“"Balance"”

Psalm 127

April 17, 2016

Theme: A balanced life that honors more than a hurried frenzy comes from understanding God’s priorities, our personalities, and biblical seasons.

1. God’s Priorities (v1)
   1. Prioritize your faith
      1. Grant God the crown of his Lordship
      2. Grant God the coverage of his Lordship
   2. Treasure your faith

Key: The antidote to anxiety is awe of our Lord

1. What happens without awe? We cannot rest (v2)

2. What keeps the biblical balance of work and rest? Understanding …

1. Our Personalities (v2)
   1. Personality Descriptions
      1. Workaholics
      2. Anxiety Addicts
   2. Personality Drivers
      1. Fear of stuff lost
      2. Fear of love lost

Key: Balance is fundamentally victory over fear

* + - 1. Evidence of balance:
         1. Rest – proof of faith
         2. Sabbath – declaration of freedom
         3. Is understanding…

1. Biblical Seasons ( especially regarding family)
   1. There is a season of raising (v3-4)
      1. Reflected in the preciousness of children (v3)
      2. Reflected in the protection of children (v4)
   2. There is a season of reflection (v5)

Key: Child investment yields eternal dividends, in that biblical care of family balances your soul.

Conclusion: The progress + preciousness of grace