

My Revolution Youth Conference 15.-17. July 2020

Creative Workshops



Video

Who is the trainer:

Maciek Zygmunt – photographer, video maker, cooperates with NGOs and activists

What the workshop is about:

The process of storytelling in video projects; basic techniques for creating video (speech, interview, b-roll, editing); Vlog as a one-man method of fighting for rights.

We work on a selected topic, from realization of paintings and editing to video material.

What the participants need:

- Video recording device: smartphone, gopro sports camera, or camera recording video type SLR / nonSLR.
- Cable, card reader to be able to download recorded material to a computer.
- I strongly recommend computer equipment to have access to both a computer / tablet with a camcorder and a smartphone / image recording device, because participants will be able to make a simple assembly on the computer.
- Software: A request to register each participant on a free Adobe Spark spark.adobe.com movie-editing platform. Internet access is required during work. I recommend registering earlier to try if our connection works ok. There will be a simple tutorial use it - it's quite uncomplicated.

Level of English: 3/5

Photography

Who is the trainer:

Agnieszka Fiejka – teacher of art, photographer, activist
Professionally, she works as a photographer and art and photography teacher. She is an activist for women's rights, black marches and protests, involved in LGBT+ movements and ecological environments.

What the workshop is about:

the power of photographic image, photo reports and documentation of events, photography as a factor shaping the vision of reality, the importance of photography in groundbreaking events, iconic images, newspapers, portals, etc.

creation of photographic content for the purposes of the action, ideas for actions in social media, work with images and hashtags,...

What the participants need:

- Internet access to a computer (browsing photos, catalogs, links)
- photographic equipment, at least smartphones with camera

Level of English: 3/5

Dance

Who is the trainer:

Krystian Chorążak - 29 years old modern dance instructor, I started my adventure with dance at the age of 17. Since then I have participated in numerous dance workshops in Poland and Europe. I have been leading dance classes with children, young people and adults. In class, I try to maintain a high-level participants' energy, participant development is important to me. I appeared in music videos. I cooperated in film productions.

What the participants need:

- a computer or smartphone with a camera and Internet access
- some space for comfortable learning of the choreography

Level of English: 2/5

Handicraft / Zero Waste

Who is the trainer:

Dagmara Kędziora - Hi I am Daggi, and since I remember I have always tried to make my life more sustainable. I am also a big fan of Do it Yourself ideas. I like to share my knowledge especially regarding sustainable development, ecology and zero waste lifestyle.

What the workshop is about:

I would like to show you how to re-use a bottle or milk box.

What the participants need:

- obligatory: milk carton and PET bottle or bottle, strings, yogurt cups, newspapers (preferably colored), glue, scissors, adhesive tape
- you can collect garbage for a few days, that you want to use during the workshop

Level of English: 3/5

Theater of the Oppressed

Who is the trainer:

Jana Burger is a passionate dancer, nonviolent communication trainer and theater pedagogue. Based in Ljubljana, Slovenia, likes to support local communities and works on many international projects. She got her qualification and experience from Kuringa, Theater of the Oppressed space in Berlin.

What the workshop is about:

We will be using the method of Theater of the Oppressed by Augusto Boal. There are many different techniques; we will be using some that can be practiced online, for example image theater, newspaper theater and some elements of forum theater. It will be interactive and fun.

What the participants need:

- pen and paper
- phones or computer to look for some articles online

Level of English: 3/5



Memes

Who is the trainer: Timotej Pavlin

What the workshop is about:

The workshop will feature a short introduction about the history and meaning of memes and their influence on society. The core will consist of making memes, connected to the discussed topics. This will be used to have fun, but also to create material to share and bring awareness about our workshop and the problems of today's society.

What do participants need:

- a phone or a computer to make memes (can be the same, that is used for the video call)
- love of memes and a sense of humor are helpful

Level of English: 4/5

Comic / Drawing

Who is the trainer:

Joanna Żyłowska – designer and educator, graduate of the Krakow Academy of Fine Arts. In design, she looks for symbols and signs, helps open up to free creativity.

What the workshop is about:

Is it possible to speak about something important without words? Is it possible to create a sign, which encompasses all there is or is so attractive that people want to know more? It's really important to be able to show something in just a few minutes. Let's try! Great talent and drawing abilities are not needed.

What the participants need:

- 3 colors (pens or cryons)
- 5 piece of paper (the best size: A4)
- computer

Level of English: 2/5

