

Veneers And Bonding: Teeth Whitening Alternatives That May Be Right For You

Tooth care has always been a huge industry, a beautiful smile is a characteristic that is naturally endearing and people will pay good money to have a fine glowing white set of teeth. Orthodontists have always been helping us with the contour of our smile. They use braces to help guide the teeth into an appealing formation, because when left to their own apparatus some people's teeth can grow over the top of each other, at angles or with substantial openings. They're unsightly and in this very day and age, our appearance matters while these problems are typically not a health issue.

Over the past few decades tooth care has moved up a gear, and not only can we shape and transfer our teeth to enhance our grin, but we can also undertake the second most unwanted attribute, discoloration and stained teeth. Teeth Whitening as the industry is known, is affordable, and different procedures to attain a dazzling white smile have been developed, each with their positives and negatives. Some are treatments that are single, some are courses of treatments that last weeks or months and involve continued home care afterward also.

Two of the less time consuming processes of improving your smile are whitening veneers and cosmetic dentistry bonding. Veneers come in two sorts. Porcelain veneers (the most common) and direct (also referred to as composite) veneers. Veneers are small strips of either porcelain or plastic (direct/composite veneers) that literally cover your teeth to cover and hide any spots or discoloration. These are ideal if you have intense staining when bleaching will not be effective. Veneers will need replacing in time, porcelain last more which is why they are common, as they last 10 to 15 years and usually do not continue forever. As they will have to be cast for your teeth individually, porcelain veneers will take several trips to your dentist. Composite or direct veneers, being made of plastic can be made and applied by your dentist in a single visit. These veneers are not more expensive but don't last long, about 5 - 7 years. More information at <http://www.trusmileveneers.com/>

It also used when you want to reshape your teeth and fill gaps, although the other option, cosmetic dentistry bonding is another way to enhance the colour of your teeth. Bonding is a complex resin that is injected onto and into the teeth, the advantage of bonding in this manner is when filing gaps between teeth, however the disadvantage it that should you be a smoker the nicotine will instantly discolor the resin that it appears quite natural. Our [Instagram](#).