




Summer Camp Packing Checklist and Tips



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What to pack for summer camp?



As a mum of twins, I know getting ready for summer camp can be a bit chaotic. Especially if it is your kid's first time... So what do you pack?

Based on my own experience, I've put together a checklist to make things a bit easier for busy mums like myself. If I missed anything on that list, please let me know!

Just a few tips before you start packing:

First, if your camp provides a checklist, follow it

Check out what the camp says about activities, the must-haves, and what NOT to bring. You will get your camper off to a great start by making sure they have everything they need

Secondly, label everything!

Seriously, labeled items have a much better chance of making it home. And your little one will go off to the camp not worrying about losing their things and ready to have fun

Third, pack together with your little camper

When your kid is away, you won't be there to help them find towels, socks, or flip flops. So they need to figure it out for themselves☺ Plus, packing together is so much fun!

Happy packing!
Stephanie Hanna
Creator of Essmak Labels

Basics and Essentials



TIP: Check with your camp what the must-haves are. Many camps provide checklists and recommendations in advance

- Small backpack
- Laundry bag
- Sleeping bag – if you're packing this, make sure you add an extra blanket
- Bedding/Bedsheets
- Pillows
- Reusable water bottles
- First Aid Kit – only in case your camp wants you to pack it. Most camps have their own first aid kits available and don't want children to bring extra
- Specific medication if your child needs it - it shouldn't be in your kid's bag though! Give it to the camp nurse with instructions on when it is to be given
- Flashlight + spare batteries
- Sunscreen + sunglasses
- Insect repellent – make sure it's kids-friendly. Usually sprays/aerosols are not allowed in summer camps – consider a cream or gel form

Clothes and Shoes



TIP: Pack a mix of long and short sleeve shirts, pants, underwear, and socks for each day at camp. Then add a few extra items in case of spills or other issues.

- Hat/Bandanna/Scarf
- Light jacket, depending on the weather. Hot temperatures often drop by evening so make sure your child has something warm to wear
- Sweatshirt/sweaters
- Long sleeve shirts
- T-shirts
- Underwear
- Jeans/pants
- Shorts
- Pajamas
- Cotton bathrobe
- Boots, running/hiking shoes, flip-flops - plus a spare pair!
- Socks – add a few extra pairs

Personal Hygiene



TIP: Ironically, one thing parents often forget is toiletries! Make sure you don't pack too much, though. Just send enough toiletries for the time your little adventurer is going to spend in the summer camp

- Toiletry bag or organizer - it's the easiest way for the child to bring it to and from the bathroom
- Shampoo + Conditioner (ideally, in little travel-size bottles)
- Deodorant
- Toothbrush + Toothbrush container + Toothpaste
- Soap
- Towel/Beach Towel / Hand Towel
- Hairbrush/comb
- Tissues

Swimming and Sports



TIP: Add an extra swimsuit! If your kid's swimsuit decides to just 'disappear' as things sometimes do, with an extra one they won't miss out on swimming activities

Swimming

- Swimsuit + an extra one
- Goggles for swimming
- Beach towel
- Water shoes or sandals for waterfront
- Floatation devices (check with your camp list to see if these are necessary)

Sports

- Athletic clothes
- Running shoes
- Check with your camp to make sure you need to pack anything extra (equipment, clothes, etc.)

The Little Comforts



TIP: Being away from family for a few days might make your little one homesick. Pack a few comforts from home to cheer them up!

- A comfort item to sleep with (stuffed animal, nice soft blanket, etc.)
- A family photo – this is also fun to show their new friends at the camp!
- A book/comic book if your child is into reading. Many camps don't allow electronics or e-readers. Paper books are best for camp
- Journal/notebook + pens/ pencil crayons
- A sweet note to your little camper. This will brighten their mood! Tell them how excited you are that they get to have this adventure, and how happy you are for them. Place the note somewhere deep in their bag so that they'll find it a few days after the camp starts

Happy Camper Pack: 125 Labels for everything!



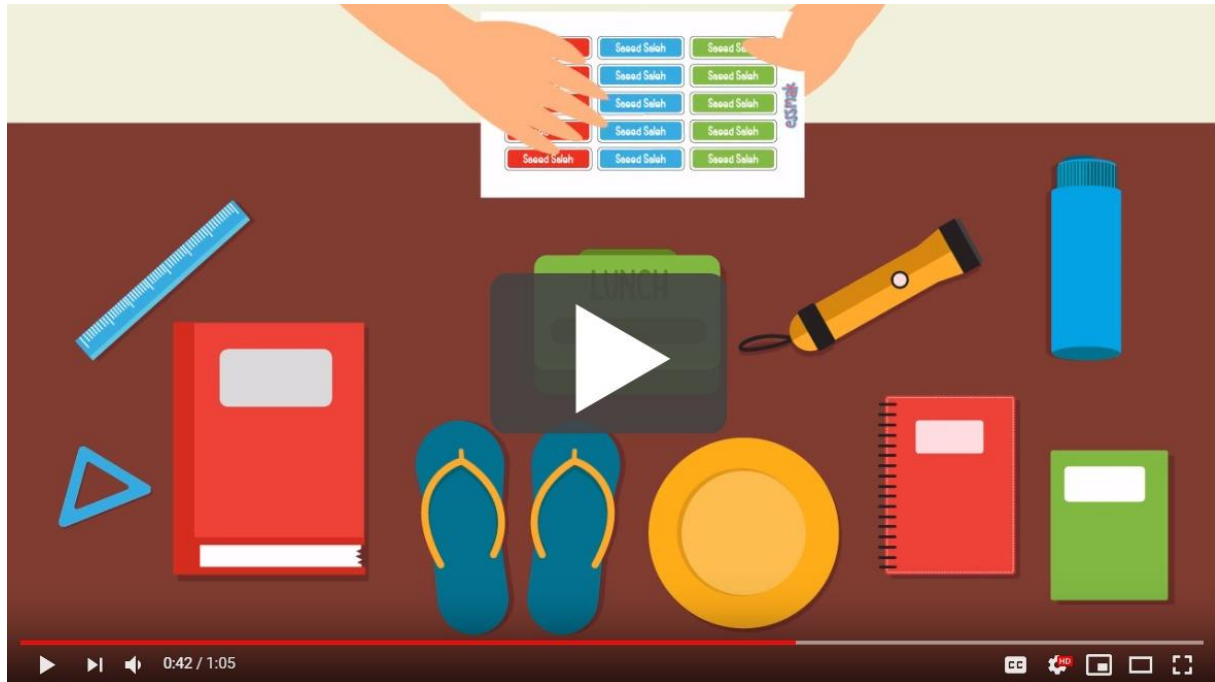
As you wave your kids goodbye to spending the night in the great outdoors, you can be sure no items will be lost. Our Happy Camper pack has the perfect mix of labels to go on sleeping bags, clothes, flashlights, toiletries and more. 125 labels total 😊

Kid-friendly and Mum-friendly! All the stick-on labels are dishwasher, microwave, freezer and sterilizer proof, while our iron-on clothes labels are washing machine and tumble dryer proof

[CHECK OUT THE HAPPY CAMPER PACK](#)

Got a question? Email me at stephanie@essmak.com or
whatsapp at +961 71 494 649

Short Video: How to apply your labels



Simply click this video preview to watch the short 1-minute video! You'll learn all about how to apply your labels

Video doesn't open? Follow this link: <https://youtu.be/KrUICO2qY6I>



SAFETY FIRST

Your child's safety is of paramount importance. Always check that any name labels are safely and fully adhered before giving them to small children

Looking to organize everything in style?

Don't Lose It, Label it! #essmak
We will customize all items for you



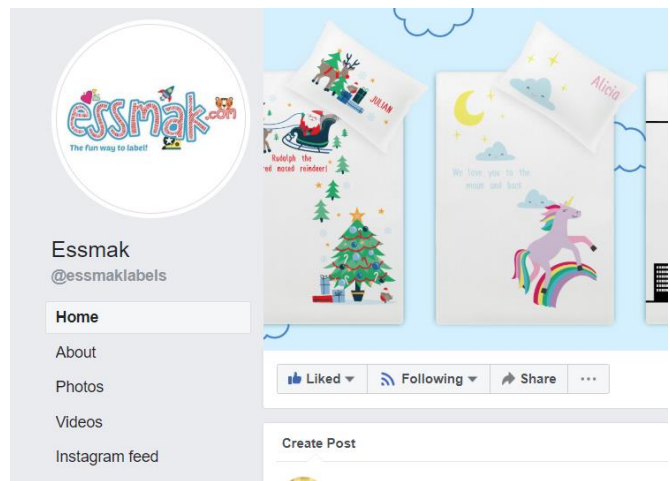
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Got a question? Email me at stephanie@essmak.com or
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