful for. If you're in a wheelchair, you know the fact that you've got your hands is reason to be grateful.

In a post-pandemic world, business planning, forecasting and **SECURING FUNDING** has become

critical for South African businesses.

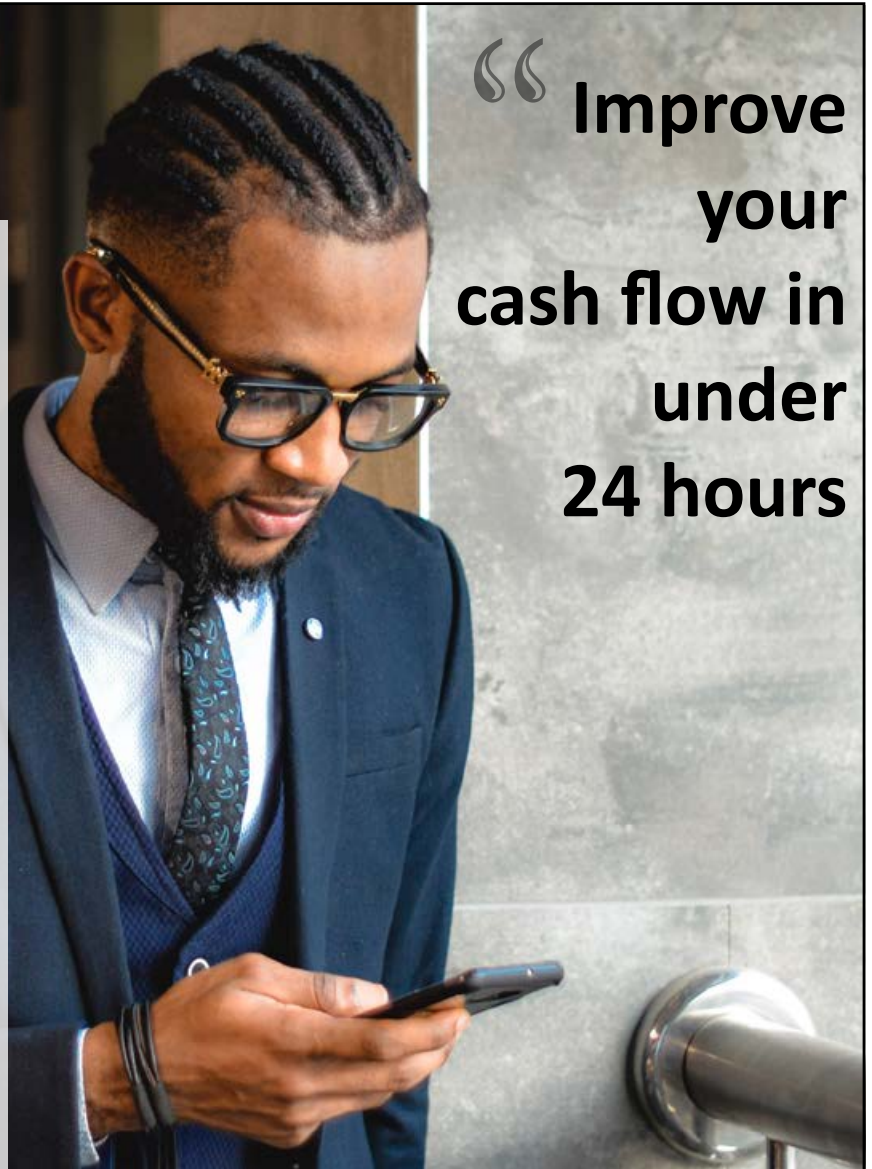
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- Why cash is king and liquidity is vital
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BACK IN THE DAY THERE WAS NO BIRTH CONTROL & TV,

so families were large. This resulted in parents being very talented including crafts & home industries, baking, cooking etc.

Our family was large. 3 boys. 6 girls, Including dad's sister Aunty Em. So mum was a very busy lady when it came to sewing, baking, etc. There were no microwaves, & most homes had coal stoves. Coupled with this was a brass geyser in the bathroom, to heat our bath water. Both items required wood to be chopped weekly by the sons of the house. It was stacked in a large wood shed at the rear of the house. The wood & coal was delivered weekly by Maharaj company from Raisethorpe.

The brass geyser had to be polished weekly with Brasso until you could see your face in it. There was of course, the remainder of the household brass items, trays, candlesticks, bowls etc, which became part of this weekly ritual.

Added to this was the silver cleaning process, as most tea sets, cutlery, ashtrays were made of silver.

Most homes would have 3 chimneys protruding from their rooftops. 1 for the geyser, 1 for the coal stove & 1 for the fireplace in the living room.

Electric heaters were an absolute luxury, so the entire family would gather around the fireplace after eating dinner around this long ugly dining room table. This usually took place after the dishes were done & kitchen cleaned.

Then we would all gather for family devotions then separate from each other. Some to their homework, others to listen to their music recorded on thin plastic 78 rpm records that cracked if dropped accidentally. These played on our large old fashioned radio gram in the lounge. Some of the dials were missing so there was this pliers handy to turn those dials.

Some would be found huddled around the portable wireless in another room to either listen to LM radio or tune into Springbok Radio in time to listen to pick-a-box quiz, the 7pm news or the plays on radio theatre. Twice weekly some of us, myself included would gather around the piano to practice the anthems for the church choir. Dad was the pianist & base singer. My brother was the guitarist & alto voice, my brother-in-law played the clarinet & his wife sang tenor. Two of us were sopranos.

Mum would have her head buried in her ledger entering data for dad's business, or writing quotes in her writing pad with her fountain pen.

We couldn't afford the luxury of an en-suite bathroom so this resulted in the long impatient queues waiting their turn. All children had to be done before 5pm. Functions were mostly at home. Dad erected this huge canvas sail in the back yard & laid out his home made trestle tables & benches.

The music was provided by instrumentalists from relatives & friends.

There were no buffets then, so the meal was simple, delicious & very delicately laid out.

Photographs were taken from the only family Kodak box camera. It had a huge home made flash attached to it including lots of lamps & supporting torches so as to create an effect. The spools of film would then be sent to the developer & usually took a week to be ready for collection.

On receipt of these pics we would be given a reel of negatives in case we wanted to have more photos printed.

If you had your wedding photographed it would be printed in black & white photos only. At an extra cost the prints would be hand painted. All wedding albums that included colour prints had layers of tissue paper inserted between pages for protection.

All our dresses were hand sewn & the men's suits were cut & stitched by the community tailor which was usually a family business.

On the clothing issue, all girls were taught by mum to knit, sew, knit, embroider, crochet bake & cook. There was also those two brass vases of flowers to be arranged for the dining room table & the coffee table in the lounge. We often helped mum to cater for functions.

So our home had heaps of home made creations including, pillow slips, cushions, tablecloths, doyleys, curtains, uniforms as well as our hand knitted jerseys & socks. My cousin a milliner & bridal dressmaker created all our hats, which I must say were absolutely beautiful & unique.

Mum taught us all to make bread, Jams, pickles, chutneys etc. We often made stuff for our church fundraisers.

Most our veges were home grown as well as the fruit for the jams & preserves. Mum's pantry shelves were lined with jars of all sorts including lemonade, ginger beer.

Washday was the highlight of the week. It started at 6 am when dad made a fire outside where all the linen was boiled in washing soda in those huge drums. This was an assurance that the whites would be really white.

A helper came in to do this massive load of washing.

Hazel Woodroffe Continued...

It was done in an old steel bath half filled with concrete so as to create a slab.

Aunty Em would then dip special items e. g. White damask table clothes, aprons, men's stiff collars, in a starch solution.

All white underwear was then dipped in a blue solution which gave their white colour a tinge of blue. Surf with Super blue wasn't invented yet.

5 pints of milk were delivered each morning by a milkman pushing a cart.

Empty bottles were left at the front door including coupons to cover the cost.

Bakeries were closed on Sundays, so the house was filled with the smell of freshly baked loaves ready for Monday's lunch boxes.

Our city only had 2 main bakeries namely Oxenhams & Westons.

All homes had wooden flooring which was covered with linoleum mats which didn't last very long. It had to be washed weekly, polished with a wax polished then buffed with a brush till it shone.

There were no emails then so the post was delivered daily by the postman which can still be seen today in certain areas.

All postal activity took place at our present main post office in Longmarket St.

Queues we're long & required patience.

For fast mail we had to write out a msg & then it would be sent by telegram to the receiver.

Money orders had to be purchased in order to send money to someone.

This was placed in a special envelope which was registered with urgent stickers visible.

All parcel post was sent from here as there was no courier services then.

One had to frequently buy postage stamps so as to enable you to send letters by post.

Butcheries opened very early 5am because home fridges didn't have the capacity to store frozen food.

They had a compact compartment which could only contain ice trays.

Meat was selected, then weighed, wrapped in tissue paper, then wrapped in newsprint. As you made a purchase the butcher would write the cost of each item on the newsprint with a pencil he kept on top of his ear then hand it to the lady at the cash till. This register was an ornate object encased in silver metallic designs & had a little window above which allowed the total cost of the items to be visible to the customer. It made a "ping" sound as the drawer that contained the cash opened.

Our bicycles had a carrier basket in front & a metal spring attachment at the rear to contain our purchases. NB Those cycles parked in the street outside the butchery & no one touched them. This was an excellent delivery system. This trip took place twice or 3 times per week.

There were no trolleys then.

Our home activities, laundry day, post, butchery activities all done.

See you next week as we journey further down memory lane during the Colonial Era. We may just take a trip to the beach in Durban. Enjoy your week.





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How to seek God's Will: Six Principles (Part 1) Tap on our active link



Pastor Mike Gobel
Co-Founder/CEO
Planting Hope Foundation

There are many ways to seek God's will. The best thing to do is to use more than one method and look for agreement among them. The following six principles for seeking God's will in any situation are intended to be used together rather than individually. As you spend time working through your options, consider the 'bigger' picture. It can be dangerous

but also disheartening to make a decision based on one principle you feel strongly about while ignoring the other five. The 'art' of seeking God's Will is not about making sure you get everything you want or ask for, it is also not about some 'quick' fix. God doesn't just rock up because you happen to be seeking Him on a particular matter or difficulty in life.

1. Surrender your personal desires to God

As you seek God's will, it's important to be sure you are fully open to whatever God wants. If you have actually already decided what to do and are only coming to God so He can approve your decision, you are *not* really seeking His will.

You may have something in mind that you think is best or that you want to happen irrespective of what God thinks or says—that's OK but, just make sure to understand that you are not walking in the fullness of God's will when you follow your head and not God's Will. You cannot blame God then if things go wrong. Think through why you feel more drawn to one particular option or decision. Don't mistake your own thoughts, desires and plans for God's voice.

To really understand what God is saying to you, be open to God guiding you in any direction. When your desire to follow God outweighs your desire for a certain outcome, you are ready to hear from God. Psalm 37:4 (NLT) says, "*Take delight in the Lord and He will give you your heart's desires.*" This verse does not mean you will get what you want in every situation. But if your ultimate desire is a closer relationship with God, you will always get that desire when you genuinely seek His will. Don't ignore your emotions and desires when seeking God's will. God gives you emotions and desires, so listening

to them is part of this process. But you shouldn't let them cloud your vision as you consider different sources of guidance. Also, learn to control your desire to please other people. The apostle Paul says, "*Obviously, I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant.*" (Galatians 1:10, NLT). Consider how your choices will impact other people, but don't make a decision just to please someone else. Following God's will might not always make everyone else happy, so be willing to disappoint others in your pursuit of God's will.

2. Meditate on God's Word

Psalm 119:105 (NLT) says, "*Your word is a lamp to guide my feet and a light for my path.*" The Bible can light the way as you choose your next steps. When you make a decision, it should line up with, or at least not contradict, what God has said through the Bible. As you read Scripture, you will understand more about God's character and be better able and equipped to know what He wants. Just as you know the things that please your close family and friends, you will learn what pleases God as you get to know Him better.

Resist the temptation to randomly open the Bible expecting to find the answer in whatever verse you read first. You may or may not find something that seems relevant, but it's not the same as understanding God's word and applying its direct commands and underlying principles to your decision or your lifestyle. When you find a relevant verse, read the other verses around it or the rest of the chapter — or even that whole book of the Bible — for context, to make sure it really applies to your situation.

3. Spend focused time in prayer with God

The most obvious answer to the question, "*How can I know God's will for my life?*" is to ask Him by faith. Turn to God in prayer and ask Him—but do not have doubt!!

God wants you to go through the process of seeking His will without believing the lie that He is trying to hide it from you. If you believe that, you will struggle to see God as your loving Father. His desire is for you to know His will. So when you ask, expect Him to answer by FAITH. The Bible tells us, "*Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all He has done*" (Philippians 4:6, NLT).

May God bless you as He guides you to follow His Will.



LIFE ORIENTATION PROGRAMME

Introduction of a Prevention and Early Development Intervention (PEDI) Programme to be implemented in Provincial Schools in Pietermaritzburg

Topics on the Programme:

Bullying

Teenage Pregnancy

Drug and Alcohol Addiction & Abuse

Unlawful behaviour

Gender-based Violence

Bad Influence

Moral and Ethical Principles

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THIS VERY IMPORTANT
PROGRAMME FOR OUR CHILDREN**



**Designed & Developed by
Ps Mike Gobel Sr.**

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Empowering women, restoring hope

A smiling woman with dark hair, wearing a blue and gold patterned blazer over a green top, is sitting at a desk. She is holding a mobile phone to her ear with her left hand and has her right hand on a laptop keyboard. In the foreground, there is a pen holder with several pens. The background shows a white shelving unit with various items, including a green hard hat.

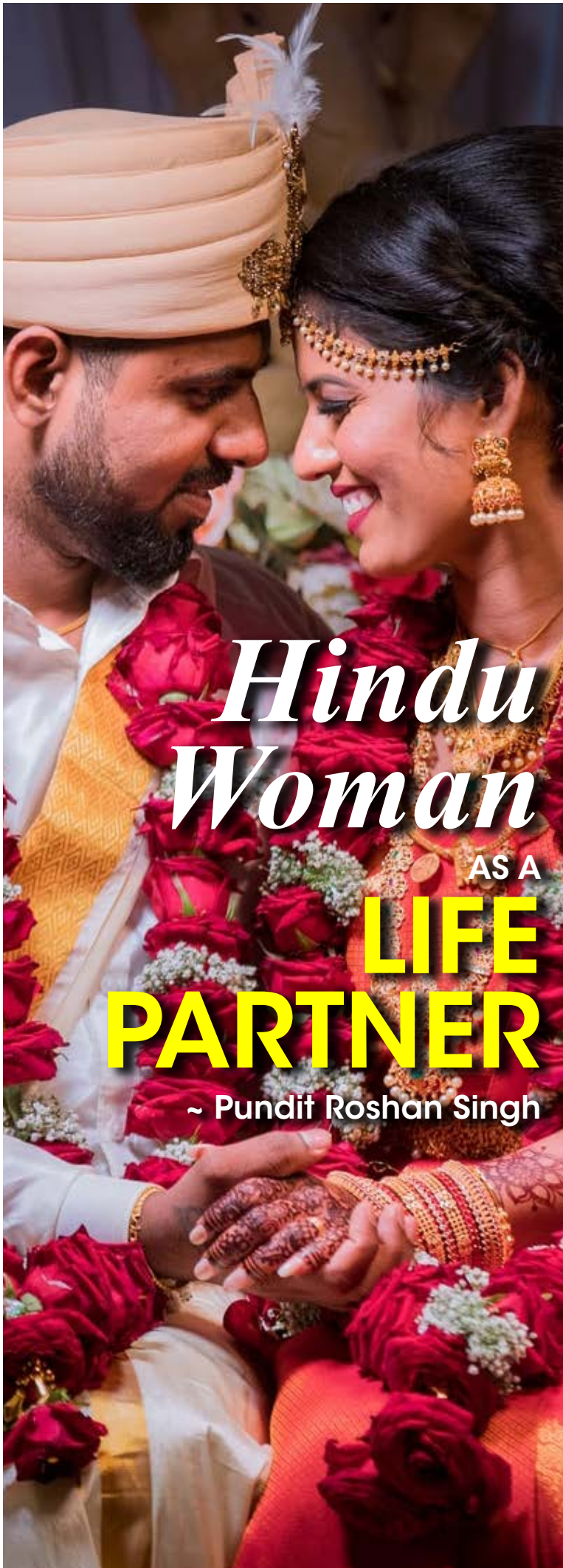
Inspiring and Aspiring *Women*

Nowadays its common to walk into a business event and see a significant amount of women. This was not always the case in the past.

The business world used to be mostly dominated by men in the past. Being a women in the business world during that time had many challenges such as trying to prove oneself to be just as smart, focused, driven and professional as one's male counterparts. Not to mention having to develop one's self confidence to prove, not only to colleagues but most importantly to themselves, that they were meant to be in that environment.

Successful working women are inspiring to all, in that they had to strive to get to where they are now. It was not easy to balance everything in their lives and still have time to work as hard as possible to get to the top. Trying to balance, married life, family life, house duties and even mother hood whilst still making sure that they have their ducks in a row before a very important Monday morning meeting is quite challenging. Not to mention dealing with the negative views and opinions of others, not only in the working environment but sometimes even in one's own family, who still believe a women's place is in the home. It is very inspiring that women have gone far beyond their call of duty, playing the roles of a bread winner and a mother in many a circumstance.

To the women who have excelled against all odds, we salute you this Women's Month and we say thank you to all those who have helped in inspiring, motivating and guiding our fellow women on their own journey to success in many a field of expertise.



Hindu Woman

AS A LIFE PARTNER

~ Pundit Roshan Singh

Hinduism regards man and woman as the two halves of the eternal being, each constituting a vibrant, existential part, quite incomplete in itself. In the Brihadaranyaka Upanishad, Prajapati, the primordial God, divides himself into two - man and woman, the symbols of cosmic polarity deriving sustenance from the same source. In the cosmic scheme man represents Purusha (the Person, Spirit) and woman Prakriti (Nature, Primal Matter), both of whom unite to keep the world going. So goes the Vedic verse: 'I am He, you are She; I am song, you are verse; I am heaven, you are earth. We two shall here together dwell becoming parents of children.'

The Matrimonial Ideal

Marriage is the coalescence of complementary opposites for pleasure, progeny and self-fulfillment. The cosmic model of the marriage of Surya, the daughter of the Sun, with the Asvina twins (who defeated the prime suitor, Soma, in a racing contest) determines the praxis of the Hindu concept in this respect. Being equal halves of one essence, husband and wife are parents in joy and sorrow and in the fulfillment of the fourfold aim of life-dharma (ethical perfection), artha (material advancement), kama (pleasure) and moksha (liberation). Neither is superior to the other as each has different natural functions to perform and social obligation to fulfill. Hinduism expects the partners to shed their individual identities to become one at the physical, mental and psychical levels before transmuting the material relationship into a spiritual one.

Nowhere do the Vedas say that woman is man's property, as she came to be considered in certain periods of history. Nor is it enjoined that her role shall be subordinated to that of her husband. This is evident from the sukta of Surya's bridal in the Rig Veda: Enter your house as the household's mistress. May authority in speech ever be yours! (10.85.26). 'Watch over this house as mistress of the home. Unite yourself wholly with your husband' (10.85.27). 'Here dwell ye, be not parted; enjoy full age, play and rejoice with sons and grandsons in your own house' (10.85.42). 'Act like a queen over your husband's father, over your husband's mother likewise, and his sister. Over all your husband's brothers be queen' (10.85.46). In the Hindu rite of marriage, when the bridegroom holds the hand of the bride, he in a way promises his companionship on equal terms. When he asks her to tread on the stone, he wants her to be strong like it and not show weakness of any kind in any situation. 'Resist the enemies; overcome those who attack you.' Subsequent rites of marriage like the oblation of parched grain, circumambulation of fire and the taking of seven steps by the bride are equally dignifying for the girl. After the seventh step is taken the bridegroom tells her that they have come closer to each other. 'With seven steps we become friends. Let me not be severed from your friendship. Let not your friendship be severed from me'. Obviously 'friendship implies equality, not submission.' Before the departure of the bride from her parental home, the bridegroom touches her heart and reiterates the same feelings, adding that the Lord God has brought them together: 'I hold your heart in serving fellowship. You are joined to me by the Lord of all creatures.' After reaching her husband's home, the bridegroom makes her look at the polar star after sunset and exhorts her to 'be firm with me' 'bear children' and stay together 'a hundred years' (1.8.19). All this shows in an ideal Hindu marriage the girl is not a commodity but a respectable human being. Although monogamy is preferred and divorce discouraged, as the couple is believed to be united for ever in this and the next world, the smrtikaras and other like Kautilya allow the dissolution of some forms of marriage such as the brahma, daiva, arsa and prajapati with the consent of both parties in certain circumstances.



WEEKLY HOROSCOPE 12TH TO 18TH AUGUST

Jyotishacharya Shastri Pundit Roshan Singh

Spreading the Light of the Vedas



Aries

You can feel pressed to solve problems today. If handled well, you can tackle issues with courage and energy that may be missing on other days. It can feel fabulous and exciting to put a nagging problem behind you, particularly something related to work or health. It can be an excellent, if impatient, time for getting going on health, wellness, or work projects, as you're tired of only thinking about things—you want to get things moving.

Taurus

A compelling desire to express yourself uniquely or creatively can grab hold of you today. You're ready to make quick and sharp decisions, particularly concerning love relationships, entertainment, pleasure, dating, creativity, and children. Mental excitement may cross the line into irritation or aggravation, however. Mercury aligns with Mars in your sector of joy.

Gemini

Mercury and Mars join forces today, and while this can push an issue forward, it occurs in challenging aspect to your sign, creating tension. Stress in small, not prolonged doses can be good for you, so do something productive about it if you find yourself worked up today. If you feel cooped up and restless, you're more likely to either stew about a frustrating matter or get yourself into a disagreement.

Cancer

This is a mentally high-energy day, and you can very quickly become wound up. It's a time when something that has been dragging on too long frustrates you, and you do something about it. It's also a "last straw" energy. Keep in mind that a lot is going on in your head, and you may end up talking ahead of yourself and possibly misrepresenting yourself if you're not careful.

Leo

You can have exciting ideas about business, money, practical matters, learning, and studies today. You want to solve problems or get going on a project. Keep in mind that the energy that generates so much enthusiasm today can also lead to impatience, so as sharp as you are, watch for skipping necessary steps.

Virgo

Mercury and Mars come together in your sign today giving you a powerful voice and the courage to say your piece. Even so, it's impatient energy, and it's important to avoid getting ahead of yourself. You are filled with energy and vision today, and it's best not to waste it on arguing a point. The temptation to blurt something out can be overwhelming, and it can be a little too easy to push your buttons!

Libra

A lot is going on inside of you today. Your thoughts could race at times, and your dreaming mind is hyperactive. Unless you're channeling it into something creative and positive, avoid letting your imagination run away from you. You may want to gather all the facts before jumping to communicate about a new observation.

Scorpio

Mercury and Mars join forces in your solar eleventh house today and you may want to put a great idea into motion or settle a long-standing problem, once and for all. Acting on your wish list can figure strongly. You're motivated and inspired by new visions of your future.

Sagittarius

Your words and actions are more noticeable and seem to come with more consequences than usual these days for better or for worse. This is because both Mercury and Mars are at the top of your solar chart, attracting a lot of attention. Today, they join forces, and this aspect not only stimulates your impulsive side but also gives you a competitive edge.

Capricorn

You can feel as if you're on a mission to find out the truth of a matter today. You're certainly mentally sharp now, and this is excellent for intellectual and business-related endeavors. However, you'll probably need to pay extra attention to emotional cues when relating to others on a personal level, as you are living in the mind today.

Aquarius

This is a day of high emotional and mental energy. A Mercury-Mars alignment can get your mind reeling and pulse quickening! Ideas work you up, and you may feel a little fed up with a situation that's been dragging on too long. Aim to tap into the motivation to do things that you've been letting slide. An intimate conversation can be very revealing.

Pisces

Mercury and Mars join forces in your partnership sector today and you can quickly become all riled up, or you experience this through someone close to you. A strong desire to take action is likely, but an aggravation or assertion from a partner who wants to take the lead can also figure strongly. Someone can be intent on getting under your skin or trying to turn you on to an idea or plan.





ANNOUNCEMENT

Midmar Quarry (PTY) LTD would like to confirm that the approved Social Labour Plan for the period 2021-2025 is available for viewing at the below address:

LOT 50 RIETVLEI, LIONS RIVER DISTRICT,
MERRIVALE

Tel: 033 330 3779

The approved Social Labour Plan is available in both English and isiZulu. Should you have any queries, please feel free to contact the office.



ANNOUNCEMENT

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Household Cleaning Tips Bathroom Mould

Unlike the warmer seasons Winter cold produces more steam in a bathroom resulting in wet surfaces and the formation of mould, it takes much longer for wet surfaces to dry out in Winter after showers. Here are a few tips to get your bathroom clean and spotless before Spring.

Vinegar:

In a spray bottle pour white vinegar without diluting it and spray directly onto the mould. You can leave it on for an hour or two to properly absorb and kill the mould. Thereafter you can wash it out with bleach and rinse the area or it may also be washed out with a solution of 1 teaspoon of baking soda added to 2 cups of water. Baking soda can also assist if there is a mouldy smell.

Extractor Fan:

Whilst extractor fans may not remove existing mould or all future mould. They certainly are effective in preventing most of the mould build up in a bathroom. Make sure it is installed correctly, with the vent on the outside of the house so it will remove moist air from your bathroom, depositing it outdoors. Many people make the mistake of installing it in the ceiling, when they have another room above the bathroom, exposing the other room to the moist air in multi storey homes, or exposing it to the roof in single storeys. This means the moist air is being transferred to another part of the home, Mould build-up anywhere in the home is a health hazard.



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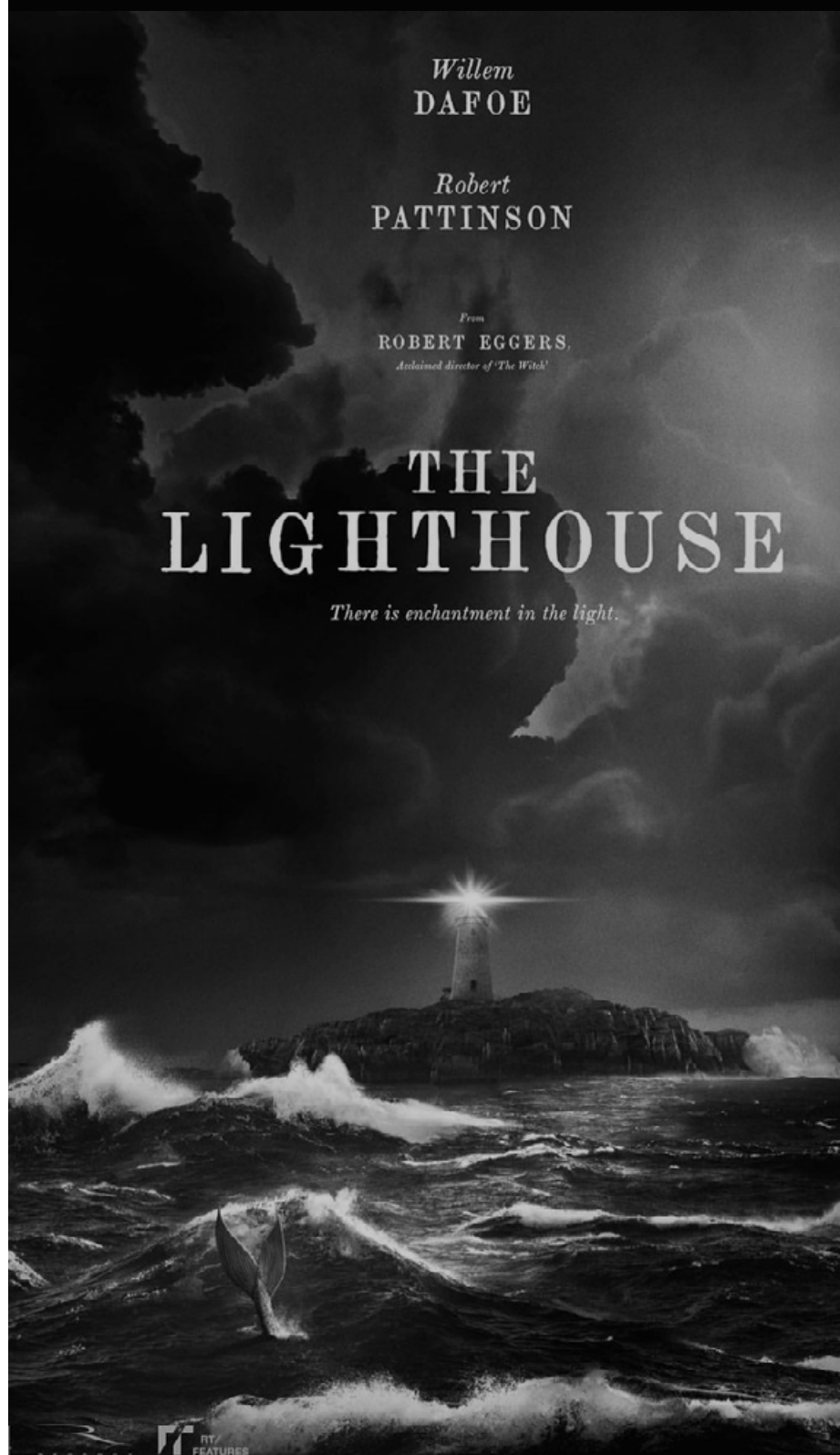


Wheel alignment is the process of aligning your vehicles tyres according to its original specifications. Everyday use of your vehicle alters the alignment, whether driving to avoid potholes, driving over speed bumps or even driving over debris found on roads, all may contribute to pushing the vehicles wheels out of alignment and it is therefore necessary to correct the angles of a vehicle's tyres in order for them to make contact with roads in the correct way. After making a turn whilst driving, if you notice your steering wheel does not naturally return to the centre on its own, and requires much more effort from you, if not all your effort in bringing it back to the centre, it means that your vehicle needs wheel alignment. Another way to tell if the vehicle requires wheel alignment is if the vehicle itself is pulling to one side whilst you are driving, this is more commonly noticed on a straight level road. You can also take your vehicle in for alignment if you notice that your tyres are being worn out unevenly. Although wheel alignment, is generally done once every 1-2 years. It is best to get your tyres aligned every time you do an oil change service to ensure pro per safety for your vehicle and passengers. When purchasing new tyres, always ask for a wheel alignment to be done, as it is not always offered inclusive of the tyre price. This will help you get the most mileage out of your new tyres.

* MOVIE REVIEW



Reviewed by Junaid Sarupen



Tired of conventional Hollywood blockbusters? In need of something refreshing? Well, I have just the movie for you (If you're up to it).

Released in 2019 & directed by Robert Eggers, *The Lighthouse* is a psychological thriller/dark comedy about 2 lighthouse keepers who begin to descend into madness when a storm strands them on the remote island where they are stationed.

Robert Pattinson & Willem Dafoe's performances are easily among the best (not to mention, most eccentric) of their careers. Because their characters are polar opposites, the tension between them slowly builds throughout the film. Pattinson plays Ephraim Winslow, a rookie who has just taken his first job as a lighthouse keeper and is slowly losing his grip on reality. He is cynical of the occupation's endless superstitions and has no real interest in the endless drudgery the job requires.

Dafoe plays Thomas Wake, a gnarly veteran of the sea life (or so he claims). Wake is dedicated to serving the lighthouse. He tries to keep Winslow in his place and warn him of the many superstitions of the job - seemingly everything is bad luck for lighthouse keepers - but may have an underlying agenda.

The Lighthouse is perhaps best known for its visual style, with the film being shot in black-and-white with a square aspect ratio. This combined with the lighthouse setting provides for an extremely claustrophobic viewing experience. The film's underlying themes include identity, psychoanalysis & greek mythology, resulting in multiple interwoven ambiguities.

The ending will definitely leave you shocked but it's also open to interpretation (as is the case with the rest of the film). Overall, *The Lighthouse* is one of the greatest art house films I've ever experienced. If you're unfamiliar with art house cinema then this is a good place to start as it easily earns a 10/10 from me.



Follow Junaid Sarupen, by clicking on any of the social media icons above

* N.B. This movie is aimed at a mature audience

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COMMUNITY CHEST ALSO CELEBRATES

Women's Month

WITH A HYGIENE/SANITARY PACK DRIVE



Copesville Secondary – L-R Mr N A Mkhize (Copesville Secondary School) receiving their allocation of 100 Hygiene / Sanitary Packs from Christian Dlamini (Community Chest)



Love to Live – Dr Dan Moodley (Love to Live) thanking Richard Rangiah (Community Chest) for partnering with schools supported by Love to Live



Haythorne – Kay Makan (Hon. Vice-President of Community Chest), handing over 100 Hygiene / Sanitary Packs to Janine Woodroffe (Haythorne Secondary School). Looking on and giving a smiley thumbs up is Lucinda Mutuwa (Intern at Community Chest)



Eastwood Secondary also received their allocation of Sanitary / Hygiene packs



Bongudunga High



Sobantu Secondary



EPS Secondary



Unobhala High



Breakthrough (New Zion)

OUR DEDICATED VOLUNTEERS



Varsity College



Breakthrough (New Zion)

An unexpected windfall for the Community Chest was a partnership with Community Chest (Western Cape) and Johnson & Johnson (J&J) in which 7 schools and a community outreach project each received 100 feminine hygiene packs for distribution to deserving girl learners and women.

Against the challenges in 2021 of the ongoing Covid-19 pandemic, mounting civil unrest and poverty, there are thousands of deserving young girls across various schools who do not have access to sanitary and hygiene products. Consequently, many girl learners stay home instead of attending school when they experience their monthly menstrual period. This absence from school can only further hinder their academic progress.

Thus, in the month of August, also known as Women's Month, the Pietermaritzburg & District Community Chest was pleased to put together 800 Hygiene/Sanitary Packs comprising sanitary towels, soaps and body lotion. A pack contains up to a year's worth of hygiene products.

Also a big "Thank You" goes to Mr Kay Makan for affording us the use of his warehouse, to Bluff Meat Supply for the logistics of offloading the delivery truck, to the team of students from Varsity College and young people from Breakthrough International, for their time and energy to volunteer. The Community Chest says a big Thank You for the added sponsorship from Devan Panday (Panrite Marketing), Tammy Govender, Exigo and Powertrade.

Given the overwhelming needs and support for this Drive, the Community Chest is aiming to offer a further 500 Packs to girl learners during the months of August and September. Thus, we appeal to our community supporters to join with us and pledge donations of packs of 10's sanitary towels. Together, we are stronger! Anything from a single pack to 500 will make a difference. You can drop off your donation at the Community Chest Offices (12 Stranack Street) or otherwise arrange for collection or make a cash donation by contacting Angie on 0727910311 or by email on chestpro@communitychest.org.za



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"A woman is the full circle. Within her is the power to create, nurture and transform."

~ Diane Mariechild



Community & School News

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For more information, contact

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Angie: chestpro@communitychest.org.za

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*"A wise woman wishes to be no one's enemy;
a wise woman refuses to be anyone's victim."
– Maya Angelou*

