

Online Directory

There are occasions when our clients ask about services that we do not provide. Below is a list of organisations that we are happy to signpost people to, rather than refer, as we cannot take any responsibility for any services these organisations provide. To the best of our knowledge, they are reputable organisations and will do their best to help. Home Instead does not receive any form of commission from any of these organisations, or associated employees unless otherwise stated.

To use these services please contact the organisation directly to make any arrangements. If you subsequently have any complaint this must also be addressed with them direct, although we would want to hear from you if you felt you had been unfairly treated for future review of this directory.

All details were correct at the time of publication, but we cannot guarantee the accuracy of any entry. If you would like any details amended or feel an organisation should be added please contact us on 01252 758716.

Please note that some of the services below are currently suspended due to the Coronavirus pandemic. Please contact the organisation before visiting.

<u>Organisation name</u>	<u>Contact details/website</u>	<u>Services provided</u>
Memory Lane Farnborough	https://www.homeinstead.co.uk/farnborough-farnham-fleet/news-events/our-new-dementia-friendly-cafe-launches-7th-february 01252 758176	Dementia-friendly club run monthly on the first Friday of each month in North Camp from 2 – 4pm.
Forget Me Not	https://stjohnshw.org.uk/coursesandevents/	Social gathering aimed at people living with dementia. The club meets every week at St John’s Church in Hartley Wintney between 2pm and 4pm. Just drop in.
Daisy Chain	http://yateley-tc.gov.uk/Article/Detail.aspx?ArticleUid=969e4b4d-de96-4b40-9cb6-b36069d4640e daisychaincafe1@gmail.com	Social gathering aimed at people living with dementia. The club meets every week at Yateley Village Hall, Old School Lane, Yateley GU46 6NG between 2.30pm and 4.30pm.

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<p>Alzheimer Café Farnborough</p>	<p>www.alzheimercafe.co.uk 07938 175 002</p>	<p>Run by the charity Alzheimer Café UK. Group support for people with dementia and their families and friends, providing psychological education about dementia in a cafe-like setting. Third Friday of every month (except August) 7.00 to 9.00pm. St. Peter's Parish Centre, Farnborough.</p>
<p>Memory Lane singing sessions</p>	<p>Contact Paul Tickner for more information via phone: 01252 614344 or Email: ptickner97@gmail.com</p>	<p>A fun sing-a-long group for people with dementia or memory loss. The group meets every Tuesday afternoon between 2.30 – 3.45pm, at The United Reformed Church, 25 Kings Road, Fleet.</p>
<p>Amplifon (ear health)</p>	<p>https://www.amplifon.com/uk/store-locator/hearing-aids-hampshire/amplifon-hearing-centre-farnborough-s111 01252 413639</p>	<p>Providers of hearing devices (not NHS), free hearing tests and earwax removal Located at 77 Lynchford Road, Farnborough GU14 6EJ. Home visits can be arranged.</p>
<p>Fleet Chiropractic Clinic</p>	<p>www.fleetchiropracticclinic.co.uk info@fleetchiropracticclinic.co.uk 01252 614818</p>	<p>McTimoney method, described as gentle, precise with a whole body approach, based on Ancells Farm, Fleet</p>
<p>Farnborough Feet</p>	<p>www.farnboroughfeet.co.uk 01252 512967</p>	<p>Podiatrist, based in Devereux House, Farnborough</p>
<p>Feet By Steph</p>	<p>www.feetbysteph.co.uk stephgovier1987@gmail.com 07597 205892</p>	<p>Foot Health Specialist, not Podiatrist, but fully qualified, based in North Town, Aldershot</p>

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Mind Body Sole	www.mindbodysole.co.uk hello@mindbodysole.co.uk 01252 810409	Two practitioners, one a Podiatrist, one Foot Health Practitioner (who does home visits). Based in Fleet
John the Footman Ltd	www.johnthefootman.com/ johnthefootman@gmail.com 01252 323673	Podiatrist, based in Aldershot
Vicky Lovelock	Vicky.lovelock@talktalk.net 07790 453004	Visiting Foot Health Professional, based in Fleet
Care Opticians	www.careopticians.co.uk surrey@careopticians.co.uk 01483 224914	Provide free NHS eye tests at home, deliver frames and provide after service. Although based in in Send, they cover Fleet, Farnborough, Aldershot and Farnham
Maggie Fowers	maggiefowers@gmail.com 07766 658302	Reflexology and massage
Move It or Lose It!	anita.dempsey@ntlworld.com 07540 739975	Gentle exercise classes for over 60s to suit all abilities. Held at Willis Hall in Church Crookham
Eden Creations	No website (on Facebook) Gemma on 07493 837536	Beauty therapist and massage
Molly Maid (Farnborough)	www.mollymaid.co.uk 01252 521175	Perhaps for those cleaning jobs around the house too big for Home Instead CAREGivers
Footscape	www.footscape-shoes.co.uk info@footscape-shoes.co.uk 01252 522955	Small independent retailer of footwear, specialist dealing with people with irregular fitting requirements. Will do home visits for fittings. Based in North camp
PPP Taking Care	www.ppptakingcare.co.uk enquiries@ppptakingcare.co.uk 0800 032 3763	Provider of a variety of personal alarms to help you remain safe whilst in your home
Argenti Telecare	https://argenti.co.uk/hampshire/ hello@argenti.co.uk 01962 670721	Local telecare provider

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TGA Mobility	www.tgamobility.co.uk info@tgamobility.co.uk 01252 350095	Provider of a multitude of equipment to assist in mobility, such as wheelchairs, bathing aids and walking aids.
EPC Wheelchairs	http://epc-wheelchairs.co.uk/ 01252 547939	Provider of specialist wheelchairs
Acorn Stairlifts	https://www.acornstairlifts.co.uk 0800 016 9492 (quote ref no. 95996)	Provider of domestic stairlifts. Home Instead have a referral system in place, hence the reference number)
The Bobby Scheme	www.bluelamptrust.org.uk/Bobby_Scheme/ 0300 777 0157	Provided by The Blue Lamp Trust. FREE home safety and security survey to assess the work needed to make a person's home safe and secure. Free of charge they can fit door chains, door and window locks, spyholes for doors, smoke detectors.
Remap	https://www.remap.org.uk/ data@remap.org.uk 01732 760209	Custom made equipment to help disabled people
Squeeky Klean	www.squeekykleanovens.co.uk/ info@squeekyklean.co.uk 01256 633683	Specialist cleaning company for ovens and carpets
Farnborough Car Care Company	www.farnboroughcarcare.co.uk/ 01252 546415	Car repair company in North Camp
Home Care Removals	www.homecareremovals.com/ 01276 469739	Removal and house clearance company specialising in moving older people
Medical Moves	01483 346033 keith@wokingcfp.org.uk	Medical Moves is a local service provided by Woking Community Furniture. They move items of furniture around your home, perhaps to accommodate a bed downstairs. They can also dispose of old furniture.
Driving Miss Daisy	www.drivingmissdaisyUK.co.uk teamdaisy@drivingmissdaisyUK.co.uk 0333 0146211	Providers of individual transport for older people and/or those with mobility problems

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Care Farnham	www.carefarnham.org.uk 01252 7166655	Transport for Farnham residents to health related appointments (hospital, doctor, dentist, physio etc)
Co-Op – Joe McGuire	www.coop.co.uk/estateplanning	Estate planning including wills, Power of Attorneys, financial planning
Grey Matters Consultancy	www.grey-matters-consultancy.com/ info@grey-matters-consultancy.com 0330 134 0166	Private company providing help for older people in respect of wills, attendance allowance, Power of Attorney etc
Chadney Bulgin	www.chadneybulgin.com/ 01252 788888	All aspects of financial planning
Macular Society	www.macularsociety.org/ help@macularsociety.org 0300 3030 111	Support charity for people with this eye condition
Action on Hearing Loss (Royal National Institute for Deaf People)	www.actiononhearingloss.org.uk/ informationline@hearingloss.org.uk 0808 808 0123 0808 808 9000 (textphone)	Help and support for those confronting life changing deafness, tinnitus and hearing loss
Sight for Surrey	https://www.sightforsurrey.org.uk/ info@sensoryservices.org.uk 01372 377701	Support for people who are blind or partially sighted, Deaf, deafblind or hard of hearing

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Macmillan Community Cancer Navigators	vcl.macmillancancernavigator@nhs.net 01483 782056	Provide support for people living with and beyond cancer
Alzheimer's Society	www.alzheimers.org.uk fay.freemantle@alzheimers.org.uk 01256 363393	Provide support for people living with dementia
Dementia Advice Service	www.andovermind.org.uk dementiaadvicehartrushmoor@andovermind.org.uk 01252 624808	For people with dementia, their carers, family and friends. Beverley Caldwell- Aldershot, Blackwater & Camberley - 07796 001 491 Martine Fullbrook - Farnborough & Cove - 07557 479 835 Carol Goggin - Hook & Hartley Wintney - 07507 968 397 John Spencer-Davis - Fleet, Church Crookham & Yateley - 07796 002 171
Age UK Surrey	www.ageuk.org.uk/surrey/ enquiries@ageuksurrey.org.uk 01483 503414	Charity that provides a wealth of information and advice for older people, plus a variety of social clubs in the area. Also provide a Help at Home service. Although based in Surrey, they can also help people in Hampshire
Warmth Matters	https://www.surreyca.org.uk/advice-and-support/warmth-matters/ david.carter@surreyca.org.uk 07521 503696	Advice of reducing fuel costs and dealing with energy debt
Hospital Transport	https://www.scas.nhs.uk/wp-content/uploads/NEPTS-Patient-Zone- Booking-Guide-June-2018.pdf nepts.online@scas.nhs.uk 0300 123 9840	Provision of transport to and from hospital, not GP or other similar services
Good Neighbours Network	www.goodneighbours.org.uk info@goodneighbours.org.uk 023 9289 9671	Local group offering help with tasks such as transport, shopping, befriending

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Brendoncare	www.brendoncare.org.uk/clubs/our-clubs/hampshire 01962 852133	Charity providing a variety of clubs and activities for older people in Farnborough and Fleet
Farnham Assist	http://www.farnham-assist.org.uk/events-calendars-forms.html info@farnham-assist.org.uk 01252 717710	
Princess Royal Trust for Carers	www.carercentre.com info@carercentre.com 01264 835246	Charity providing support specifically for carers, not professional, paid carers though
Citizens Advice Farnborough and Aldershot	www.citizensadvicershmoor.org.uk/ 03444 111 306	Charity providing a variety of information and advice
Citizens Advice Fleet	www.citizensadvicehart.org.uk/ 03444 111 306	Charity providing a variety of information and advice
Citizens Advice Farnham	www.waverleycab.org.uk/farnham/ 03448 487 969	Charity providing a variety of information and advice
Cron dall & Ewshot Neighbourcare	01252 850396	Hospital and GP transport – other health transport. Prescription collection, sitting service, shopping, visiting
Cron dall & Ewshot Village Pump Group	07922 028844	Social outings and events for older people. Monthly coffee morning. Singing for Fun activities
Fleet and District Voluntary Care Scheme (Communicare)	Secretary – 01252 677803 Duty officer – 01252 613121	Hospital and GP transport – other health transport
Dementia Friendly Gym Sessions Hart Leisure Centre	0333 005 0134	Every Friday 1 – 2.30pm
Farnborough Neighbourcare	01252 545356 01252 543957	Hospital and GP transport – other health transport

MHA Live at Home Scheme Rushmoor	https://www.mha.org.uk/live-home/live-home-near-me/rushmoor/#your_home 01252 758593 HartandRushmoor.LiveatHome@mha.org.uk	A charity that provides a befriending service via volunteers and social clubs for older people
Community Point	www.communitypoint.org.uk 01483 565456	Social activities in and around Farnham
We are aware that some residential homes in our area are open to the public, with numerous facilities (e.g. cafe, cinema, social clubs) which older people are welcome to use, without the need to be a resident.		
TLC Camberley Manor, Deepcut	www.tlccare.co.uk/camberley-manor/ 01252 905 160	
Sunrise, Fleet	https://www.sunrise-care.co.uk/care-homes/fleet/events 01252 968017	
Gracewell, Church Crookham	https://www.gracewell.co.uk/care-homes/gracewell-of-church-crookham/events-and-activities 01252 917100	
Knellwood Residential and Nursing Home, Farnborough	www.knellwood.co.uk/accommodation-facilities/ 01252 542169	
We are aware of some Day Care Centres in our area. The ones listed below are known to us and, to the best of our knowledge, accommodate older people with and without dementia. However, we recommend that you contact the centre direct to enquire about facilities and charges beforehand.		

<p>Day Care Centres catering for people with dementia</p>	<p>www.frogmoredaycentre.co.uk 01252 876055 http://odihamcottagehospital.org.uk/services/rosefield-day-centre/ 01256 393604 www.hillhouse-nursinghome.co.uk/about-us/day-care/ 01252 850236 www.careuk.com/Whitebourne 01276 819766</p>	<p>Frogmore Day Care Centre, Yateley – (Mon – Fri) Rosefield Day Centre, Odiham – (Tues – Thurs) Hill House – Dementia Day Care Centre, Ewshot – (Mon-Fri) Whitebourne Care Home, Frimley (Wed – Fri)</p>
<p>Day Care Centres catering for people without dementia</p>	<p>https://devereuxhouse.wixsite.com/home/day-centre 01252 512967 https://www.surreyinformationpoint.org.uk/Services/350/Shawfield-Centre 01252 326304 http://www.ageconcernhampshire.org.uk/our-services/centre-contact-details.html 01252 328852</p>	<p>Devereux House Day Care Centre, Farnborough – (Mon – Fri) Shawfield Centre, Ash – (Mon - Fri) Rushmoor Day Care Centre, Aldershot – (Tues & Fri)</p>
<p>Whitebourne Dementia Café in Frimley</p>		<p>admin.whitebourne@careuk.com</p>