

SWEET PICKING **INTERACTIVE STUDY GUIDE** **VOL. 1-5**

60+ Sweep Picking Loops
(w/TABS)

BONUS: 7 Riff Loops!

Preface

The following practice loops guide you down a logical path towards developing a strong sweep picking technique! Each loop has an interactive animation available at [Youtube.com/virtualpracticeloops](https://www.youtube.com/virtualpracticeloops)

Ascending Sweep Loop (Let Ring)

The image shows a screenshot of a video player displaying a guitar practice loop. The top part of the screen shows musical notation on a staff with a blue hand icon indicating finger positions (P, M, R, P) and fret numbers (7, 8, 9, 10) on the strings. Below the notation is a fretboard diagram with colored circles (7, 8, 9, 10) and lines indicating the sweep picking path. A playback speed menu is open on the right side of the video player, showing options: 0.25, 0.5, 0.75, Normal (checked), 1.25, 1.5, 1.75, and 2. The video player interface at the bottom shows a progress bar at 0:16 / 1:16 and a volume icon.

ADJUST PLAYBACK
SPEED HERE!

Sweep Picking - The Interactive Study Guide

Vol.1

Standard tuning

♩ = 75

Down Sweep

Up Sweep

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The first exercise consists of two parts. The first part, labeled '1', shows a down sweep on a single string (the 4th string) in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four quarter notes with downward arrows. The guitar tablature below shows four zeros on the 4th string. The second part, labeled '2', shows an up sweep on a single string (the 4th string) in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four quarter notes with upward arrows. The guitar tablature below shows four zeros on the 4th string.

2-String Down Sweep

2-String Up Sweep

The second exercise consists of two parts. The first part, labeled '3', shows a down sweep across two strings (the 4th and 3rd strings) in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four eighth notes on the 4th string followed by four eighth notes on the 3rd string, all with downward arrows. The guitar tablature below shows two pairs of zeros on the 4th and 3rd strings. The second part, labeled '4', shows an up sweep across two strings (the 4th and 3rd strings) in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four eighth notes on the 4th string followed by four eighth notes on the 3rd string, all with upward arrows. The guitar tablature below shows two pairs of zeros on the 4th and 3rd strings.

2-String Down Sweep + 1

2-String Up Sweep + 1

The third exercise consists of two parts. The first part, labeled '5', shows a down sweep across two strings (the 4th and 3rd strings) with an additional note on the 2nd string in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four eighth notes on the 4th string, four eighth notes on the 3rd string, and one eighth note on the 2nd string, all with downward arrows. The guitar tablature below shows two pairs of zeros on the 4th and 3rd strings, followed by a zero on the 2nd string. The second part, labeled '6', shows an up sweep across two strings (the 4th and 3rd strings) with an additional note on the 2nd string in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four eighth notes on the 4th string, four eighth notes on the 3rd string, and one eighth note on the 2nd string, all with upward arrows. The guitar tablature below shows two pairs of zeros on the 4th and 3rd strings, followed by a zero on the 2nd string.

Down Sweep Combination

The fourth exercise, labeled '7', shows a combination of down sweeps across two strings (the 4th and 3rd strings) with an additional note on the 2nd string in 4/4 time. The notation includes a treble clef, a 4/4 time signature, and four eighth notes on the 4th string, four eighth notes on the 3rd string, and one eighth note on the 2nd string, all with downward arrows. The guitar tablature below shows two pairs of zeros on the 4th and 3rd strings, followed by a zero on the 2nd string.

Up Sweep Combination

Musical notation for 'Up Sweep Combination' (measures 8-11). The treble clef staff shows a sequence of four eighth notes with upward sweep lines. The first two notes are beamed together, as are the last two. The notes are G4, A4, B4, and C5. The guitar tablature below shows the fret numbers: 0, 2, 3, 0, 2, 3, 0, 2, 3, 0, 2, 3.

Changing Direction on Same String

Musical notation for 'Changing Direction on Same String' (measures 9-12). The treble clef staff shows a sequence of four eighth notes with downward sweep lines. The first two notes are beamed together, as are the last two. The notes are G4, F4, E4, and D4. The guitar tablature below shows the fret numbers: 0, 2, 1, 0, 2, 1, 0, 2, 1, 0, 2, 1.

Changing Direction - Up Swing

Musical notation for 'Changing Direction - Up Swing' (measures 10-13). The treble clef staff shows a sequence of four eighth notes with upward sweep lines. The first two notes are beamed together, as are the last two. The notes are G4, A4, B4, and C5. The guitar tablature below shows the fret numbers: 0, 2, 3, 0, 2, 3, 0, 2, 3, 0, 2, 3.

Changing Direction - Straight 8th's

Musical notation for 'Changing Direction - Straight 8th's' (measures 11-14). The treble clef staff shows a sequence of four eighth notes with downward sweep lines. The first two notes are beamed together, as are the last two. The notes are G4, F4, E4, and D4. The guitar tablature below shows the fret numbers: 0, 2, 1, 0, 2, 1, 0, 2, 1, 0, 2, 1.

2-String Dotted 8th/16th Sweep

Musical notation for '2-String Dotted 8th/16th Sweep' (measures 12-15). The treble clef staff shows a sequence of four dotted eighth notes with upward sweep lines. The notes are G4, A4, B4, and C5. The guitar tablature below shows the fret numbers: 0, 2, 3, 0, 2, 3, 0, 2, 3, 0, 2, 3.

2-String Dotted 8th/16th Sweep (Reversed)

13

Musical notation for a 2-string dotted 8th/16th sweep (reversed). The treble clef staff shows four pairs of notes: G4 and F#4, E4 and D4, C4 and B3, and B3 and A3. The notes are beamed together, with a dotted 8th note followed by a 16th note. The notes are connected by a thick line representing a sweep. The bass clef staff shows the fretting: 0, 0, 0, 0, 0, 0, 0, 0. The first two notes of each pair have a square fretting symbol below them, and the second two notes of each pair have a 'V' symbol below them.

2-String Continuous Loop

14

Musical notation for a 2-string continuous loop. The treble clef staff shows four pairs of notes: G4 and F#4, E4 and D4, C4 and B3, and B3 and A3. The notes are beamed together, with a dotted 8th note followed by a 16th note. The notes are connected by a thick line representing a sweep. The bass clef staff shows the fretting: 0, 0, 0, 0, 0, 0, 0, 0. The first two notes of each pair have a square fretting symbol below them, and the second two notes of each pair have a 'V' symbol below them.

String Skip While Changing Directions

15

Musical notation for string skip while changing directions. The treble clef staff shows four pairs of notes: G4 and F#4, E4 and D4, C4 and B3, and B3 and A3. The notes are beamed together, with a dotted 8th note followed by a 16th note. The notes are connected by a thick line representing a sweep. The bass clef staff shows the fretting: 0, 0, 0, 0, 0, 0, 0, 0. The first two notes of each pair have a square fretting symbol below them, and the second two notes of each pair have a 'V' symbol below them.

String Skip While Changing Directions #2

16

Musical notation for string skip while changing directions #2. The treble clef staff shows four pairs of notes: G4 and F#4, E4 and D4, C4 and B3, and B3 and A3. The notes are beamed together, with a dotted 8th note followed by a 16th note. The notes are connected by a thick line representing a sweep. The bass clef staff shows the fretting: 0, 0, 0, 0, 0, 0, 0, 0. The first two notes of each pair have a 'V' symbol below them, and the second two notes of each pair have a square fretting symbol below them.

Sweep Picking Loops Vol. 2

Standard tuning

3-String Direction Change Sweep Loop

1

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TAB

0 0 0 0 0 0 0 0 0 0 0 0

Detailed description: This block contains the first exercise, '3-String Direction Change Sweep Loop'. It is written in 4/4 time and standard tuning. The notation consists of two staves: a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of four quarter notes, each with a downward-sweeping line above it, indicating a sweep down. The notes are on the 3rd, 2nd, and 1st strings. The tablature staff shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0. The first measure has a '1' above the first note. The second measure has a 'V' above the first note and a 'V' above the second note. The third measure has a 'V' above the first note and a 'V' above the second note. The fourth measure has a 'V' above the first note and a 'V' above the second note.

3-String Direction Change #2

2

TAB

0 0 0 0 0 0 0 0 0 0 0 0

Detailed description: This block contains the second exercise, '3-String Direction Change #2'. It is written in 4/4 time and standard tuning. The notation consists of two staves: a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of four quarter notes, each with an upward-sweeping line above it, indicating a sweep up. The notes are on the 1st, 2nd, and 3rd strings. The tablature staff shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0. The first measure has a '2' above the first note. The second measure has a 'V' above the first note and a 'V' above the second note. The third measure has a 'V' above the first note and a 'V' above the second note. The fourth measure has a 'V' above the first note and a 'V' above the second note.

3-String Continuous Sweep Loop

3

TAB

0 0 0 0 0 0 0 0 0 0 0 0

Detailed description: This block contains the third exercise, '3-String Continuous Sweep Loop'. It is written in 4/4 time and standard tuning. The notation consists of two staves: a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of four quarter notes, each with a downward-sweeping line above it, indicating a sweep down. The notes are on the 3rd, 2nd, and 1st strings. The tablature staff shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0. The first measure has a '3' above the first note. The second measure has a 'V' above the first note and a 'V' above the second note. The third measure has a 'V' above the first note and a 'V' above the second note. The fourth measure has a 'V' above the first note and a 'V' above the second note.

3-String Continuous Sweep Loop #2 (Inside)

4

TAB

0 0 0 0 0 0 0 0 0 0 0 0

Detailed description: This block contains the fourth exercise, '3-String Continuous Sweep Loop #2 (Inside)'. It is written in 4/4 time and standard tuning. The notation consists of two staves: a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of four quarter notes, each with an upward-sweeping line above it, indicating a sweep up. The notes are on the 1st, 2nd, and 3rd strings. The tablature staff shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0. The first measure has a '4' above the first note. The second measure has a 'V' above the first note and a 'V' above the second note. The third measure has a 'V' above the first note and a 'V' above the second note. The fourth measure has a 'V' above the first note and a 'V' above the second note.

Sweep Challenge Loop #1

5

TAB

0 0 0 0 0 0 0 0 0 0 0 0

Detailed description: This block contains the fifth exercise, 'Sweep Challenge Loop #1'. It is written in 4/4 time and standard tuning. The notation consists of two staves: a treble clef staff and a guitar tablature staff. The treble staff shows a sequence of four quarter notes, each with a downward-sweeping line above it, indicating a sweep down. The notes are on the 3rd, 2nd, and 1st strings. The tablature staff shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0. The first measure has a '5' above the first note. The second measure has a 'V' above the first note and a 'V' above the second note. The third measure has a 'V' above the first note and a 'V' above the second note. The fourth measure has a 'V' above the first note and a 'V' above the second note.

3-String Down Sweep Challenge

Musical notation for a 3-string down sweep challenge. The staff shows a treble clef with a 6-measure sequence of notes: G4, A4, B4, G4, A4, B4. The guitar tablature below shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0.

3-String Movable Sweep Challenge

Musical notation for a 3-string movable sweep challenge. The staff shows a treble clef with a 7-measure sequence of notes: G4, A4, B4, G4, A4, B4, G4. The guitar tablature below shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0.

3-String Up Sweep Alternative

Musical notation for a 3-string up sweep alternative. The staff shows a treble clef with an 8-measure sequence of notes: G4, A4, B4, G4, A4, B4, G4, A4. The guitar tablature below shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0.

Starting on String Sweep+Muting w/Picc

(mute string w/ picc)

Musical notation for a starting on string sweep with muting using a pick. The staff shows a treble clef with a 9-measure sequence of notes: G4, A4, B4, G4, A4, B4, G4, A4, B4. The guitar tablature below shows the corresponding fret numbers: 0, 0, 0, X, 0, 0, 0, X.

Down Sweep Bounce Back

Musical notation for a down sweep bounce back. The staff shows a treble clef with a 10-measure sequence of notes: G4, A4, B4, G4, A4, B4, G4, A4, B4, G4. The guitar tablature below shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0.

The Ultimate Down Sweep Practice Loop

Musical notation for the ultimate down sweep practice loop. The staff shows a treble clef with an 11-measure sequence of notes: G4, A4, B4, G4, A4, B4, G4, A4, B4, G4, A4. The guitar tablature below shows the corresponding fret numbers: 0, 0, 0, 0, 0, 0, 0, 0, 0, 0, 0.

Nanny Nanny Boo Boo Sweep Loop

Musical notation for 'Nanny Nanny Boo Boo Sweep Loop'. The staff shows a sequence of notes with a downward sweep indicated by a 'V' symbol. The fretboard below shows the corresponding fingerings: 10 9 | 7 8 7 9 7 8 7 | 9 10 9.

Long Down Sweep+Turn Around

Musical notation for 'Long Down Sweep+Turn Around'. The staff shows a long downward sweep followed by a turn-around. The fretboard below shows the fingerings: 10 9 7 8 7 8 | 10 9 7 8 7 8.

Down Sweep Speed Loop

Musical notation for 'Down Sweep Speed Loop'. The staff shows a series of downward sweeps. The fretboard below shows the fingerings: 10 9 7 8 | 10 9 7 8 | 10 9 7 8 | 10 9 7 8 | 10 9 7 8.

Up Sweep Speed Loop

Musical notation for 'Up Sweep Speed Loop'. The staff shows a series of upward sweeps. The fretboard below shows the fingerings: 7 8 7 9 | 7 8 7 9 | 7 8 7 9 | 7 8 7 9 | 7 8 7 9.

Ultimate Speed Sweep Loop

Musical notation for 'Ultimate Speed Sweep Loop'. The staff shows a complex sequence of downward sweeps. The fretboard below shows the fingerings: 10 9 7 8 | 7 8 7 9 10 9 7 8 | 7 8 7 9 10 9 7 8 | 7 8 7 9 10 9 7 8.

Down Sweep Horizontal Movement Challenge

Musical notation for 'Down Sweep Horizontal Movement Challenge' (measures 13-14). The staff shows a sequence of notes with a downward sweep. The fretboard below shows the fingerings: 10 9 7 | 11 10 8 | 10 9 7 | 11 10 8 | 11 10 8 | 10 9 7 | 9 8 6 | 8 7 5.

Musical notation for 'Down Sweep Horizontal Movement Challenge' (measures 15-16). The staff shows a sequence of notes with a downward sweep. The fretboard below shows the fingerings: 9 8 6 | 10 9 7 | 11 10 8 | 12 11 9 | 11 10 8 | 10 9 7 | 9 8 6 | 10 9 7.

Major/Minor Sweep Loop

Musical notation for Major/Minor Sweep Loop. The top staff shows a treble clef with a melodic line consisting of four groups of three notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 10 9 7 10 9 7 10 9 7 10 9 7 10 8 7 10 8 7 10 8 7 10 8 7.

Suspension Sweep Loop

Musical notation for Suspension Sweep Loop. The top staff shows a treble clef with a melodic line consisting of four groups of three notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 10 9 7 10 10 7 10 9 7 10 7 7.

Major/Minor/Aug/Minb6 Sweep Loop

Musical notation for Major/Minor/Aug/Minb6 Sweep Loop. The top staff shows a treble clef with a melodic line consisting of four groups of three notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 10 9 7 10 9 8 10 8 7 10 8 8.

Bowser Sweep Loop

Musical notation for Bowser Sweep Loop. The top staff shows a treble clef with a melodic line consisting of four groups of six notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 10 9 8 10 9 7 10 9 8 10 9 7 10 9 8 10 9 7 10 9 8 10 9 7.

Musical notation for Bowser Sweep Loop (continued). The top staff shows a treble clef with a melodic line consisting of four groups of six notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 9 8 7 9 8 6 9 8 7 9 8 6 9 8 7 9 8 6 9 8 7 9 8 6.

Malaguena Sweep Loop

Musical notation for Malaguena Sweep Loop. The top staff shows a treble clef with a melodic line consisting of four groups of three notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 10 9 7 10 9 7 10 8 7 10 8 6. There are also some 'V' symbols in the tablature.

Filling in the Skeleton

Musical notation for Filling in the Skeleton. The top staff shows a treble clef with a melodic line consisting of four groups of three notes each, each group starting with a square symbol. The bottom staff shows a guitar tablature with fret numbers: 10 7 10 9 7 10 7 10 9 7 8.

Combining Speed Sweep Loops

Musical notation for 'Combining Speed Sweep Loops' (measures 24-27). The staff shows a sequence of four sweep loops. The first loop is an ascending sweep (measures 24-25), the second is a descending sweep (measures 25-26), the third is an ascending sweep (measures 26-27), and the fourth is a descending sweep (measures 27-28). The guitar tablature below the staff shows the fret numbers for each string: 10, 9, 7, 8, 7, 8, 7, 9, 9, 7, 8, 7, 10, 7, 8, 7. A 'P' (pick) symbol is placed above the first and third notes of the final descending sweep.

Direction Switch Sweep Loop

Musical notation for 'Direction Switch Sweep Loop' (measures 25-28). The staff shows a sequence of four sweep loops: ascending (25-26), descending (26-27), ascending (27-28), and descending (28-29). The guitar tablature shows fret numbers: 8, 7, 8, 8, 8, 7, 8, 8.

Top 3 Strings Sweep Loop

Musical notation for 'Top 3 Strings Sweep Loop' (measures 26-29). The staff shows a sequence of four sweep loops: ascending (26-27), descending (27-28), ascending (28-29), and descending (29-30). The guitar tablature shows fret numbers: 8, 7, 8, 7, 8, 7, 8, 7, 8, 7, 8, 7.

2-String Sweep Jumps

Musical notation for '2-String Sweep Jumps' (measures 27-30). The staff shows a sequence of four sweep loops: ascending (27-28), descending (28-29), ascending (29-30), and descending (30-31). The guitar tablature shows fret numbers: 10, 8, 8, 10, 9, 7, 7, 9, 8, 7, 7, 8, 7, 8, 8, 7.

Sweep Virtual Practice Loop

Musical notation for 'Sweep Virtual Practice Loop' (measures 28-31). The staff shows a sequence of four sweep loops: ascending (28-29), descending (29-30), ascending (30-31), and descending (31-32). The guitar tablature shows fret numbers: 10, 9, 7, 8, 7, 8, 7, 8, 7, 8, 7, 8, 7, 8, 7, 9.

Sweep Loop #50

Musical notation for 'Sweep Loop #50' (measures 29-32). The staff shows a sequence of four sweep loops: ascending (29-30), descending (30-31), ascending (31-32), and descending (32-33). The guitar tablature shows fret numbers: 10, 9, 7, 9, 10, 9, 7, 9, 10, 9, 7, 9, 9, 9, 7, 8, 7, 9, 7, 8, 7, 9, 7, 8, 7.

Hardest Part of THIS Arpeggio (Pinky Fun)

Musical notation for 'Hardest Part of THIS Arpeggio (Pinky Fun)' (measures 31-34). The staff shows a sequence of four arpeggiated patterns. The guitar tablature shows fret numbers: 7, 10, 10, 10, 7, 10, 10, 10, 7, 10, 10, 10, 10, 10, 9, 10, 10, 10, 9, 10, 10, 10, 9, 10.

Sweep Picking Loops Vol. 4

Standard tuning

♩ = 75

4-Note Sweep Loop Low

el. guit.

T
A
B

7-10-10-9 7-10-10-9 7-10-10-9 7-10-10-9 6-9-9-8 6-9-9-8 6-9-9-8 6-9-9-8

Sweep+Alternate Picking Practice Loop

T
A
B

10-9-7-8 7-10-12-10-8 12-10-8 11-9-7 10-9-7 10-9-7-8 7-10-12-10-8 12-10-8 11-9-7 10-9-7

Alternate Picking + Accents Practice Loop

T
A
B

7-10-9-10 7-10-9-10 7-10-9-10 7-10-9-10 9-12-10-12 9-12-10-12 9-12-10-12 9-12-10-12

T
A
B

7-10-9-10 7-10-9-10 7-10-9-10 7-10-9-10 6-9-7-9 6-9-7-9 6-9-7-9 6-9-7-9

Vertical Shape Change (Sweep Practice Loop)

Musical notation for a sweep practice loop. The top staff shows a treble clef with a melodic line consisting of eighth notes and chords. The bottom staff shows a guitar tablature with fret numbers 7, 8, 7, 9, 7, 8, 7, 9, 7, 8, 7, 9. Above the tablature are pick directions: square boxes for downstrokes and 'V' for upstrokes.

Ultimate Vertical Sweep Shape Loop

Musical notation for an ultimate vertical sweep shape loop. The top staff shows a treble clef with a melodic line featuring chords and eighth notes. The bottom staff shows a guitar tablature with fret numbers 7, 8, 7, 9, 7, 8, 7, 9, 7, 8, 7, 9. Above the tablature are pick directions: square boxes for downstrokes and 'V' for upstrokes.

Sweet Child O' Mine Alternate Picking Loop

Musical notation for an alternate picking loop. The top staff shows a treble clef with a melodic line. The bottom staff shows a guitar tablature with fret numbers 7, 10, 9, 7, 9, 9, 7, 10, 9, 7, 9, 9, 6, 9, 8, 6, 8, 8, 6, 9, 8, 6, 8, 8. Above the tablature are pick directions: square boxes for downstrokes and 'V' for upstrokes.

Ascending Sweep Loop (Let Ring)

Musical notation for an ascending sweep loop. The top staff shows a treble clef with a melodic line. The bottom staff shows a guitar tablature with fret numbers 10, 9, 7, 8, 10, 9, 7, 8, 10, 9, 7, 8, 10, 9, 7, 8. Above the tablature are pick directions: square boxes for downstrokes.

Full Sweep Loop w/ Accents

Musical notation for a full sweep loop with accents. The top staff shows a treble clef with a melodic line. The bottom staff shows a guitar tablature with fret numbers 10, 9, 7, 8, 7, 8, 7, 9, 10, 9, 7, 8, 7, 8, 7, 9. Above the tablature are pick directions: square boxes for downstrokes and 'V' for upstrokes. Accents (>) are placed above the notes.

Sweep Picking Loops Vol. 5

Standard tuning

♩ = 75

Alternate+Sweep Picking Loop

el. guit.

Musical notation for an alternate+sweep picking loop in 4/4 time. The first staff shows a melodic line with eighth notes and triplets. The second staff shows a guitar tablature with fret numbers 7, 10, 7, 8, 7, 8, 7, 10, 7, 8, 7, 8, 7, 10, 7, 8, 7, 8. The third staff shows a picking pattern with 'V' for downstroke and '∩' for upstroke.

Top Down Sweep Loops (W's)

Musical notation for top-down sweep loops. The first staff shows a melodic line with eighth notes and triplets. The second staff shows a guitar tablature with fret numbers 7, 8, 7, 9, 10, 9, 7, 8, 7, 8, 7, 9, 10, 9, 7, 8, 7, 8, 7, 9, 10, 9, 7, 8, 7, 8, 7, 9, 10, 9, 7, 8. The third staff shows a picking pattern with 'V' for downstroke and '∩' for upstroke.

"G" Cowboy Chord Sweep Shape

Musical notation for a "G" cowboy chord sweep shape. The first staff shows a melodic line with eighth notes and triplets. The second staff shows a guitar tablature with fret numbers 10, 10, 7, 7, 7, 9, 10, 9, 7, 7, 7, 10, 10, 10, 7, 7, 7, 9, 10, 9, 7, 7, 7, 10. The third staff shows a picking pattern with 'V' for downstroke and '∩' for upstroke.

G+C Cowboy Chord Sweep Shapes

Musical notation for G+C cowboy chord sweep shapes. The first staff shows a melodic line with eighth notes and triplets. The second staff shows a guitar tablature with fret numbers 10, 10, 7, 7, 7, 9, 10, 9, 7, 7, 7, 10, 10, 7, 8, 7, 9, 10, 10, 10, 9, 7, 8, 7. The third staff shows a picking pattern with 'V' for downstroke and '∩' for upstroke.

Large Jumps Practice Loop

Musical notation for a large jumps practice loop. The first staff shows a melodic line with eighth notes and triplets. The second staff shows a guitar tablature with fret numbers 8, 8, 8, 8, 7, 7, 7, 7, 6, 6, 6, 6. The third staff shows a picking pattern with '∩' for upstroke.

Finger Vibrato Practice Loop

Musical notation for Finger Vibrato Practice Loop. The top staff shows a melodic line with vibrato markings. The bottom staff shows the guitar tablature with fret numbers 10, 9, 8, 7, 8, 9, 8, 9 and 8, 9, 8, 9, 8, 9, 8, 9. Arched lines above the fret numbers indicate vibrato on each note, with a 1/4 note value indicated above each arch.

Augmented Sweep Loop

Musical notation for Augmented Sweep Loop. The top staff shows a melodic line with vibrato markings. The bottom staff shows the guitar tablature with fret numbers 10, 9, 8, 7, 8, 9, 7, 8, 9, 7, 8, 9, 10, 9, 8, 7 and 10, 9, 8, 7, 8, 9, 7, 8, 9, 7, 8, 9, 10, 9, 8, 7. The notation includes a 'V' symbol for vibrato on several notes.

Major 7th Speed/Accuracy Loop

Musical notation for Major 7th Speed/Accuracy Loop. The top staff shows a melodic line with vibrato markings. The bottom staff shows the guitar tablature with fret numbers 10, 9, 8, 7, 10, 9, 8, 7, 10, 9, 8, 7, 10, 9, 8, 7, 10, 9, 8, 7. The notation includes a 'V' symbol for vibrato on several notes.

Digging In Accent Sweep

Musical notation for Digging In Accent Sweep. The top staff shows a melodic line with vibrato markings and accent marks. The bottom staff shows the guitar tablature with fret numbers 4, 3, 2, 1, 2, 3, 2, 3, 4, 3, 2, 1, 2, 3, 2, 3 and 4, 3, 2, 1, 2, 3, 2, 3, 4, 3, 2, 1, 2, 3, 2, 3. The notation includes a 'V' symbol for vibrato on several notes.

Major 9th Sweep Loop

Musical notation for Major 9th Sweep Loop. The top staff shows a melodic line with vibrato markings. The bottom staff shows the guitar tablature with fret numbers 7, 6, 5, 4, 7, 4, 5, 6, 7, 6, 5, 4 and 7, 4, 5, 6, 7, 6, 5, 4, 7, 4, 5, 6. The notation includes a 'V' symbol for vibrato on several notes.

Pattern Based Vertical Sweep Loop

Musical notation for Pattern Based Vertical Sweep Loop. The top staff shows a melodic line with vibrato markings. The bottom staff shows the guitar tablature with fret numbers 7, 8, 9, 7, 8, 9, 7, 8, 9, 7, 8, 9 and 7, 8, 9, 7, 8, 9, 7, 8, 9, 7, 8, 9. The notation includes a 'V' symbol for vibrato on several notes.

Sweep Pattern + Shadow

Musical notation for Sweep Pattern + Shadow. The top staff shows a melodic line with vibrato markings. The bottom staff shows the guitar tablature with fret numbers 9, 8, 7, 6, 9, 6, 7, 8, 9, 8, 7, 6, 9, 6, 7, 8 and 6, 7, 8, 9, 6, 9, 8, 7, 6, 7, 8, 9, 6, 9, 8, 7. The notation includes a 'V' symbol for vibrato on several notes.

Riff Practice Loops Vol.1

Standard tuning

♩ = 75

Last Resort Practice Exercise

el. guit.

1 2

7-10-9-10-9-10-10-9-10-9-10-10-9-10 8-10-9-10-9-10-7-10-9-10-10-9-10

BFMV Tears Don't Fall Practice Loop

3 4

7-7-9-7-9-9-7-9-7-9-9-7-10-7-9-7 8-8-10-8-10-10-8-10-10-10-12-10-12-10-12

While She Sleeps-Silence Speaks Guitar Practice Loop

5 6

14-17-16-17-14-17-16-17-16-14-17-16-17-16 14-17-16-17-14-17-14-17-19-16-17-14-17-14

Kryptonite - 3 Doors Down - Verse Practice Loop

♩ = 100

7 8

2-4-4-3-4-4-0 3-2-0-0-0-2-2-0

42 TOTAL



CUSTOM

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Picking

WORKSHEETS

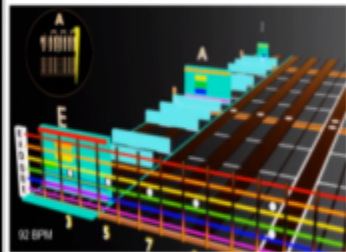
Combining Hands

ROAD TO GUITAR MASTERY

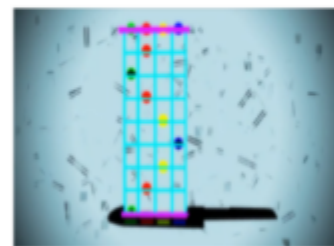
Knowledge

PRACTICE WORKBOOK

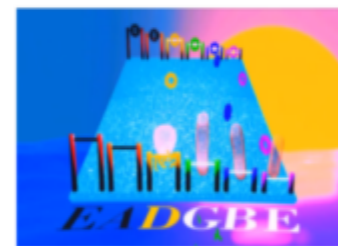
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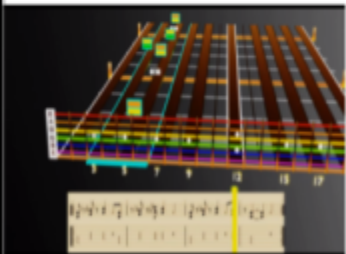
Chords



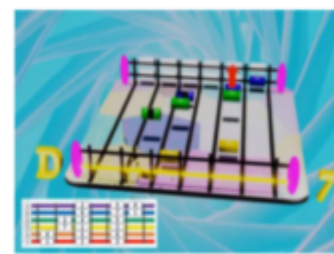
Pocket Guitar



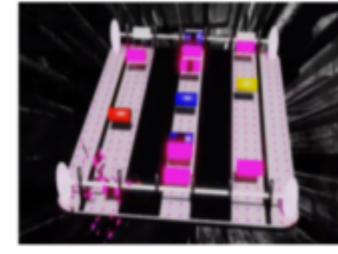
Fingerpicking



Riffs



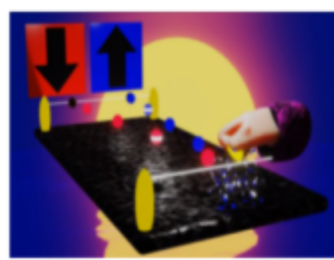
Scales



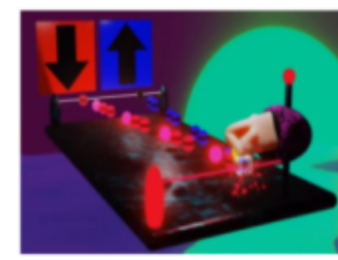
Speed/Accuracy



Techniques



Picking Fundamentals



Metal Rhythms



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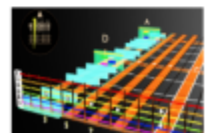


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