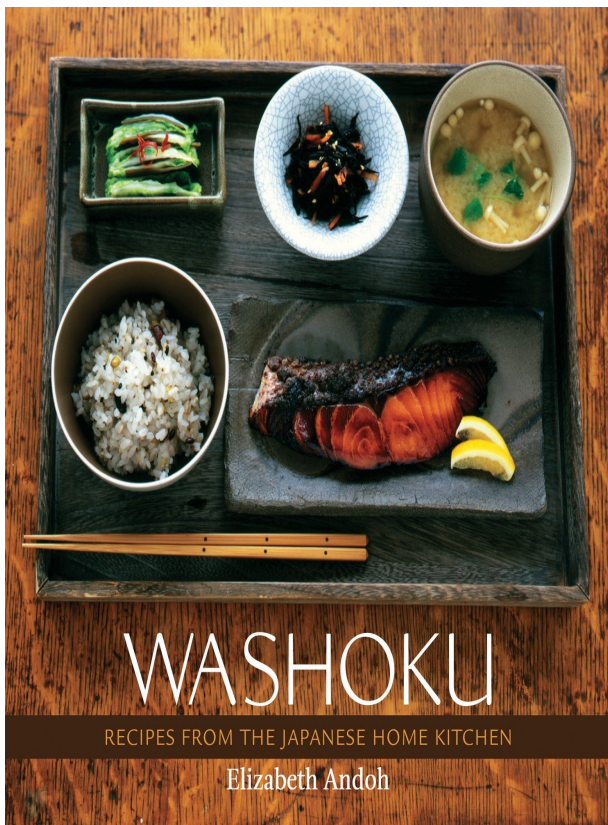




WASHOKU

RECIPES FROM THE JAPANESE HOME KITCHEN

Elizabeth Andoh



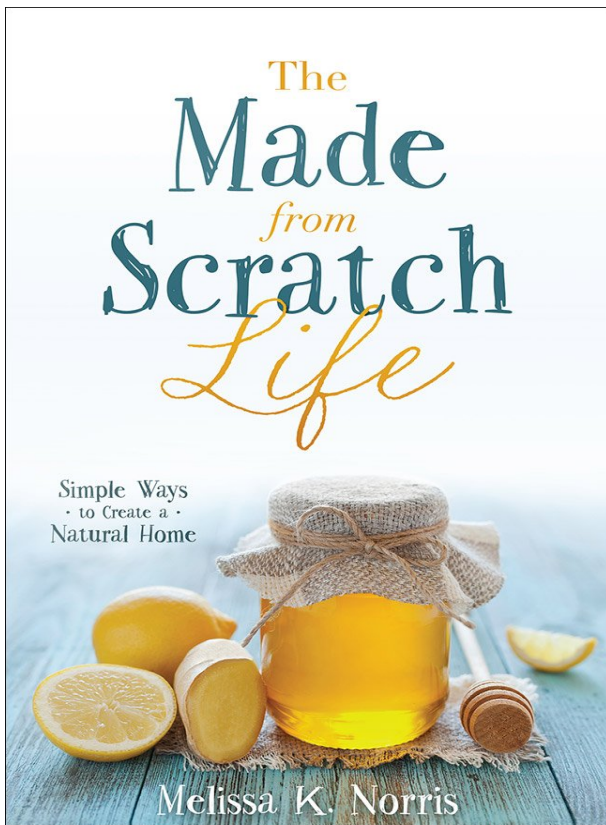
Washoku: Recipes from the Japanese Home Kitchen [A Cookbook]

Book Synopsis

In 1975, *Gourmet* magazine published a series on traditional Japanese food — the first of its kind in a major American food magazine — written by a graduate of the prestigious Yanagihara School of classical cuisine in Tokyo. Today, the author of that groundbreaking series, Elizabeth Andoh, is recognized as the leading English-language authority on the subject. She shares her knowledge and passion for the food culture of Japan in *WASHOKU*, an authoritative, deeply personal tribute to one of the world's most distinctive culinary traditions. Andoh begins by setting forth the ethos of washoku (traditional Japanese food), exploring its nuanced approach to balancing flavor, applying technique, and considering aesthetics hand-in-hand with nutrition. With detailed descriptions of ingredients

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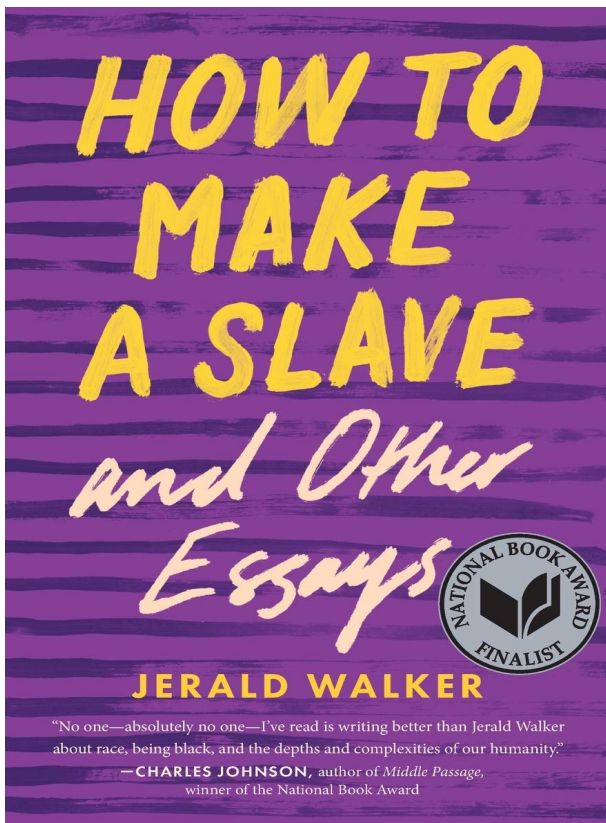
The Made-from-Scratch Life: Simple Ways to Create a Natural Home

Book Synopsis

Do you long for simpler days? Do you wish you had the time to offer your family home-grown meals? Does your heart cry for a quiet place in this fast-paced world? Blogger and homesteader Melissa K. Norris inspires with practical and easy methods to help you cook from scratch, garden, preserve your own food, and see God's fingerprints in your everyday busy life. You'll learn how to plan, plant, and harvest for eating and preserving troubleshoot common gardening problems with natural solutions improve your family's health with natural cooking and cleaning methods Whether you live in the middle of the asphalt jungle or on the side of a mountain, you can experience the pioneer lifestyle and start your own homesteading journey. Because when you surround yourself with things made from the hand of

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How to Make a Slave and Other Essays (21st Century Essays)

Book Synopsis

For the black community, Jerald Walker asserts in *How to Make a Slave*, “anger is often a prelude to a joke, as there is broad understanding that the triumph over this destructive emotion lay in finding its punchline.” It is on the knife’s edge between fury and farce that the essays in this exquisite collection balance. Whether confronting the medical profession’s racial biases, considering the complicated legacy of Michael Jackson, paying homage to his writing mentor James Alan McPherson, or attempting to break free of personal and societal stereotypes, Walker elegantly blends personal revelation and cultural critique. The result is a bracing and often humorous examination by one of America’s most acclaimed essayists of what it is to grow, parent, write, and exist as a black American

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