

My diagnostic history and medications are as under.

\*July 2014 (by a Cardiologist)\*

--Echo (PAP >70)

--RHC (PAP=69), not tested for CCB

--□ Bosentane 62.5 mg b.i.d

\*Jan 2015 (cardiologist)\*

--symptom worst

--□ bosentane 62.5 mg b.i.d

Sildenafil 25 mg b.i.d

\*Mar 2015\*(a PH specialist from America, he was on a short visit to Pakistan)

--V/Q Scan result negative

--ANA Negative

--Anti-DSNA Negative

--ENA profile Negative

--Anti-ProBNP 1052 pg/ml

--□ bosentane 125 mg b.i.d

--□ Sildenafil 50 mg t.i.d

\*Feb 2016( Cardiologist)\*

--Echo PAP = 90

--□ Bosentane 125 mg BID

Sildenafil 75 mg TID

Oxygen 2/l at night

\*Aug 2016 ( Pulmonologist, I moved to saudi arabia - Jeddah)\*

--Echo PAP= 149

--□ Bosentane 125 mg BID

Cialis ( Tadalafil) 40 mg QD

Oxygen 2/L at night

\*Oct 2016\*

--First time collapse, become unconcious for 1.5 minutes

--went to ER

--lung CT Scan mild edema arround lungs, was given Lasix for few days

--PFT shows lilttle obstructions with reveseability so started sybicort

--□ Bosentane 125 mg BID

Viagra ( sildenafil) 50 mg TID

Sybicort 2 inhalations BID

Oxygen 2/L at night

In October 2016

6 minute walking distances (6 MWD) showed no improvement. In just 1.5 minute my heart rate went up to 157 and saturation dropped to 75. So I had to terminate the test.

From last 6 months my pressures are stable at 120 but my walking capacity is decreasing day by day. I am also losing weight in just 6 months i lost 7 kg, now i am 44 kg with height of 167 cm.

I am also unable to have nice sleep. With oxygen my saturation remains in 80s or some times drop to 70.

Previously whenever i get an attack of SOB my saturation could be recover within few minutes but now it takes hours to get stable.

Unfortunately IV medicine for PH in not available in saudi arabia as well As in pakistan.