



## 😊 CALL FOR VOLUNTEERS 😊

### Long term EVS: **VOLUNTEER INC. – Inclusive, Not Conclusive**

**Application deadline:** 15/08/2016

**Application procedure:** send CV and motivation letter to  
evs@vcz.hr

**Selection process:** 16-22/08/2016

**Selection procedure:** skype interview

**Dates of service:** 01/10/2016 -31/08/2017

**Where:** Zagreb, Croatia

**Who:** 2 volunteers enthusiastic about volunteering with people with intellectual disabilities

**Eligible countries:** Austria, Slovenia

**Coordinating organization:** Volunteers' Centre Zagreb (Croatia)

**Hosting organization:** Centre for Rehabilitation Zagreb (Croatia)

**Sending organisations:** GRENZENLOS Interkultureller Austausch (Austria), Zavod Volontariat (Slovenia)

### PROJECT SUMMARY

The Longterm EVS project "Volunteers INC - Inclusive, Not Conclusive" will be implemented by Volunteers' Centre Zagreb as receiving organization with Grenzenlos - interkultureller Austausch and Zavod Volontariat, as sending organizations. The project will be involving one Austrian and one Slovenian volunteer over a period of 11 months in 2016. It will take place in Zagreb, where volunteers, together with VCZ and its local partner organizations/institutions, will organise activities for individuals with intellectual disabilities.

Through inclusion, respecting differences and diversity, intercultural understanding and community building, the project aims to promote inclusive volunteering and make people aware of the importance of active citizenship in our society.

The main activities of the project are:

- organizing creative workshops, sport activities, leisure time and games for individuals with intellectual disabilities,
- assisting individuals with intellectual disabilities with their daily life tasks,
- involving individuals with intellectual disabilities in volunteering and in events that promote inclusion.

This project will give volunteers an opportunity to learn and work in a diverse and challenging environment, get to know the challenges of Croatian reality and aid in the enhancement of solidarity in our society, particularly among vulnerable groups. Desire of all sides participating in this project is to make a change in communicating with/about people with intellectual disabilities.

### PROJECT ACTIVITIES

#### ORGANIZING ACTIVITIES FOR PEOPLE WITH INTELLECTUAL DISABILITIES

I. Organization activities to increase life quality of individuals with intellectual disabilities

- planned dates: October 2016 – August 2017

- venue: facilities in CRZ center in Soboština, organized living apartments and different locations in the city

To improve life quality of people with intellectual disabilities who are beneficiaries of CRZ services volunteers will plan and organize activities which will introduce more diversity and add quality into their lives and offer learning, skill developing and creative expression opportunities (through creative workshops that (cashing, jewelry making, decoupage, poster making, etc.). Through time spent socializing with people with intellectual disabilities, volunteers will learn about their interests, abilities, specifics challenges and help propose activities according to what they have found out.



Erasmus+



AGENCY FOR  
MOBILITY AND  
EU PROGRAMMES



volonterski  
centar  
zagreb



VOLONTARIAT  
SCI SLOVENIA

## 2. Promoting inclusion through involving people with intellectual disabilities in life of local community

- planned dates: October 2016 – August 2017

- venue: VCZ office and different locations in the city of Zagreb

Volunteers will accompany beneficiaries on various activities in local community (such as going to cinema, theater, concerts, excursions, zoo, sports, choir). They will also assist with including beneficiaries as volunteers and participants during different volunteer actions, campaigns and events, such as International Day of Peace, World Down Syndrome Day, Festival of Equal Opportunities, International Volunteers' Day, etc.

## SUPPORTING CRZ STAFF IN "ORGANISED LIVING" APARTMENTS

## 3. Assisting individuals with intellectual disabilities with their daily routine and free time

- planned dates: October 2016 – August 2017

- venue: Apartments 1, 2, 3, 4 and different locations in the city of Zagreb

Volunteers will take part in implementation of activities that support prevention of institutionalization and offer people with intellectual disabilities assistance with everyday activities (such as work on the computer, cooking, getting around, shopping, going to classes, occupational and psycho-social rehabilitation, going to church, walks, games, recreational activities, cafe, etc.).

## 4. Croatian lessons

- planned dates: October 2016 – August 2017

- venue: as agreed with the teacher

As knowing basic Croatian will be essential for performance of volunteering tasks (as they will be working with adults and children who speak only Croatian language), strong emphasis will be put on learning Croatian language. At the beginning of the project intensive language lessons will be organized. Volunteers will be encouraged to make learning of the language their priority and take personal responsibility for learning even outside of organized Croatian lessons.

## PERSONAL DEVELOPMENT OF VOLUNTEERS

## 5. Education and trainings about work with individuals with intellectual disabilities

- planned dates: October 2016 (introduction) and ongoing till August 2017

- venue: Center for Rehabilitation Zagreb

CRZ will organize educations for volunteers in order to introduce theoretical knowledge and practical guidelines for working with people with intellectual disabilities. EVS volunteers will be provided with learning experience on specific problems of this particular vulnerable group by expert CRZ staff (social workers, rehabilitators, social pedagogues for work with children). The educational activities will be ongoing during the course of the service in order to deepen their understanding of needs of the target group and offer appropriate assistance.

## 6. Personal project

- planned dates: January 2016 – August 2017

- venue: to be chosen

The purpose of a personal project is to offer space for development of volunteer oriented to realizing individual learning goals. We also expect that personal projects will bring a new dimension to implemented activities and promote cross-cultural learning and exchange between volunteers and beneficiaries who are in large culturally homogeneous group.

All methodologies used will promote active participation, learning by doing, non-formal and informal education.

The sending partner organizations are responsible for preparation of selected participants (predeparture training, health insurance, signing of AA, ongoing support, project evaluation and dissemination). VCZ as coordinating organization will be responsible for administrative and logistical part of the project, while CRZ as hosting organization will be responsible for organizing service and giving support to volunteers during their volunteering.

## PROJECT BACKGROUND

Since its funding in 1996 Volunteers' Centre Zagreb (VCZ) is committed to promoting volunteering and active citizenship at local and international level and the proposed project is a continuation of our efforts in this sense. Also after establishment of "Local Volunteering Service" in mid 2000's VCZ focused on bringing volunteering closer to all members of our society, especially to vulnerable groups who are often beneficiaries of volunteering activities.



Erasmus+



AGENCY FOR  
MOBILITY AND  
EU PROGRAMMES



volonterski  
centar  
zagreb



VOLUNTARIAT  
SCI SLOVENIA

In 2014 we developed a long term EVS project "Living Together" in cooperation with our local partner Center for Rehabilitation Zagreb (CRZ). Project addressed CRZ needs, firstly, to bring more dynamic and diversity into lives of their beneficiaries - adults and children with intellectual disabilities, and secondly, to provide support to their staff with their daily routine of care for their users. The project was implemented in 2015 with 2 international volunteers and over a course of 11 months as expected brought noticeable improvement, enrichment and a new quality to the lives of the project target group. At the same time it offered a valuable learning and growing experience for the EVS volunteers, who, after initial shock - due to the fact that that was their first intensive contact with intellectually challenged people, and adjustment period, found their pace and place within project and made it flourish.

On our new proposed project "Volunteer INC. - Inclusive, Not Conclusive" will host 2 volunteers over a period of 11 months. This time VCZ will be a coordinating organization while our local partner CRZ, who got recently accredited as EVS receiving organization, will take the full responsibility for hosting volunteers.

The objectives of the project are similar to the ones previously established, mainly:

- to improve life quality of people with intellectual disabilities who are beneficiaries of CRZ services by introducing more diversity into their lives (through games, recreation, cultural and leisure activities),
- providing assistance and support to CRZ staff with daily routine of care for their users in organized living apartments,
- to offer new learning, skill developing and creative expression opportunities for CRZ beneficiaries through creative workshops,
- to promote inclusion of people with intellectual disabilities in the local community,
- to provide EVS volunteers with learning experience on specific problems of this particular vulnerable group,
- to provide EVS volunteers with practical experience in the field of their potential future professional interest,
- to offer space for development of a personal projects oriented to realizing personal learning goals of volunteer,
- to promote cross-cultural learning and exchange within a culturally homogeneous group.

The project is closely linked to following specific objectives pursued by the Erasmus+ Programme and KA1 - Mobility of individuals:

- facilitate the attainment of knowledge, skills and attitudes in the framework of non-formal education and peer learning >> both in case of volunteers and target group;
- promote active and European citizenship >> by taking personal action for improving life quality of and vulnerable group in another EU country;
- increase self-empowerment and self-esteem of the participants >> through organizing and leading activities and workshops;
- increase the understanding and responsiveness to social, linguistic and cultural diversity >> through active involvement with people of a different social background, language and culture;
- enhanced employability and improved career prospects >> through learning new skills, gaining self-confidence and experience that might influence future career choice;
- improved foreign language competences >> volunteers will have to intensively learn Croatian to be able to communicate with users;
- increased sense of initiative and more active participation in society >> through development of a personal project;
- enhanced intercultural awareness and better awareness of EU values >> through living in a different cultural environment;
- increased motivation for taking part in future (formal/non-formal) education or training after the mobility period abroad >> through good experience gained during participation in the project.

## COSTS

Costs of travel, accommodation, food, local transportation, language course and activities will be covered by coordinating organization. The travel costs of participant will be covered up to maximal travel cost per country according to Erasmus+ program distance bands.

The participants will receive fixed monthly allowance or pocket money of 90,00 EUR (equivalent in HRK or Croatian Kuna, our national currency). Volunteers will be registered for health insurance provided by European Commission.

**WE ARE LOOKING FORWARD TO YOUR APPLICATIONS!**



Erasmus+



AGENCY FOR  
MOBILITY AND  
EU PROGRAMMES



volonterski  
centar  
zagreb



VOLUNTARIAT  
SCI SLOVENIA