

# What is Type 2 Diabetes and Little Known Information on Getting Rid of Diabetes

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Where type 1 diabetics do not produce enough insulin for their body, type 2 diabetics produce the insulin but their bodies are not make proper use of it. Type 2 diabetes has been linked to lifestyle choices as a large number of people who are diagnosed are considered overweight or obese. The extra weight a person carries around can make it hard for the body to process insulin properly.

You can get rid of Diabetes but not everyone is openly discussing this there is a website [diabetessymptom.info](http://diabetessymptom.info) that will share some incredible information.

Some additional risk factors for being diagnosed with type 2 diabetes include a family connections (a first or second generation family member) and race. Even with these risk factors present a person can prevent out put-off a diagnosis off type 2 diabetes by losing weight, eating a healthy diet, and plenty of physical activity.

No one wants to struggle with diabetes! [Read the information](#) on how to lessen your diabetes difficulties!

Type 2 diabetes has in the past been diagnosed in patients over the age of 40 but in recent years people of all ages have been diagnosed with this disease. There is an alarming number of young children who are being diagnosed with type 2 diabetes who are obese.

People who have not yet been diagnosed with type 2 diabetes may exhibit some of these symptoms: Urinary Tract Infections (UTI) and skin infections. Moodiness and

irritability may also be a symptom of diabetes but is usually not one that precipitates a trip to the doctor and is later explained by high or low blood sugar levels. Other warning signs for type 2 diabetes are the same as type 1 diabetes such as an increased need to urinate, a desire to drink more and a feel of lethargy or constant tiredness.

Type 2 diabetics have a range of options for treatment depending on personal preference and their individual needs in contrast to type 1 diabetics whose only option is to go on insulin injections or an insulin pump.

Watch this video and be prepared to put diabetes way behind you, start [diabetes symptoms video](#).