

CALL FOR PARTICIPANTS in Youth Exchange

“We can all do better together”, Parnitha mountain, Greece

30th of October – 10th of November 2017



Youth Exchange “We can all do better together”, will gather 24 youngsters and address the topic of unemployment and obtaining specific skills for the job market and social inclusion through non-formal and informal learning experience, which will empower their personal strengths.

During this youth exchange, the participants will have the opportunity to discuss and exchange opinions on:

- What is social inclusion? Introduction to social inclusion
- Why do people discriminate? Introduction to social discrimination
- Assertive communication
- Conflict resolution process

In addition, they will work on methodologies on the following topics:

- Knowing myself. What do I want to become? What profession suits me/ I like
- Focusing and empowering personal abilities
- Writing a CV. Discussion in plenary
- Writing an application letter for a work post. Presentation of the motivation for the position
- Preparation for interview and procedure of finding employment
- Which are my rights? Discussion on workers’ rights

They will have also the opportunity to meet people who work in the mountains and make some nice walking in the nature together with experienced guides.

The project will end with a public event, which will be organized in Oropos which is a town of the Attica region where the young people do not have the opportunity to discuss about the opportunities through the ERASMUS+ programme. The participants will organize a presentation of the results of the Y.E. together with an interactive presentation of the mobility's opportunities for young people through ERASMUS+ Programme.

SCI-Hellas is the hosting and coordinating organisation. Partners are:

- Cooperation for Voluntary Service (CVS), Bulgaria,
- Zavod Voluntariat, Slovenia
- Volonterski Centar Vojvodine (VCV), Serbia

PROGRAM, ACCOMMODATION AND FOOD

The program depends very much up on the participants' contribution. We will be having sessions in the morning and afternoon, but also evening activities.

The framework of the program will be presented during the introduction session of the first day of the Youth Exchange, but participants are expected to contribute with their own ideas, skills, questions, suggestions, games, movies etc.



The venue and the accommodation will be in a mountain shelter near Athens (<http://www.mpafi.gr/en>). **The food will be vegetarian** prepared by the shelter's cooks

REQUIREMENTS FOR PARTICIPANTS

Each partner organisation will choose 4 participants, plus the group leader. Previous experience in international youth gatherings (exchanges, seminars, workcamps...) is an asset but not required.

The participants should be:

- Interested in topics,
- Ready to live on the mountain in an international group for 12 days with no access to internet,
- Motivated to active participation and contribution
- Between 18th and 25th (group leaders can be older but not older than 30 if it is possible)

PRACTICAL CONDITIONS OF PARTICIPATION

- During the project, the participants are insured through SCI insurance scheme. This insurance is complementary for those who have the EU Health Card.
- The food and the accommodation is fully covered
- The travel cost ((we recommend the use of environmentally friendly means of transport) is covered according the Erasmus+ guidelines
- Travel costs will be reimbursed after ALL ORIGINAL tickets are received
- There is no access to internet in the venue and in the around area.

If you are interested in taking part in this Youth exchange, send your application before 5th of October 2017.