

Cleaning Check List

Daily

WEEK 1

	S.	M.	T.	W.	T.	F.	S.
Pack/Run/Empty Dishwasher							
Wipe Countertops and Stovetop							
Empty trash							
Wipe Kitchen Table							
Spray Lysol on Couch							
Run Robot Vacuum							
Pick Up Toys, Blankets and Shoes							
Make And Febreze Bed							
Clean Up Nightstands							
Water Plants							
Wash/Fold Laundry							
Spray Shower							
Empty Bathroom Trash Bins							
Complete 2 Weekly Chores							

Daily

WEEK 2

	S.	M.	T.	W.	T.	F.	S.
Pack/Run/Empty Dishwasher							
Wipe Countertops and Stovetop							
Empty trash							
Wipe Kitchen Table							
Spray Lysol on Couch							
Run Robot Vacuum							
Pick Up Toys, Blankets and Shoes							
Make And Febreze Bed							
Clean Up Nightstands							
Water Plants							
Wash/Fold Laundry							
Spray Shower							
Empty Bathroom Trash Bins							
Complete 2 Weekly Chores							

Daily

WEEK 3

	S.	M.	T.	W.	T.	F.	S.
Pack/Run/Empty Dishwasher							
Wipe Countertops and Stovetop							
Empty trash							
Wipe Kitchen Table							
Spray Lysol on Couch							
Run Robot Vacuum							
Pick Up Toys, Blankets and Shoes							
Make And Febreze Bed							
Clean Up Nightstands							
Water Plants							
Wash/Fold Laundry							
Spray Shower							
Empty Bathroom Trash Bins							
Complete 2 Weekly Chores							

Daily

WEEK 4

	S.	M.	T.	W.	T.	F.	S.
Pack/Run/Empty Dishwasher							
Wipe Countertops and Stovetop							
Empty trash							
Wipe Kitchen Table							
Spray Lysol on Couch							
Run Robot Vacuum							
Pick Up Toys, Blankets and Shoes							
Make And Febreze Bed							
Clean Up Nightstands							
Water Plants							
Wash/Fold Laundry							
Spray Shower							
Empty Bathroom Trash Bins							
Complete 2 Weekly Chores							

Weekly

	Week 1.	Week 2.	Week 3.	Week 4.
Check Expired Foods				
Wipe Fridge Shelves & Restock Bevs				
Wash Dogs				
Mop Floors				
Clean Bathrooms				
Wash Bedding				
Dust Living Room				
Dust Bedrooms				
Empty/Sanitize Robot Vacuum				
Grocery Shopping				
Vacuum Couch & Under Cushions				
Take Garbage Cans Down (Tuesday)				
Mow Lawn				
Wash Cars				
Complete 3 Monthly Chores p/Week				

Monthly

	Week 1.	Week 2.	Week 3.	Week 4.
Wash Windows		-----	-----	-----
Wash Curtains		-----	-----	-----
Clean Drains		-----	-----	-----
Clean Oven	-----		-----	-----
Wash Couch Cushions	-----		-----	-----
Sanitize Washer and Dryer	-----		-----	-----
Put Tablets in Toilets	-----	-----		-----
Wash Dog/Cat Bowls	-----	-----		-----
Wash Car Seat Cushions	-----	-----		-----
Flea/Heartworm Meds)	-----	-----	-----	
Clean Litterbox	-----	-----	-----	
Lysol Kids Toys	-----	-----	-----	