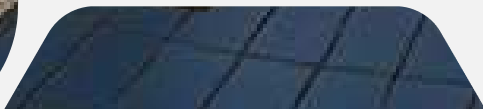
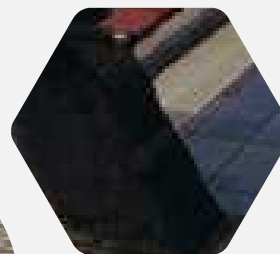
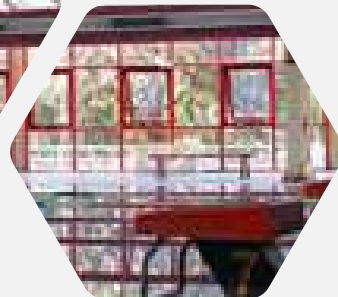


*Masters  
Sprint Meet  
Volos 2019*



The competition will be held according to FINA rules & regulations

All clubs can participate at each event with as many swimmers as they wish throughout the competition

Each swimmer may participate in up to six (6) individual events [max. two (2) events per session]

\* Mixed relays must be composed of two (2) women + two (2) men

**Hellenic Swimming Federation  
National Bank of Greece**

**IBAN: GR060110080000008048057205**

**Entry Fee  
30 €**

The entry fee can also be paid to the Secretariat before the beginning of the meet.

**Awards**

The first three (3) swimmers in each event & category will receive medals & diplomas



**Sat, 14-DEC-2019 [5:00 p.m.]**

**Sun, 15-DEC-2019 [9:00 a.m.]**

**Sun, 15-DEC-2019 [4:30 p.m.]**

50m Butterfly

50m Freestyle

50m Backstroke

200m Freestyle

50m Breaststroke

100m Freestyle

200m Backstroke

200m Butterfly

200m Breaststroke

100m Breaststroke

100m Backstroke

100m Butterfly

4x50m Freestyle Mixed\*

200m Individual Medley

100m Individual Medley

4x50m Medley Mixed\*

**Submission  
Deadline  
02-DEC-2019  
at 14:00 hrs**

✉ **info@koe.org.gr**  
**Fax: +302109850964**