



## TEACHING PERSONAL SPACE

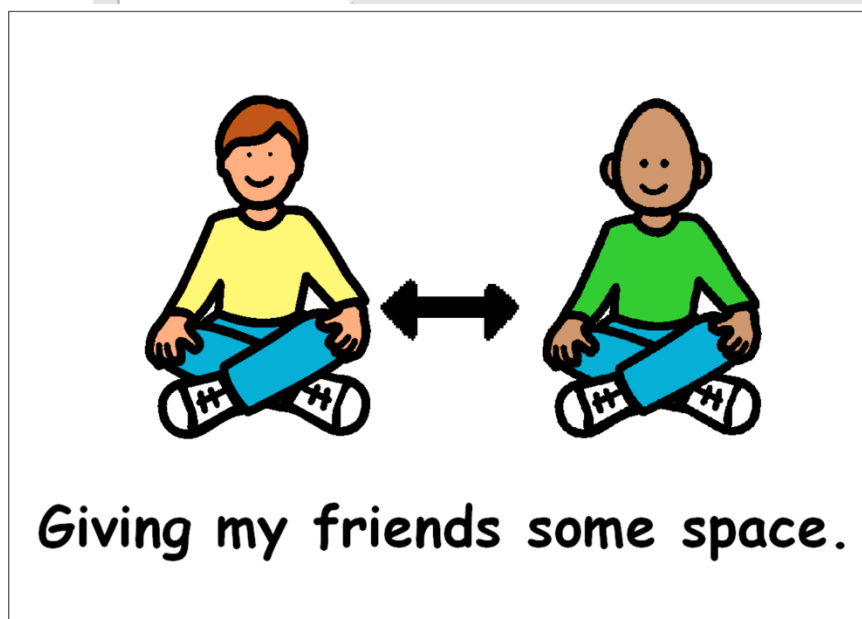
The objective of this programme is to teach the individual how to have appropriate personal space with other people.

### STEPS:

1. Teach the individual the rule about having appropriate personal space with other people. To do this, you may utilise a Social Story or a visual rule card.
2. Role play with the individual on how to have appropriate personal space versus having poor personal space. It would be important for the role play practices to be carried out with different people (i.e. family, friends, strangers).
3. Communicate to the individual proactively and in advance about having personal space with other people. This may need to be done daily, and/or before the individual takes a trip out into the community.
4. Monitor the individual's behaviour in various settings with different people. Reinforce the individual when he/she demonstrates appropriate personal space.

### RESOURCES:

There are plenty of resources available online, which you may download and utilise during the teaching process! You may search for 'Personal Space' visuals on the internet and Pinterest!



To download the full set of visuals, you may click on the following link:

<https://www.okeydokey.com.au/webfiles/files/Givingmyfriendssomespace.pdf>

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