# 8 Reasons to Buy Silk Bedding

https://www.pandasilk.com/

Silk bedding will change the way you sleep! The following benefits of silk should remove any doubts.

## 1. Hypoallergenic

Silk bedding is hypoallergenic and is less prone to dust mites which cause asthma and other allergic diseases. Silk bedding can greatly improve the quality of sleep for individuals with allergies and asthma.

#### 2. Good for skin

Silk contains amino acid in common with the human body, which helps our skin to penetrate moisture that is an aid in healing our skin. Silk is beneficial to sensitive skin because of its ultra-smooth surface.

### 3. Controls Thermal and Humidity

Silk bedding can put away moisture from the skin. Silk bedding can help in avoiding wetness trouble because this can cause body acne, night sweats and other wetness problems.

## 4. Low Weight

Silk bedding will prevent any circulation issues and arthritis that can cause discomfort because of its low weight. Silk bedding provides the required thermal properties in our body because of its crisscross pattern.

## 5. Safe for Children and Babies

Silk is recommended for children and babies because it is a fireretardant material.

#### 6. Breathable

As a natural fiber, silk allows your skin to breathe. Thus, you will feel very comfortable when sleeping with silk bedding.

## 7. Easy to Wash

For new silk, you had better hand wash it for the first few times. Of course, you can wash silk in a machine with a gentle setting. Silk will dry in sunlight. Silk bedding naturally repels dust mite, molds, and mildew.

### 8. Durable

A fiber of silk that is of the same diameter as a fiber of steel is said to be stronger than steel. Silk will not deteriorate over time, for chemicals are not used in processing the silk. It is recommended to look for 100% silk material without containing other material or chemicals. https://www.pandasilk.com/product/19-momme-silk-bedding-set/https://www.pandasilk.com/product/22-momme-silk-bedding-set/https://www.pandasilk.com/product/25-momme-silk-bedding-set/