



## Method

Mash the bananas with a fork. Then pour the mashed bananas in a bowl and mix it with the eggs, milk, syrup and oil. Mix until smooth and add the rest of the ingredients. Pour the mixture in a baking tin and place in a preheated oven at 180C(350F) for one hour.

## Ingredients

- 3 bananas
- 2 eggs
- 100 ml almond milk
- 60 ml agave syrup
- 2 tablespoons of olive oil
- 150 buckwheat flour
- 50 almond flour
- baking powder, cinnamon and a pinch of salt