## The best way to protect your baby is to protect yourself!

**Cytomegalovirus (CMV)** is a common virus that can pass through the placenta. Once infected, the virus can cause damage to the brain, eyes and/or inner ears of the fetus.

1 in 150 children are born with congenital CMV. Nearly 1 in every 5 children born with congenital CMV infection will develop permanent disabilities.

> If you are pregnant, planning to become pregnant or would like more information, please contact your physician and visit:

> > Idaho CMV Advocacy Project

