

Mold in Showers: How to Get Rid of It

There are thousands of different types of mold. The air around us is filled with mold spores every single day. Within 24 to 48 hours, these spores can reproduce and spread. They only need moisture and oxygen. The perfect breeding ground for mold is in bathrooms and showers.

A fungus such as mold can penetrate porous materials, as opposed to mildew, which forms on surfaces. <https://canduplumbing.com/chatsworth-ca/trenchless-pipe-lining> is usually visible in dark spots along walls and corners of tiles as well as caulking.

In people with acute illnesses and compromised immunity, mold poses a health risk. I will show you how to remove mold in showers in order to prevent these health risks. In addition, we will give you tips for preventing mold in your bathroom and your house.

Are you worried about mold in your bathroom?

Mold types in a diagram.

Molds can be classified into three groups:

Asthma-like symptoms or allergic reactions are produced by allergenic substances.

Pathogenic: Harmful to people suffering from acute illnesses or with reduced immunity.

A toxin is dangerous for everyone.

In many cases, it is difficult to tell one mold type from another. It is possible to find *Stachybotrys* in showers, the most toxic kind of black mold, but it could also be *Alternaria* or *Aspergillus*, two other common household molds.

CDC recommends that you test your mold to determine what variety it is, but there is no way to determine exactly what variety it is. It is important to get rid of any mold as soon as possible.

How to get a mold-free shower

Use a mold-specific cleanser to fully remove black mold from your shower, orange mold from your shower, and mold in the shower grout. Mold can sometimes be removed by bleach, however, it doesn't resolve the entire issue. Using bleach to remove mold stains and surface mold is helpful, but is ineffective at killing fungus that has soaked in.

As an alternative to using a commercial detergent, you can create a 1:1 solution using hydrogen peroxide and water or white vinegar and water to kill mold.

Mold is scrubbed off shower grout with a toothbrush by a woman.

For this task, you will need:

Cleaner

The spray bottle

Wear rubber gloves

Plaster cloth

Scrubbing brush with stiff bristles

The paper towel or the toilet paper

Bleach

Vinegar

The following steps should be followed when cleaning thoroughly:

Wash down all affected shower areas with detergent.

Allow to soak for 20 to 60 minutes.

Roll paper towels or TP in cracks around the tub rim to prevent mold growth.

Use a brush vigorously to scrub.

Water should be rinsing and wiped clean.

Rinse any stained areas with bleach.

Rinse and wipe the area.

Vinegar should be sprayed over the surface and left to dry.

Lastly, we will take preventative measures. Mold will be inhibited from growing and will be less likely to return to your shower with white vinegar.



If you have significant mold growth or suspect toxic mold, consult a professional remediator. Don't take on large mold projects on your own.

You should not caulk or paint over moldy walls. You will not be able to prevent the mold from reproducing or becoming a health hazard. Replace moldy caulk with new, mold-resistant caulk.

How to remove mold from a shower head

The showerhead is moldy.

The mineral deposits and mold that build up on shower heads are inevitable. This trick will show you how to clean all those small nozzle holes.

Mix a 1:1 solution of vinegar and water in a plastic bag. Rubber band the bag over the shower head. Let the solution sit in your shower overnight. You will enjoy a like-new shower

head the next morning, mold-free and easy to clean.

Bathrooms and Showers: Preventing mold

It is best to prevent mold from growing in the first place. Use these practices to prevent mold from growing in your shower.

If you are taking a shower, turn on the exhaust fan or open a window.

Humidifiers should not be set higher than 50%.

Keep your bathroom clean with mold-killing products.

Repair leaks, drips, and other sources of moisture.

Air filters should be changed frequently.

Make sure you don't leave wet towels on the floor.

Regularly spray vinegar on shower walls to prevent mold growth.

When your home is dry and clean, mold is significantly less likely to grow. By maintaining the bathroom regularly, dark stains on the tile and grout are prevented.

Plumbing Issues Associated With Bathroom Mold

Candu Plumbing can assist you if you have mold growing in your bathroom due to leaky pipes, clogged drains or drippy faucets. Whether you live in Los Angeles or the surrounding area, call a certified plumber today to inspect and repair your plumbing issue.