

""Balance""

Psalm 127

April 17, 2016

Theme: A balanced life that honors more than a hurried frenzy comes from understanding God's priorities, our personalities, and biblical seasons.

1. God's Priorities (v1)

- a. Prioritize your faith
  - i. Grant God the crown of his Lordship
  - ii. Grant God the coverage of his Lordship
- b. Treasure your faith

Key: The antidote to anxiety is awe of our Lord

- 1. What happens without awe? We cannot rest (v2)
- 2. What keeps the biblical balance of work and rest? Understanding ...

2. Our Personalities (v2)

- a. Personality Descriptions
  - i. Workaholics
  - ii. Anxiety Addicts
- b. Personality Drivers
  - i. Fear of stuff lost
  - ii. Fear of love lost

Key: Balance is fundamentally victory over fear

1. Evidence of balance:
  - a. Rest – proof of faith
  - b. Sabbath – declaration of freedom
  - c. Is understanding...
3. Biblical Seasons ( especially regarding family)
  - a. There is a season of raising (v3-4)
    - i. Reflected in the preciousness of children (v3)
    - ii. Reflected in the protection of children (v4)
  - b. There is a season of reflection (v5)

Key: Child investment yields eternal dividends, in that biblical care of family balances your soul.

Conclusion: The progress + preciousness of grace