

# CAJUNS DON'T WASTE IN THE RESIDENCE HALLS

Welcome to UL, where sustainability is in our roots! Being a Cajun means being an active member of our community, a citizen of the world, and a steward of the environment around us.

Campus sustainability efforts are integrated into the everyday lives of UL students, faculty, staff, and administration and Residence Life is no exception! Here are some easy ways to Geaux Green in your residence hall and get a leg up for the Cajuns Don't Waste Room Challenge (information on back):

## YOUR ROOM CHECKLIST

Start the habit today!

### Water

- Limit showers to 5 minutes, each minute saved saves +2 gallons of water
- Turn the faucet off when washing hands, brushing teeth, and shaving
- Wash only full loads of laundry and use cold water

### Energy

- Use LED light bulbs
- Have only one TV per suite
- Use ENERGY STAR appliances and share with your roommate
- Use a smart power strip to turn off multiple devices when not in use
- Turn the lights off when last to leave a room or see lights on in any empty room
- Unplug (or turn off the power strip) for all chargers and devices that are not in use
- Utilize natural sunlight during daytime hours
- Close windows when the air conditioning is running
- Turn up (down in winter) the thermostat when leaving the room
- Contact Facilities Services at 2-2FIX (2-2349) to fix drafts, leaks, and temperature problems
- Set computers to standby or hibernate when not in use and turn them off (don't leave them plugged in at night)
- Make use of window shades to mitigate room temperature (reducing sun in hot summer months and keeping out drafts in the winter)
- When leaving for breaks, turn AC/heat controls down, empty and unplug the refrigerator, turn off all energy-using devices, make sure windows are closed, and pull the shades



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## Waste

- Collect recyclables in your room and put them in the recycling bins in your hall
- Use a water filter and/or reusable water bottle instead of bottled water
- Repurpose old items in a creative way
- Use reusable bags instead of plastic bags when grocery shopping
- Use a cloth napkin and dish towels instead of paper towels
- Use durable and reusable items and containers instead of single-use disposable ones (cups, mugs, silverware, dishes, straws, to-go containers)
- Use school supplies with a high percentage of recycled-content materials (i.e. notebooks, pens, pencils, folders, etc)
- Give things new life by shopping second hand or getting broken items repaired instead of throwing away and purchasing something new

## Wellness

- Purchase local and/or organic produce
- Choose safe, natural personal care items (shampoo, soap, sunscreen, etc.)
- Make your own or use non-toxic, chemical-free cleaning products
- Have a living plant to bring the outdoors in and support air quality
- Use linens with organic or recycled materials

## Transportation

- Use public transportation options like UL campus buses and Lafayette Transit system
- Ride a bike for short errands or trips to Bourgeois Hall. Geaux Velo bikes are available for short term rentals at 3 stations across campus. Register at [www.geauxvelobikeshare.com](http://www.geauxvelobikeshare.com)

## Community

- Shop local, seasonal, and organic when possible
- Participate in sustainability activities at UL such as sustainability films, Fete de la Terre (Earth week), Soul Camp, and The Big Event or become a member of the Students for Sustainability Organization
- Donate items you don't need or use (Lafayette has Goodwill, Salvation Army, Faith House, The Extra Way, and Habitat for Humanity)

## Cajuns Don't Waste Challenge

Look out for the official Cajuns Don't Waste Challenge in October! Participating rooms will earn a score based on these checklist and other items. Winners will receive FREE Geaux Velo Rides for life! **Sign up for the Cajuns Don't Waste Challenge and other Office of Sustainability updates at: <http://bit.ly/roomchallenge>**



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