

## **APRIL 2021: Breakfast Express Menu**

AFRIL ZUZT. DIEAKIASI EXPLESS MEHU				
Monday	Tuesday	Wednesday	Thursday	Friday
			Spring Recess 1	Spring Recess 2
Breakfast on Tuesday Wednesday and Friday May Be Served Warm	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN	OF OR A STATE OF THE WAY	Upstate Farms® Yogurt Choice Assorted Granola Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit
5	6	7	8	9
Fruity Cheerios®  Graham Crackers  Seasonal Fresh Fruit 100% Apple Juice	Zucchini Loaf Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Seasonal Fresh Fruit 100% Fruit Juice	Yogurt Parfait Fresh New York Apples	Assorted Loaves and Muffins  Seasonal Fresh Fruit
12	13	14	15	16
Apple Cinnamon Cheerios® Graham Crackers Seasonal Fresh Fruit 100% Orange Tangerine Juice	Pillsbury® Mini Maple Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly  Raisins  Seasonal Fresh Fruit 100% Fruit Juice	Organic Stonyfield® Yogurt  Assorted Granola Fresh New York Apples	Sweet Potato Oatmeal Muffin Seasonal Fresh Fruit
19	20	21	22	23
Sun Butter Cup  Graham Crackers Grape Jelly  Seasonal Fresh Fruit 100% Fruit Juice	Cinnamon Burst Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Seasonal Fresh Fruit 100% Fruit Juice	Upstate Farms® Yogurt Choice  Assorted Granola Cranberries  Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit
26	27	28	29	30
Fruity Cheerios®  Graham Crackers  Seasonal Fresh Fruit 100% Apple Juice	<b>Zucchini Loaf</b> Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Seasonal Fresh Fruit 100% Fruit Juice	Yogurt Parfait Fresh New York Apples	Assorted Loaves and Muffins Seasonal Fresh Fruit

Milk\*
1% Low-fat
Fat Free
Fat Free Chocolate

\*Alternative options are available upon request

Breakfast After the Bell Grab and Go

Alternative Breakfast Grab and Go (Cereal, Fruit and Milk) **Cold Cereal Choices** 

Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats **Seasonal Fresh Fruit** 

OFNS has an extensive Prohibitive Ingredients List available at: schools.nyc.gov/nutritioninformati on

## **ATTENTION:**

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.





