



## Online Directory

There are occasions when our clients ask about services that we do not provide, however we might be able to help.

Below is a list of organisations that we are happy to signpost people to, not refer people to, as we cannot take any responsibility for any services these organisations provide. To the best of our knowledge they are reputable organisations and will do their best to help. Home Instead does not receive any kind of commission from anyone connected with these organisations, unless otherwise stated.

Please contact them direct, not through Home Instead, and make any arrangements direct. If you subsequently have any complaint with any of these organisations you must address it with them direct, although we would be pleased to hear from you if you felt you had been unfairly treated.

All details were accurate at the time of publication, but we cannot guarantee the accuracy of any entry, although if you discover any inaccuracy or would like something added or amended do please contact us on 01252 758716.

**Please note that some of the services below are suspend during the Coronavirus pandemic. Please contact the organisation before visiting.**

<u>Organisation name</u>	<u>Contact details/website</u>	<u>Services provided</u>
Memory Lane Farnborough	<a href="https://www.homeinstead.co.uk/farnborough-farnham-fleet/news-events/our-new-dementia-friendly-cafe-launches-7th-february">https://www.homeinstead.co.uk/farnborough-farnham-fleet/news-events/our-new-dementia-friendly-cafe-launches-7th-february</a> 01252 758176	Dementia-friendly club run monthly on the first Friday of each month in North Camp from 2 – 4pm.

Forget Me Not	<a href="https://stjohnshw.org.uk/coursesandevents/">https://stjohnshw.org.uk/coursesandevents/</a>	Social gathering aimed at people living with dementia. The club meets every week at St John’s Church in Hartley Wintney between 2pm and 4pm. Just drop in.
Daisy Chain	<a href="http://yateley-tc.gov.uk/Article/Detail.aspx?ArticleUid=969e4b4d-de96-4b40-9cb6-b36069d4640e">http://yateley-tc.gov.uk/Article/Detail.aspx?ArticleUid=969e4b4d-de96-4b40-9cb6-b36069d4640e</a>  <a href="mailto:daisychaincafe1@gmail.com">daisychaincafe1@gmail.com</a>	Social gathering aimed at people living with dementia. The club meets every week at Yateley Village Hall, Old School Lane, Yateley GU46 6NG between 2.30pm and 4.30pm.
Alzheimer Café Farnborough	<a href="http://www.alzheimercafe.co.uk">www.alzheimercafe.co.uk</a>  07938 175 002	Run by the charity Alzheimer Café UK. Group support for people with dementia and their families and friends, providing psychological education about dementia in a cafe-like setting. Third Friday of every month (except August) 7.00 to 9.00pm. St. Peter’s Parish Centre, Farnborough.
Memory Lane singing sessions	Contact Paul Tickner for more information via phone: 01252 614344 or Email: <a href="mailto:ptickner97@gmail.com">ptickner97@gmail.com</a> .	A fun sing-a-long group for people with dementia or memory loss. The group meets every Tuesday afternoon between 2.30 – 3.45pm, at The United Reformed Church, 25 Kings Road, Fleet.
Amplifon (ear health)	<a href="https://www.amplifon.com/uk/store-locator/hearing-aids-hampshire/amplifon-hearing-centre-farnborough-s111">https://www.amplifon.com/uk/store-locator/hearing-aids-hampshire/amplifon-hearing-centre-farnborough-s111</a>  01252 413639	Providers of hearing devices (not NHS), free hearing tests and earwax removal Located at 77 Lynchford Road, Farnborough GU14 6EJ. Home visits can be arranged.

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Fleet Chiropractic Clinic	<a href="http://www.fleetchiropracticclinic.co.uk">www.fleetchiropracticclinic.co.uk</a> <a href="mailto:info@fleetchiropracticclinic.co.uk">info@fleetchiropracticclinic.co.uk</a> 01252 614818	McTimoney method, described as gentle, precise with a whole body approach, based on Ancells Farm, Fleet
Farnborough Feet	<a href="http://www.farnboroughfeet.co.uk">www.farnboroughfeet.co.uk</a> 01252 512967	Podiatrist, based in Devereux House, Farnborough
Feet By Steph	<a href="http://www.feetbysteph.co.uk">www.feetbysteph.co.uk</a> <a href="mailto:stephgovier1987@gmail.com">stephgovier1987@gmail.com</a> 07597 205892	Foot Health Specialist, not Podiatrist, but fully qualified, based in North Town, Aldershot
Mind Body Sole	<a href="http://www.mindbodysole.co.uk">www.mindbodysole.co.uk</a> <a href="mailto:hello@mindbodysole.co.uk">hello@mindbodysole.co.uk</a> 01252 810409	Two practitioners, one a Podiatrist, one Foot Health Practitioner (who does home visits). Based in Fleet
John the Footman Ltd	<a href="http://www.johnthefootman.com/">www.johnthefootman.com/</a> <a href="mailto:johnthefootman@gmail.com">johnthefootman@gmail.com</a> 01252 323673	Podiatrist, based in Aldershot
Vicky Lovelock	No website <a href="mailto:Vicky.lovelock@talktalk.net">Vicky.lovelock@talktalk.net</a> 07790 453004	Visiting Foot Health Professional, based in Fleet

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Care Opticians	<a href="http://www.careopticians.co.uk">www.careopticians.co.uk</a> <a href="mailto:surrey@careopticians.co.uk">surrey@careopticians.co.uk</a> 01483 224914	Provide free NHS eye tests at home, deliver frames and provide after service. Although based in in Send, they cover Fleet, Farnborough, Aldershot and Farnham
Maggie Fowers	No website <a href="mailto:maggiefowers@gmail.com">maggiefowers@gmail.com</a> 07766 658302	Reflexology and massage
Eden Creations	No website (on Facebook) Gemma on 07493 837536	Beauty therapist and massage
Molly Maid (Farnborough)	<a href="http://www.mollymaid.co.uk">www.mollymaid.co.uk</a> 01252 521175	Perhaps for those cleaning jobs around the house too big for Home Instead CAREGivers
Footscape	<a href="http://www.footscape-shoes.co.uk">www.footscape-shoes.co.uk</a> <a href="mailto:info@footscape-shoes.co.uk">info@footscape-shoes.co.uk</a> 01252 522955	Small independent retailer of footwear, specialist dealing with people with irregular fitting requirements. Will do home visits for fittings. Based in North camp
PPP Taking Care	<a href="http://www.ppptakingcare.co.uk">www.ppptakingcare.co.uk</a> <a href="mailto:enquiries@ppptakingcare.co.uk">enquiries@ppptakingcare.co.uk</a> 0800 032 3763	Provider of a variety of personal alarms to help you remain safe whilst in your home
Argenti Telecare	<a href="https://argenti.co.uk/hampshire/">https://argenti.co.uk/hampshire/</a> <a href="mailto:hello@argenti.co.uk">hello@argenti.co.uk</a> 01962 670721	Local telecare provider

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TGA Mobility	<a href="http://www.tgamobility.co.uk">www.tgamobility.co.uk</a> <a href="mailto:info@tgamobility.co.uk">info@tgamobility.co.uk</a> 01252 350095	Provider of a multitude of equipment to assist in mobility, such as wheelchairs, bathing aids and walking aids.
EPC Wheelchairs	<a href="http://epc-wheelchairs.co.uk/">http://epc-wheelchairs.co.uk/</a> 01252 547939	Provider of specialist wheelchairs
Acorn Stairlifts	<a href="https://www.acornstairlifts.co.uk">https://www.acornstairlifts.co.uk</a> 0800 016 9492 (quote ref no. 95996)	Provider of domestic stairlifts. Home Instead have a referral system in place, hence the reference number)
The Bobby Scheme	<a href="http://www.bluelamptrust.org.uk/Bobby_Scheme/">www.bluelamptrust.org.uk/Bobby_Scheme/</a> 0300 777 0157	Provided by The Blue Lamp Trust. FREE home safety and security survey to assess the work needed to make a person's home safe and secure. Free of charge they can fit door chains, door and window locks, spyholes for doors, smoke detectors.
Remap	<a href="https://www.remap.org.uk/">https://www.remap.org.uk/</a> <a href="mailto:data@remap.org.uk">data@remap.org.uk</a> 01732 760209	Custom made equipment to help disabled people
Squeeky Klean	<a href="http://www.squeekykleanovens.co.uk/">www.squeekykleanovens.co.uk/</a> <a href="mailto:info@squeekyklean.co.uk">info@squeekyklean.co.uk</a> 01256 633683	Specialist cleaning company for ovens and carpets
Farnborough Car Care Company	<a href="http://www.farnboroughcarcare.co.uk/">www.farnboroughcarcare.co.uk/</a> 01252 546415	Car repair company in North Camp
Home Care Removals	<a href="http://www.homecareremovals.com/">www.homecareremovals.com/</a> 01276 469739	Removal and house clearance company specialising in moving older people

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Medical Moves	01483 346033 <a href="mailto:keith@wokingcfp.org.uk">keith@wokingcfp.org.uk</a>	Medical Moves is a local service provided by Woking Community Furniture. They move items of furniture around your home, perhaps to accommodate a bed downstairs. They can also dispose of old furniture.
Driving Miss Daisy	<a href="http://www.drivingmissdaisyUK.co.uk">www.drivingmissdaisyUK.co.uk</a> <a href="mailto:teamdaisy@drivingmissdaisyUK.co.uk">teamdaisy@drivingmissdaisyUK.co.uk</a> 0333 0146211	Providers of individual transport for older people and/or those with mobility problems
Care Farnham	<a href="http://www.carefarnham.org.uk">www.carefarnham.org.uk</a> 01252 7166655	Transport for Farnham residents to health related appointments (hospital, doctor, dentist, physio etc)
Co-Op – Joe McGuire	<a href="http://www.coop.co.uk/estateplanning">www.coop.co.uk/estateplanning</a>	Estate planning including wills, Power of Attorneys, financial planning
Grey Matters Consultancy	<a href="http://www.grey-matters-consultancy.com/">www.grey-matters-consultancy.com/</a> <a href="mailto:info@grey-matters-consultancy.com">info@grey-matters-consultancy.com</a> 0330 134 0166	Private company providing help for older people in respect of wills, attendance allowance, Power of Attorney etc
Chadney Bulgin	<a href="http://www.chadneybulgin.com/">www.chadneybulgin.com/</a> 01252 788888	All aspects of financial planning
Macular Society	<a href="http://www.macularsociety.org/">www.macularsociety.org/</a> <a href="mailto:help@macularsociety.org">help@macularsociety.org</a> 0300 3030 111	Support charity for people with this eye condition

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<p>Action on Hearing Loss (Royal National Institute for Deaf People)</p>	<p><a href="http://www.actiononhearingloss.org.uk/">www.actiononhearingloss.org.uk/</a> <a href="mailto:informationline@hearingloss.org.uk">informationline@hearingloss.org.uk</a> 0808 808 0123 0808 808 9000 (textphone)</p>	<p>Help and support for those confronting life changing deafness, tinnitus and hearing loss</p>
<p>Sight for Surrey</p>	<p><a href="https://www.sightforsurrey.org.uk/">https://www.sightforsurrey.org.uk/</a> <a href="mailto:info@sensoryservices.org.uk">info@sensoryservices.org.uk</a>  01372 377701</p>	<p>Support for people who are blind or partially sighted, Deaf, deafblind or hard of hearing</p>
<p>Macmillan Community Cancer Navigators</p>	<p><a href="mailto:vcl.macmillancancernavigator@nhs.net">vcl.macmillancancernavigator@nhs.net</a>  01483 782056</p>	<p>Provide support for people living with and beyond cancer</p>
<p>Alzheimer's Society</p>	<p><a href="http://www.alzheimers.org.uk">www.alzheimers.org.uk</a> <a href="mailto:fay.freemantle@alzheimers.org.uk">fay.freemantle@alzheimers.org.uk</a>  01256 363393</p>	<p>Provide support for people living with dementia</p>
<p>Dementia Advice Service</p>	<p><a href="http://www.andovermind.org.uk">www.andovermind.org.uk</a> <a href="mailto:dementiaadvicehartrushmoor@andovermind.org.uk">dementiaadvicehartrushmoor@andovermind.org.uk</a>  01252 624808</p>	<p>For people with dementia, their carers, family and friends.  Beverley Caldwell- Aldershot, Blackwater &amp; Camberley - 07796 001 491 Martine Fullbrook - Farnborough &amp; Cove - 07557 479 835 Carol Goggin - Hook &amp; Hartley Wintney - 07507 968 397 John Spencer-Davis - Fleet, Church Crookham &amp; Yateley - 07796 002 171</p>

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Age UK Surrey	<a href="http://www.ageuk.org.uk/surrey/">www.ageuk.org.uk/surrey/</a> <a href="mailto:enquiries@ageuksurrey.org.uk">enquiries@ageuksurrey.org.uk</a> 01483 503414	Charity that provides a wealth of information and advice for older people, plus a variety of social clubs in the area. Also provide a Help at Home service. Although based in Surrey, they can also help people in Hampshire
Warmth Matters	<a href="https://www.surreyca.org.uk/advice-and-support/warmth-matters/">https://www.surreyca.org.uk/advice-and-support/warmth-matters/</a> <a href="mailto:david.carter@surreyca.org.uk">david.carter@surreyca.org.uk</a> 07521 503696	Advice of reducing fuel costs and dealing with energy debt
Hospital Transport	<a href="https://www.scas.nhs.uk/wp-content/uploads/NEPTS-Patient-Zone-Booking-Guide-June-2018.pdf">https://www.scas.nhs.uk/wp-content/uploads/NEPTS-Patient-Zone-Booking-Guide-June-2018.pdf</a> <a href="mailto:nepts.online@scas.nhs.uk">nepts.online@scas.nhs.uk</a> 0300 123 9840	Provision of transport to and from hospital, not GP or other similar services
Good Neighbours Network	<a href="http://www.goodneighbours.org.uk">www.goodneighbours.org.uk</a> <a href="mailto:info@goodneighbours.org.uk">info@goodneighbours.org.uk</a> 023 9289 9671	Local group offering help with tasks such as transport, shopping, befriending
Brendoncare	<a href="http://www.brendoncare.org.uk/clubs/our-clubs/hampshire">www.brendoncare.org.uk/clubs/our-clubs/hampshire</a> 01962 852133	Charity providing a variety of clubs and activities for older people in Farnborough and Fleet
Farnham Assists	<a href="http://www.farnham-assist.org.uk/events-calendars-forms.html">http://www.farnham-assist.org.uk/events-calendars-forms.html</a> <a href="mailto:info@farnham-assist.org.uk">info@farnham-assist.org.uk</a> 01252 717710	
Princess Royal Trust for Carers	<a href="http://www.carercentre.com">www.carercentre.com</a> <a href="mailto:info@carercentre.com">info@carercentre.com</a> 01264 835246	Charity providing support specifically for carers, not professional, paid carers though



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Citizens Advice Farnborough and Aldershot	<a href="http://www.citizensadvicerrushmoor.org.uk/">www.citizensadvicerrushmoor.org.uk/</a> 03444 111 306	Charity providing a variety of information and advice
Citizens Advice Fleet	<a href="http://www.citizensadvicehart.org.uk/">www.citizensadvicehart.org.uk/</a> 03444 111 306	Charity providing a variety of information and advice
Citizens Advice Farnham	<a href="http://www.waverleycab.org.uk/farnham/">www.waverleycab.org.uk/farnham/</a> 03448 487 969	Charity providing a variety of information and advice
Crondall & Ewshot Neighbourcare	01252 850396	Hospital and GP transport – other health transport. Prescription collection, sitting service, shopping, visiting
Crondall & Ewshot Village Pump Group	07922 028844	Social outings and events for older people. Monthly coffee morning. Singing for Fun activities
Fleet and District Voluntary Care Scheme (Communicare)	Secretary – 01252 677803 Duty officer – 01252 613121	Hospital and GP transport – other health transport
Dementia Friendly Gym Sessions Hart Leisure Centre	0333 005 0134	Every Friday 1 – 2.30pm
Farnborough Neighbourcare	01252 545356 01252 543957	Hospital and GP transport – other health transport
MHA Live at Home Scheme Rushmoor	<a href="https://www.mha.org.uk/live-home/live-home-near-me/rushmoor/#your_home">https://www.mha.org.uk/live-home/live-home-near-me/rushmoor/#your_home</a> 01252 758593 <a href="mailto:HartandRushmoor.LiveatHome@mha.org.uk">HartandRushmoor.LiveatHome@mha.org.uk</a>	A charity that provides a befriending service via volunteers and social clubs for older people

Community Point	<a href="http://www.communitypoint.org.uk">www.communitypoint.org.uk</a> 01483 565456	Social activities in and around Farnham
We are aware that some residential homes in our area are open to the public, with numerous facilities (e.g. cafe, cinema, social clubs) which older people are welcome to use, without the need to be a resident.		
TLC Camberley Manor, Deepcut	<a href="http://www.tlccare.co.uk/camberley-manor/">www.tlccare.co.uk/camberley-manor/</a> 01252 905 160	
Sunrise, Fleet	<a href="https://www.sunrise-care.co.uk/care-homes/fleet/events">https://www.sunrise-care.co.uk/care-homes/fleet/events</a> 01252 968017	
Gracewell, Church Crookham	<a href="https://www.gracewell.co.uk/care-homes/gracewell-of-church-crookham/events-and-activities">https://www.gracewell.co.uk/care-homes/gracewell-of-church-crookham/events-and-activities</a> 01252 917100	
Knellwood Residential and Nursing Home, Farnborough	<a href="http://www.knellwood.co.uk/accommodation-facilities/">www.knellwood.co.uk/accommodation-facilities/</a> 01252 542169	
We are aware of some Day Care Centres in our area. The ones listed below are known to us and, to the best of our knowledge, accommodate older people with and without dementia. However, we recommend that you contact the centre direct to enquire about facilities and charges beforehand.		
Day Care Centres catering for people with dementia	<a href="http://www.frogmoredaycentre.co.uk">www.frogmoredaycentre.co.uk</a> 01252 876055 <a href="http://odihamcottagehospital.org.uk/services/rosefield-day-centre/">http://odihamcottagehospital.org.uk/services/rosefield-day-centre/</a> 01256 393604	Frogmore Day Care Centre, Yateley – (Mon – Fri) Rosefield Day Centre, Odiham – (Tues – Thurs)

	<p><a href="http://www.hillhouse-nursinghome.co.uk/about-us/day-care/">www.hillhouse-nursinghome.co.uk/about-us/day-care/</a> 01252 850236 <a href="http://www.careuk.com/Whitebourne">www.careuk.com/Whitebourne</a> 01276 819766</p>	<p>Hill House – Dementia Day Care Centre, Ewshot – (Mon-Fri)  Whitebourne Care Home, Frimley (Wed – Fri)</p>
<p>Day Care Centres catering for people without dementia</p>	<p><a href="https://devereuxhouse.wixsite.com/home/day-centre">https://devereuxhouse.wixsite.com/home/day-centre</a> 01252 512967 <a href="https://www.surreyinformationpoint.org.uk/Services/350/Shawfield-Centre">https://www.surreyinformationpoint.org.uk/Services/350/Shawfield-Centre</a> 01252 326304 <a href="http://www.ageconcernhampshire.org.uk/our-services/centre-contact-details.html">http://www.ageconcernhampshire.org.uk/our-services/centre-contact-details.html</a> 01252 328852</p>	<p>Devereux House Day Care Centre, Farnborough – (Mon – Fri)  Shawfield Centre, Ash – (Mon - Fri)  Rushmoor Day Care Centre, Aldershot – (Tues &amp; Fri)</p>
<p>Whitebourne Dementia Café in Frimley</p>	<p>admin.whitebourne@careuk.com</p>	
<p>We have an updated copy in the office of trades vetted by Checkatrade.com and we'd be happy to find tradespeople for you from this list and signpost you accordingly.</p>		