



RETT'S ROOST

2018 Annual Report



2018

To our loving community of supporters,

From the
Founders



For the past four summers, Rett's Roost has created a safe, compassionate space where families who have experienced childhood cancer and child loss can find a source of connection with one another.

This past year was our first in Ogunquit, ME, and it truly was a fantastic and memorable summer and fall. We hosted four bereavement retreats at the new location and we are happy to report it is the perfect fit for our programming. Our onsite retreats all hosted four to six families, including our own. For our retreat for families with childhood cancer survivors, we headed north to Duck Puddle Campground, and thanks to its amazing owners, six families had a wonderful experience in fully outfitted cabins on Pemaquid Lake.

We feel really organized as we head into 2019 and are so happy to be able to provide you with this first-of-its-kind annual report. In January, we'll be announcing next year's retreat schedule and opening our new online registration system to families. One big project we have planned for this spring is to erect a yurt on the property that will be used for group and individual therapies during retreats. Behind the scenes, we'll be working with an accounting firm in Portland to establish our first Financial Review. We're also setting our sights on developing a strategic fundraising plan with the hopes of securing more funding from grants and hiring one or two more part-time employees.



Always in honor of
our son
Everett Thomas Cavan
4/27/14-2/22/15
and all his sweet
heavenly friends
#flyrettfly
#foreverett

To see beautiful pictures from our retreats, go to www.rettsroost.org. Under the heading, "Roost Retreats", you can select any of the locations to view a collage. To follow our retreats and events, sign up for our newsletter on our website, and connect with us on Instagram and Facebook @rettsroost.

In gratitude for your kindness and encouragement,

Janet & Sean Cavan



Retreats at a Glance



Rett's Roost is committed to offering whole family support in an effort to alleviate the trauma and stress from ongoing medical treatment of a child, and the intense grief that accompanies a child's death. The organization has hosted 50 families on 11 free, intimate, holistic healing retreats.



Retreats take place from May until November at the Rett's Roost "Heart-quarters" in Ogunquit, ME, or a similar beautiful, natural retreat center or campground. Lodging is private and comfortable and the food served is homemade, healthy, and delicious. The organization aims to place together families with similar types of loss and children of similar ages.



Activities include beach outings, nature walks, outdoor family photo sessions, trips to farms, horseback riding, bonfires, and cookouts. Weekend programming is tailored to the interests of each family with specific consideration for the age group of the children attending. Rett's Roost has a dedicated team of volunteers and professionals who provide individual sessions during the retreats, such as talk therapy, art and music therapy, mediumship, massage, reiki, and aromatherapy.

This Year's Families



Testimonials

The weekend was filled with emotion, love, healing, and the ability to connect with others on an intimate level that many cannot understand. -Amanda Disney

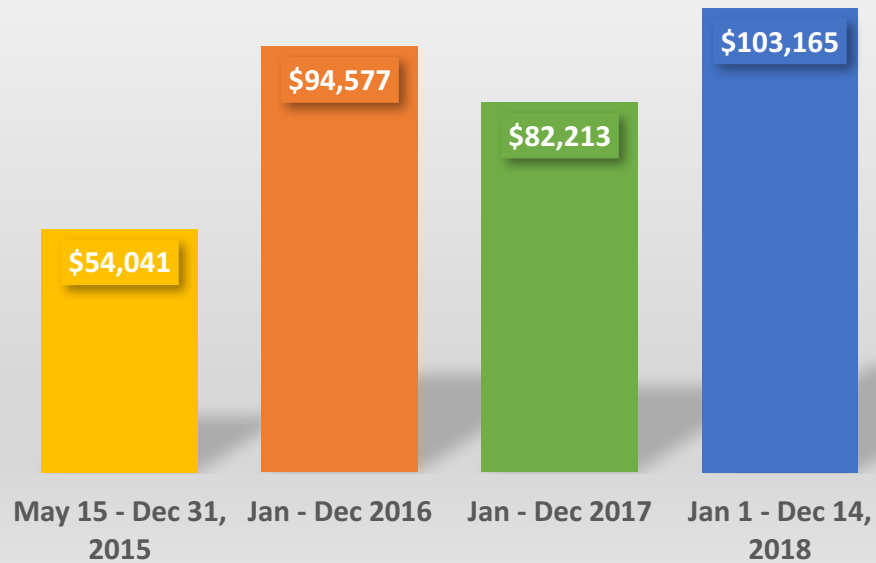
As I allow myself to feel the rollercoaster of emotions and trying to stay focused on healing, I am so grateful that there are places like Rett's Roost!... As we were driving away, my daughter said, "Mama, I liked being here because all the kids are missing their brother and sister because of cancer too... they are just like me." -Tina Palatino

We had an amazing weekend at Rett's Roost bereaved family retreat in Ogunquit, ME. We met some incredible families and made lifelong friends. We all share something in common that a lot of people don't truly understand. -Kalli Hyde

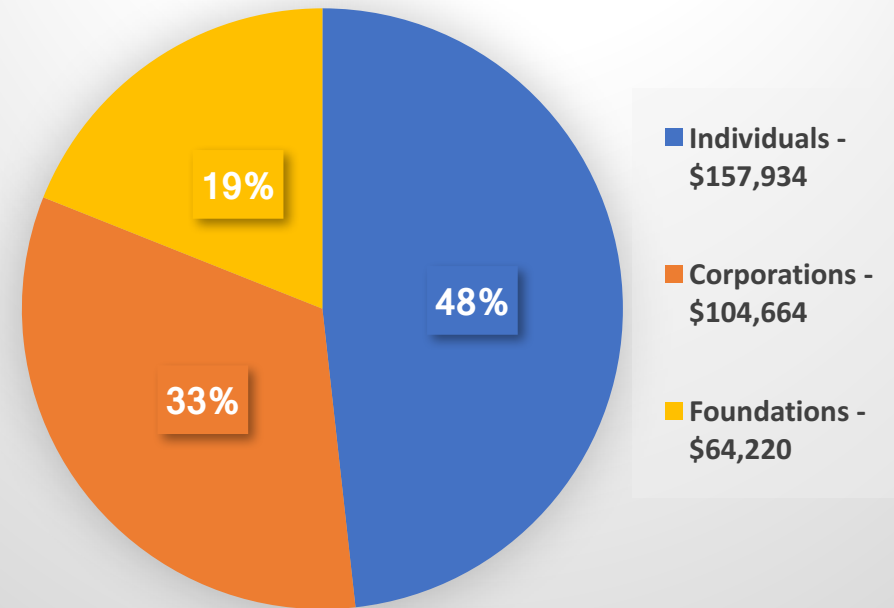


Although I was skeptical and probably more nervous than anything heading there, I tried to keep an open mind and take from the weekend as much as I could. It was better than I could have imagined. While of course I did my fair share of crying... there were also lots of happy talks remembering each child gone and getting to know the parents and siblings still here on earth. -Sarah Bottari

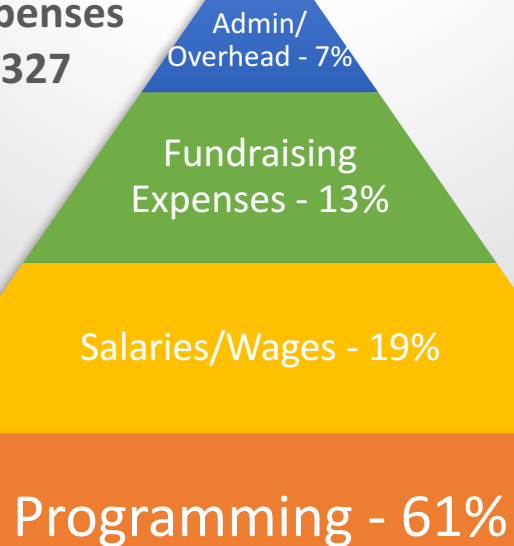
Annual Revenues



Breakdown of Funding since Inception



2018 Expenses \$101,327



248 volunteers clocked
1,745 hours since 2015



21 Survivors
29 Angels
67 Siblings
90 Parents



11 retreats over four seasons
49 total families
29 of which are bereaved

Our Top Individual Backers...

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Kimberly & Kevin Bravo-Ferrer
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Kathleen Blake
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Tracy Doiron
Tricia McCarthy



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Zen Puzzles
Christina Livada at Chappywrap

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Beaver Brook
Karen Duddy with Cut-a-Thon Fundraiser
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Rick Barber with Broadway Gives Back
Robert Martin at 1652 Restaurant in York
Susanne Shaw with Kyani

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