

Complete the grid, then unscramble the letters in the yellow squares to reveal a jockey. Answer next week.

Knight's title	Process, method Frosty		Type of pastry		Anophthian		Boggy areas		Leftovers		Crib		Thick cable		Leg joint Apprehend		Camera part		
			Breadfast Unwell		Paddle Closer		Curve		Degrees in a right angle		Ripped		Citrus fruit		Iron Seashore				Coil
Penny Travelling by bike							Card game Stop over												
Cover	Besides Article		Occurs			Vessel Man		Pollinator			Place		Slipped Snow runner				Good fortune		Contradict
Container That woman										Meadow									
			Trade					Lorry											
The police service										Densely									

**TO ENTER:** text **ARROWWORD** then your answer, name and postcode to **657100** (eg **ARROWWORD London John Smith W8 5TD**). Texts cost £1 plus standard network charge. Or call **0991 292 5090** and leave your answer and details. Calls cost £1 plus your telephone company's network access charge. Lines close at 11.59pm on Friday. See today's solutions panel for terms and conditions. January 10 winner: Nick Meadow, of Portsmouth, Hampshire. Phone/text services: Helpline: **0330 1000 601**.