

**LUMISQUE**  
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# Ways to Get Relieved of Stretch Marks

Presented by Lumisque Skincare



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# Stretch Marks

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Stretch marks are long and fine lines on the skin of your body that may occur from tissue breakage under your skin due to quick overstretching of the skin. These marks are a flaw in the supporting form of your skin, which may cause layers of your skin to separate leaving the skin grooved and discolored.



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# Ways to Get Relieved of Stretch Marks

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# Creams and other Appliers

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Presentations are communication tools that can be used as demonstrations, lectures, speeches, reports, and more. It is mostly presented before an audience. It serves a variety of purposes, making presentations powerful tools for convincing and teaching.



# Laser Therapy

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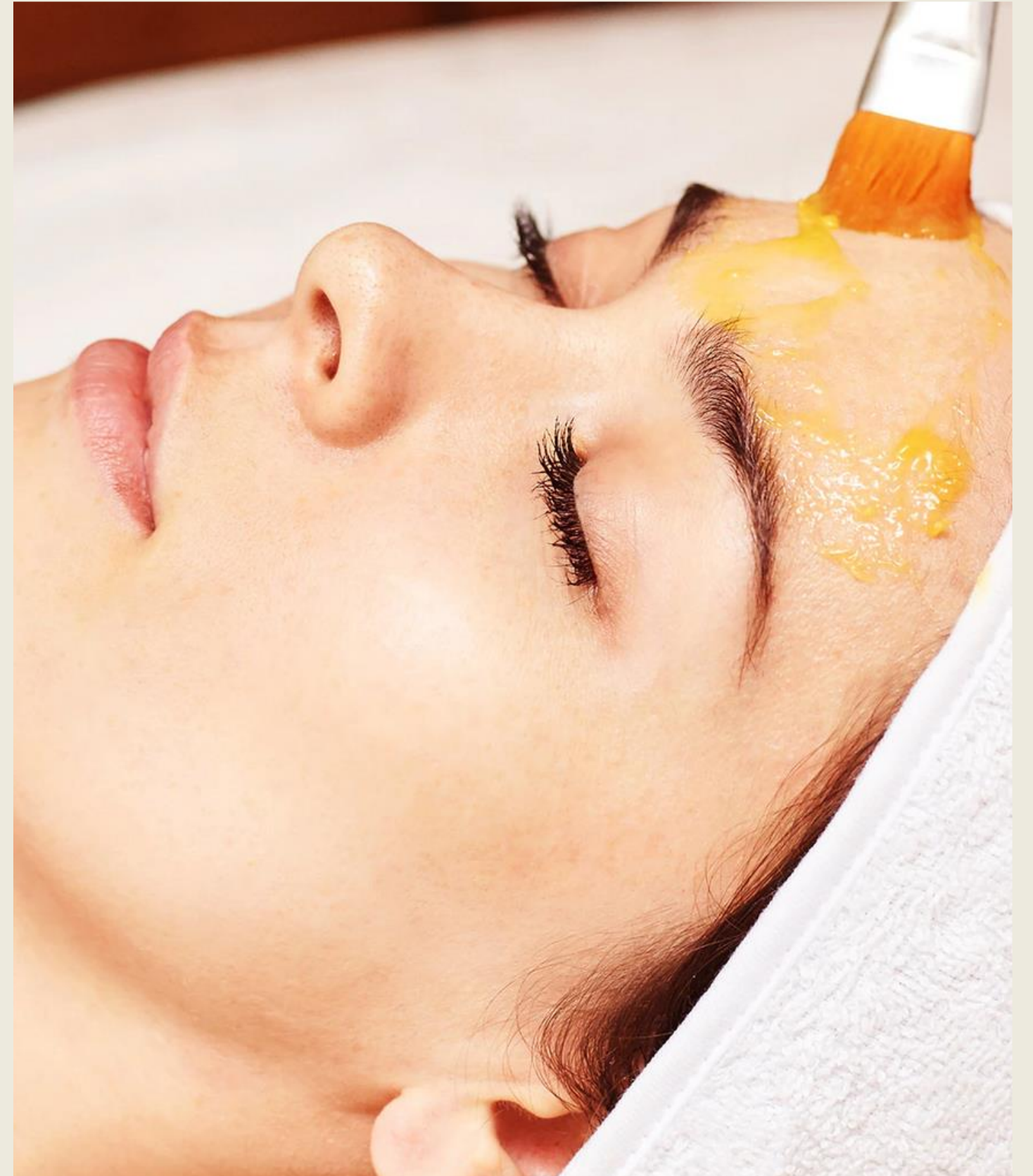
This is also an effective treatment that vanishes the skin irregularities including stretch marks but pretty expensive. Sometimes multiple treatments might be required to see powerful results. If you prefer this method, it's highly advised to have [post care laser](#) after this procedure to neglect its side effect.



# Chemical Peels

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It is a procedure in which a chemical solution is applied to the skin to eliminate the top layers. The skin that grows back is smoother. It is an effective way used to treat stretch marks also wrinkles, discolored skin, and scars. But if you choose this approach, it's highly suggested that you have it performed by a medical expert. Serious injuries have happened to those who've tried to become over smart by treating themselves.



# Carboxytherapy

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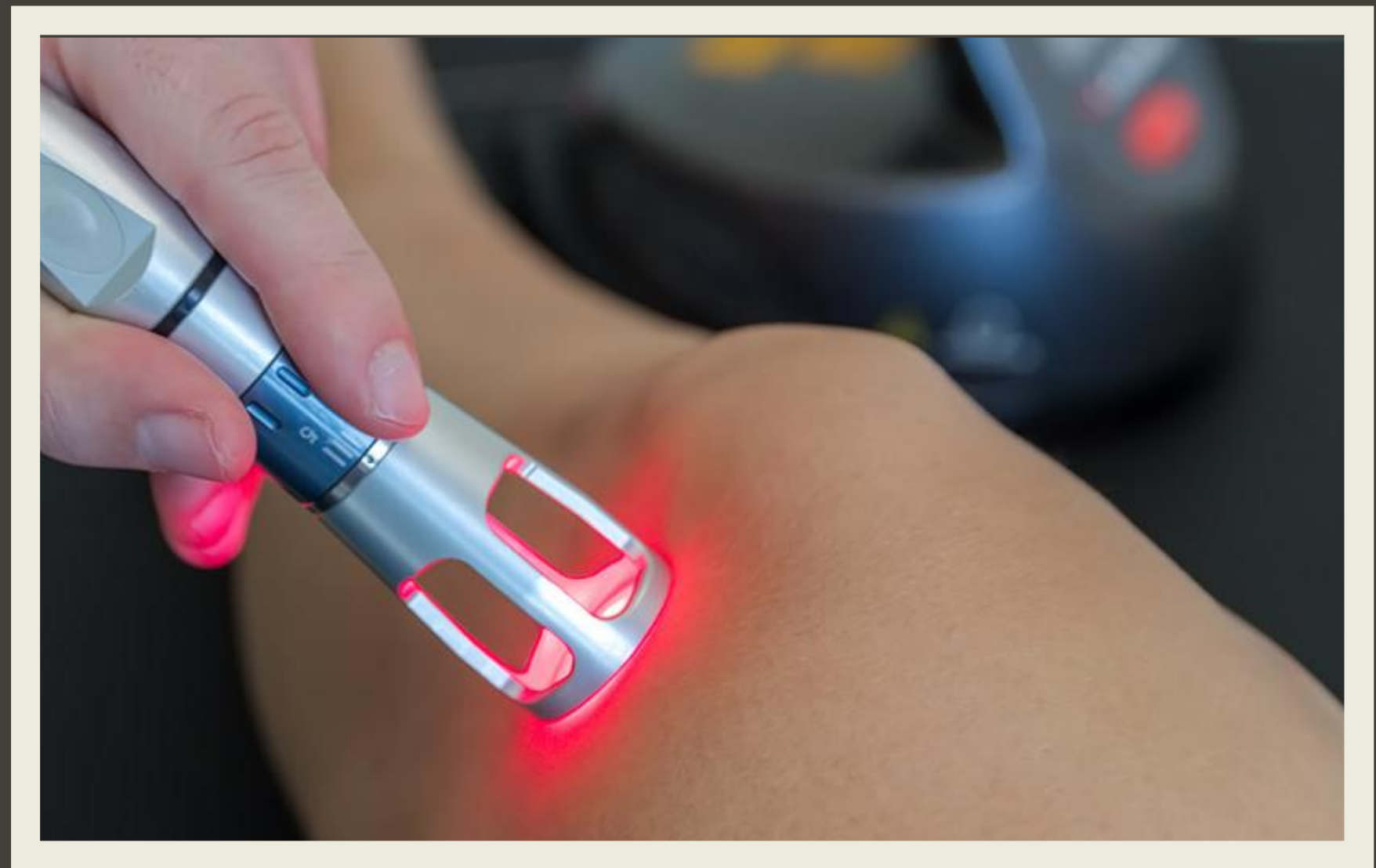
If you want to get rid of stretch marks with a painless approach then you must know [what is carboxytherapy](#). It is a treatment that includes the injection of medical carbon dioxide under the skin. It helps in improving the skin's elasticity and aiding with collagen repair.



# Natural Remedies

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If you want to go for the natural approach, you will find many options when trying to remove stretch marks. Some people claim that they're able to fade their problem areas by applying various home remedies or ingredients such as cocoa butter, coconut oil, Egg Whites, Shea butter, lemon juice, and Aloe Vera. Although these remedies might be effective but should take medical advice before using them.





# Spa Therapies

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You could go for weekly spa therapies that are specially meant to target problem areas. Some of these treatments include massage, body wraps, mechanical stimulation, and more. but this method can be expensive. If you can spend money then go for it



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# Contact Us

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**thankyou.**<sup>TM</sup>

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