



# **Training of Trainers**

Training course for those, who would like to be more confident when working with groups of young participants at trainings, educational activities or volunteer projects.

# Content and target group

### After this training, the participants should...

- be able to design an educational activity (session) including objectives and appropriate methods for supporting the group dynamics
- understand, what are the main features of non-formal education/learning and experiential learning
- enhance their practical skills to be able to:
  - express themselves clearly in front of the group and to be aware of the non-verbal communication
  - lead debriefing after an activity
  - be aware of specifics in team work
  - facilitate sessions
  - o deal with some problematic situations, that can happen within a group
  - give and receive constructive feedback
- explore their inner motivation of becoming trainers and be motivated to continue working with youth in the next months or years

#### Target group:

Trainers = beginners and workcamp leaders - those in the networks of INEX-SDA and Zavod Voluntariat, who

- ... already have at least one experience on working with group of participants (e.g. as campleaders)
- ... have motivation to become more proficient in leading a group (or become educators, teachers, trainers, youth workers...)







# **Logistics and Conditions:**

### Where and when does the TC take place:

- Start: on 22nd November at 18:00
- Finish: 27th November after lunch (cca 14:30)

Venue will be in Ivančice, Czech Republic (the website is just in Czech, sorry © )

#### Conditions:

- It is necessary to participate from the beginning of the TC till the end, no late arrivals / early departures.
- There is small 30€ deposit fee from each participant to assure their participation in advance. This fee
  will be sent back to the participant after the activity. If you are very interested in participating, but this
  fee is too high for you, please, let us know and we will sort it out.
- The organizer will arrange the boarding, accommodation, materials, content of the training and also reimburse the travel costs of the participants up to the lump sum amounts in Erasmus + rules.

# How to apply and contacts:

#### How to apply:

- Simply by filling in this questionnaire
- There will be 15 participants selected from Czech Republic and 15 from Slovenia

### Partner organisations:

- Organizer and coordinator of the project: <u>INEX Association for Voluntary Activities</u>
- Partner organisation: Zavod Voluntariat, Slovenia

**Trainers:** Viola Honzauerová, Irena Pajerová (INEX-SDA), Tina Trdjin (Zavod Voluntariat)

Contact person: Lenka Polcerová (project coordinator) - lenka.polcerova@inexsda.cz

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