

# ERA: What You Can Do

Not sometimes equal.  
Not nearly equal.  
Equal.

## EDUCATE

Learn more about the Equal Rights Amendment. Be prepared to answer questions like “Why do we need the ERA?” Start with “The Equal Rights Amendment: What You Need To Know” by the Center for Progress.



### LEVEL UP

Get a copy of *Equal Means Equal* by Jessica Neuwirth.

## ADVOCATE

At the Federal level, there is a resolution to repeal the ERA deadline. It passed in the House. Now, urge your Senator to support SJRes 6. Next, if your state hasn't yet ratified, contact your state legislators.



### LEVEL UP

This election, ask candidates if they support the ERA.

## ASPIRE

Let the stories of other activists energize your own advocacy:

Makers (Season 1, PBS)  
Iron Jawed Angels (2004)  
The Punk Singer (2013)  
Equal Means Equal (2016)  
Ordinary Equality Podcast



### LEVEL UP

Leave an online review and mention the ERA.

## AMPLIFY

Signal boost on social media and re-post ERA messages from fellow activists. Post your own with hashtags like #ERANow. Show your colors, IRL and wear a pin on your bag. Slap a sticker your laptop. Invite a conversation.



**LEVEL UP** Send a letter to the editor and name your Senator.

## SUPPORT

Throw a little cash towards groups organizing on behalf of ratification. Consider the ERA Coalition or Heroica Foundation.



**LEVEL UP** When you donate, ask what specifically is happening locally and what else you can do to help.



## WANT MORE?

- Host a screening of *Equal Means Equal* at your library.
- Express your support with art. Make a quilt, cross stitch, cartoon, watercolor, prayer flag, collage, etc. Post your craftivism on social media to inspire others.
- Seek like-minded individuals to brainstorm more actions to take.

## EQUAL RIGHTS AMENDMENT, STILL A THING

Every action you take will push others to do the same, because the ERA is inevitable. The only question is when.