

# SUMMIT VIEW EAGLES ATHLETIC HANDBOOK

## Introduction

Welcome to The Summit View Valley Athletic Program. This handbook is designed to answer some of the most frequently asked questions regarding our after school sports activities. Our school's mission and philosophy is integrated into each team's day to day and competitive operational basis. Good scholarly standing, school spirit, commitment, improvement of skills, and sportsmanship are the basis of participation in Summit View Valley's sports programs. We want as many children as possible to participate in After-School Athletics, and to feel comfortable and valued in doing so. Knowing in advance what to expect is an important element to our success. Prior to participation in Summit View School's sports programs, all students and their parent(s) must read and sign The Summit View School Athletics Code of Conduct, at the bottom of this handbook.

## **Team Sign-Ups**

After-School Athletics are available to all students. Sign-ups take place in advance to the first practice date and will be announced via email, school news and posters, as well as classroom visits. Sign-ups will close on the deadline announced. The date is firm. Exceptions will only be approved when a given team for which a student is attempting to sign up is short players in order to field a team. Students who wish to sign up may do so through the specified coach or the athletic director.

## **Cut Policy**

Elementary and Middle School adheres to a "no-cut" policy for sports. It is expected that all students who join a team want to learn, to connect with fellow classmates, and to experience the joy of competition in a fun and nurturing atmosphere. All athletes will be given playing time, although it may vary according to skill level, attitude, attendance at practices, and the number of team members.

Usually, high school students who sign up for a team and show consistent commitment and adherence to team policy are not cut. However, there may be occurrences when an exclusion from a team may be necessary such as, but not limited to, breaking of team rules and regulations, non-compliance with Summit View/CIF academic standards, and/or the

necessity to constrict a team to a specified number. Please check with the designated coach and/or the athletic director for policies, rules and regulations, and specified numbers, if any.

## Formation of Teams

The total number of students who are interested in playing determines if the school can field a team. It is up to the administration and athletic department to formulate teams based on the availability of athletes and resources.

## **Participation**

Students are expected to be in attendance during the regular academic school day to be eligible to participate in the athletic activities for that day. If a parent/student knows in advance of a scheduled absence, please contact the coach personally to explain the absence. All students start the year eligible to compete in after-school athletics. In the case of exclusion due to academic standing, the athletic department, in conjunction with teachers and school administrators, will determine when a student is eligible to participate again. That decision will be communicated in writing. Additionally, through collaborative communication and at the discretion of school administrators, the athletic department, and teachers, poor conduct might prohibit a student from participating. Lastly, refer to team policy and regulations regarding attendance and additional participation requirements.

## **Fees**

The fee for participation in after school athletics is \$75 per sport. NO STUDENT WILL BE PERMITTED TO PRACTICE OR PARTICIPATE UNTIL THE ATHLETIC FEE HAS BEEN PAID. This fee helps cover the costs for coaches, referees, uniforms, and transportation. The School subsidizes the remaining costs.

### Communication

Communication with coaches may be conducted through email and email addresses will be distributed by each individual coach. Communication may also be established through the school listed phone number at 818-623-6300. Otherwise, please contact the athletic director at <a href="mailto:mpalalay@summitview.org">mpalalay@summitview.org</a>

or 818-623-6300 extension 6344. Prior to communication in Summit View School's sports programs, all students and their parent(s) must read and sign The Summit View School Athletics Code of Conduct, at the bottom of this handbook.

## **Practices and Games**

Every student has an obligation to his or her team to be at every practice and every game. Therefore, practices are a mandatory part of the season. Practices and games take place after school, Monday through Friday, though teams may not meet all five days in a given week. Refer to each team's individual practice and game schedule for specifics. All students should plan on at least three days of involvement per week, on average. Please keep your schedule handy so that you can check it on a daily basis. It is important that you and your child/ren discuss practices and game dates to ensure availability before signing up for a team. Updates will be provided via email blasts. Students are responsible for obtaining and completing any classwork or homework assignments they might have missed due to leaving early for a game. Practice time is essential to the development and success of your child's athletic growth and to the team. Any student-athlete who misses practice, without a valid excuse, will receive consequences specified by each team's policy. Missing practice may impact a student-athlete's playing time in games, and habitual absences from practices may result in dismissal from the team. Please make sure that your child fully understands the consequences of missing practice, and that all scheduling conflicts are resolved prior to the beginning of a season. **IMPORTANT NOTE:** Students who participate in afterschool sports programs are expected to be picked up promptly by parents at the scheduled end of practices or pick up time after games.

## **Athletic Uniforms**

Usually, student athletes will be issued a school athletic uniform for each sports season. All uniforms are the property of school, and each student is responsible for the care of the uniform issued to him or her. Uniforms are to be worn only for games/contests, or on special occasions as designated by the coach. At the completion of the last game, students are required to clean and return all school uniforms issued to them. These items are to be returned to the athletic department within one (1) week of the completion of the

season. A \$75.00 fee will be assessed for any damaged or unreturned athletic uniforms.

At times, uniforms and/or additional equipment may need to be replaced and/or ordered outside of available school resources. When this occurs, parents and students will be notified, in advance, by the team's coach to cover additional costs.

The proper attire for practices are white shirts/long sleeves and black/blue shorts or sweatpants with lace-up athletic shoes. Students not in proper attire will receive consequences specified per team policy. Students may be prohibited from participation based on inappropriate athletic wear.

## **Transportation**

Summit View School provides chartered transportation to and from athletic events. Students are expected to behave properly while being transported to and from school-sponsored athletic events. Athletes are expected to ride with the team to and from games, unless an approved arrangement has been agreed upon by parents, school administrators, and/or the coach/es. Students are permitted to leave a game site with a parent, guardian, or formally designated adult if the parent has completed the proper form/s. If the student will be traveling with an adult other than his/her parent, a note indicating parental approval of such arrangement must be given directly to the coach.



## SUMMIT VIEW EAGLES ATHLETIC PACKET

This packet must be filled out in its entirety in order for any child to participate in any after-school interscholastic sports at

Summit View for the 2017-2018 school year.

Please note that a physical exam is only required at the High School level.

There will be a \$75 activity fee for each sport. This fee will help offset the costs of transportation, uniforms, referee fees, field/gym rental fees, and equipment.

Students will not be allowed to participate in a sport without making this commitment to their team.

Please make payment payable to Summit View and add Athletic Fee to the memo line.

Questions – please contact Coach Palalay at mpalalay@summitview.org

## Medical and Parent Consent Form 2017-2018 Note: THIS FORM IS TO BE USED FOR AN INTERSCHOLASTIC ATHLETIC PHYSICAL ONLY

## INTERSCHOLASTIC ATHLETIC MEDICAL AND PARENT CONSENT FORM

To the parent: Both sections of this form must be completed before your son/daughter can participate in interscholastic athletic practices or contests.

TO BE COMPLETED BY STUDENT AND PARENT	Sport(s)
Name	Current Grade
Birth date	Place of Birth (county)
State	School Attended Last Year
Doctor's Name	Doctor's Phone number
Doctor's Address	City
I hereby apply to participate in Interscholastic Athletics at Sum Constitution, Rules and Bylaws of the California Interscholastic View Code of Conduct.	
Student Signature	
TO BE COMPLETED BY THE DOCTOR	
Name of the Student Heigh	nt Weight
Disease History: Allergies	
Seizures	
Athletics Allowed:  ALL Sports Soccer	Dealershall Se Ghall
•	
Cross CountryBaseball	Golf Volleyball
I hereby certify that I have examined the above- named student ne/she is not physically able to compete in supervised athletic c	
Doctor's Signature	
Please Use Hand	Stamp with Signature
Date of actual Physical	

IF PHYSICAL IS MORE THAN 1 YEAR OLD, IT IS NOT ACCEPTABLE

## ATHLETIC EMERGENCY INFORMATION AND PARENT CONSENT FOR TREATMENT

Name	Birthdate	Age	
Parent Name	Home p	Home phone	
Address	City	Grade	
Day Phone: Father	Mother		
In an emergency, if parents canno	•	ne	
Family Doctor	Phone	;	
Known allergies			
Permission is hereby granted to the minor surgical treatment, x-ray exstudent. In the event of an emerge surgery, or significant accidental is attending physician to contact me is not able to communicate with mabove named student may be given	amination and immunizations for arising out of serious illness njury, I understand that an attention the most expeditious way poste, the treatment necessary for the	or the above-named s, the need for major npt will be made by the ssible. If said physician	
Parent / GuardianSignature	]	Date	

## PARENT CONSENT FOR ATHLETIC PARTICIPATION IN INTERSCHOLASTIC ATHLETICS

STUDENT'S NAME	
ADDRESS	
optional. I (We) further und	at the athletic program in which my child may enroll is derstand that there is a possibility that a child may suffer result of participation in athletic activities.
medical treatment, hospital	school disclaims any financial responsibility for the costs of ls, ambulances, or paramedics, etc. arising out of or by virtue ild while participating in such interscholastic competition or
My (our) above named chi	ld has permission to participate in the interscholastic sport of
this consent must be execu	before my child can participate in such school sponsored sport ted by me (us) and filed at school, together with the result of a rating that my child is physically fit to participate in such
Date	Parent/Guardian Name
	(print name)
	Parent/Guardian Signature
	Parent/Guardian Name
	(print name)
	Parent/Guardian Signature

## PARENT CONSENT FOR TRANSPORTATION FOR ATHLETIC EVENTS

STUDENT NAME		
ADDRESS		
	nsent for my child to ride on school year for the sport of	
treatment, hospitals, am	nool disclaims any financial responsability or paramedics, etc. arise utilizing this school-provided tra	ing out of or by virtue of an
	will contract with its standard busensed certified bus provider in go	•
Date	Parent/Guardian Name Parent/Guardian Signature	(print name)
	Parent/Guardian Name	(print name)

## **Sports Available for the 2017-2018 School Year**

Below are the sports teams available for the upcoming school year based on the previous year's student body survey as well as returning players and coaches. This list is subject to change upon further notice. Please indicate your interest by filling out the athletic packet.

## **Fall Sports**

**Elementary/Middle School: Co-Ed Flag Football** 

**High School: Girls Volleyball, Co-Ed Cross Country** 

**Winter Sports** 

Elementary/Middle School: Co-Ed Basketball

High School: Girls Basketball, Boys Basketball, Co-Ed Soccer

**Spring Sports** 

Elementary/Middle School: Co-Ed Soccer

**High School: Co-Ed Baseball** 

## SUMMIT VIEW SCHOOL CODE OF CONDUCT

The philosophy of Summit View High School's interscholastic athletics are an integral part of the educational program and are designed to have a positive influence on students. In addition to athletic skill development, we are charged with the responsibility of instilling in our athletes proper attitudes and behaviors that reflect the ideas of citizenship, sportsmanship, and cooperation, as well as building self-discipline and self-esteem. These goals can best be achieved through a successful partnership between student athletes, coaches, and parents.

**Player/Coach Communication** – At the high school level, it is the responsibility of the student athlete, not the parent, to notify the coach well in advance of any scheduling conflict that may involve an absence from practice or a game.

If your son/daughter has a concern, encourage him/her to resolve it directly with the coach. The majority of issues are successfully resolved through direct communication between the student athlete and the coach. There is an open door policy for players. Players need to have confidence that their concerns will be heard and addressed with respect and confidentiality in a timely manner.

At the elementary and middle school level, athletes and/or parents are responsible for notification to the coach.

Parent/Coach/Player Communication – If an issue is not resolved after the student athlete has met with the coach, the student athlete's parent should then contact the coach directly at school via email. Leave your name, number, a short message, and the best time to email/call. The coach will contact you in a timely manner. Please be prudent with your decision when to contact the coach. Coaches spend a good amount of time preparing for, and supervising practices and games. Moreover, the period of time after a game is an emotional time for student athletes, parents, and coaches, and therefore is less conducive to solving problems rationally. We respectfully request that you abide by the 24 hour rule, which states that you wait 24 hours after a game to contact/discuss any issue or concern with a coach.

It is very difficult to accept your child not playing as much as you had hoped. Yet, coaches make decisions based on what they believe to be the best for all student athletes involved. Therefore, coaches are not expected to respond to parents' questions about amount of playing time, positioning, team strategies or tactics, or any discussion about another student athlete.

**Player/Parent Communication** – Understand that you are a role model for your son/daughter. Emphasize the proper ideals of sportsmanship, ethical conduct, and fair play, and your child will too. If your child's performance produces strong emotions in you, maintain a calm demeanor.

The essential elements of character building and ethics in athletes are embodied in the

concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of athletics is achieved when competition reflects these "six pillars of character".

## Therefore I agree:

- 1. I will let the coaches do the coaching for all team members.
- 2. I will support the program by volunteering to assist the team in some way.
- 3. I will respect the integrity and judgment of sports' officials.
- 4. I will refrain from criticism of coaches in front of other students and/or parents which may affect team morale and undermine leadership and my concerns will be communicated as described in the code of conduct.
- 5. I will model good sportsmanship at all times during games.
- 6. I will encourage my child to speak directly to his/her coach if he/she is having difficulties in practice or games or can't make a practice.
- 7. I will support the 24 hour rule: Parents are not permitted to discuss athletic concerns with the coach for at least 24 hours after an issue arises at a game, practice, or other instance.
- 8. I will conduct myself in such a manner as to bring positive feedback to our athletes, our school, and our community.
- 9. I will remember that the game is for the students-not the adults.
- 10. I will demand that my child treats other players, coaches, officials, and spectators with respect.
- 11. I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing, taunting, and using profanities.
- 12. It is never acceptable for a parent to attempt to discuss a child's playing time during a game or practice. It is NEVER acceptable for a parent to attempt to discuss another student's playing time or performance.
- 13. I understand that any violation of this code will be cause for potential disciplinary action.

I have read, understand, and agree to the parent's code of conduct at all Summit View School's sporting events.

Student Athlete Signature:	
Print Name:	
Parent/Guardian Signature:	
Print Name:	
Parent/Guardian Signature:	
Print Name:	
Date signed:	

\*This form must be returned to the Coach prior to athletic participation. Athletes will not be allowed to participate without completion of this form.