

FM Residency Newsletter – R1 Urban and R1 Rural – November 18th, 2016

IN THIS NEWSLETTER:

- R1 Urban & Rural – Potential R2 Projects
- All Residents – ***Reminder*** FMIG/RMIGs Annual Family Medicine Panel Night – **Wed, Nov 23rd**
- All Residents – Pre-Fall Conference Social – **Wed, Nov 23rd**
- All Residents – ***Reminder*** Resident Fall Conference – **Thurs, Nov 24th**
- All Residents – ***Save the Date*** Radon Related Lung Cancer Prevention Session – **Dec 10th**
- All Residents - Interested in Upcoming Learning Opportunities in Medicine?

R1 URBAN & RURAL - POTENTIAL R2 PROJECTS

It is never too early to start thinking about your R2 project, so here is an exciting opportunity brought to you by Dr. Maeve O'Beirne:

This project centers on patient goals and patients' attainment of them. As you know, setting patient goals is a component of good patient care and the Patient's Medical Home. Unfortunately, it is often difficult for patients to remember which personal health goals they negotiated with their physician. Nowadays, we can create custom objects to help patients achieve their health goals. These objects range from complex smartphone apps to simple, low-tech signs meant to trigger patients' behaviour. Since it's best to start with a simple intervention to see how effective it is, this project focuses on custom magnets as reminders of patients' negotiated goals. In terms of metrics, the efficacy of these magnets will be measured by patients' adherence to their health goals and their attainment of improved health outcomes.

If you are interested in getting involved with this project, please contact Dr. O'Beirne at Obeirne@ucalgary.ca

ALL RESIDENTS – *REMINDER* FMIG/RMIGs ANNUAL FAMILY MEDICINE PANEL NIGHT – WED, NOV 23rd

This is a reminder that the Family Medicine Interest Group will be hosting the Family Medicine Panel Discussion on November 23rd 2016, 6:30 to 9:00 pm, in Theatre 3. The panel includes: Dr. Jennifer Hall, CFPC President; Dr. Charles Leduc, Academic Department Head, UofC Family Medicine; Dr. Ann Vaidya, Past President General Practice AMA, Dr. John Chmelicek, ACP President Elect and UofA Family Medicine Residency Program Director and our own Dr. Steve Mintsioulis, UofC Family Medicine Urban Residency Program Director.

To register, please fill out the google form linked directly below by November 18. Your registration is considered a commitment to attend.

https://docs.google.com/forms/d/e/1FAIpQLSfLrwYAdOZdAlkRTpI_8afNNIcdOz-wzzFjB4jCG3wfvCQlaw/viewform?c=0&w=1

Please note that space for this event is limited and a very nice dinner will be provided

For educational leave requests, please review the Attendance and Absence policy on the DFM website at <https://www.ucalgary.ca/familymedicine/system/files/urban-residency-program-attendance-absence-policy-summary-2015-07-23.pdf>

ALL RESIDENTS – PRE-FALL CONFERENCE SOCIAL – THURS, NOV 23rd

Come meet up with your fellow family medicine residents the evening before the fall conference. The evening should be call protected so it is the perfect opportunity to catch up with friends!

Where: Hudsons Canadian Taphouse - 601 12th Ave SW, Calgary, AB, T2R 1H1

When: November 23rd , 7:30-11:30 PM

Looking forward to seeing you there!

Your Social Committee

ALL RESIDENTS – *REMINDER* RESIDENT FALL CONFERENCE – THURS, NOV 24th

Resident Fall Conference is next Thursday, November 24th at the Carriage House Inn located at 9030 Macleod Trail South, Calgary. Registration starts at 8:30 am.

Check out Conference Agenda details:

<https://www.ucalgary.ca/familymedicine/residency-preceptors/urban-program/academics/resident-conferences>

For educational leave requests, please review the Attendance and Absence policy on the DFM website at <https://www.ucalgary.ca/familymedicine/system/files/urban-residency-program-attendance-absence-policy-summary-2015-07-23.pdf>

ALL RESIDENTS – *SAVE THE DATE* RADON RELATED LUNG CANCER PREVENTION SESSION – SAT, DEC 10th

You can make a great difference in your patient’s health by preventing Radon related lung cancer with minimal intervention. A radon educational meeting has been arranged specifically for Family Physicians on December 10th, 2016 (9 am to 12:30 pm) – Theatre 4. This meeting is intended to expand your knowledge about this problem and experts in this field will answer any questions you may have.

If you are interested in attending and require further details, please RSVP drjuangarcia@shaw.ca

For educational leave requests, please review the Attendance and Absence policy on the DFM website at <https://www.ucalgary.ca/familymedicine/system/files/urban-residency-program-attendance-absence-policy-summary-2015-07-23.pdf>

ALL RESIDENTS - INTERESTED IN UPCOMING LEARNING OPPORTUNITIES IN MEDICINE?

Check out courses offered through the Continuing Medical Education and Professional Development Office at <http://cumming.ucalgary.ca/cme/> and the AHS Physician Learning site <http://www.albertahealthservices.ca/7070.asp>

Linda